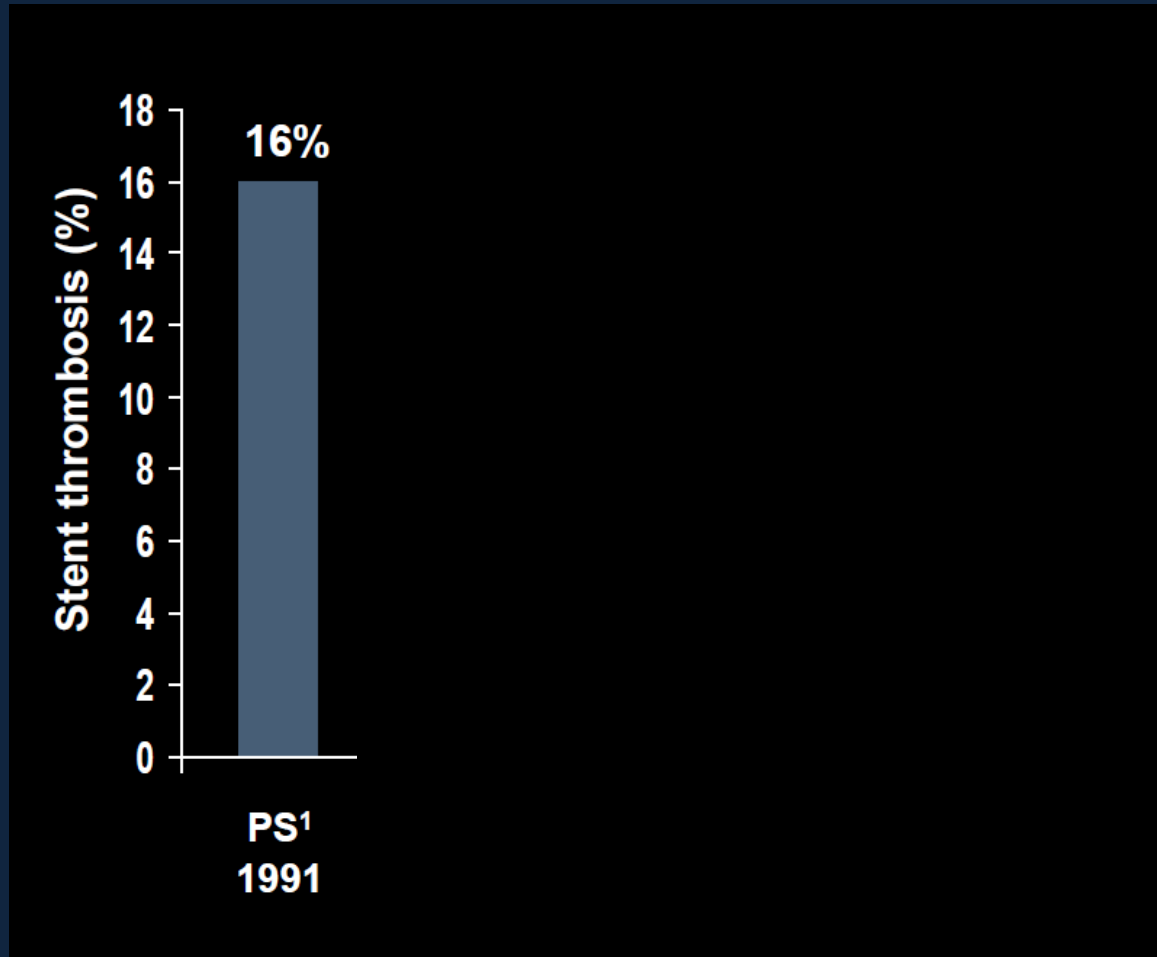


Θρόμβωση ενδοστεφανιαίων προθέσεων

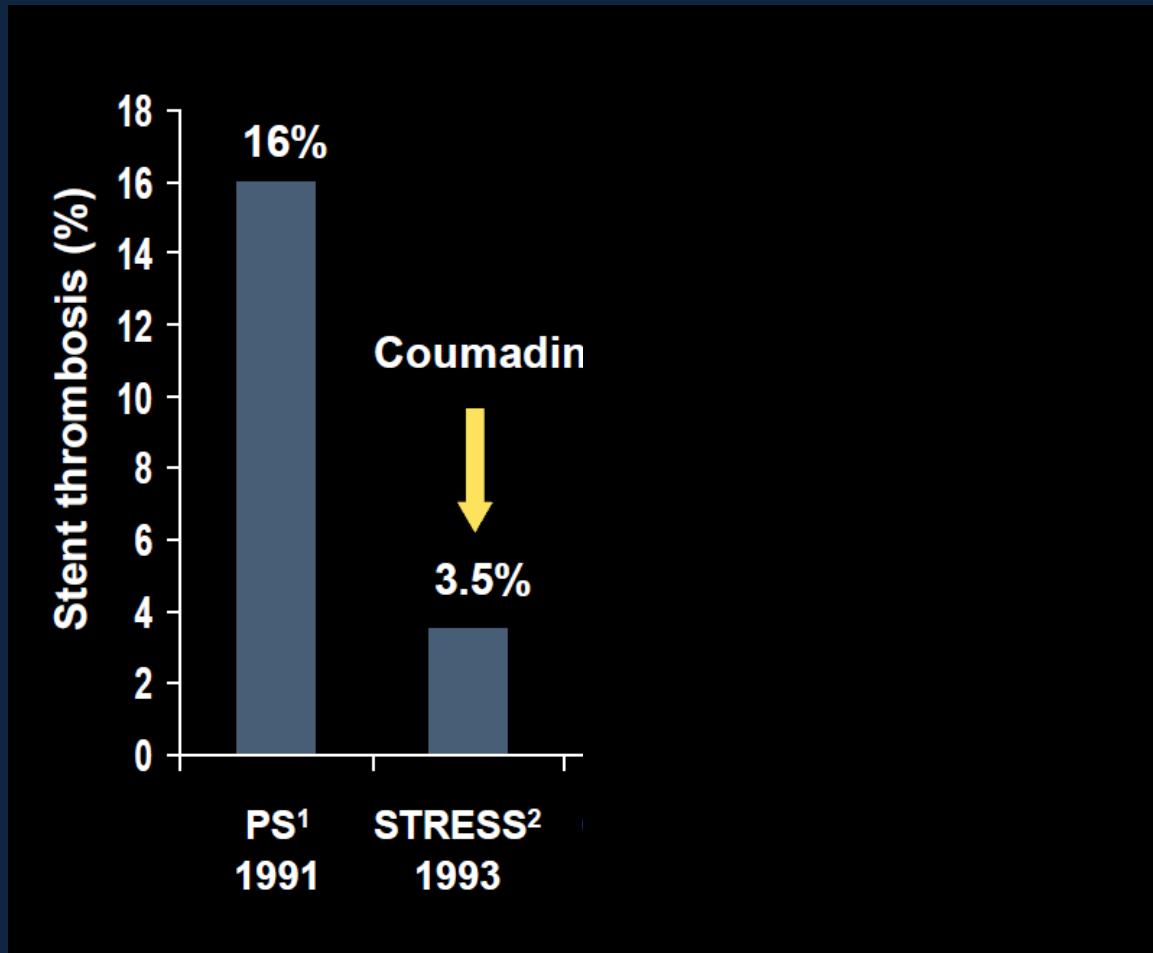
Σταύρος Χατζημιλιτιάδης
Αναπληρωτής Καθηγητής Καρδιολογίας ΑΠΘ

When BMS were first introduced, stent thrombosis occurred in up to 16% of patients



1. Schatz RA, Baim DS, Leon M, et al. Clinical experience with the Palmaz-Schatz coronary stent. Initial results of a multicenter study. *Circulation* 1991;83:148-61

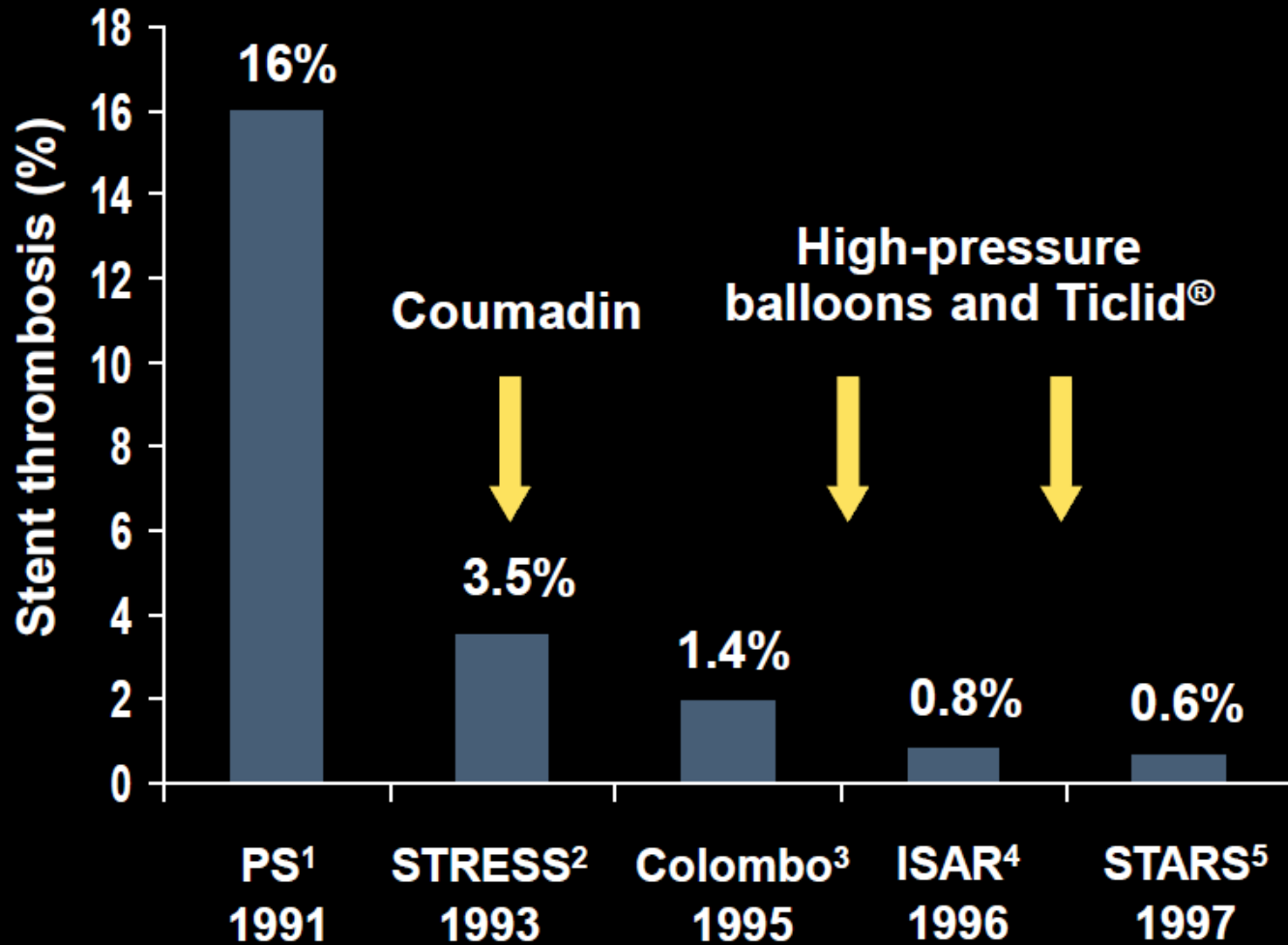
The STRESS and BENESTENT era - a major step forward



The heparin coated stent



Stent Thrombosis rate 0.4%

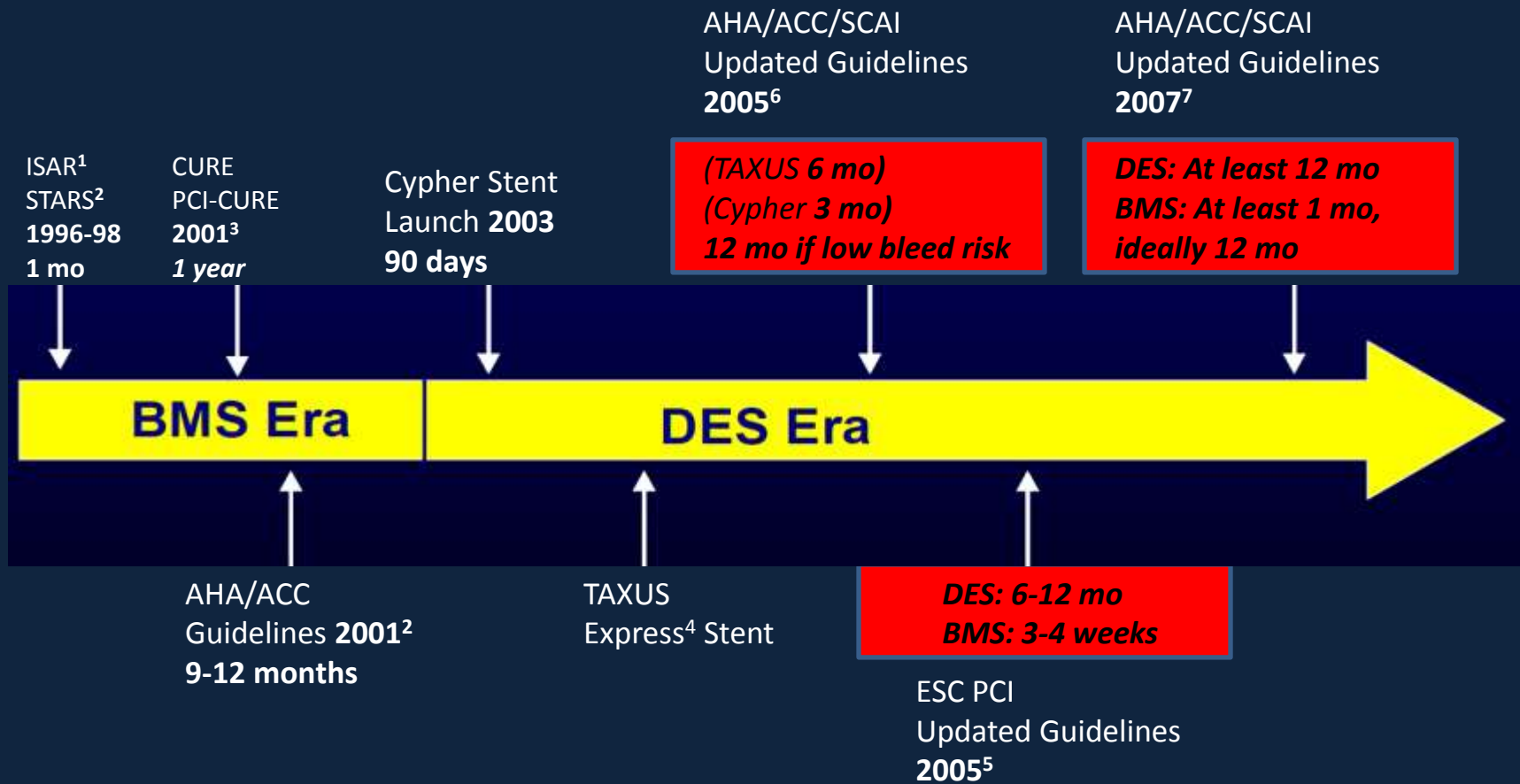


3. Colombo A. et al, Circulation. 1995;91:1676.

4. Schöming A. et al, Circulation. 1994;90:2716.

5. Leon MB. et al, N Engl J Med 1998;339:1665.

Uncertainty regarding optimal duration of thienopyridine therapy after DES



5. Silber et al. *Eur Heart J.* 2005;26:804;

6. Smith et al. *Circulation.* 2006;113:e166;

7. King et al. *Circulation* 2008; 117: 261 – 295

ARC Proposed Standard Definition

1) Stent Thromboses will fall into one of three types of evidence:

Definite / Confirmed

Acute Coronary Syndrome (ACS) AND Angiographic/Pathologic Confirmation

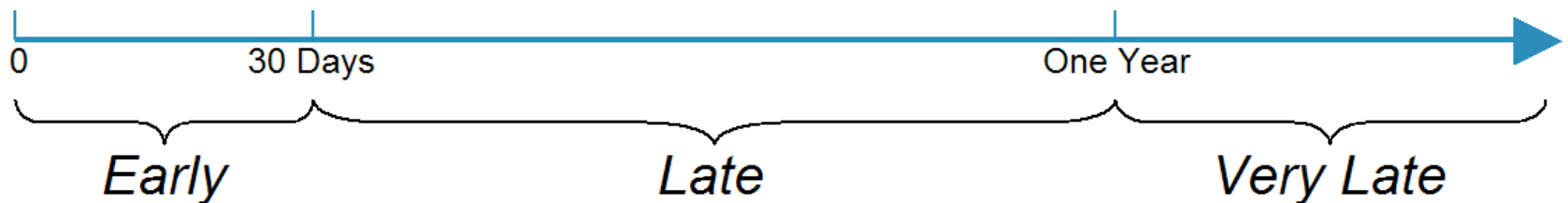
Probable

Unexplained Death (≤ 30 days) OR Target Vessel MI without angiographic confirmation of stent thrombosis or other identified culprit lesion

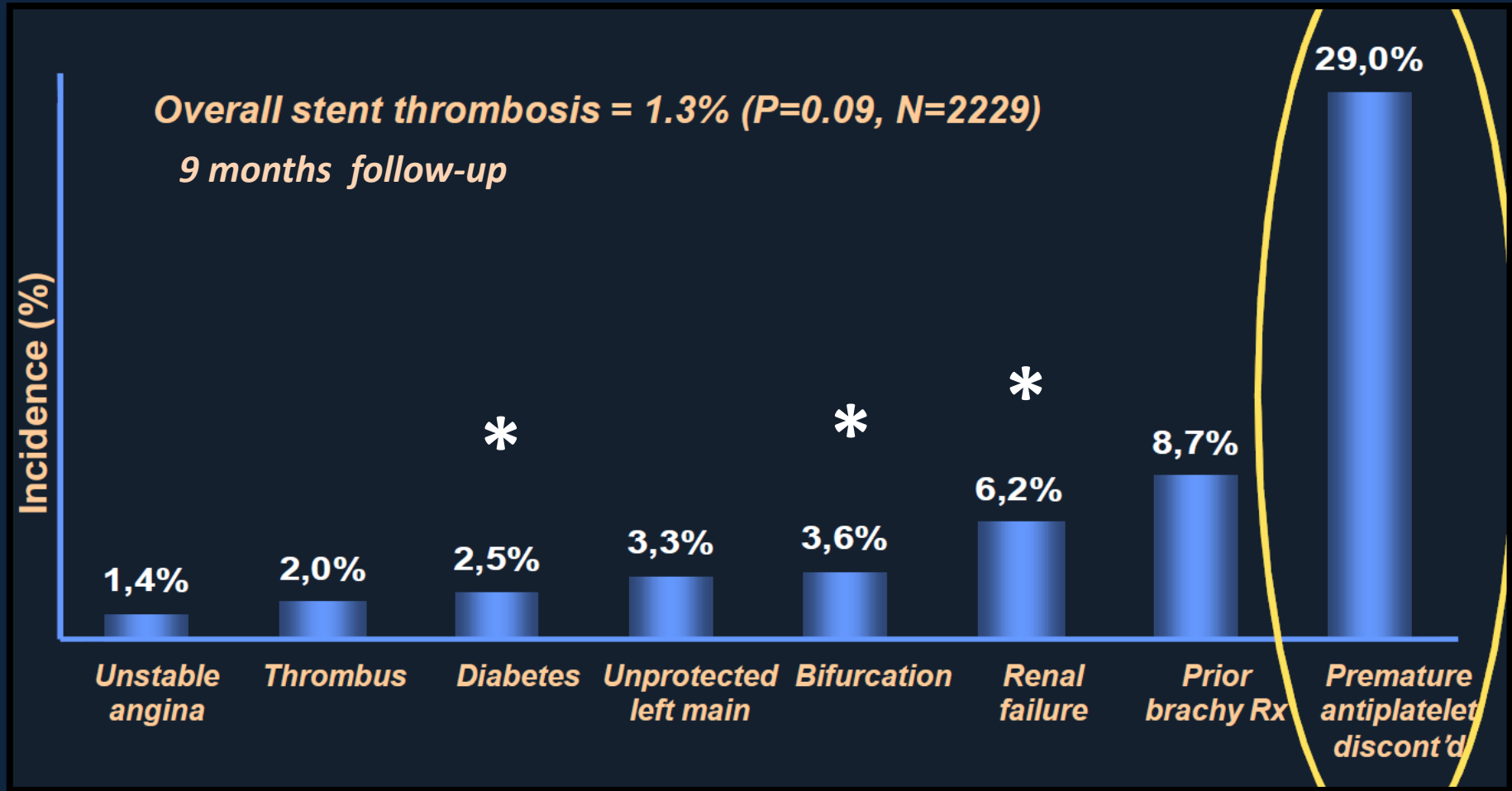
Possible

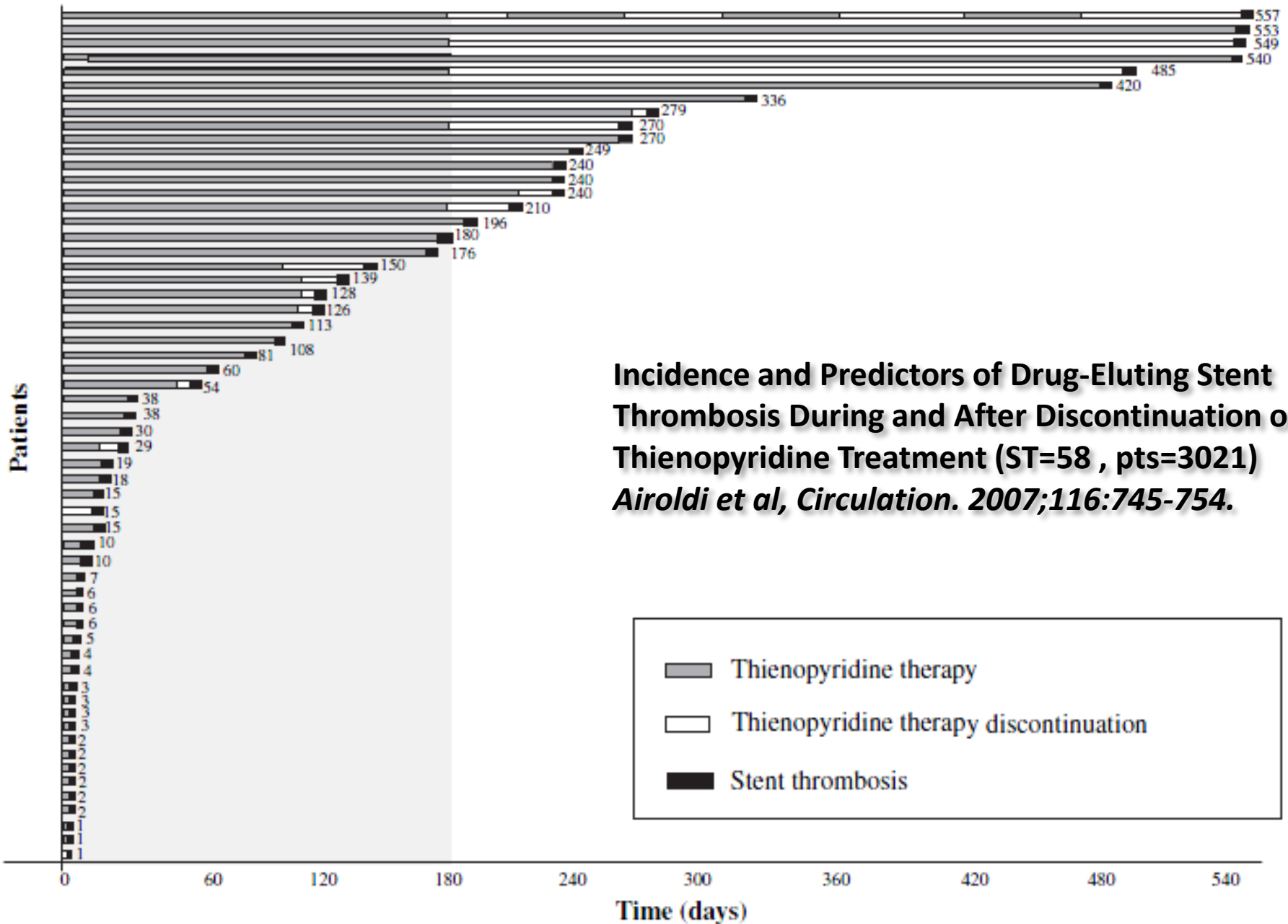
Unexplained Death (>30 days)

2) Stent Thromboses will also fall into one of three time periods:



Incidence, Predictors, and Outcome of Thrombosis After Successful Implantation of Drug-Eluting Stents





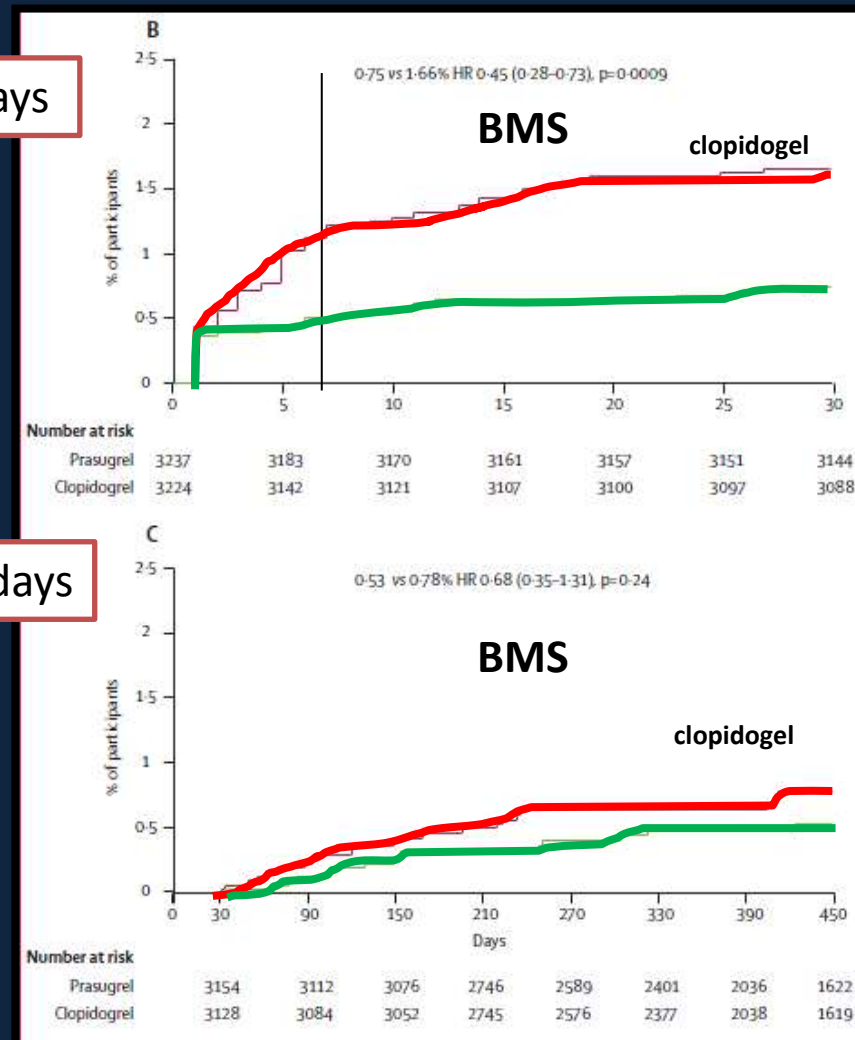
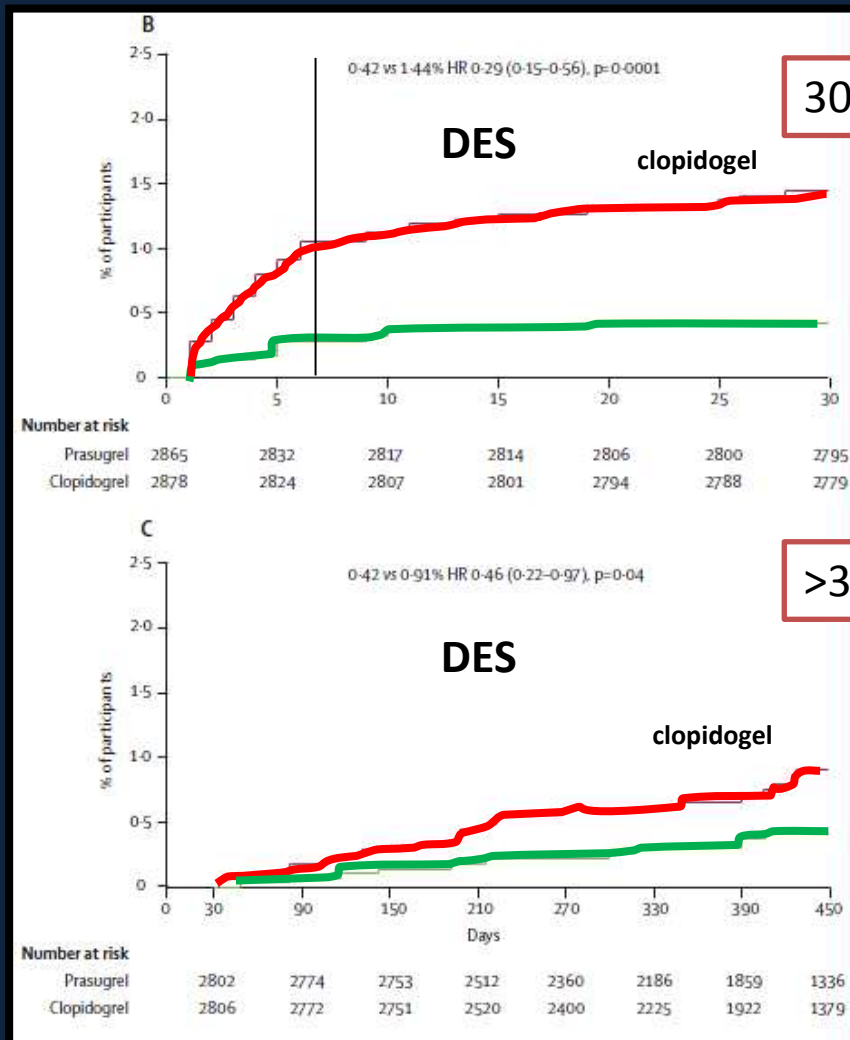
Clinical, Angiographic, and Genetic Factors Associated With Early Coronary Stent Thrombosis

Table 5. Stepwise Multivariable Analysis for the Combined Model

Gayla G, et al. JAMA. 2011;
306(16):1765-1774

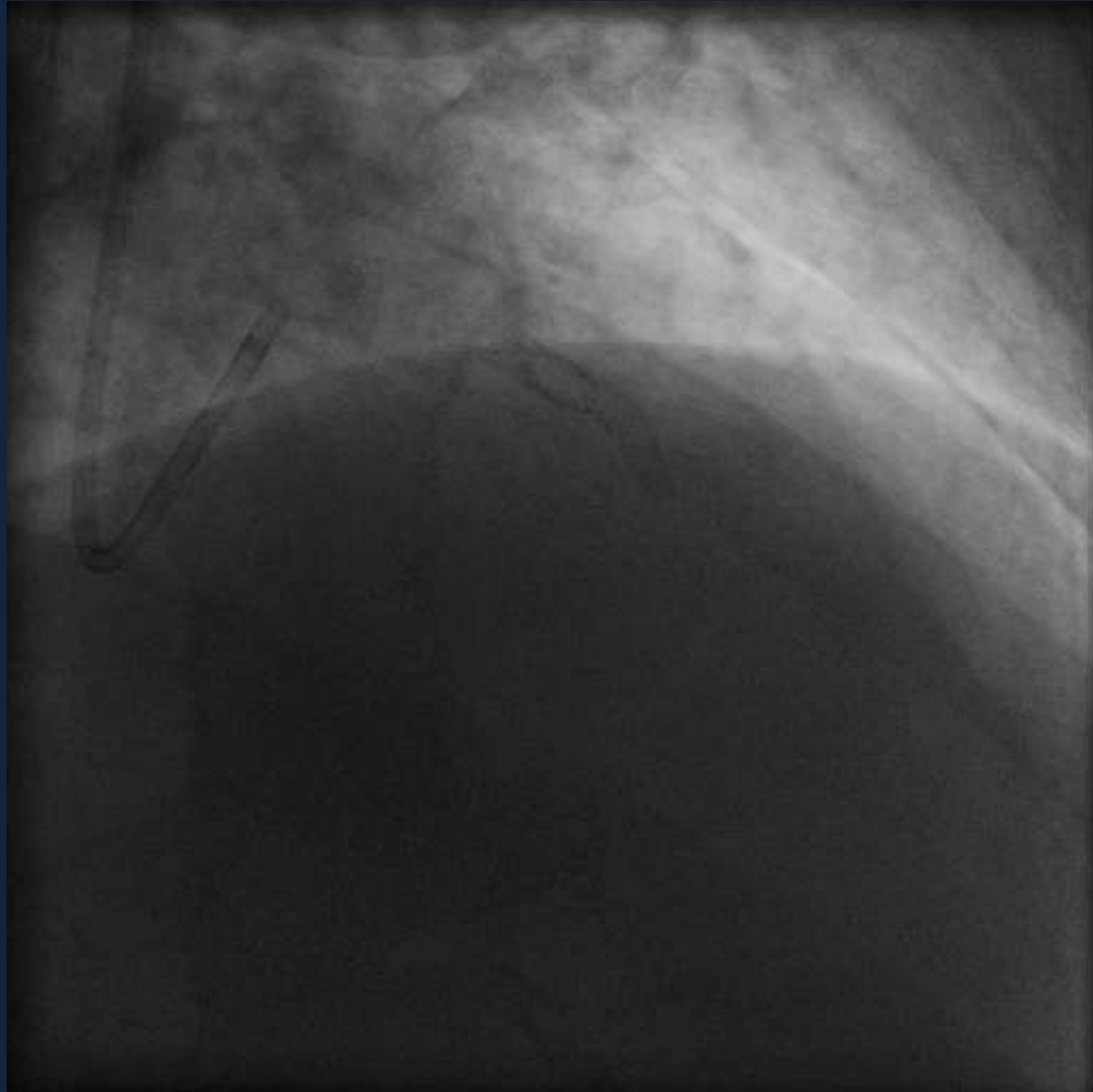
Variables	Univariable Analysis		Multivariable Analysis	
	Odds Ratio (95% CI)	P Value	Odds Ratio (95% CI)	P Value
* Diabetes	1.76 (1.08-2.85)	.02	1.82 (1.02-3.24)	.04
Prior myocardial infarction	1.48 (0.96-2.28)	.08		
* Left ventricular ejection fraction <40%	2.59 (1.40-4.83)	.003	2.25 (1.09-4.70)	.03
* ACC/AHA type C lesion	2.30 (1.48-3.60)	<.001	2.33 (1.40-3.89)	.001
Number of vessels	1.44 (0.89-2.32)	.13		
* Percutaneous coronary intervention in acute setting	3.06 (1.64-5.70)	<.001	3.05 (1.54-6.07)	.001
Dissection	2.31 (1.10-4.86)	.03		
Minimum stent diameter	0.69 (0.40-1.17)	.17		
* High clopidogrel loading dose	0.80 (0.65-0.98)	.03	0.73 (0.57-0.93)	.01
* Use of proton pump inhibitors	1.96 (1.24-3.10)	.004	2.19 (1.29-3.75)	.004
Use of calcium channel blockers	0.62 (0.35-1.12)	.11		
* CYP2C19 metabolic status	2.01 (1.52-2.65)	<.001	1.99 (1.47-2.69)	<.001
<i>PON1</i> QQ192 vs QR or RR192	1.36 (0.88-2.10)	.17		
* <i>ABCB1</i> TT vs CC or CT	2.01 (1.22-3.30)	.006	2.16 (1.21-3.88)	.009
* <i>ITGB3</i> (PLA2 carriers vs noncarriers)	0.50 (0.29-0.87)	.01	0.52 (0.28-0.95)	.03
<i>P2Y12</i> H2/H2 vs H1/H1 or H1/H2	4.14 (1.02-16.83)	.05		

Kaplan–Meier curves of Academic Research Consortium definite or probable stent thrombosis for all patients (TRITON-38 prasugrel vs clopidogrel)

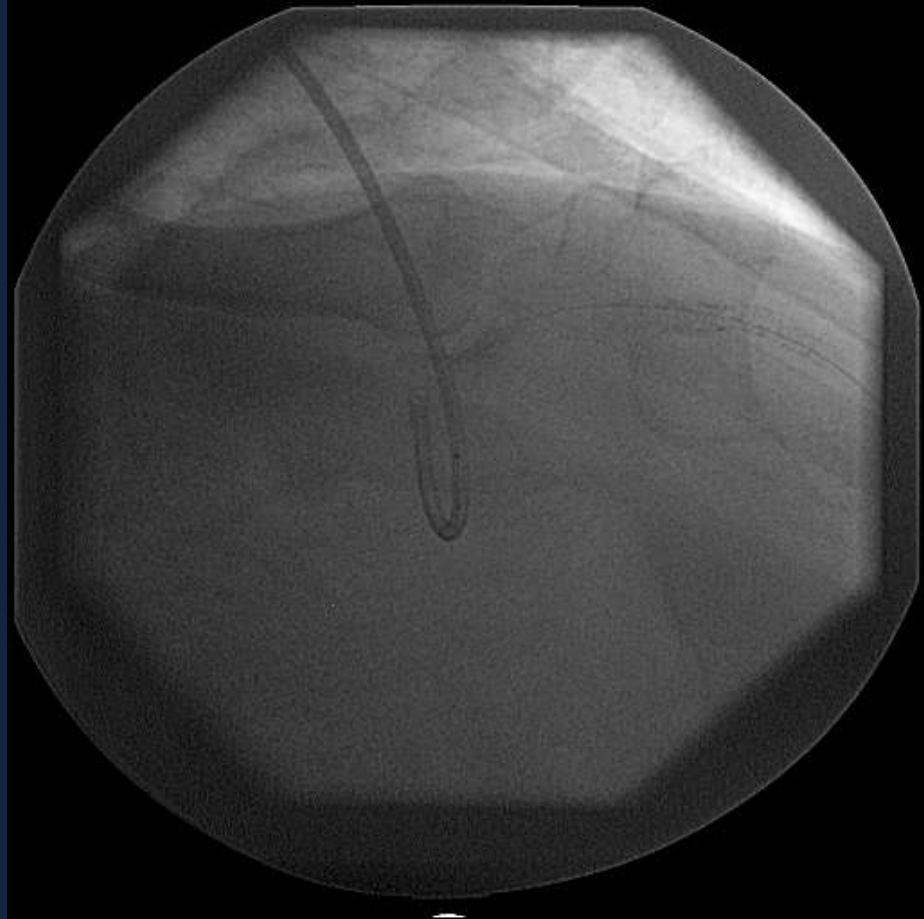
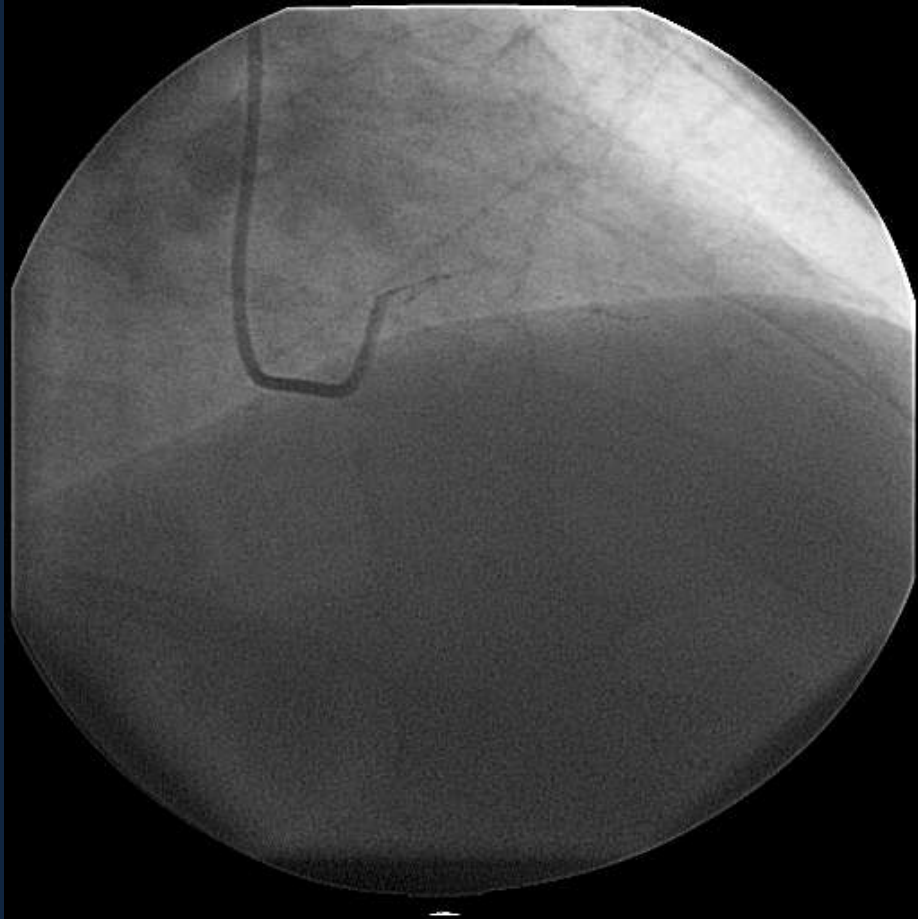


Wiviott SD et al, Lancet 2008; 371: 1353–63

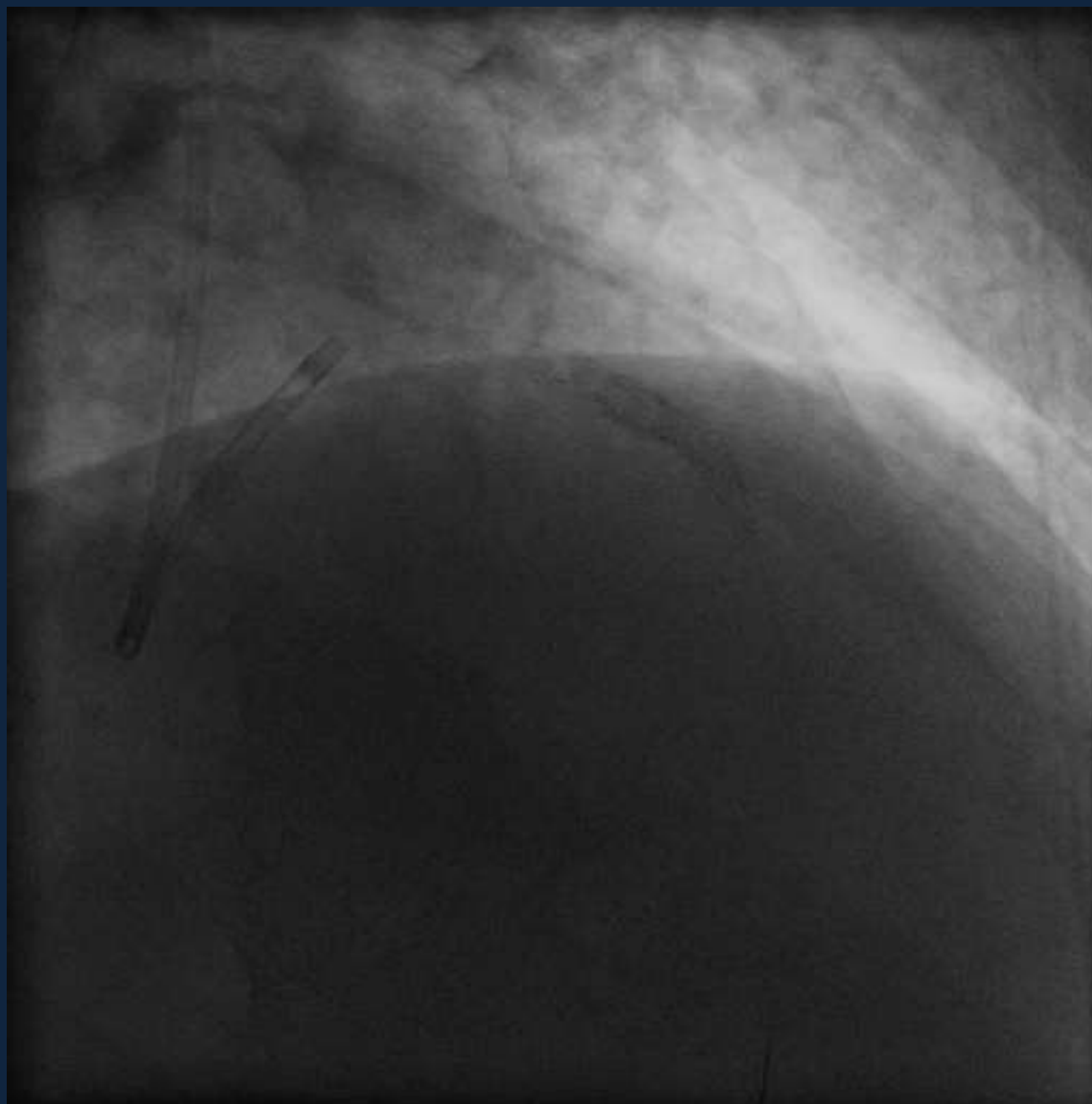
Early stent thrombosis



7 days earlier



Thrombus at the site of the incomplete stent expansion



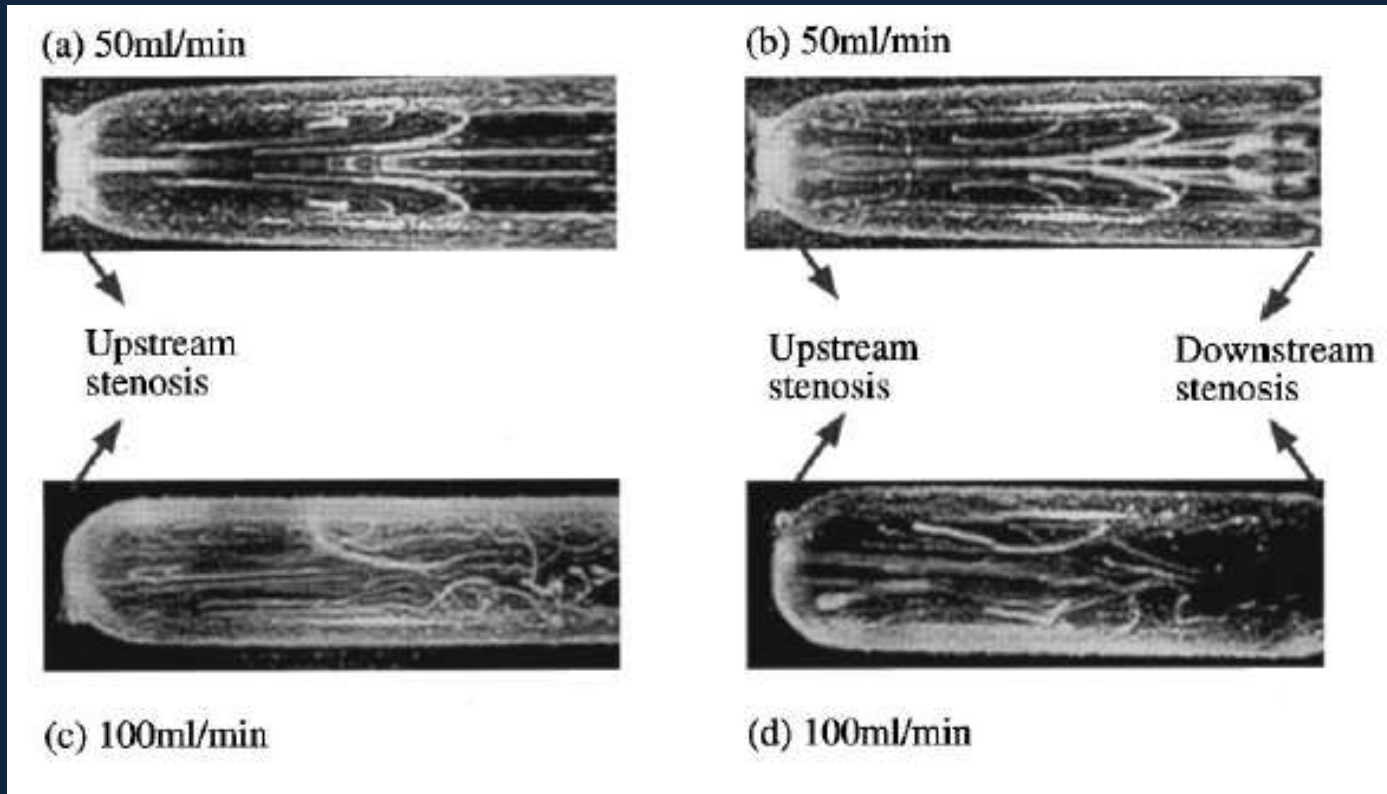
Early Stent Thrombosis after Sirolimus-Eluting Stent Implantation: An Intravascular Ultrasound Study

Procedural Characteristics and Angiographic and IVUS Findings



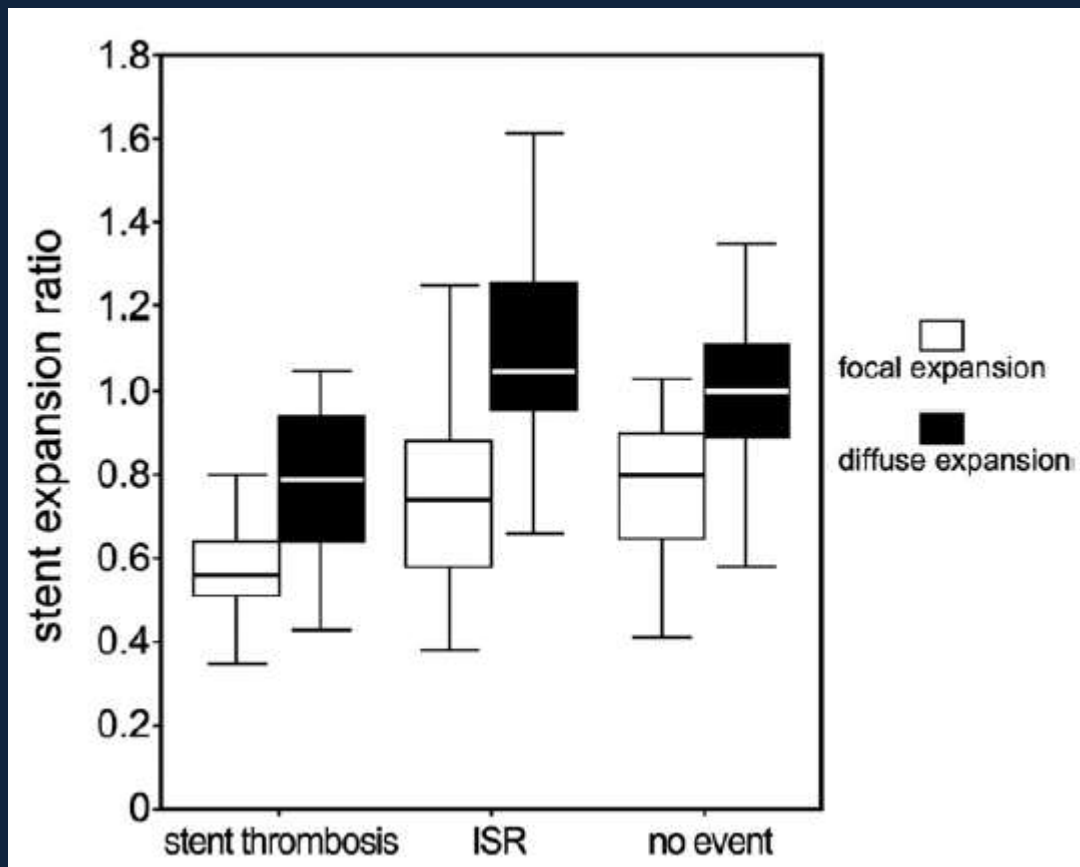
	Stent Thrombosis (n = 15)	Matched Control Group (n = 45)	p Value
<u>Reference (minimum lumen segment)</u>			
Lumen CSA (mm ²)	3.9 ± 1.6	5.3 ± 1.7	0.007
EEM CSA (mm ²)	10.8 ± 4.2	9.9 ± 3.2	0.4
Plaque burden (%)	62 ± 13	46 ± 9	<0.001
Significant residual stenosis	10 (67%) *	4 (9%)	<0.001
<u>Stent segment</u>			
Minimum stent CSA (mm ²)	4.3 ± 1.6 *	6.2 ± 1.9	<0.001
Stent expansion	0.65 ± 0.18	0.85 ± 0.14	<0.001

Enhancement of Stent-Induced Thromboembolism by Residual Stenoses: Contribution of Hemodynamics



Sukavaneshvar S et al. *Annals of Biomedical Engineering* 2000 ; 28:182–193.

Underexpansion in DES that thrombose is more severe, more diffuse, and more often proximal in location.

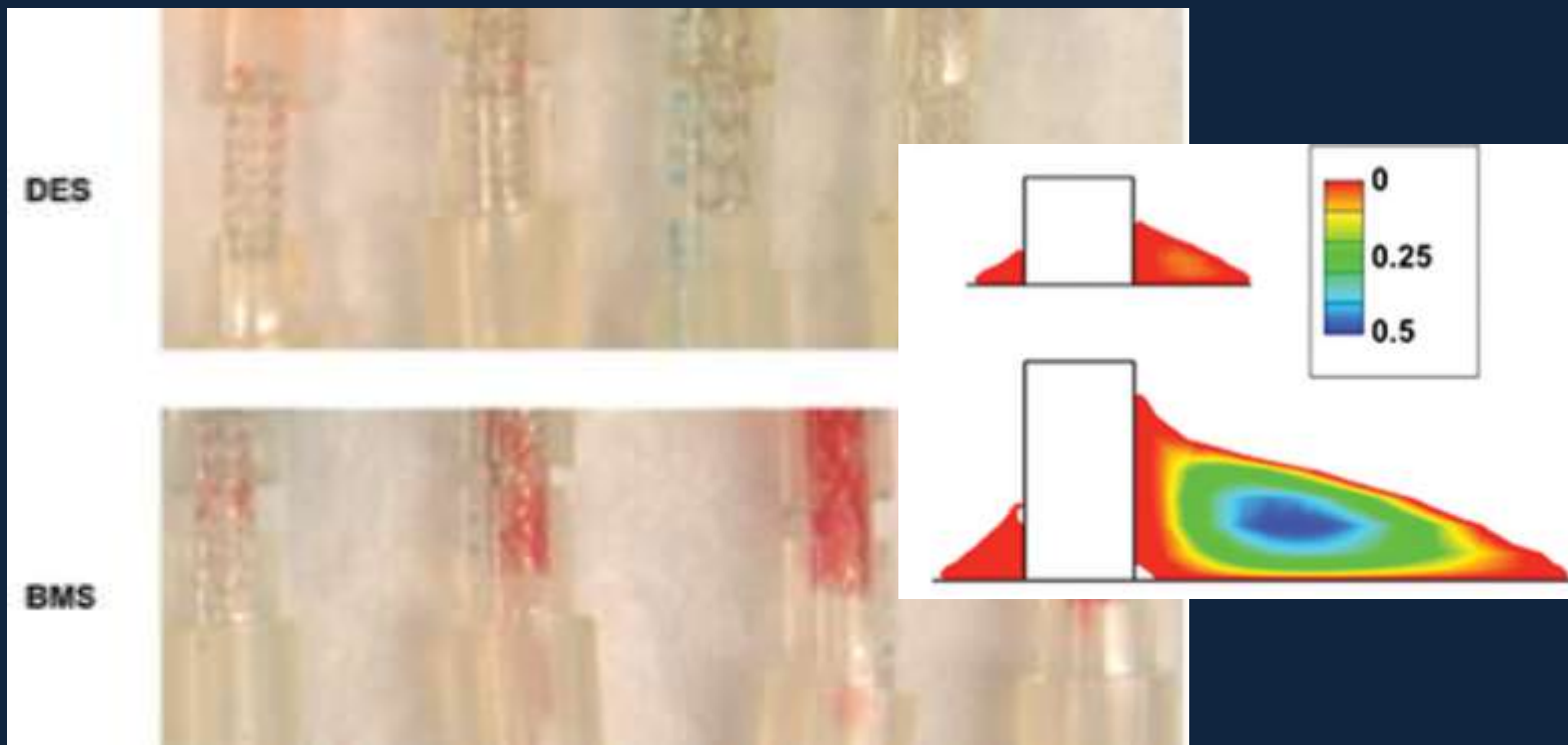


minimum stent area (MSA)/mean reference lumen CSA

mean stent CSA /mean reference lumen CSA

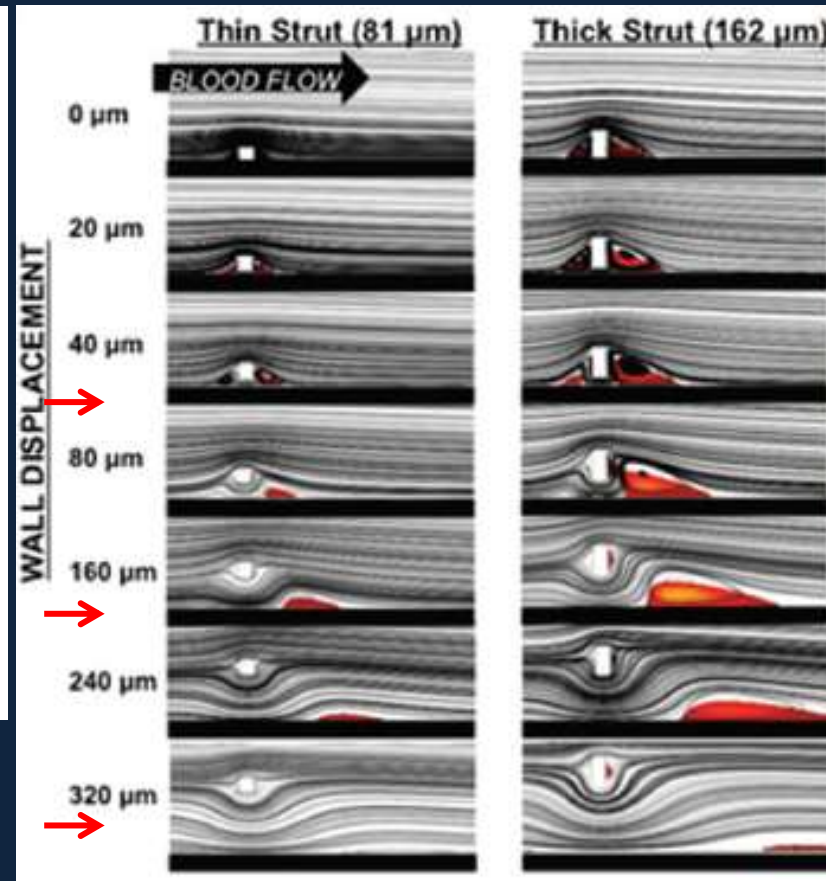
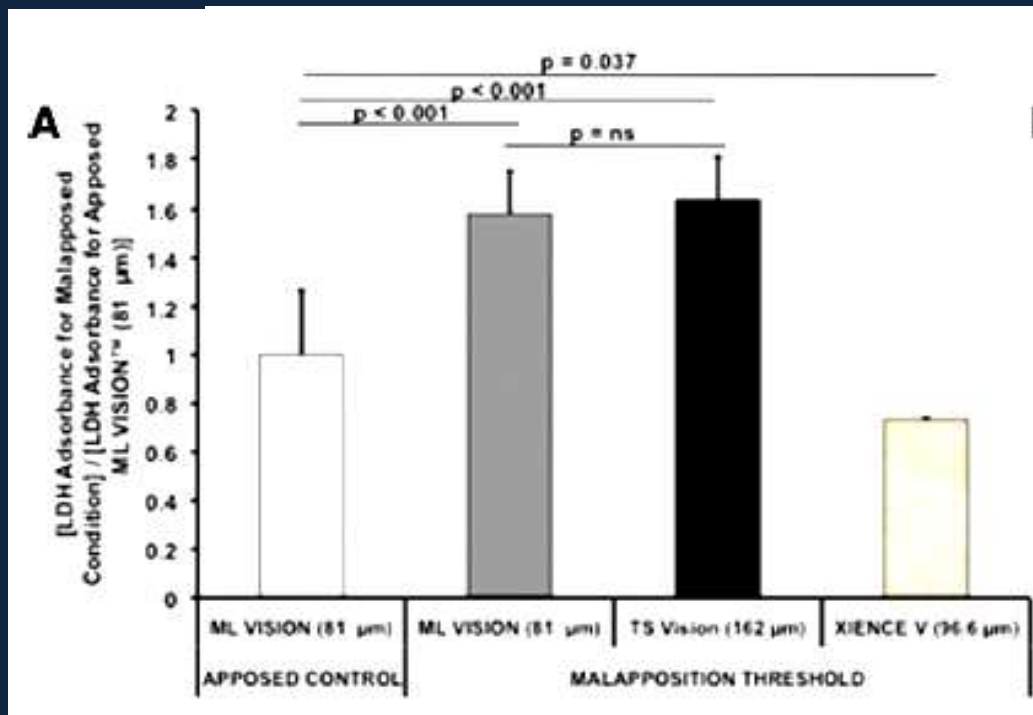
Liu et al. A Volumetric Intravascular Ultrasound Comparison of Early Drug-Eluting Stent Thrombosis Versus Restenosis. J Am Coll Cardiol Interv 2009;2:428 –34.

Stent Thrombogenicity is Driven by Stent Design and Deployment



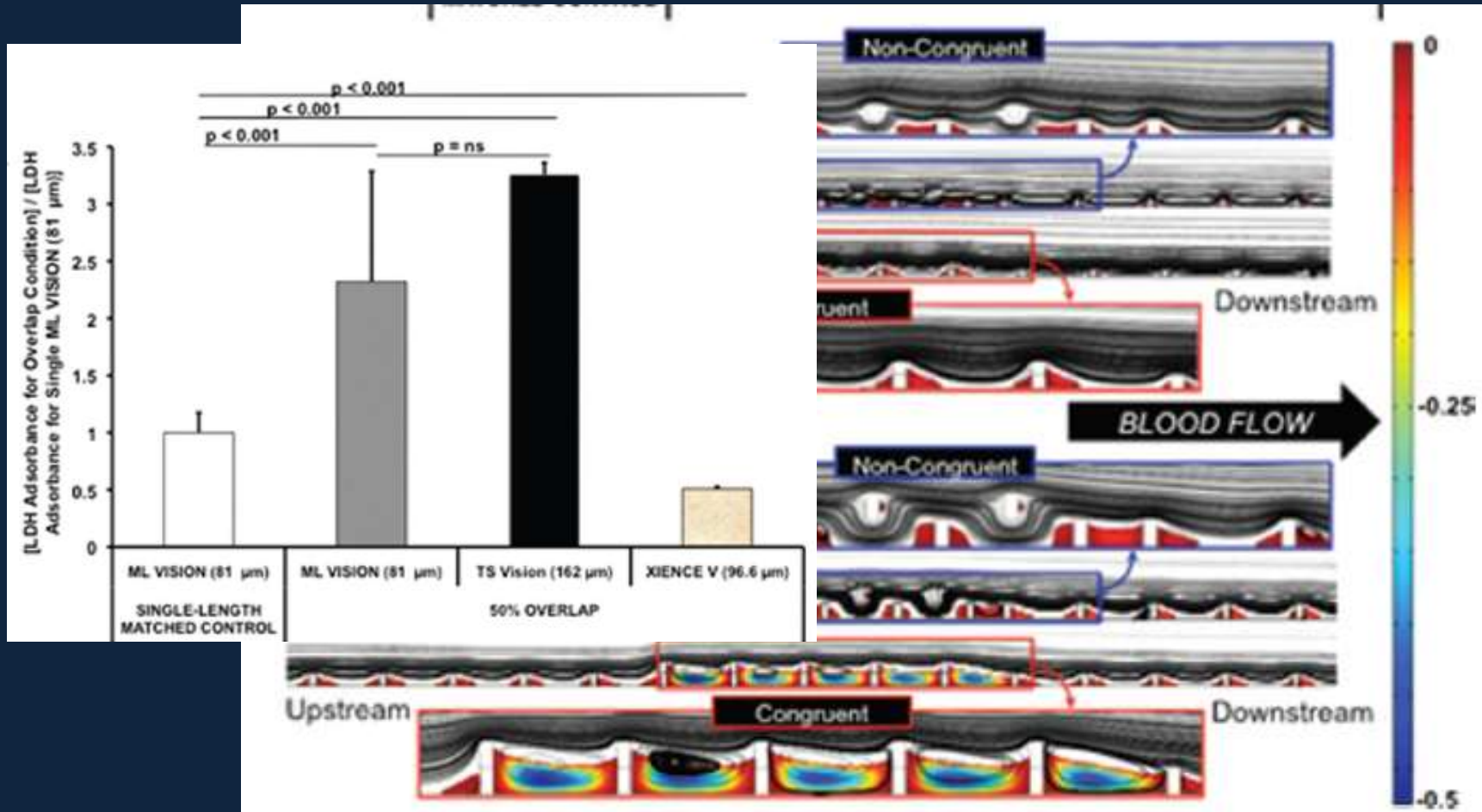
Stent Thrombogenicity is Driven by Stent Design and Deployment and Protected by Polymer-Drug Coatings

Malapposition



Stent Thrombogenicity is Driven by Stent Design and Deployment and Protected by Polymer-Drug Coatings

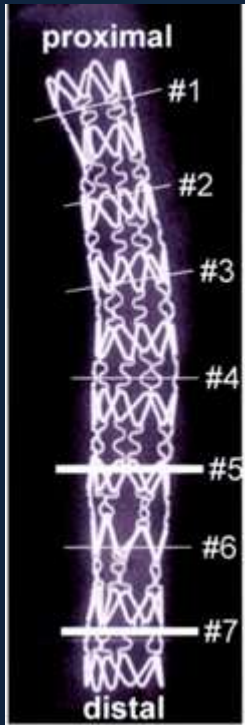
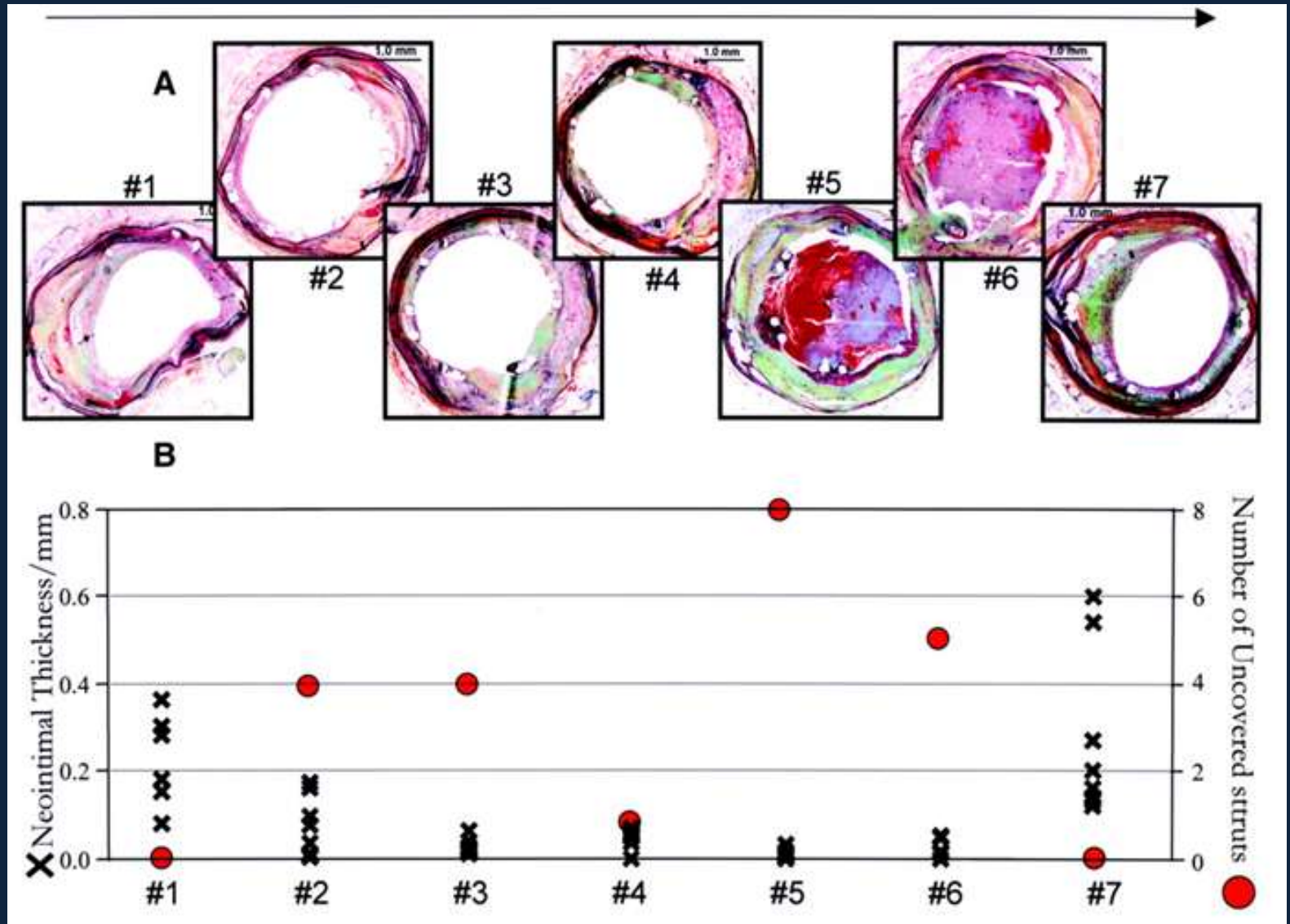
Overlapping stents



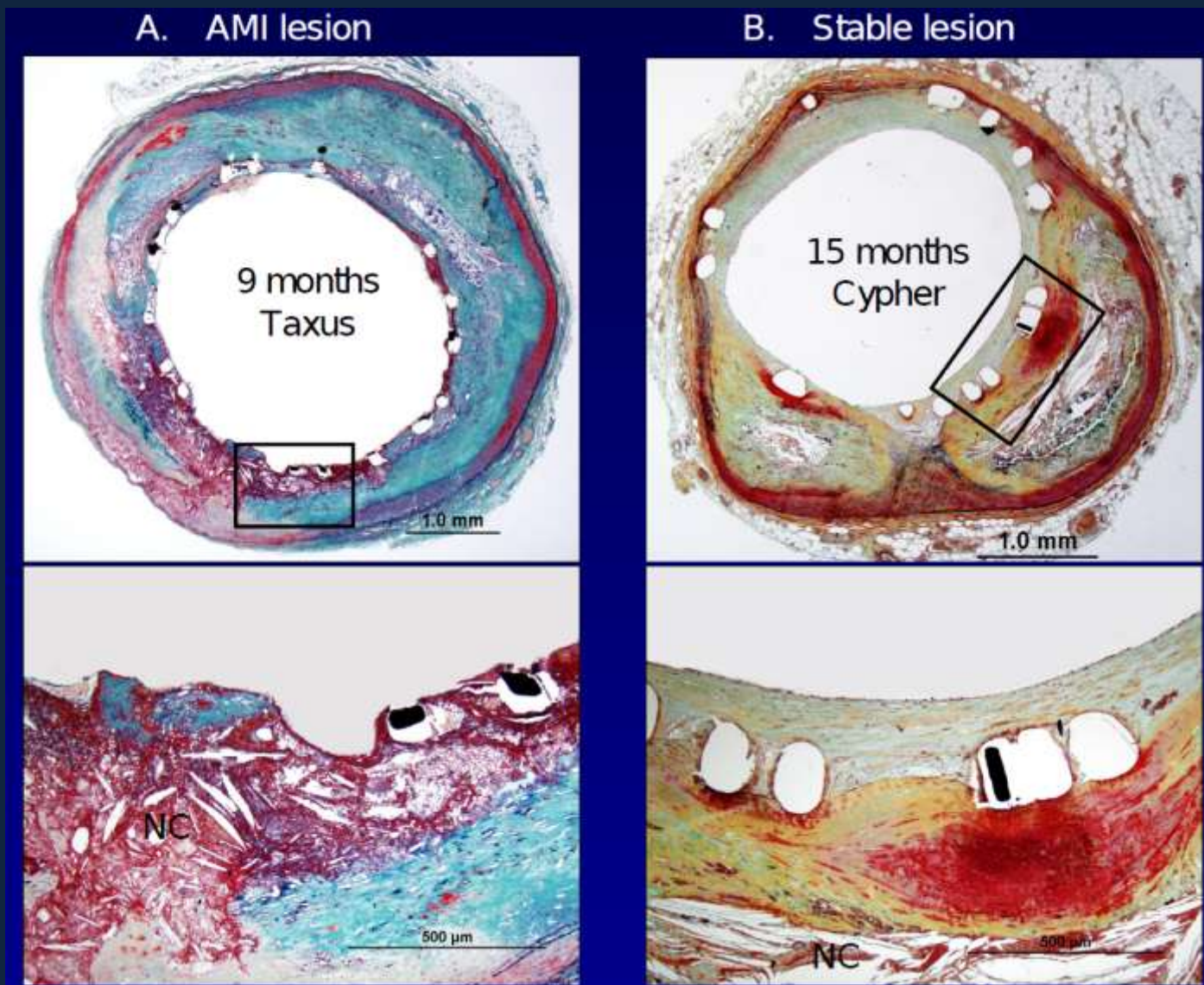
Kolandaivelu K, et al. *Circulation*. 2011;123:1400-1409

Pathological Correlates of Late Drug-Eluting Stent Thrombosis

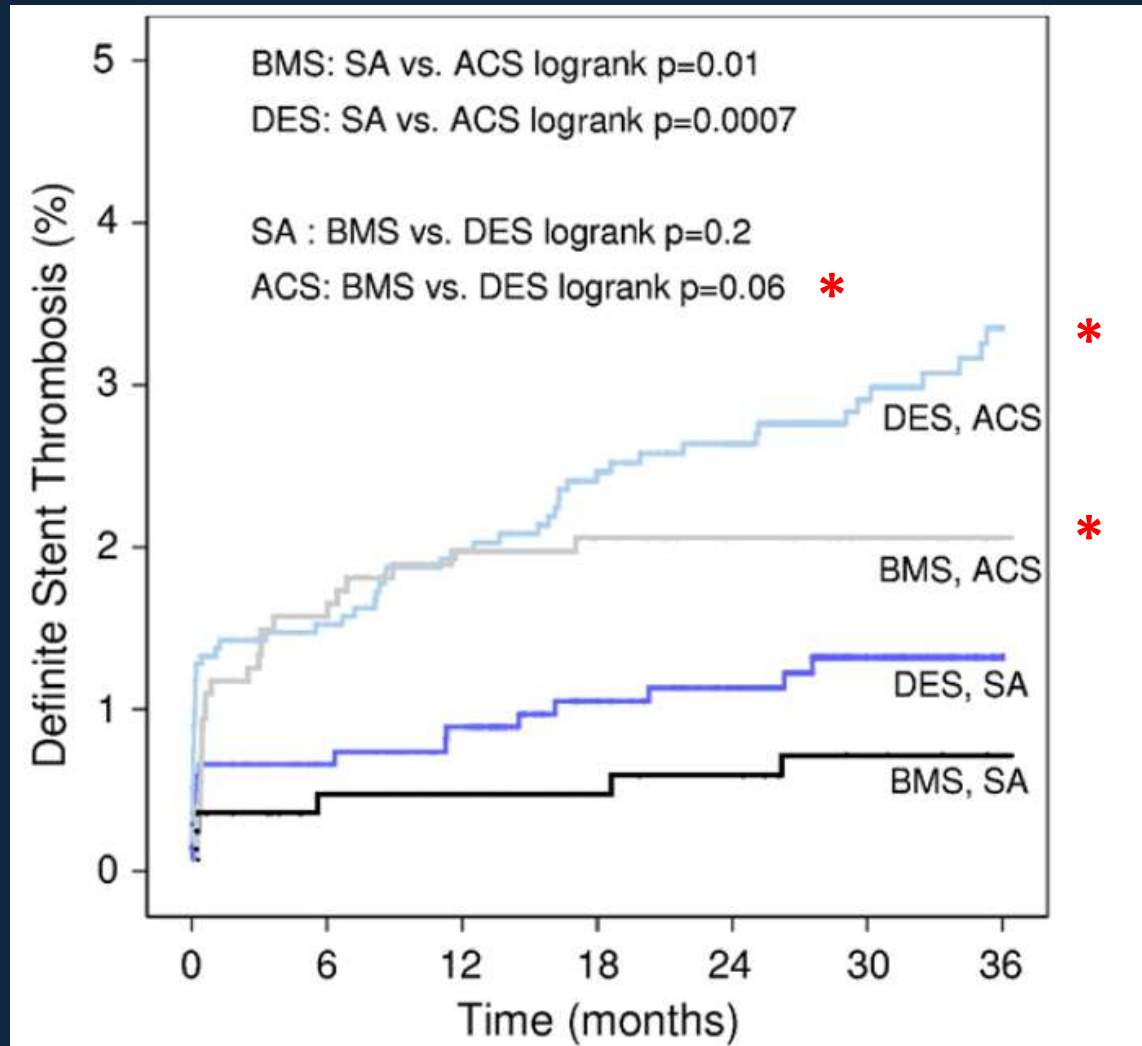
Strut Coverage as a Marker of Endothelialization (34 y/o woman 2 years post primary PCI)



Vessel healing at the culprit site in AMI patients treated with DES is substantially delayed compared with the culprit site in patients receiving DES for stable angina



The Risk of Stent Thrombosis in Patients With Acute Coronary Syndromes Treated With Bare-Metal and Drug-Eluting Stents



(Kukreja N et al, J Am Coll Cardiol Intv 2009;2:534-41)

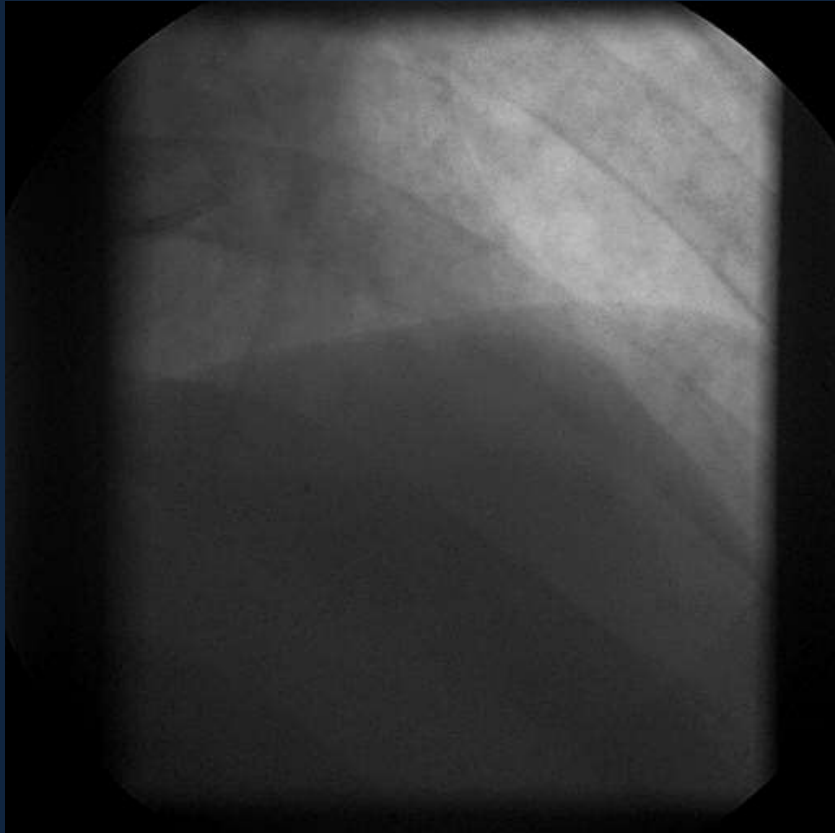
Optimal Stent-Sizing With Intravascular Ultrasound Contributes to Complete Neointimal Coverage After Sirolimus-Eluting Stent Implantation Assessed by Angioscopy

Fusako Sera, MD,* Masaki Awata, MD,* Masaaki Uematsu, MD, PHD,*

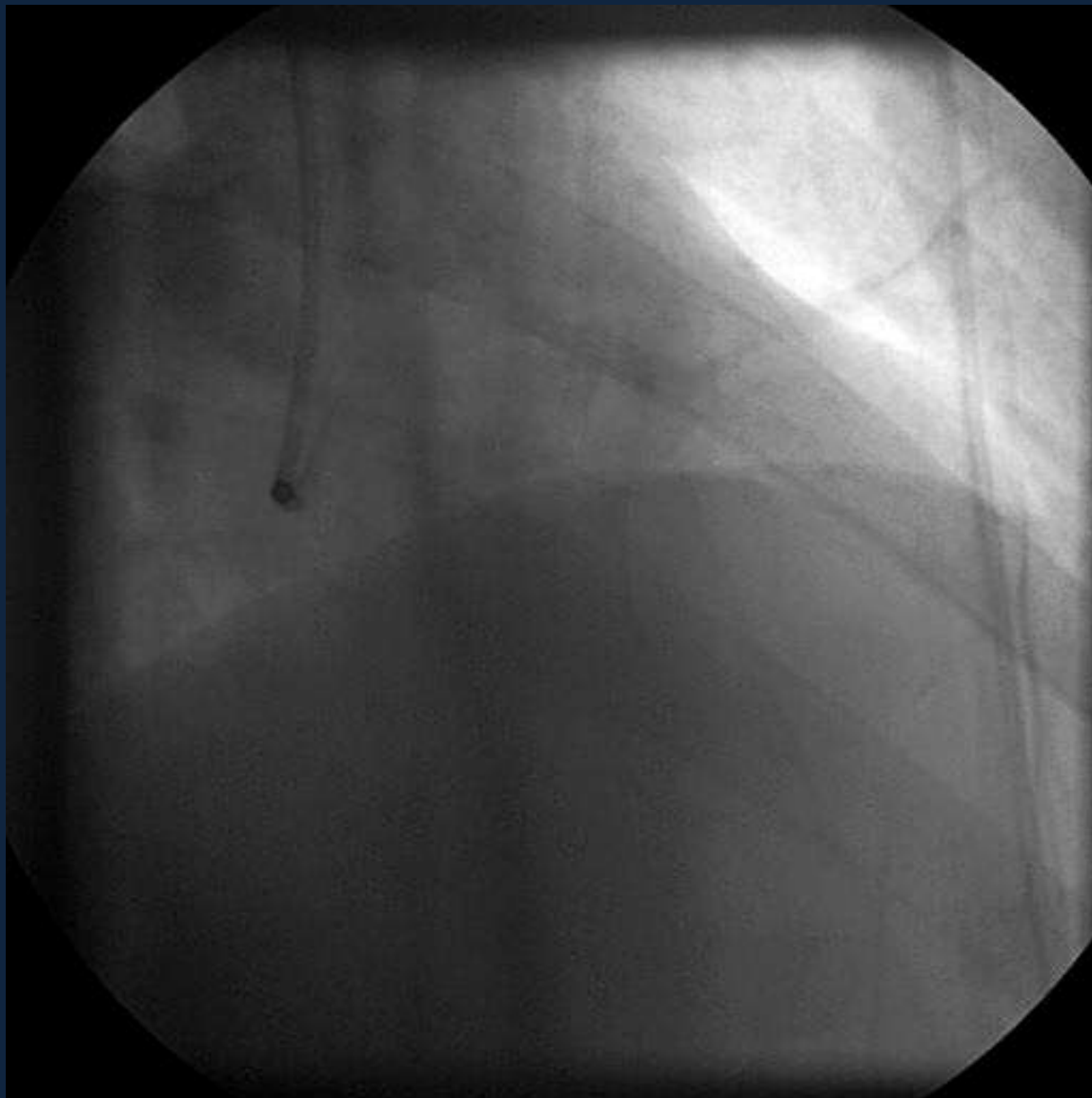
Jun-ichi Kotani, MD, PHD,† Shinsuke Nanto, MD, PHD,*† Seiki Nagata, MD, PHD*

Amagasaki and Suita, Japan

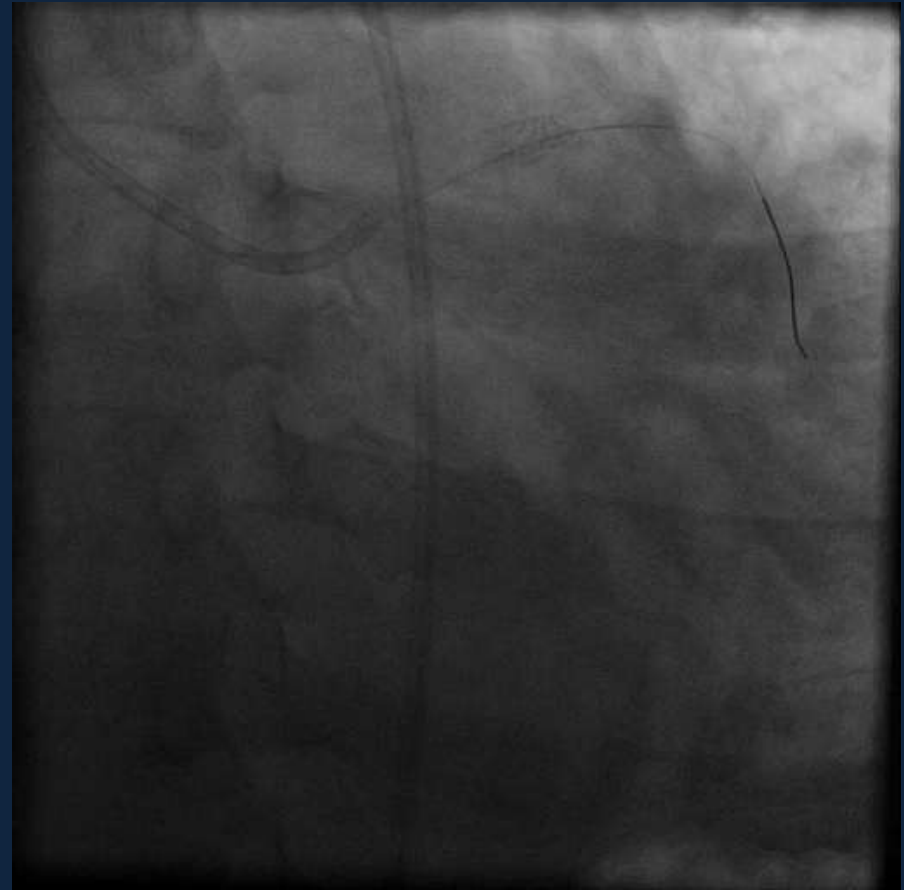
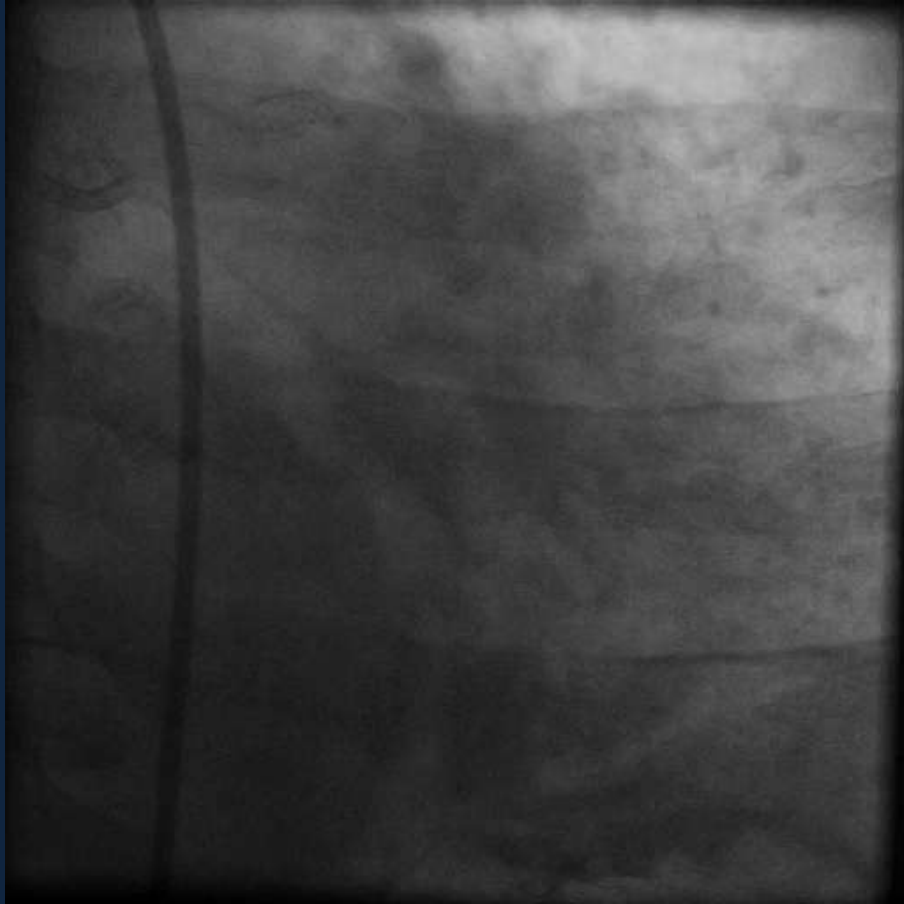
PCI with a Cypher stent with good angiographic expansion



Scheduled angiographic evaluation 16 months post-PCI

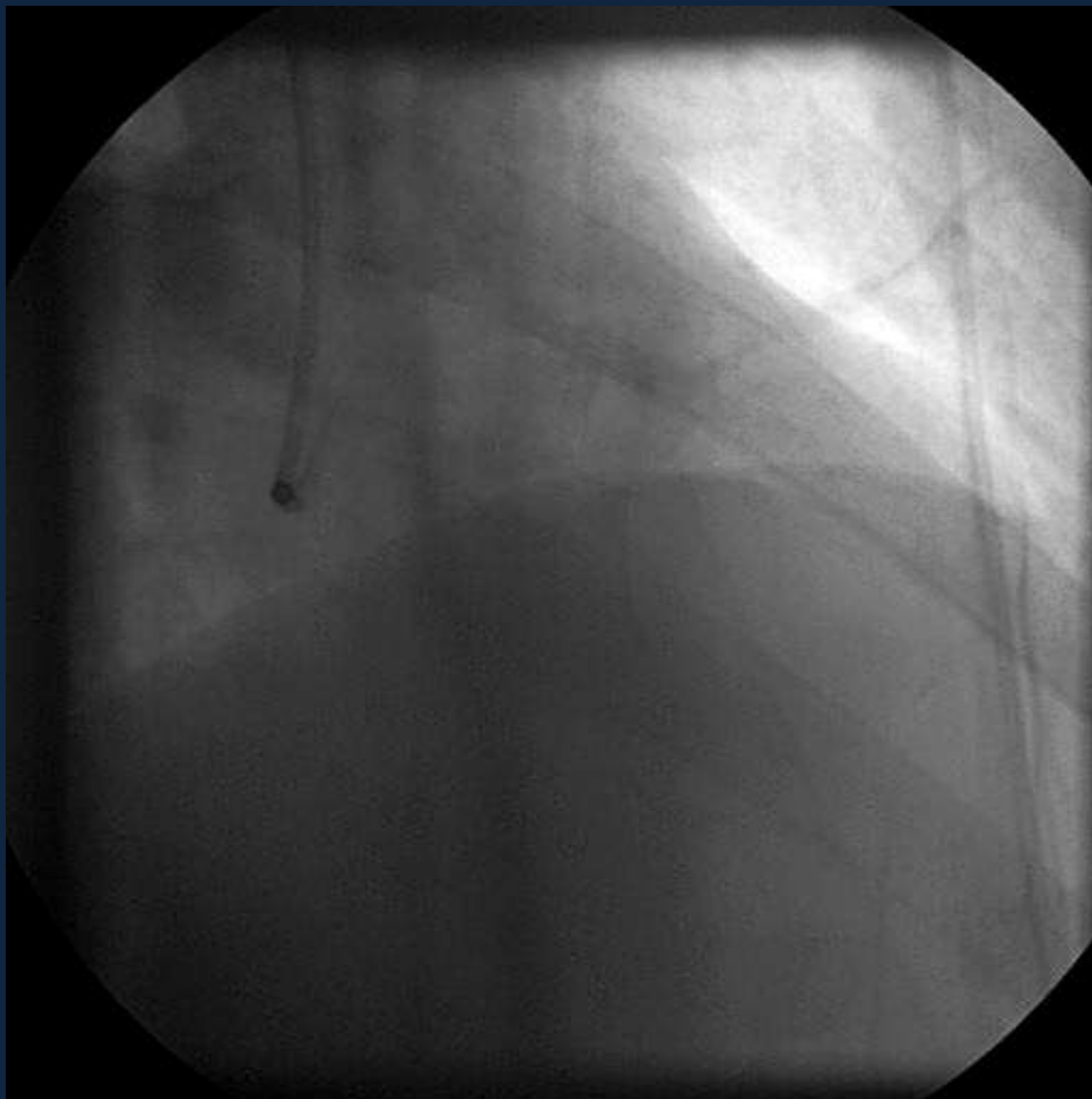


Stent thrombosis 3 years post PCI
(post-thrombectomy the pathology is limited to the stent)



Scheduled angiographic evaluation 16 months post-PCI

Dye outside the borders of the stent



Definition and morphological classification of peri-stent contrast staining (PSS)- angiographic late malapposition.

Definition*:

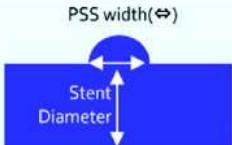
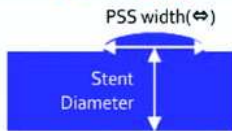
PSS was defined as contrast staining outside the stent contour extending to $\geq 20\%$ of stent diameter measured by quantitative coronary angiography.

Maximum contrast staining outside the stent $> 20\%$ of stent diameter at the same site

Example:

If measured stent diameter at the site of maximum contrast staining was 3.0mm, PSS was defined as contrast staining outside the stent $\geq 0.6\text{mm}$ (20%).

Stent diameter

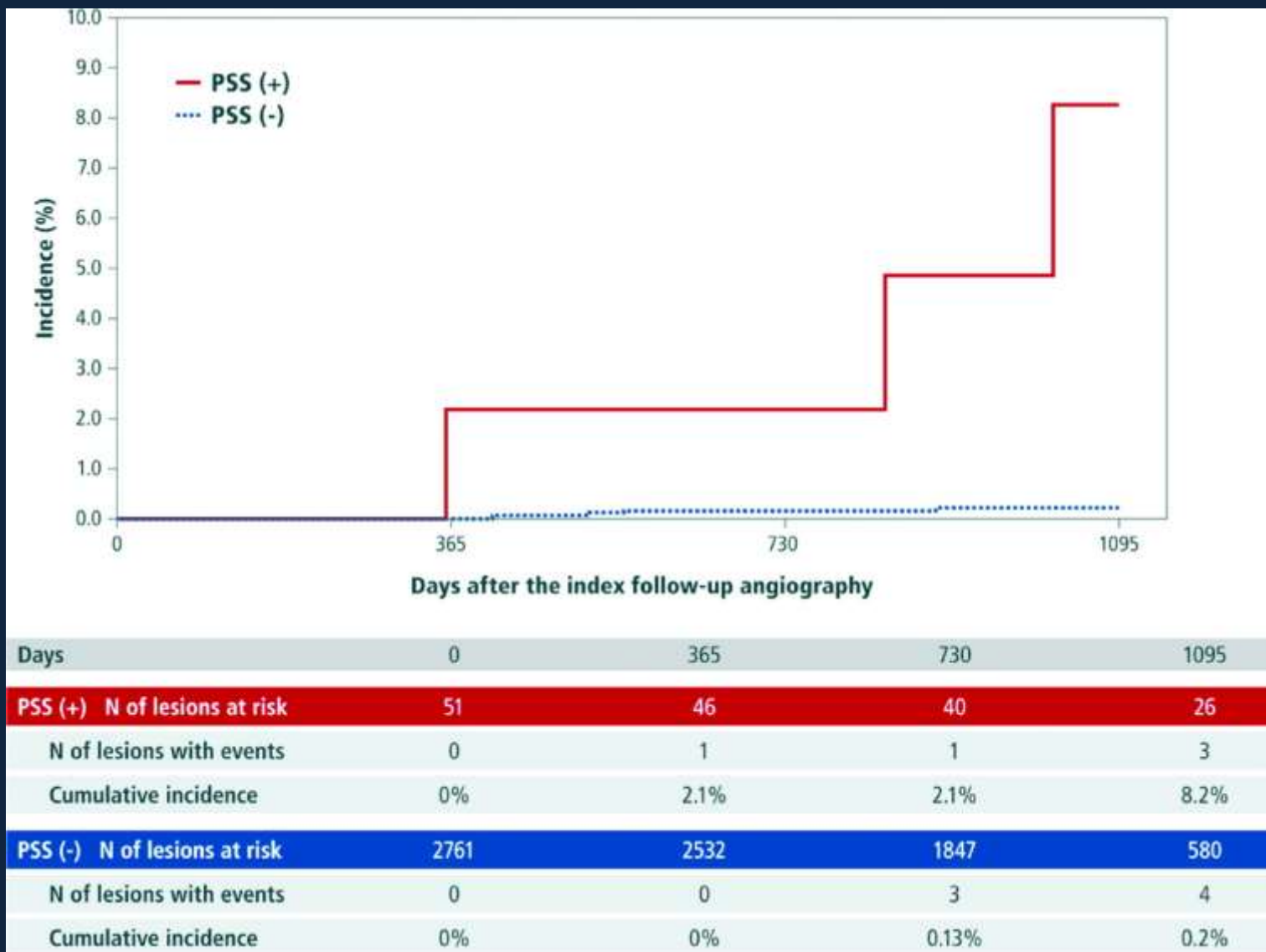
Classification of PSS Morphology	Definition
<p>Focal</p> 	PSS width \leq Stent diameter
Mono-focal	Single focal PSS at the stented segment
Multi-focal	Multiple focal PSS at the stented segment
<p>Segmental**</p> 	PSS width $>$ Stent diameter
Irregular-contour***	Segmental PSS with irregular contour
Smooth-contour	Segmental PSS with smooth contour

*: Maximum contrast staining outside stent $\geq 50\%$ of stent diameter was classified as severe PSS.

** : Including coexisting focal type PSS

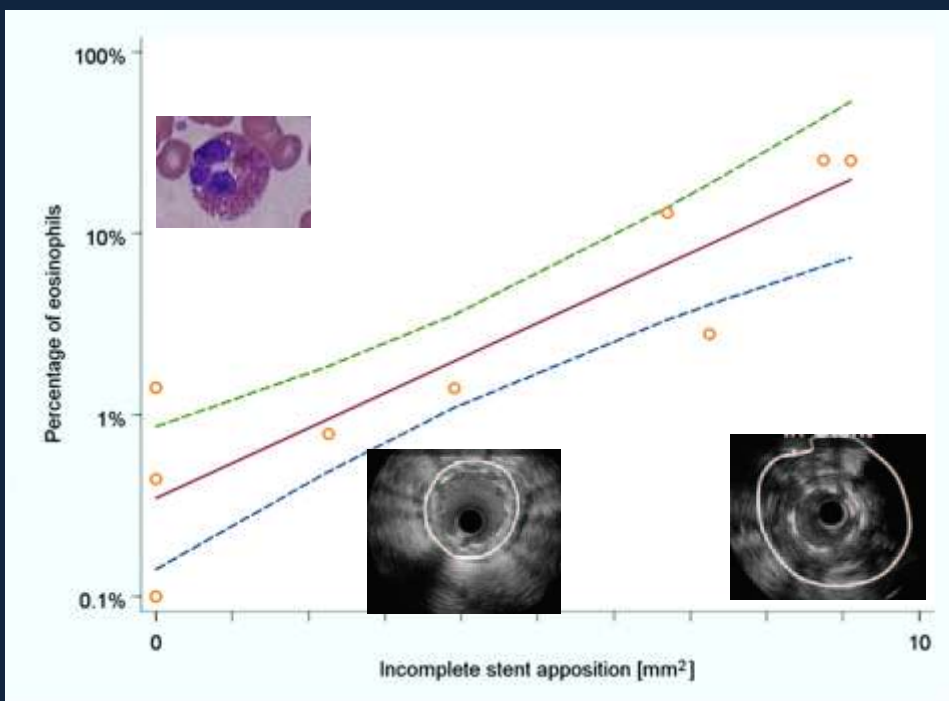
*** : including coexisting smooth contour type

Cumulative incidence of ST after the index follow-up angiography: PSS group versus non-PSS group.



Correlation of Intravascular Ultrasound Findings With Histopathological Analysis of Thrombus Aspirates in Patients With Very Late Drug-Eluting Stent Thrombosis

	#	WBCs	p-ANOVA	Eosinophils	P-ANOVA
Controls	26		0.0001		0.038
Spontaneous MI	7	291±94		7±10	
Early ST-BMS	4	146±117		1±1	
Early ST-DES	10	73±117		1±2	
Very late ST-BMS	5	84±50		2±3	
Very late ST-DES	28	283±149		20±24	



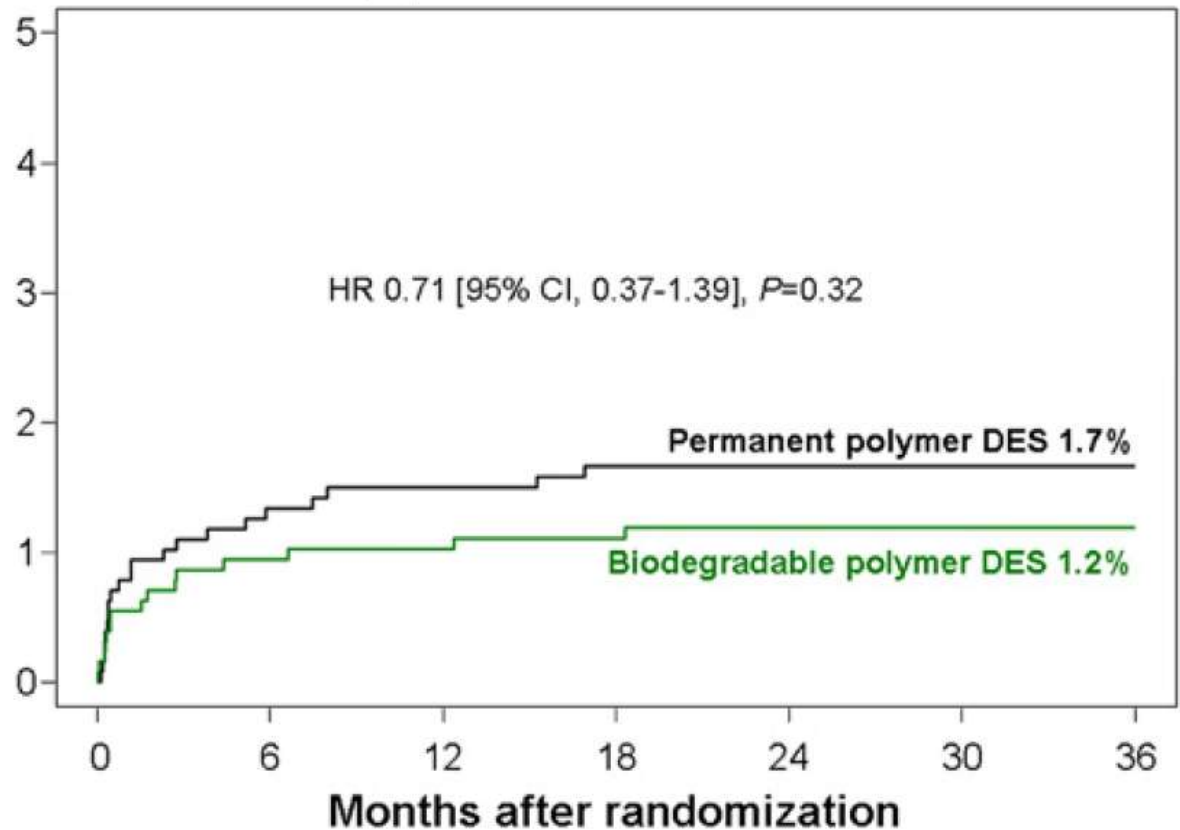
Cook S et al, Circulation. 2009;120:391-399

Stent Thrombosis

ISAR-TEST 4 comparing two permanent polymer DES and a biodegradable polymer DES (3 year results)

At the end not a polymer problem?

Stent thrombosis (%)

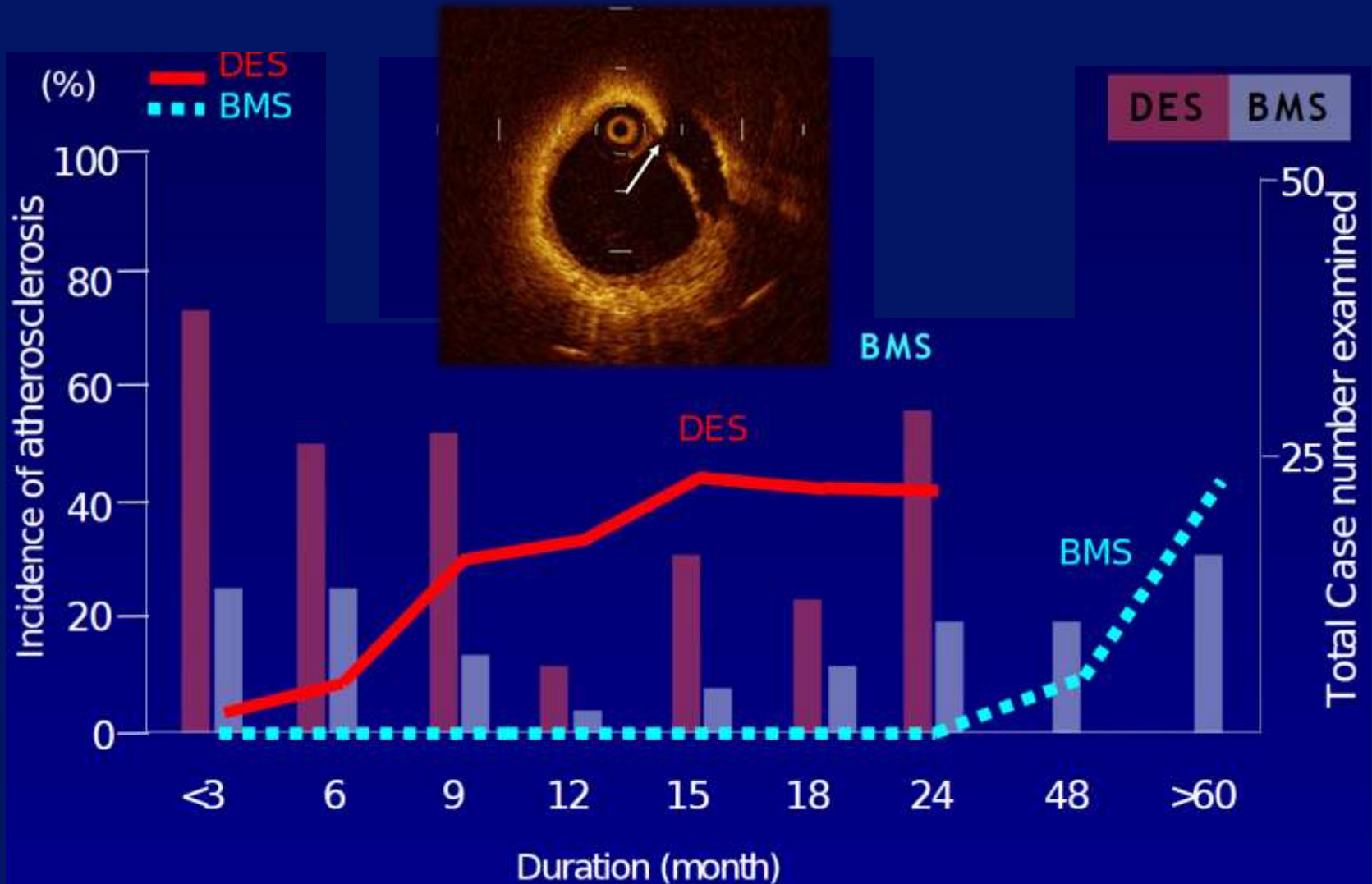


Patients at risk:

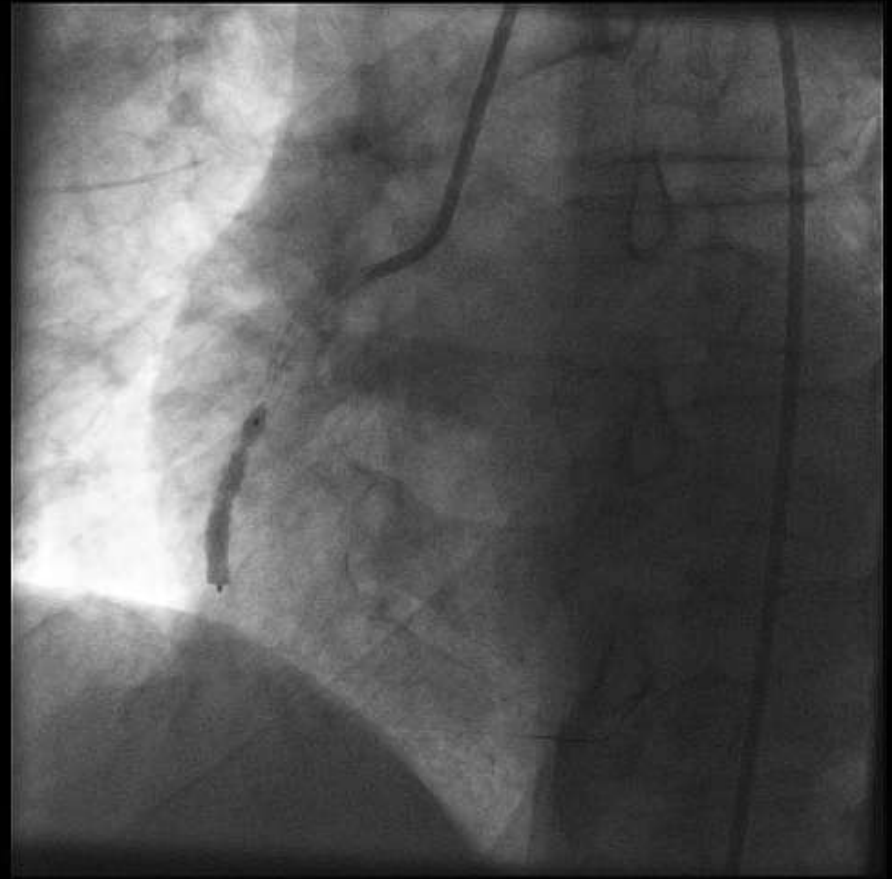
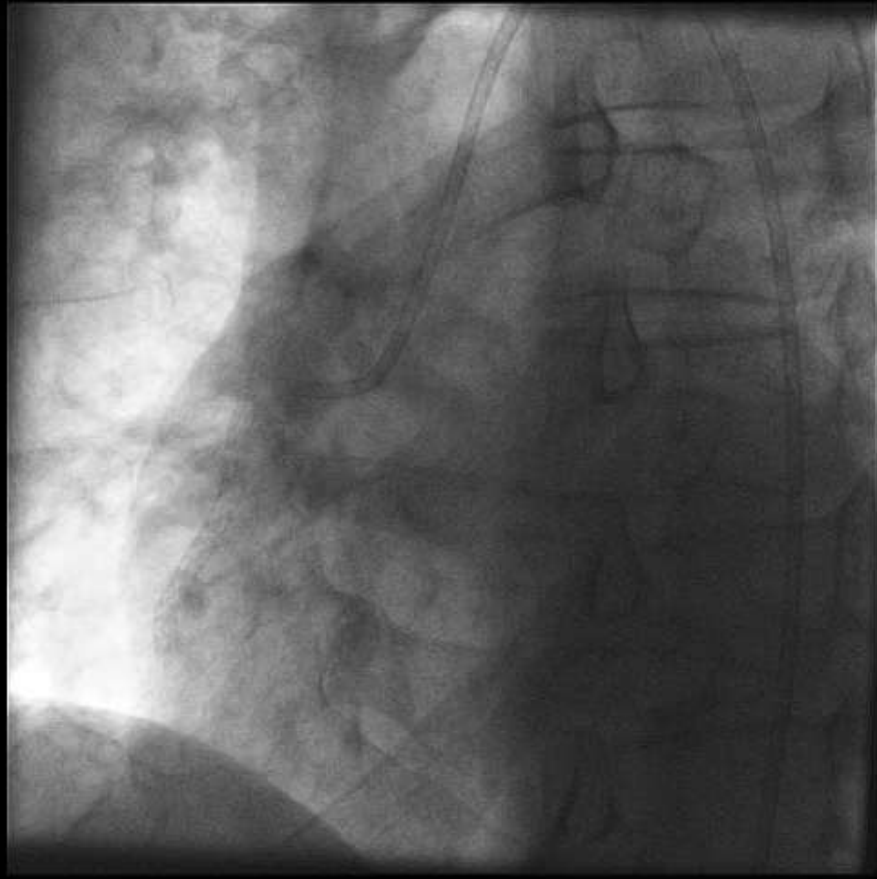
Permanent polymer DES	1304	1232	1209	1183	1154	1115	943
Biodegradable polymer DES	1299	1237	1209	1175	1149	1113	938

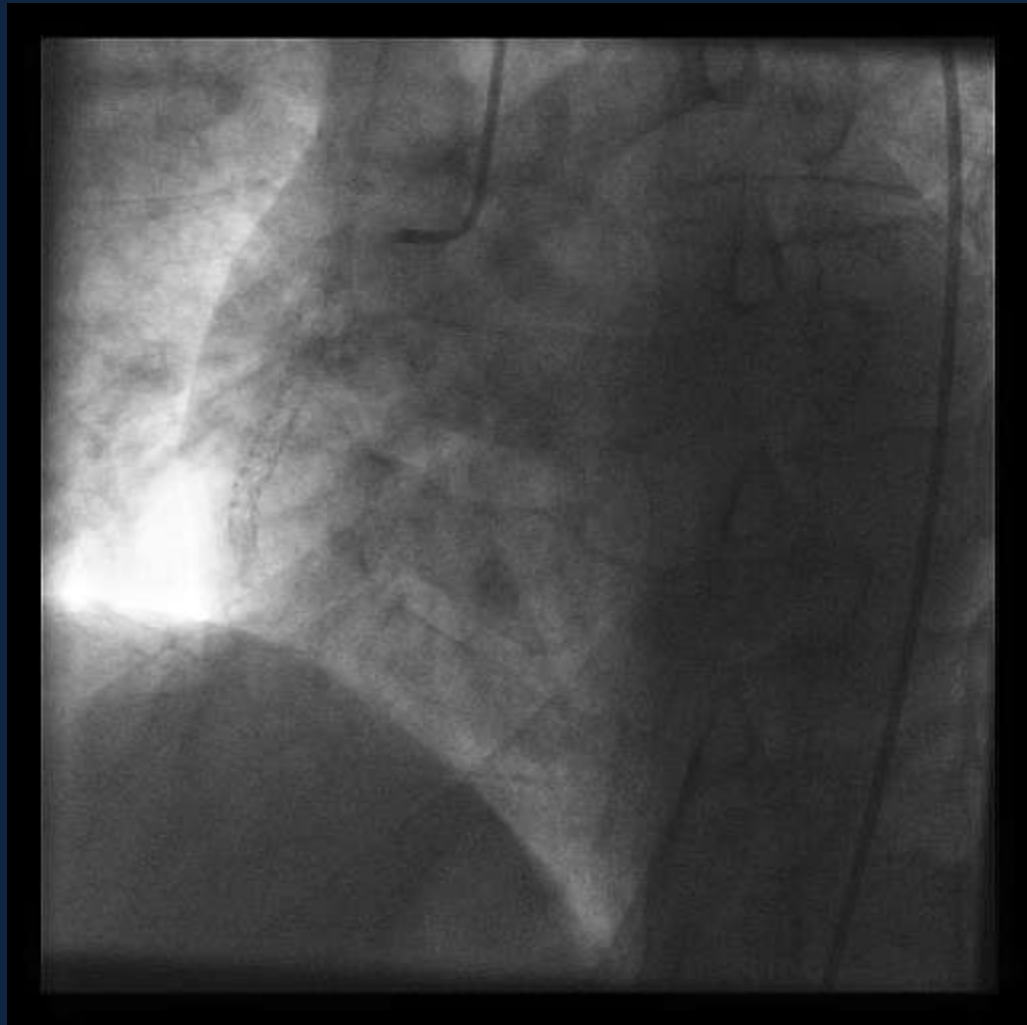
Incidence and Timing of Atherosclerotic Change

Autopsy study based on angiographic findings by Higo et al, JACC Cardiol Img 2009;2:616

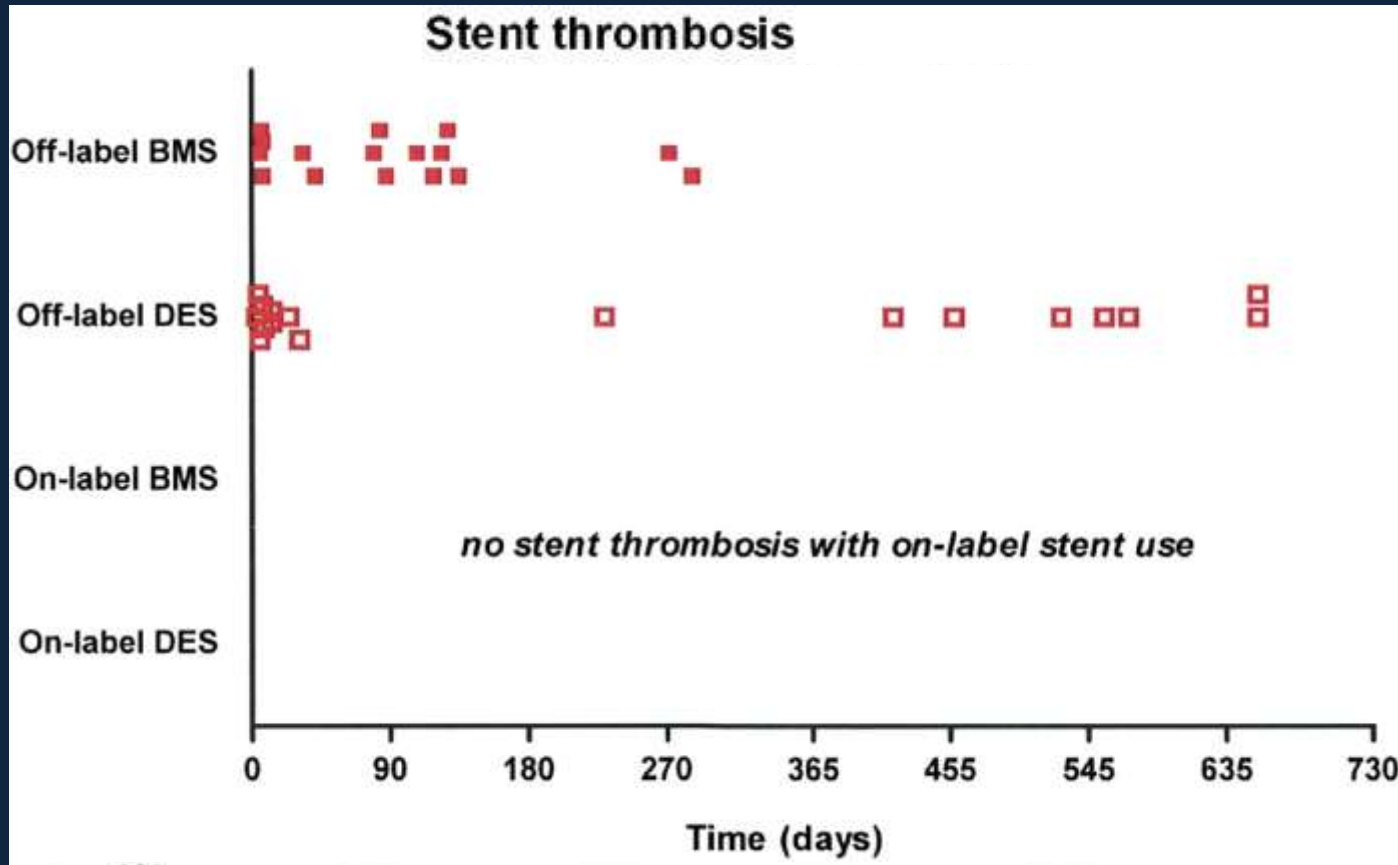


**Acute Inferior wall myocardial infarction,
4 years post PCI of the RCA (cypher stents for an inferior wall MI)
On aspirine (one year on clopidogrel)**





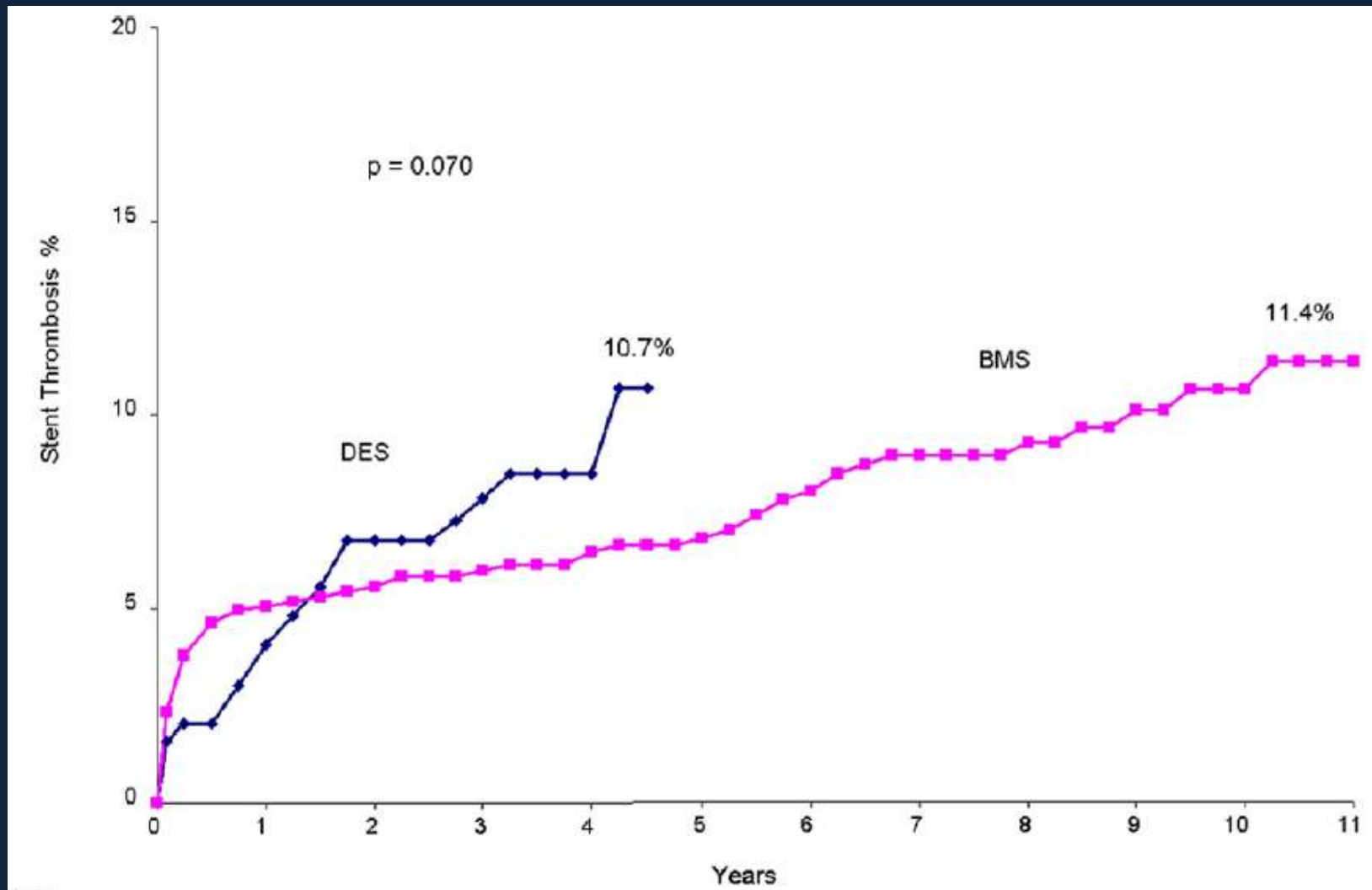
Timing of Stent Thrombosis up to 2 Years in on-label and off-label BMS and DES indications



- * >18 years old,
- * single de novo native lesions <30 mm L
- * without thrombus
- * LVEF >25%,
- * no MI < 7 days
- * creatinine <2.0 mg/dl)

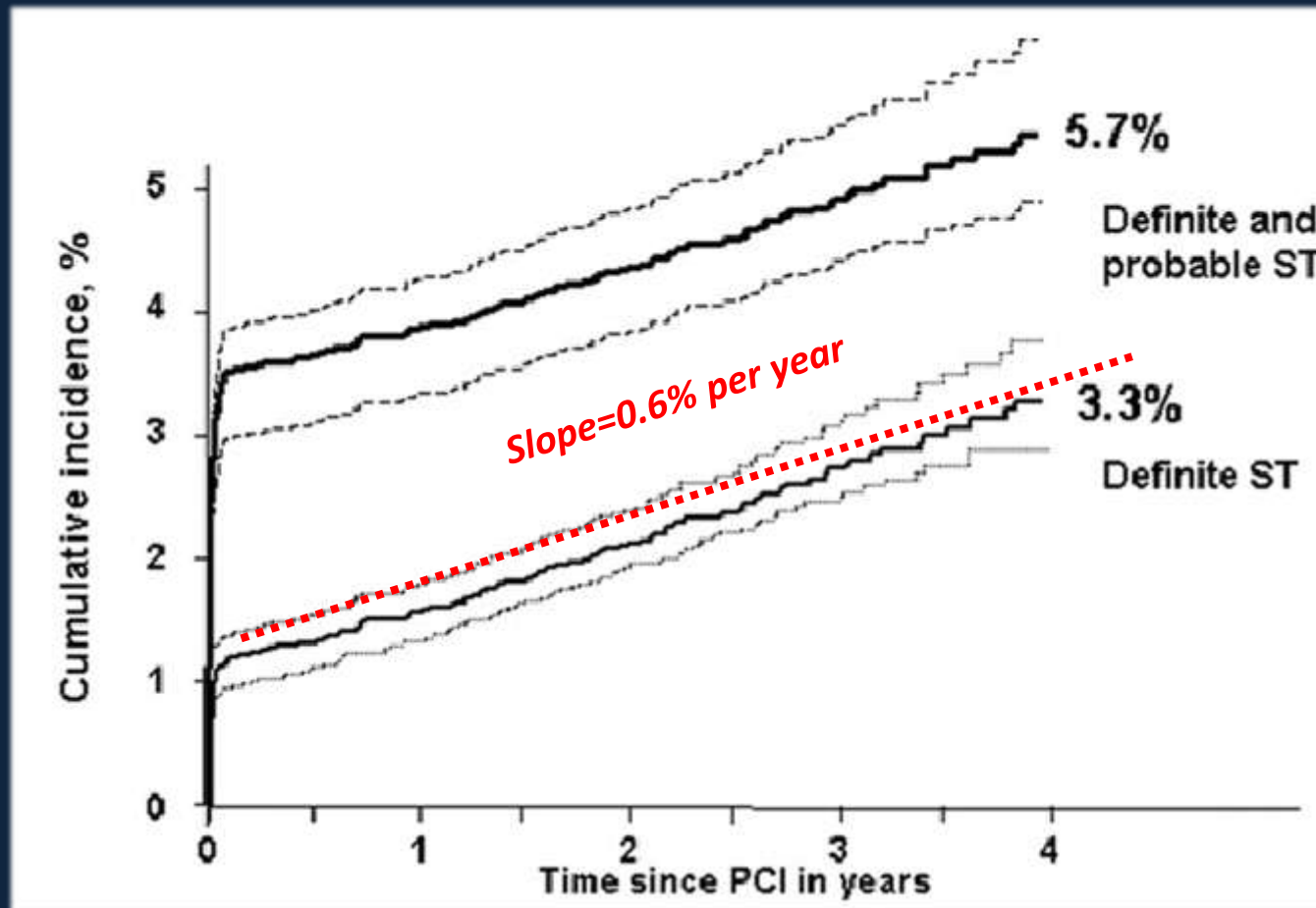
Applegate, R. J. et al. J Am Coll Cardiol 2008;51:607-614

Kaplan-Meier Estimates of ST Rates After Primary PCI With BMS and DES for STEMI



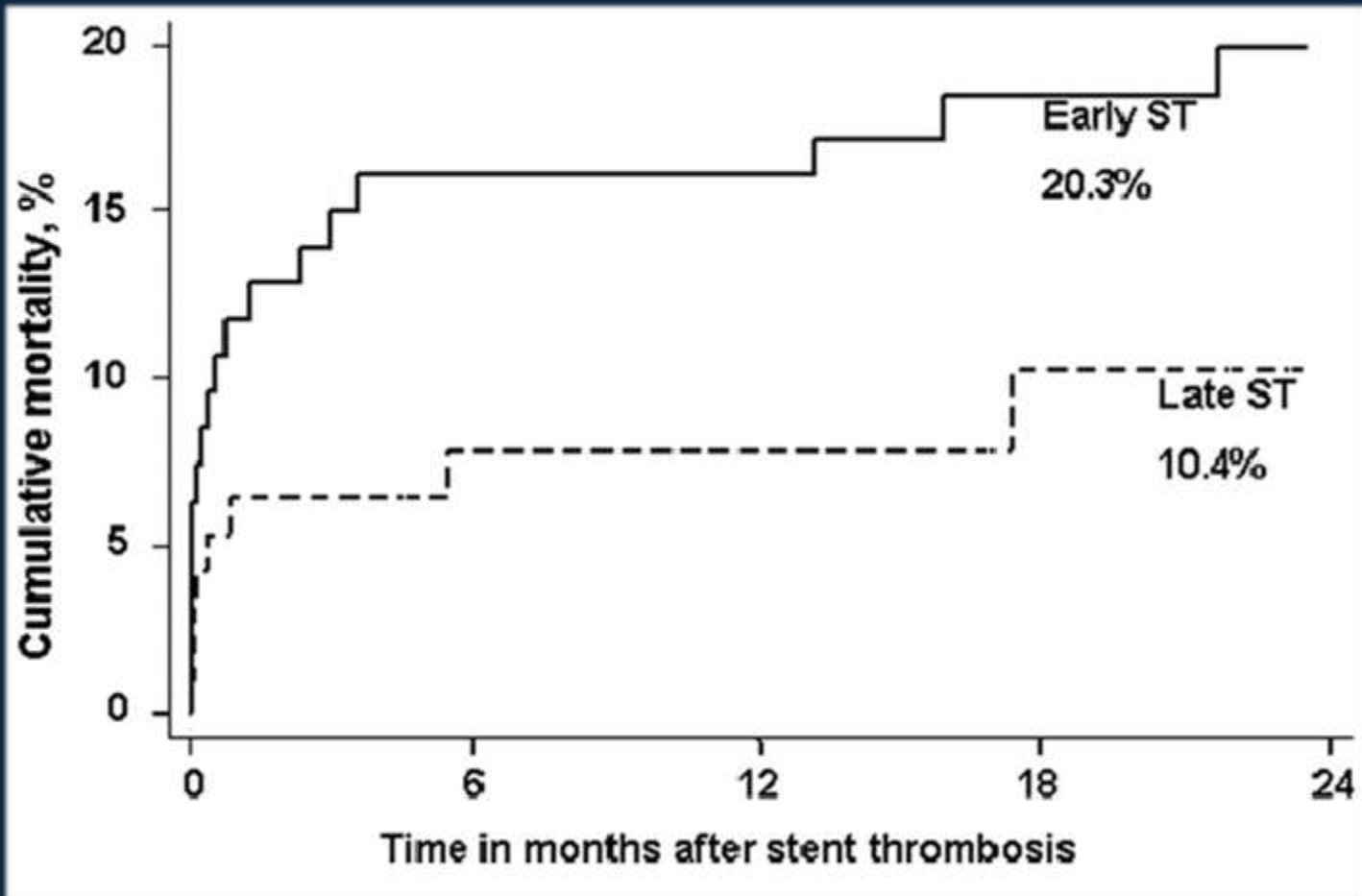
Brodie et al, J Am Coll Cardiol Interv 2011;4:30-8

Stent Thrombosis (SES PES) Bern Rotterdam cohort study



Wenaweser P et al, J Am Coll Cardiol 2008;52:1134-40

Cumulative Incidence of Death in Patients With Definite ST Stratified According to Early and Late ST Bern Rotterdam cohort study



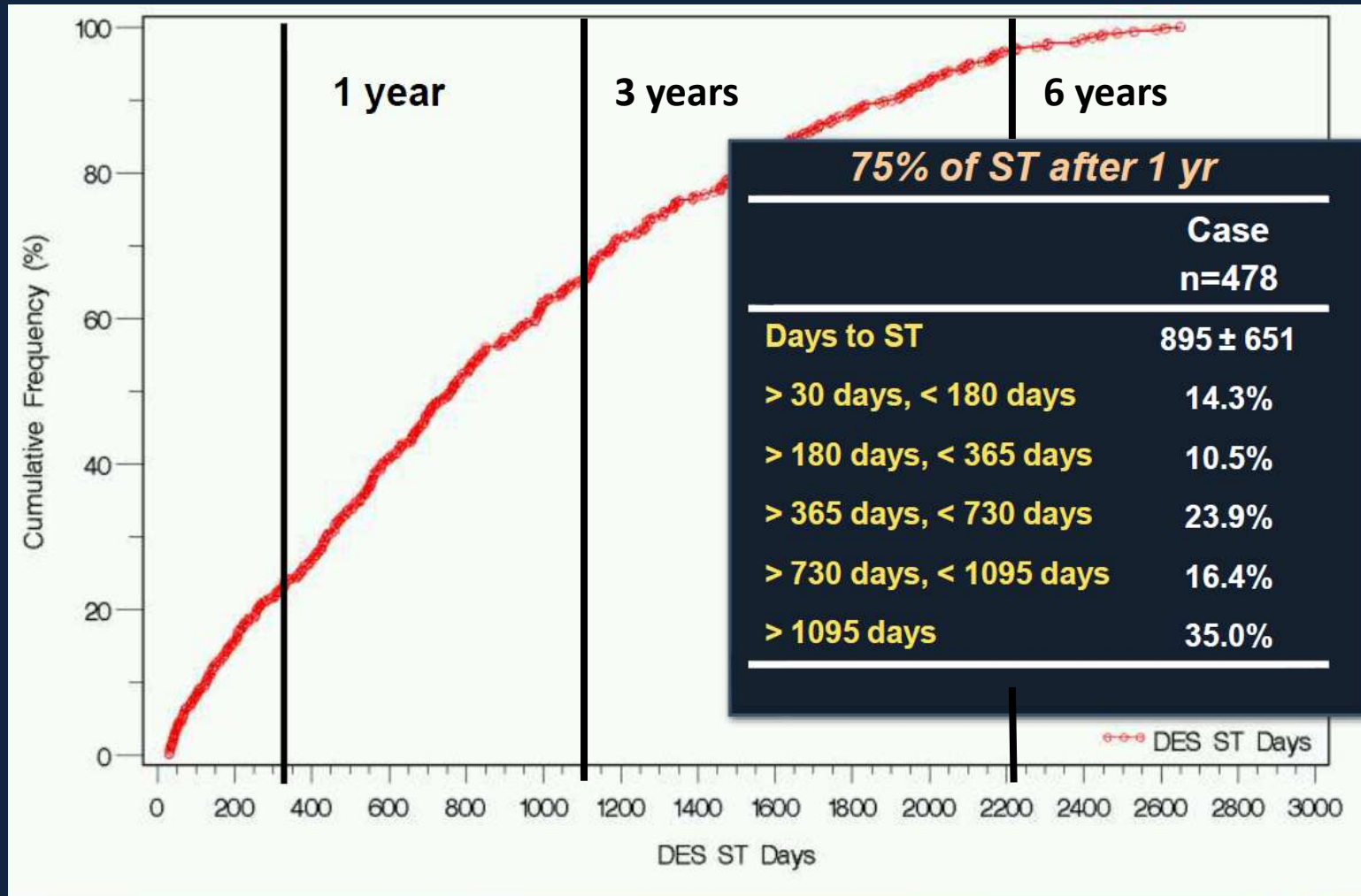
Wenaweser P et al, J Am Coll Cardiol 2008;52:1134-40

DESERT*: Study Objectives

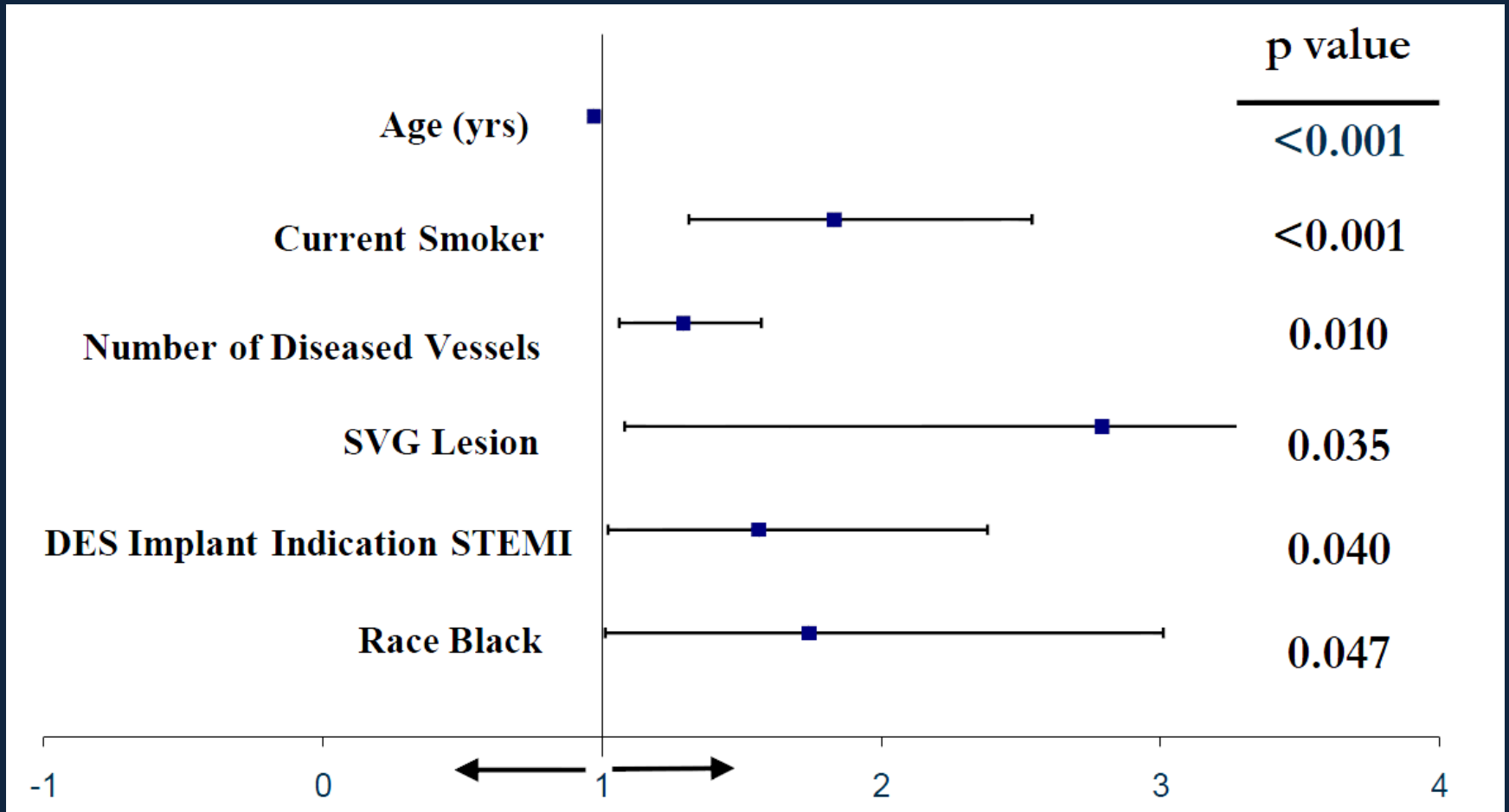
- To describe the correlates (clinical, procedural, and angiographic) of late (FDA approved) DES thrombosis (>30 days from stent implantation) using an adequately sized and powered case-control study design
 - **500 total late Stent thrombosis events**
- To describe the outcomes of patients with stent thrombosis in the DES era

Drug-Eluting Stent Event Registry of Thrombosis

Time of implantation to ST event presentation-DESERT registry

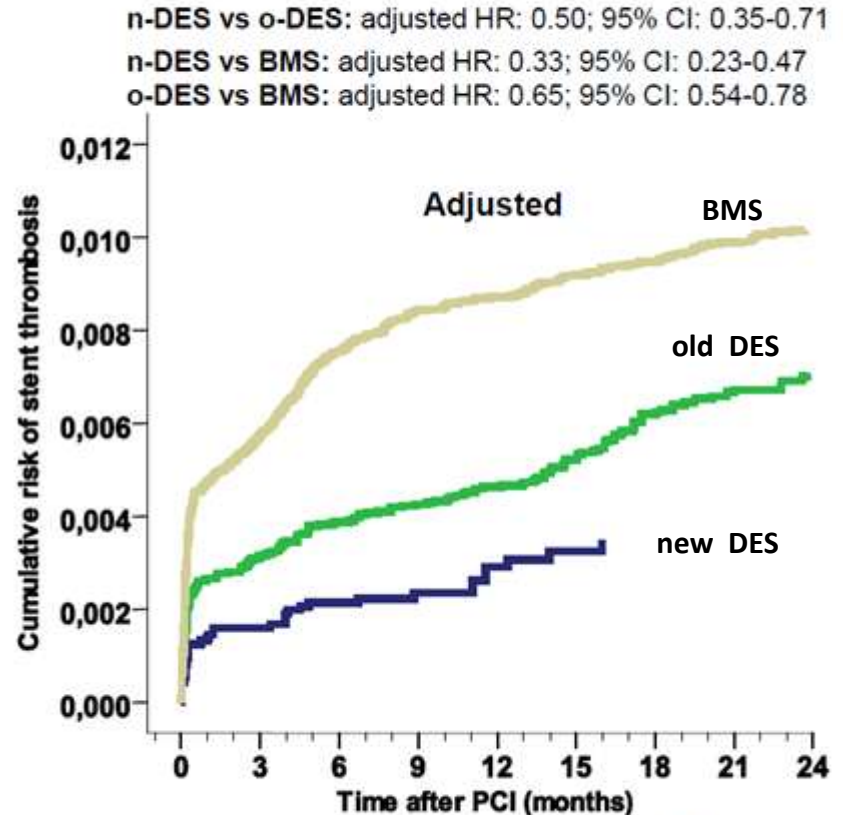
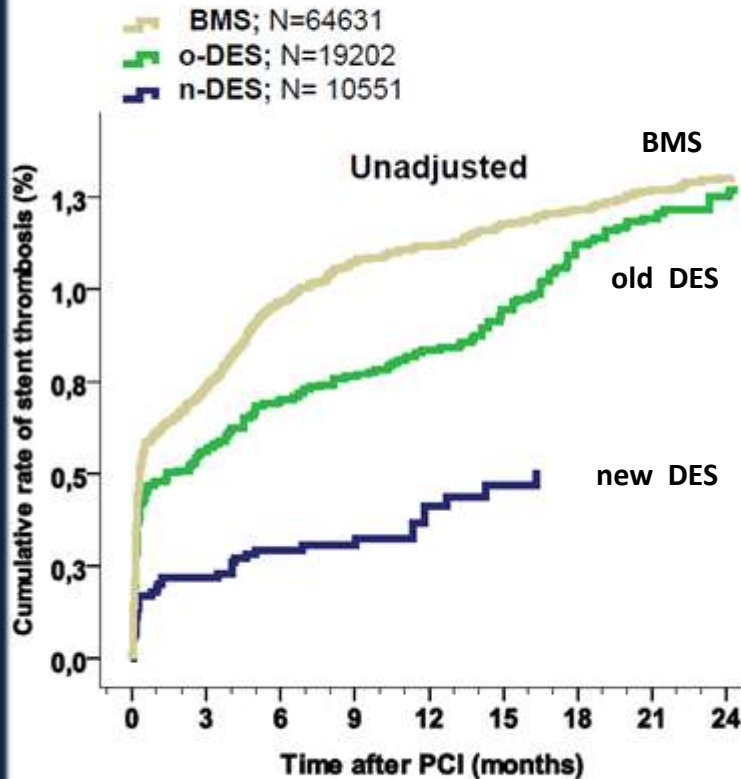


Independent correlates of Late Stent Thrombosis- DESERT registry



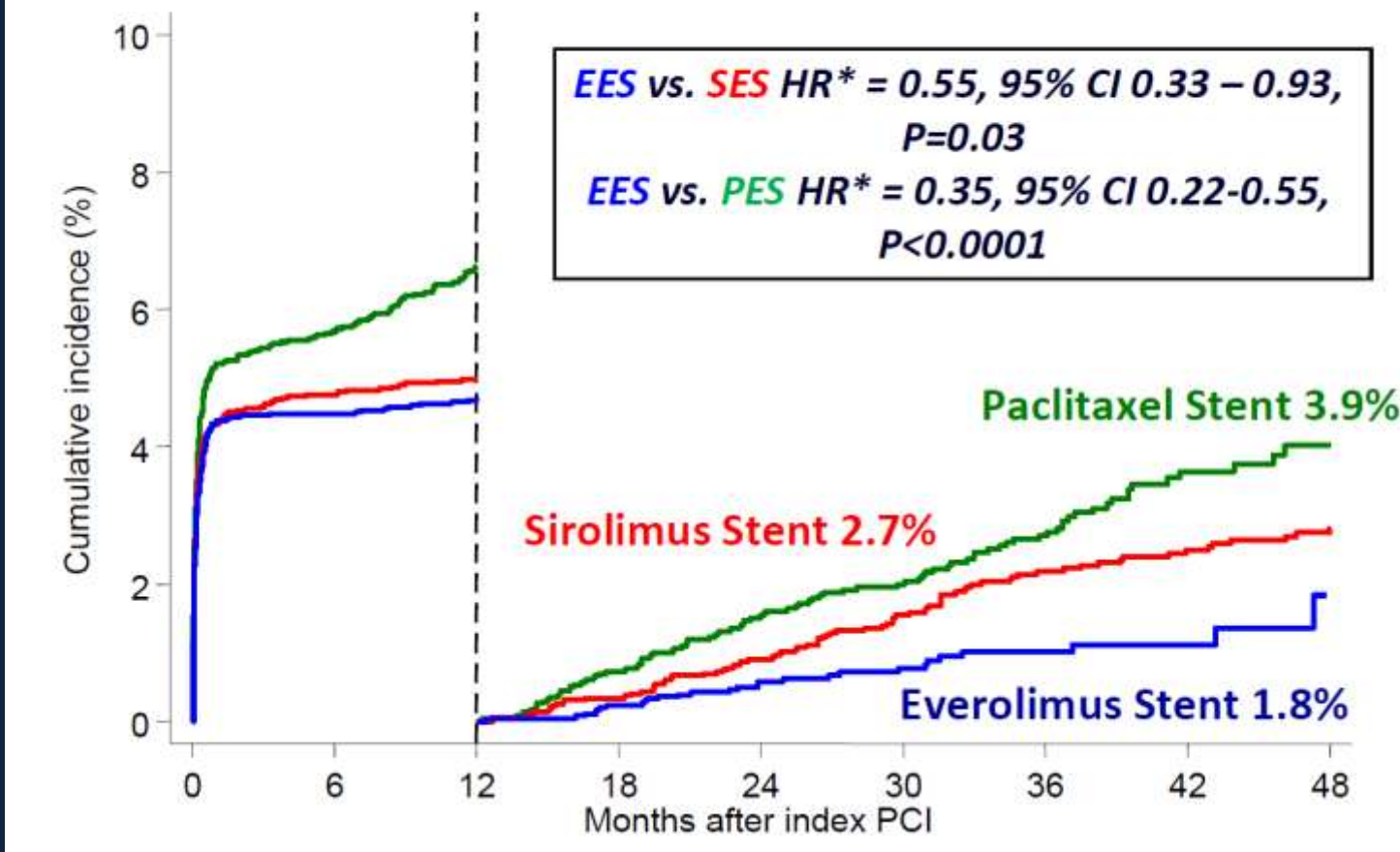
- **DESERT is the largest case-control registry of late and very late DES Stent Thrombosis**
- **In DESERT, the majority of the Late ST occurred after one year (~75%) and continued to occur up to 7.3 years**
- **The clinical presentation of late ST was mainly MI (66.9% STEMI and 22% NSTEMI)**
- **Nearly 30% of the patients with Late ST were on DAPT at the time of the event**
- **In hospital mortality of patients who presented with late ST was 3.8% and 1.67% at one year**

Stent Thrombosis up to 2 years



Newer generation everolimus-eluting stents eliminate the risk of very late stent thrombosis? (Bern-Rotterdam cohort –clopidogrel<12 ms)

ARC Definite or Probable Very Late ST (1-4yrs)



Association of Cardiac Death or MI With ARC Definite ST

**Cardiac Death or MI
associated with ST**

EES vs. SES HR = 0.46 (0.26-0.81)

$P_{\text{interaction}} = 0.01$

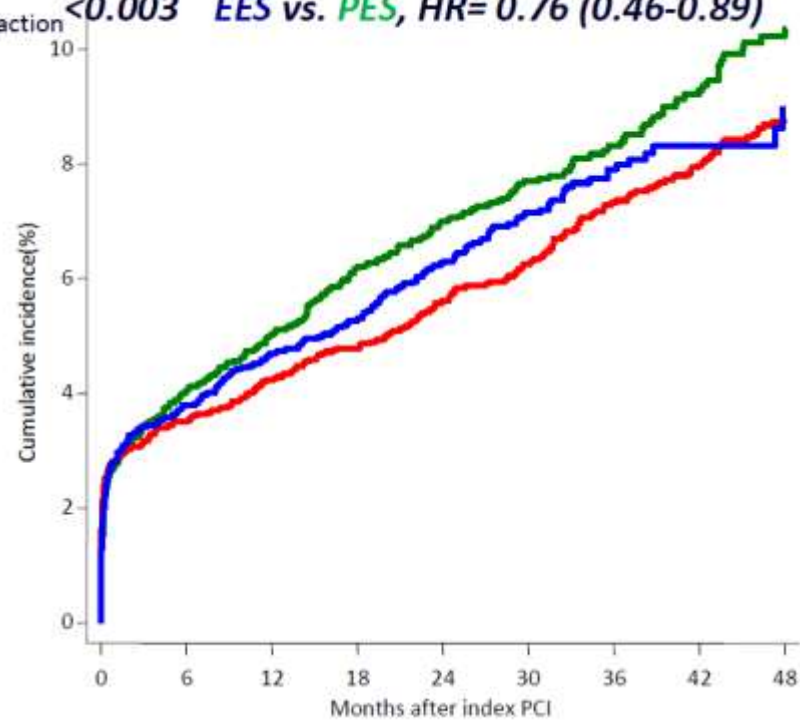
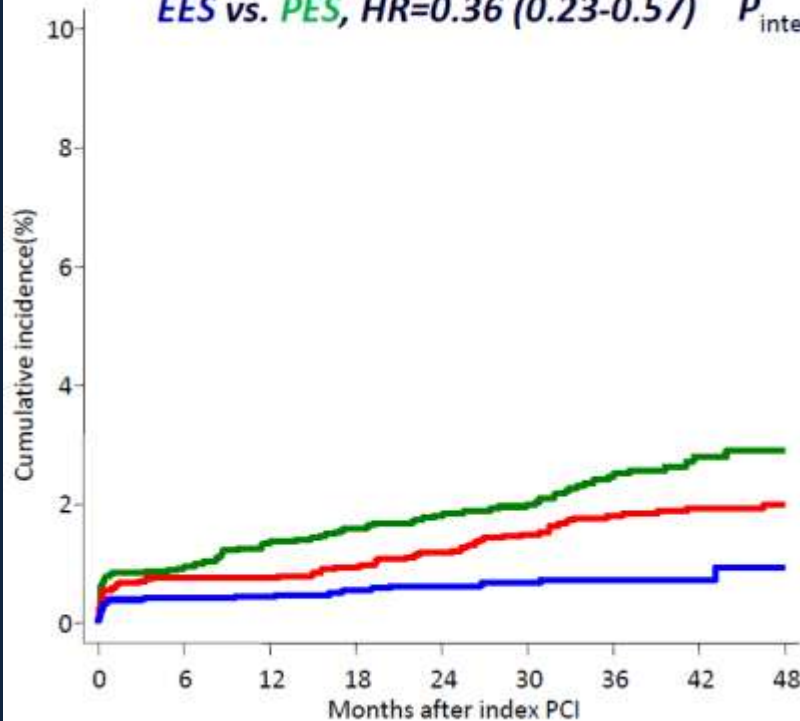
**Cardiac Death or MI
not associated with ST**

EES vs. SES, HR = 1.00 (0.84-1.20)

EES vs. PES, HR=0.36 (0.23-0.57)

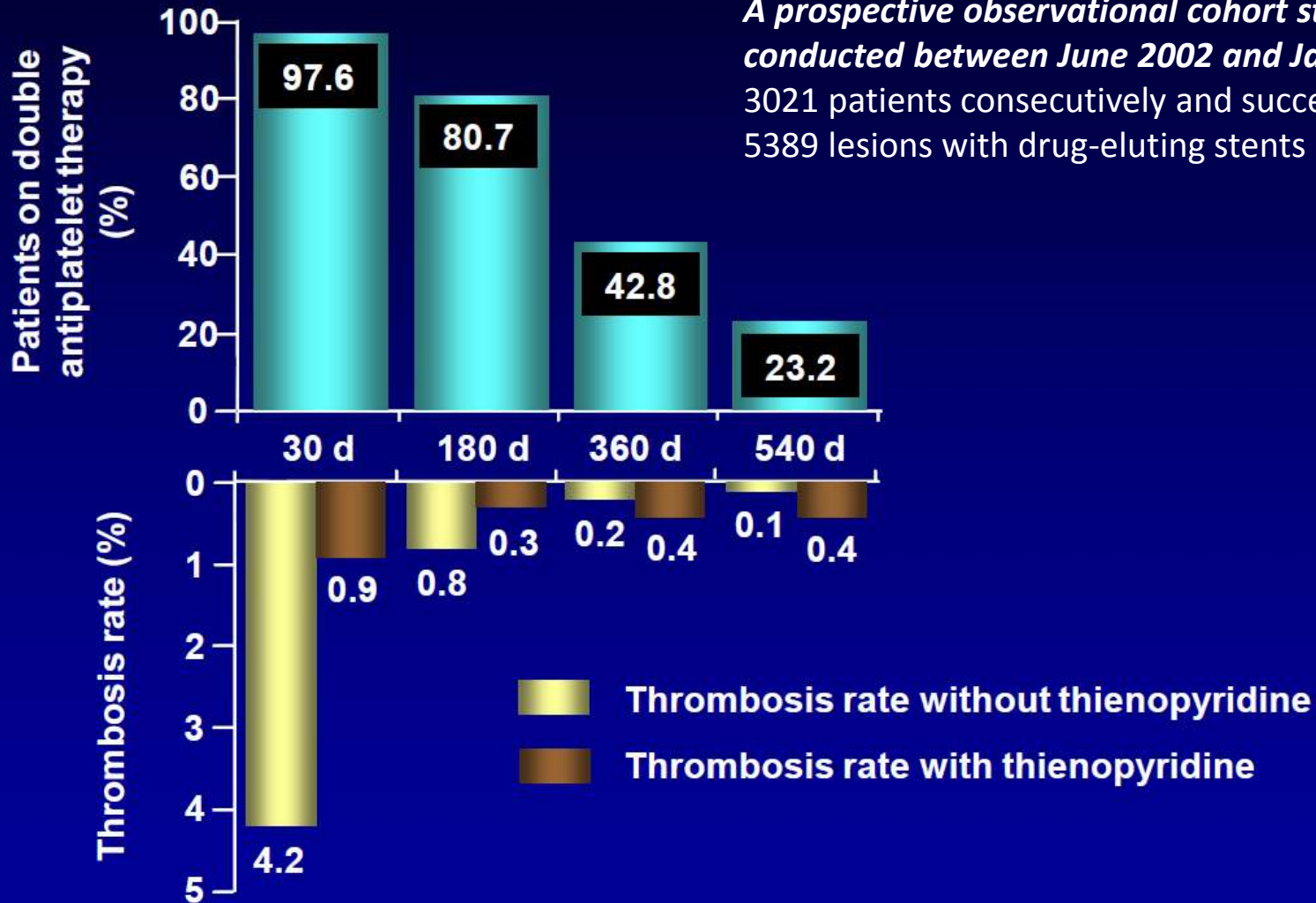
$P_{\text{interaction}} < 0.003$

EES vs. PES, HR= 0.76 (0.46-0.89)



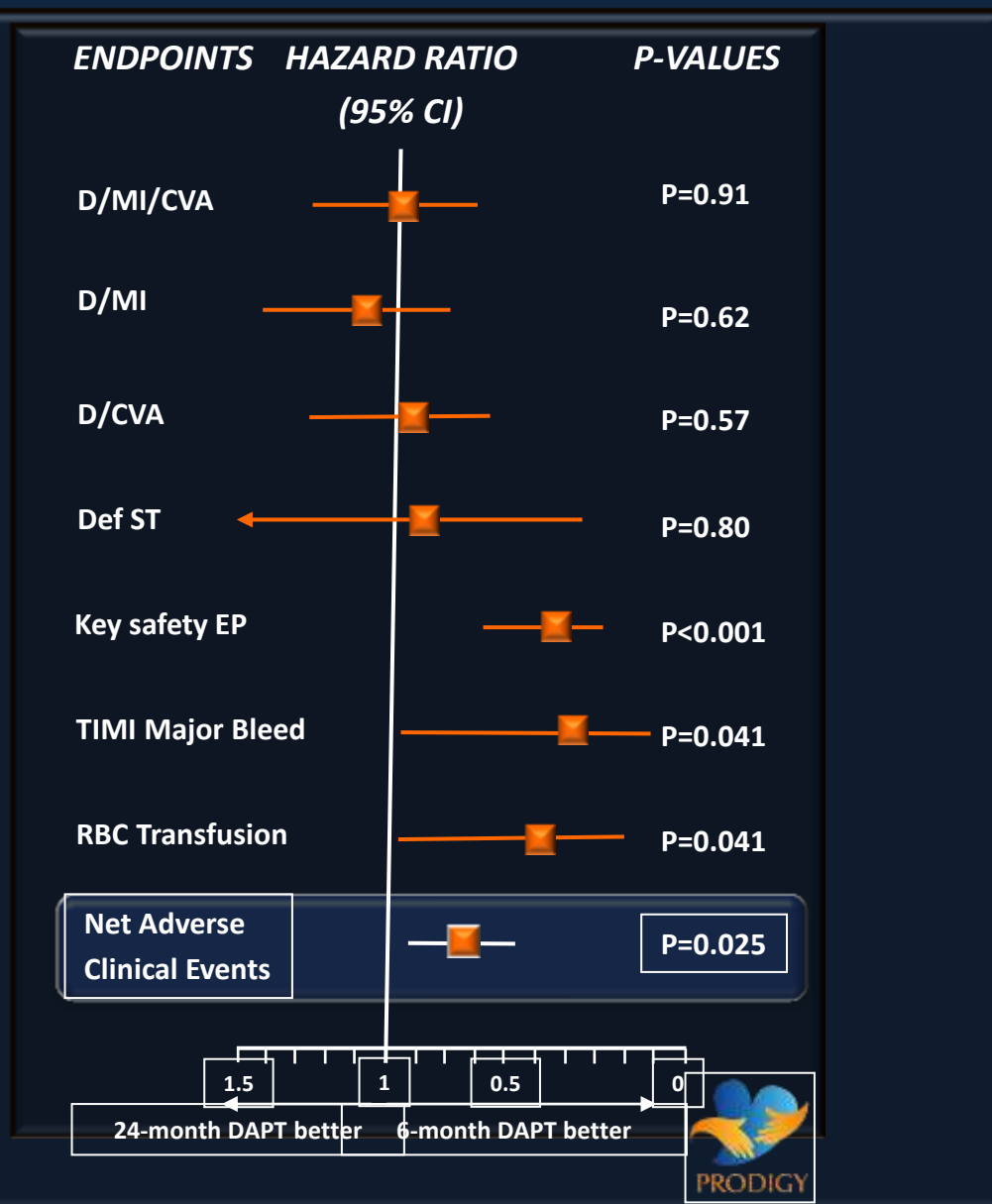
Do we need dual antiplatelet therapy beyond 6 months?

A prospective observational cohort study was conducted between June 2002 and January 2004 on 3021 patients consecutively and successfully treated in 5389 lesions with drug-eluting stents



Hypothesis

24 months duration of aspirin and clopidogrel is *superior* to a short course of up to 6 month aspirin and clopidogrel therapy



Conclusions

- **ST with either DES or BMS remains catastrophic and, although infrequent, occupies a central place in the risk-benefit equation of PCI.**

- **The timing of ST between DES and BMS differs.**

- **Factors associated with ST may be categorized into several groups:**
 - 1) the stent, including its geometry, polymer, and drug**

 - 2) The patient, including clinical presentation and comorbid conditions**

 - 3) the procedure, including residual dissection or incomplete expansion**

 - 4) the extent and duration of antiplatelet therapy and the patient-specific response to this therapy.**

Improved understanding of these factors will facilitate identification of optimal preventive strategies.

