

**Percutaneous coronary intervention in special  
subgroups of patients: Left main and multivessel  
coronary artery disease**

**GRAIDIS CHRISTOS**

**EUROMEDICA-KYANOUS STAVROS**

**Interventional Cardiologist, FSCAI**

**"Innovations in Interventional Cardiology & Electrophysiology IICE 2011"**

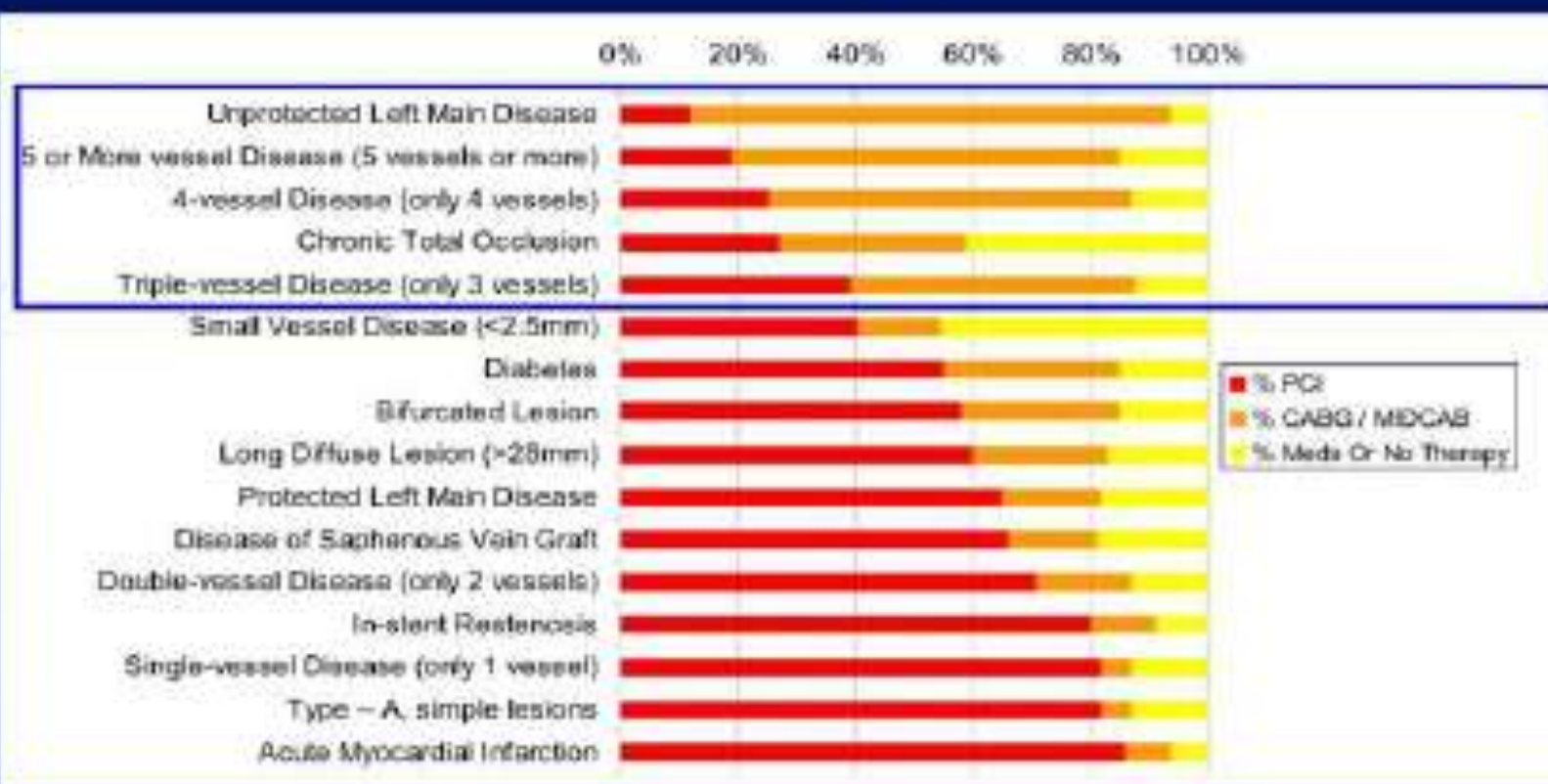
**24-26 November 2011**

**ELECTRA PALACE HOTEL, Thessaloniki**



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# Treatment Modality Preference



Is revascularisation needed for  
this particular patient?

If so, which revascularisation technique  
seems to be the most appropriate for  
this particular patient?



# LEFT MAIN PCI



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# Left Main Disease comes in many sizes and shapes



# Left main complexities

Calcified  
>50% of cases

Concomitant  
MVD >70%  
(↑SYNTAX Score)

Distal LM location  
~70% of cases



**CABG?**

**PCI?**



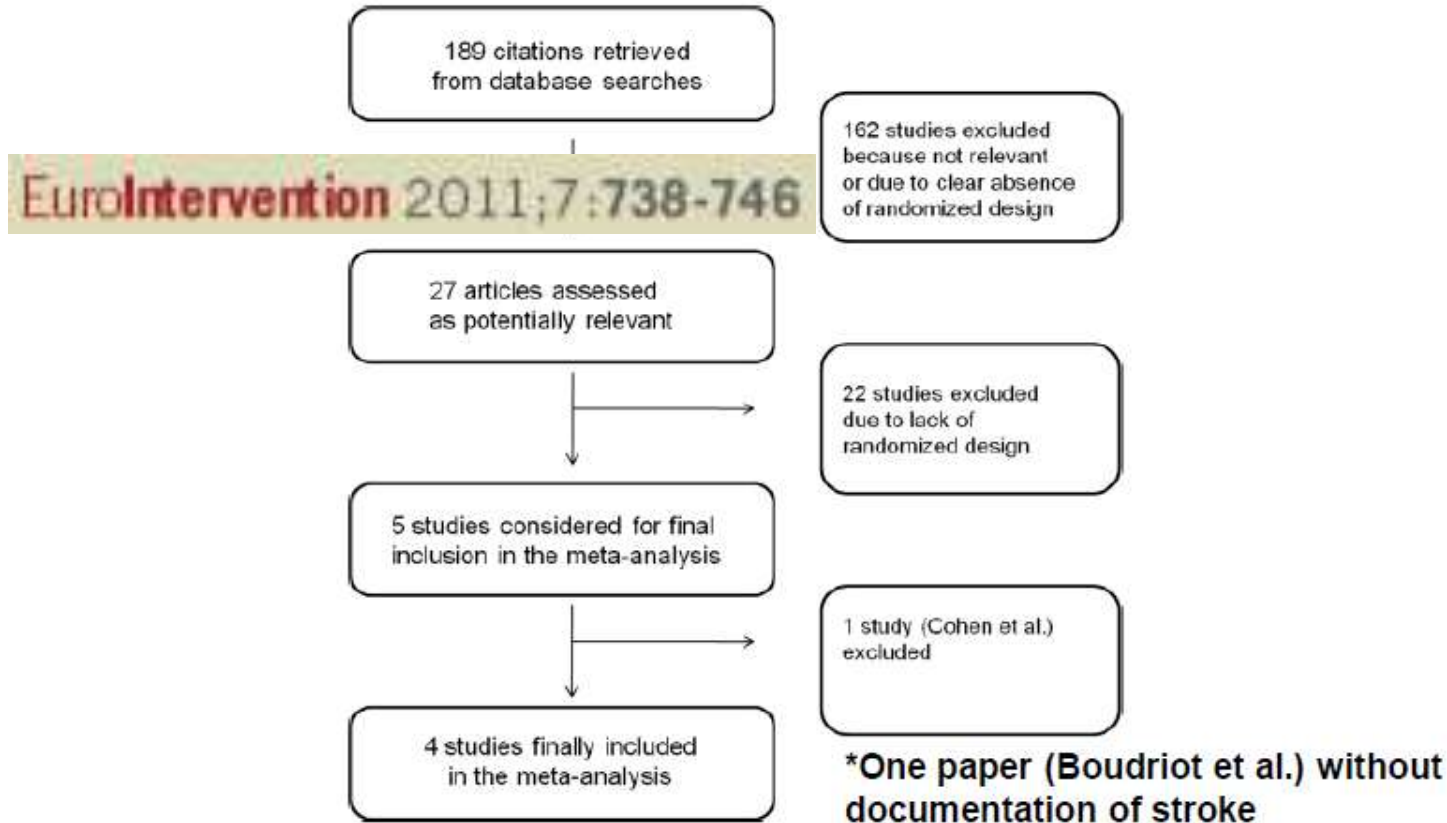
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# Percutaneous coronary intervention versus bypass surgery for left main coronary artery disease: a meta-analysis of randomised trials

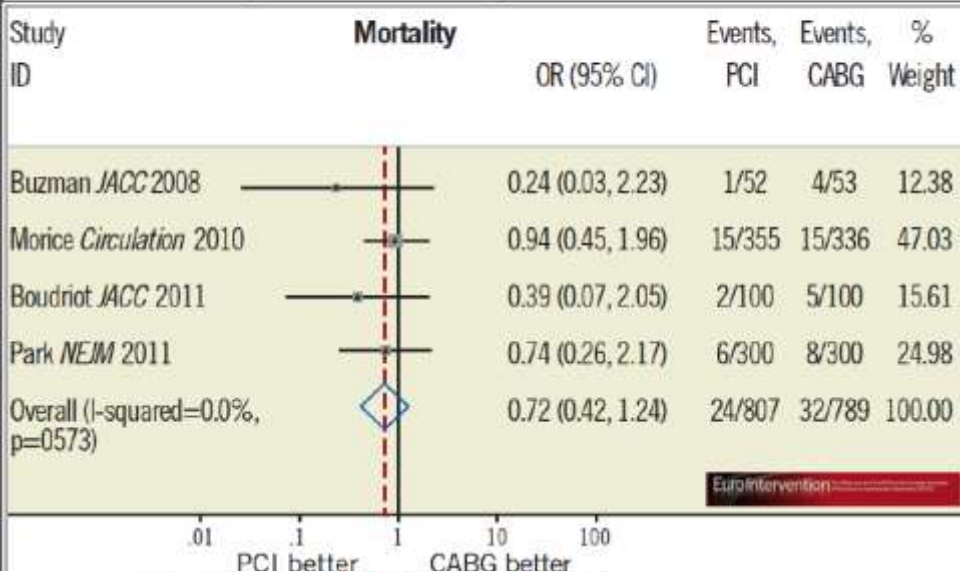
Four randomised trials enrolling 1,611 patients



**Similar Risk of Mortality**  
(OR 0.72, 95% CI [0.42 to 1.24], p=0.23)

Ferrante et al.

**Percutaneous Coronary Intervention versus Bypass Surgery for Left Main Coronary Artery Disease: a Meta-analysis of Randomized Trials**

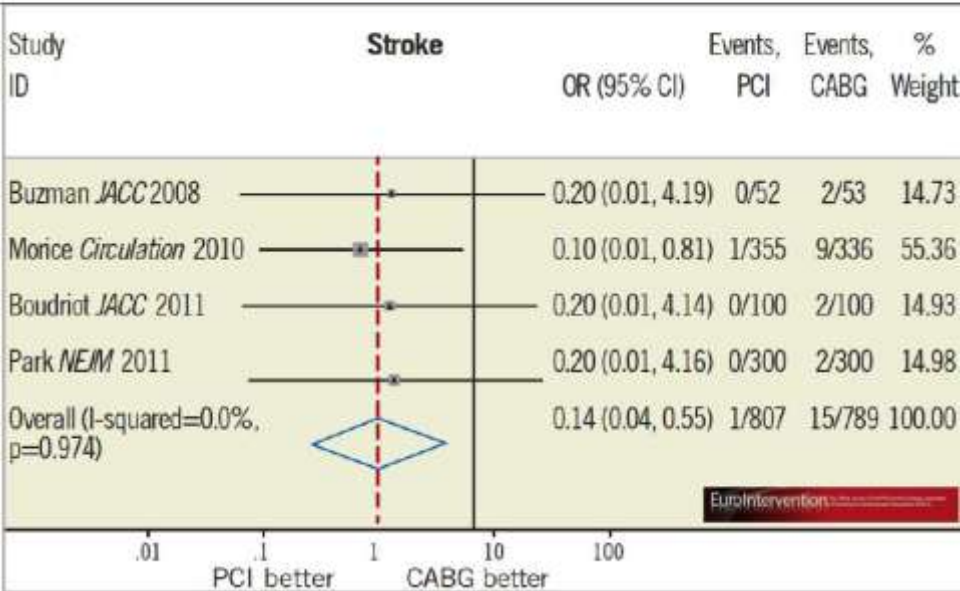


**Significant Risk Reduction of Stroke**

(0.12% vs. 1.90%, OR 0.14, 95% CI [0.04 to 0.55], p=0.004)

Ferrante et al.

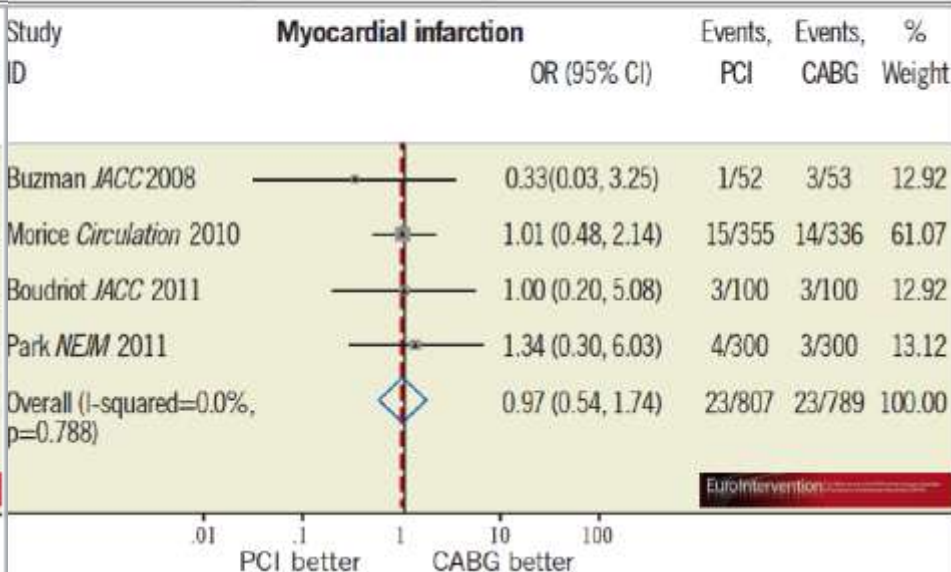
**Percutaneous Coronary Intervention versus Bypass Surgery for Left Main Coronary Artery Disease: a Meta-analysis of Randomized Trials**



**Similar Risk of Myocardial Infarction**  
(OR 0.97, 95% CI [0.54 to 1.74], p=0.91)

Ferrante et al.

**Percutaneous Coronary Intervention versus Bypass Surgery for Left Main Coronary Artery Disease: a Meta-analysis of Randomized Trials**

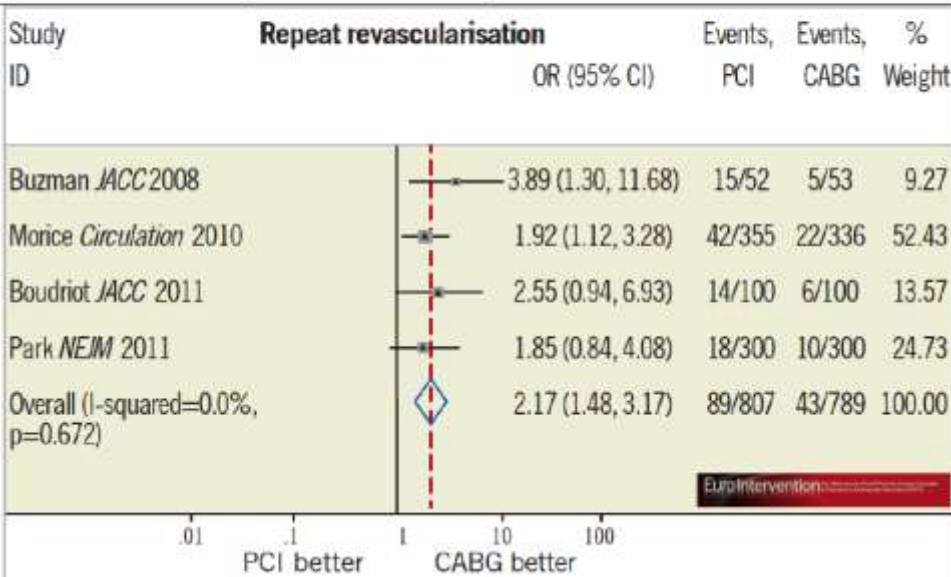


**Significant Increased Risk of Repeat Revascularisation**

(11.03% vs. 5.45%, OR 2.17, 95% CI [1.48 to 3.17], p < 0.001)

Ferrante et al.

**Percutaneous Coronary Intervention versus Bypass Surgery for Left Main Coronary Artery Disease: a Meta-analysis of Randomized Trials**

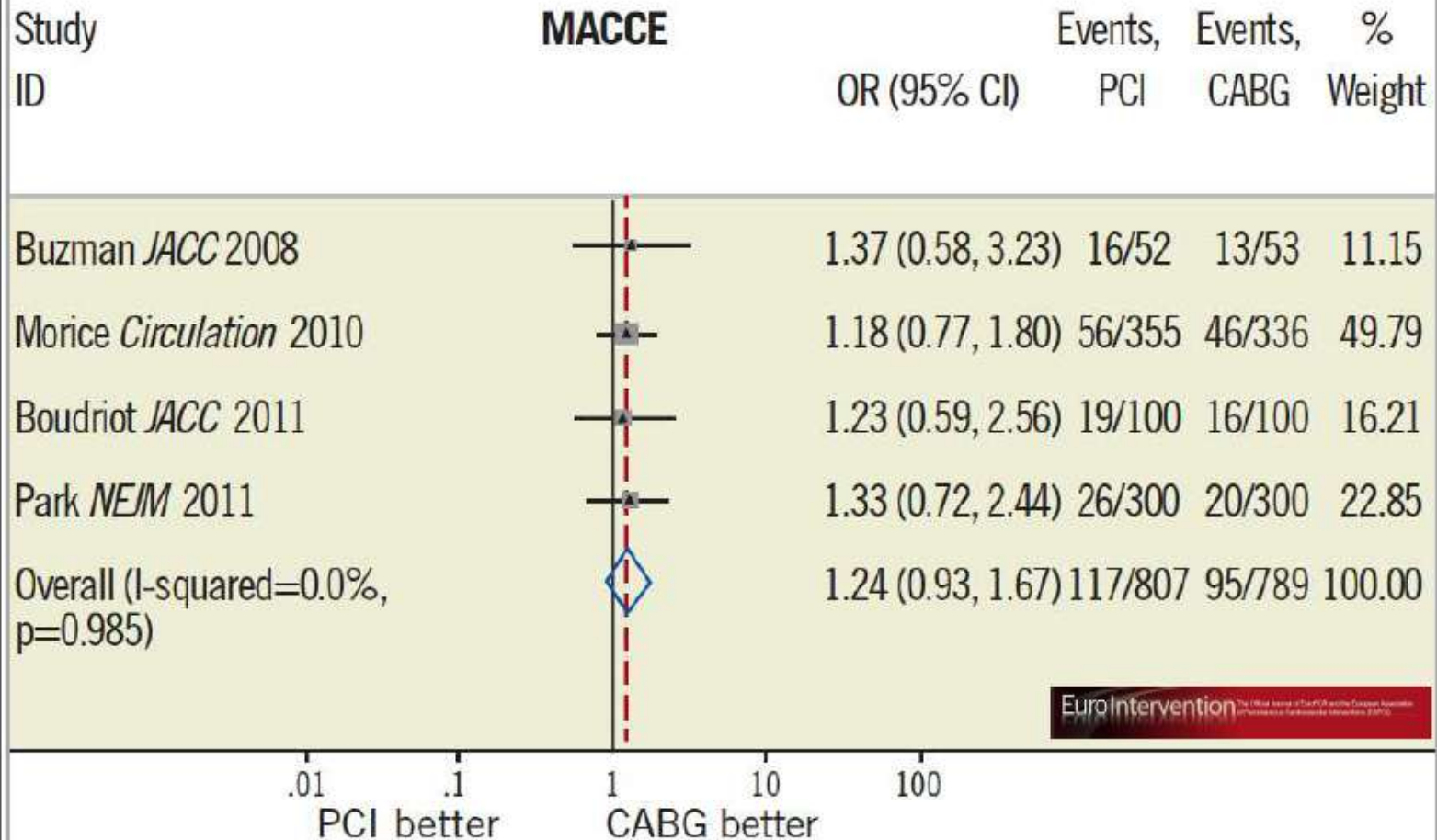


### Similar Risk of MACCE

(14.49% vs. 12.04%, OR 1.24, 95% CI [0.93 to 1.67], p=0.15)

Ferrante et al.

#### Percutaneous Coronary Intervention versus Bypass Surgery for Left Main Coronary Artery Disease: a Meta-analysis of Randomized Trials



EuroIntervention The Official Journal of the European Association of Percutaneous Cardiovascular Interventionalists (EAPCI)

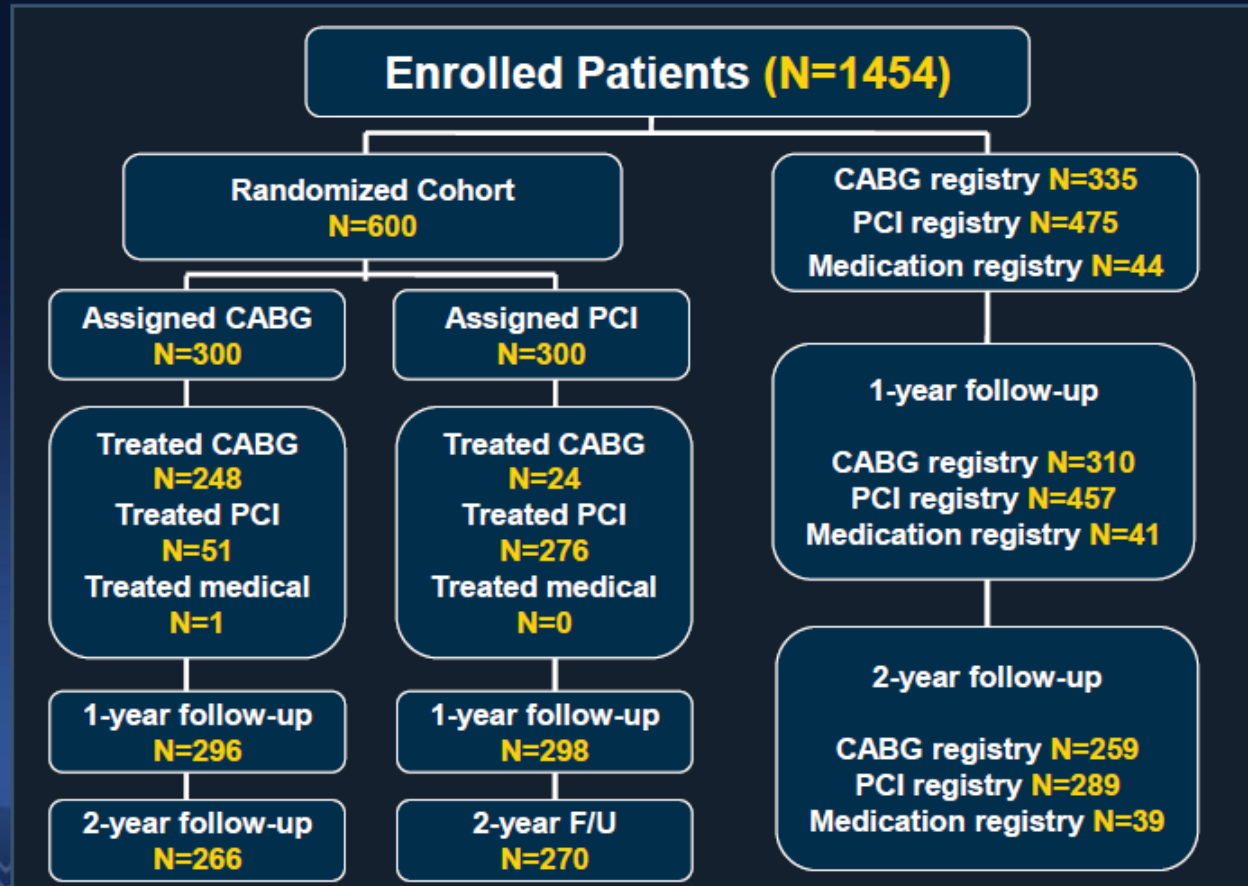


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Premier of Randomized Comparison of Bypass Surgery versus Angioplasty Using Sirolimus-Eluting Stent in Patients with Left Main Coronary Artery Disease

# PRECOMBAT Trial

## Patient Flow

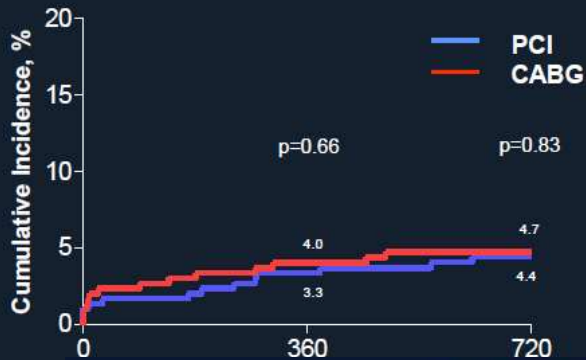


Park SJ et al. N Engl J Med. 2011;364:1718

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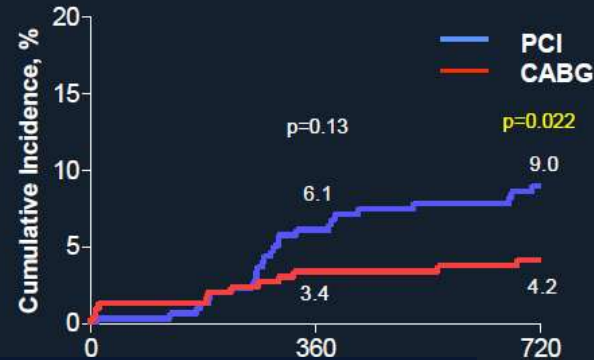


# Death, MI or Stroke to 2 Years *PRECOMBAT*



No. at Risk  
PCI  
CABG

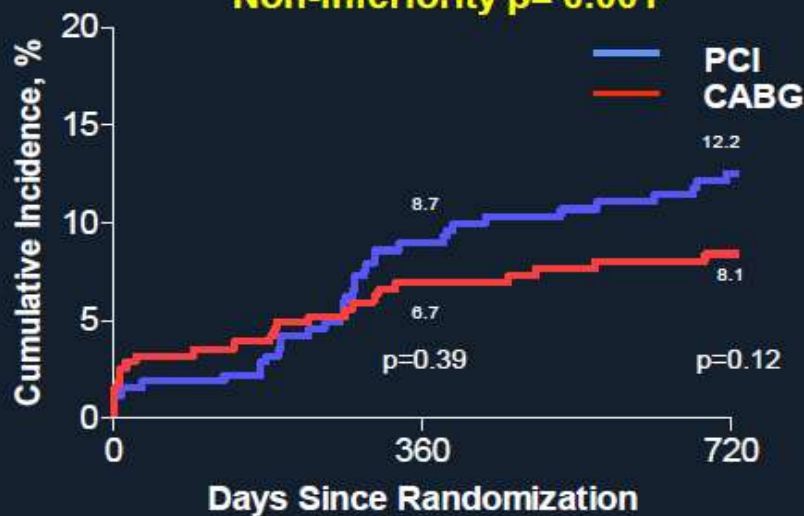
# Ischemia-driven TVR to 2 Years *PRECOMBAT*



237  
242

# MACCE to 2 Years *PRECOMBAT*

Non-inferiority  $p = 0.001$

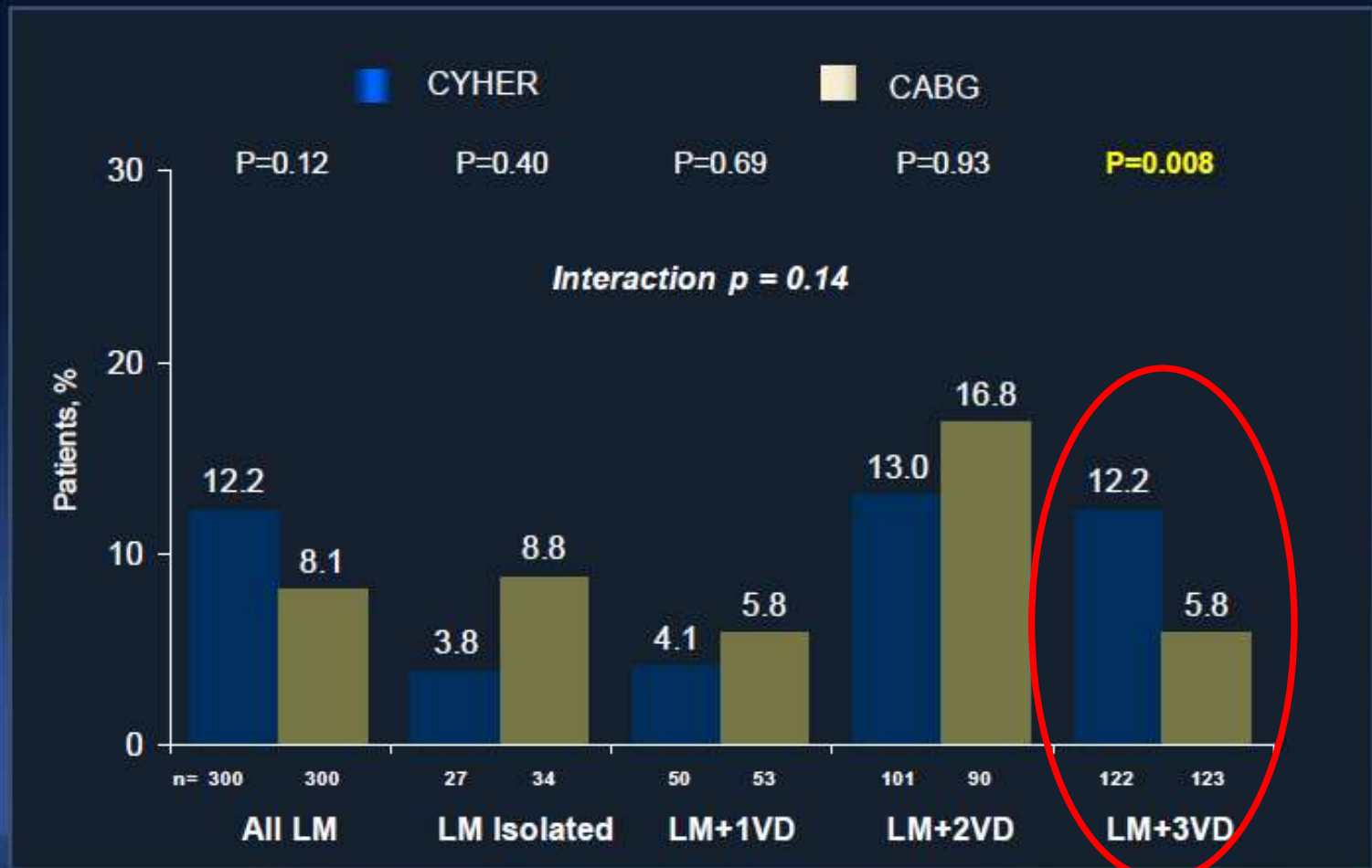


No. at Risk  
PCI  
CABG

PCI	300	272	236
CABG	300	276	239



# MACCE to 2 Years in PRECOMBAT



Cumulative KM Event Rate; log-rank P value; \*Binary rates

Park SJ et al. N Engl J Med. 2011;364:1718



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TCT2011

SYNTAX

**The Synergy between Percutaneous  
Coronary Intervention with TAXUS and  
Cardiac Surgery: The SYNTAX Study**

*The 4-year Outcomes of the SYNTAX  
Trial in the Subset of Patients With Left  
Main Disease*

Marie Claude Morice, MD, FESC, FACC  
On behalf of the SYNTAX investigators

Monday, November 7<sup>th</sup>

SYNTAX 4-year Outcomes in the LM Subgroup - TCT 2011 - November 2011 - Sessions - Slide 1

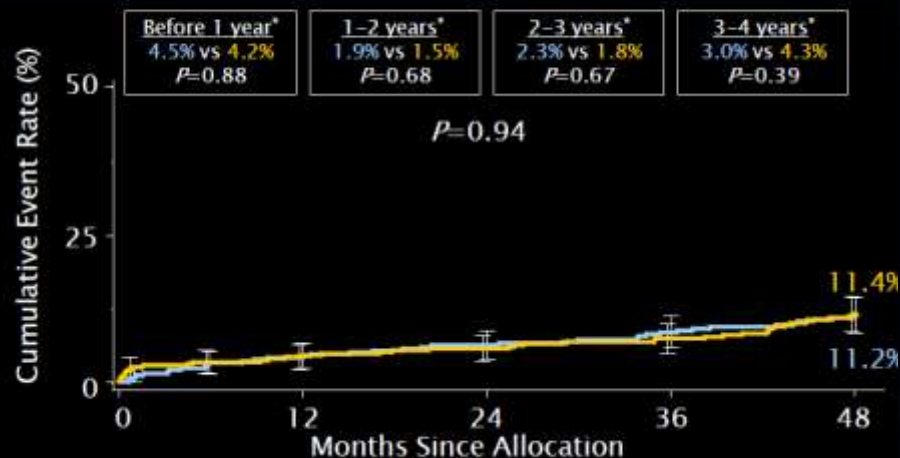


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## All-Cause Death to 4 Years Left Main Subset

SYNTAX

■ CABG (N=348) ■ TAXUS (N=357)



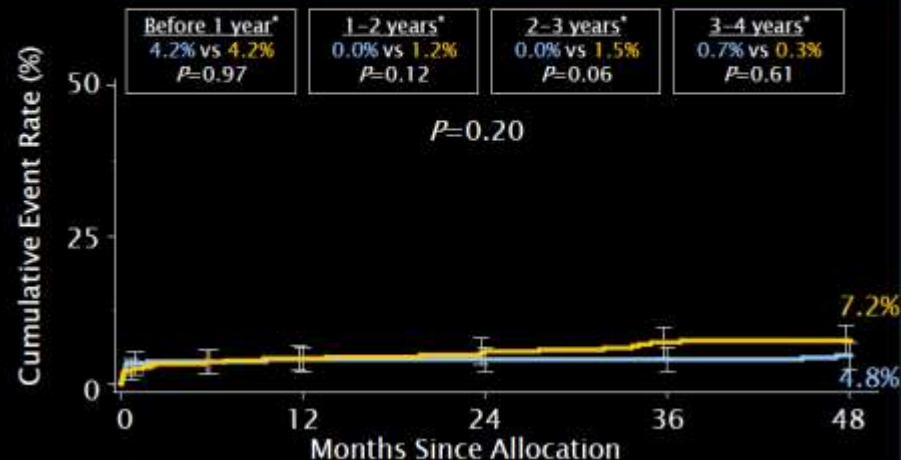
Cumulative KM Event Rate  $\pm$  1.5 SE; log-rank Pvalue; Binary rates

ITT population

## Myocardial Infarction to 4 Years Left Main Subset

SYNTAX

■ CABG (N=348) ■ TAXUS (N=357)



Cumulative KM Event Rate  $\pm$  1.5 SE; log-rank Pvalue; Binary rates

ITT population



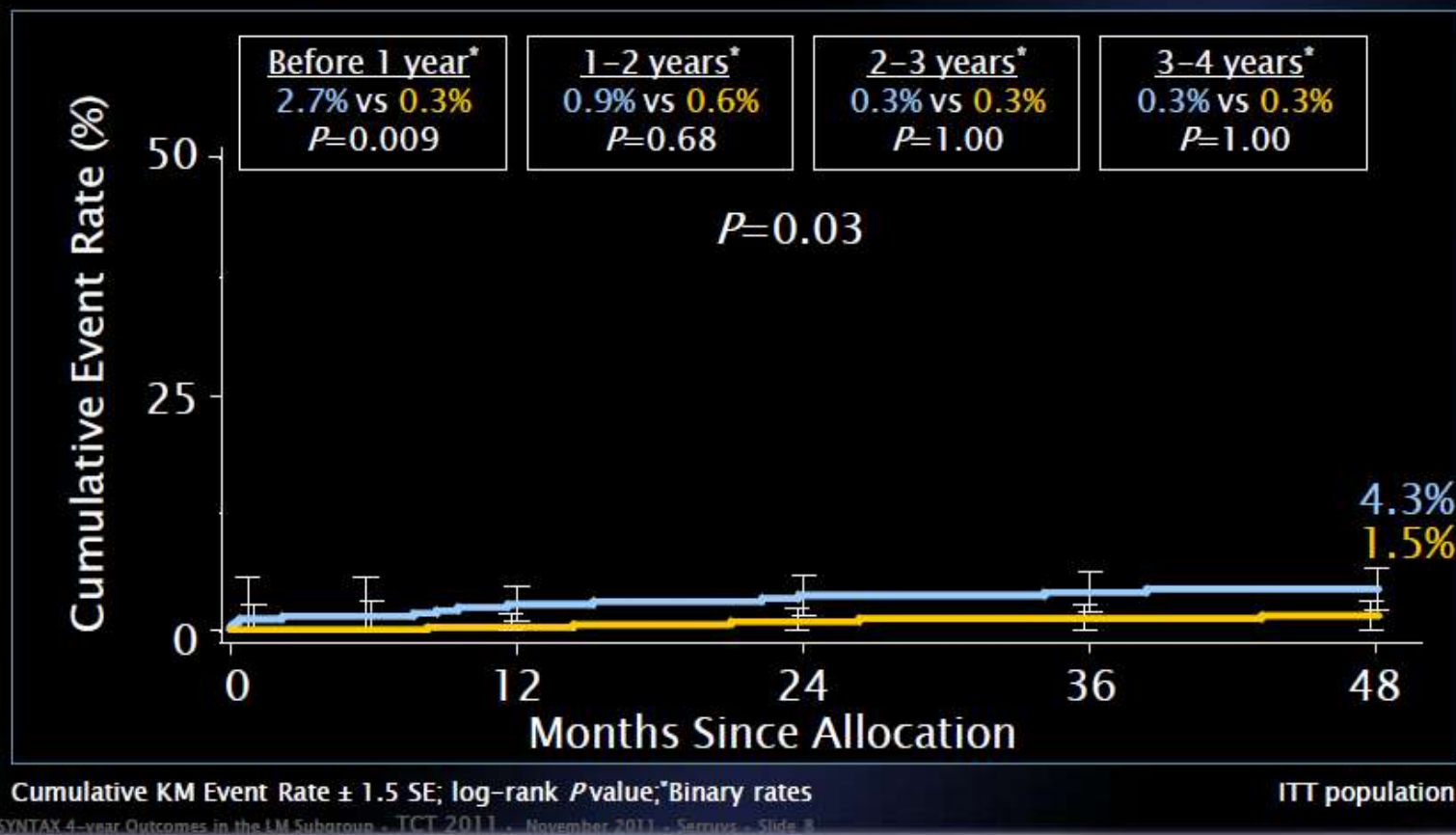
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# CVA to 4 Years Left Main Subset

SYNTAX

■ CABG (N=348)

■ TAXUS (N=357)



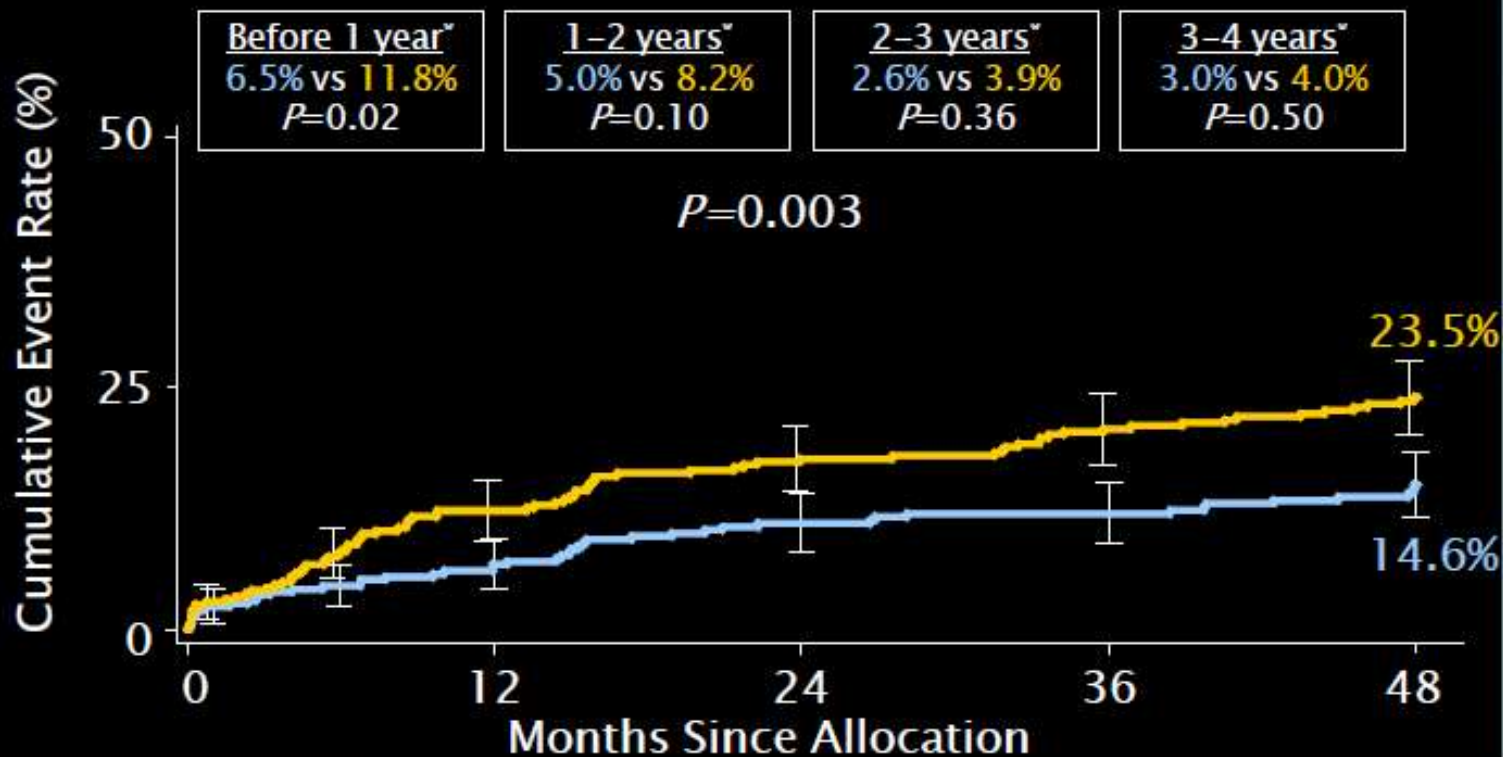
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# Repeat Revascularization to 4 Years Left Main Subset

SYNTAX

■ CABG (N=348)

■ TAXUS (N=357)



Cumulative KM Event Rate  $\pm$  1.5 SE; log-rank Pvalue; \*Binary rates

ITT population

SYNTAX 4-year Outcomes in the LM Subgroup - TCT 2011 - November 2011 - Ferrero - Slide 10



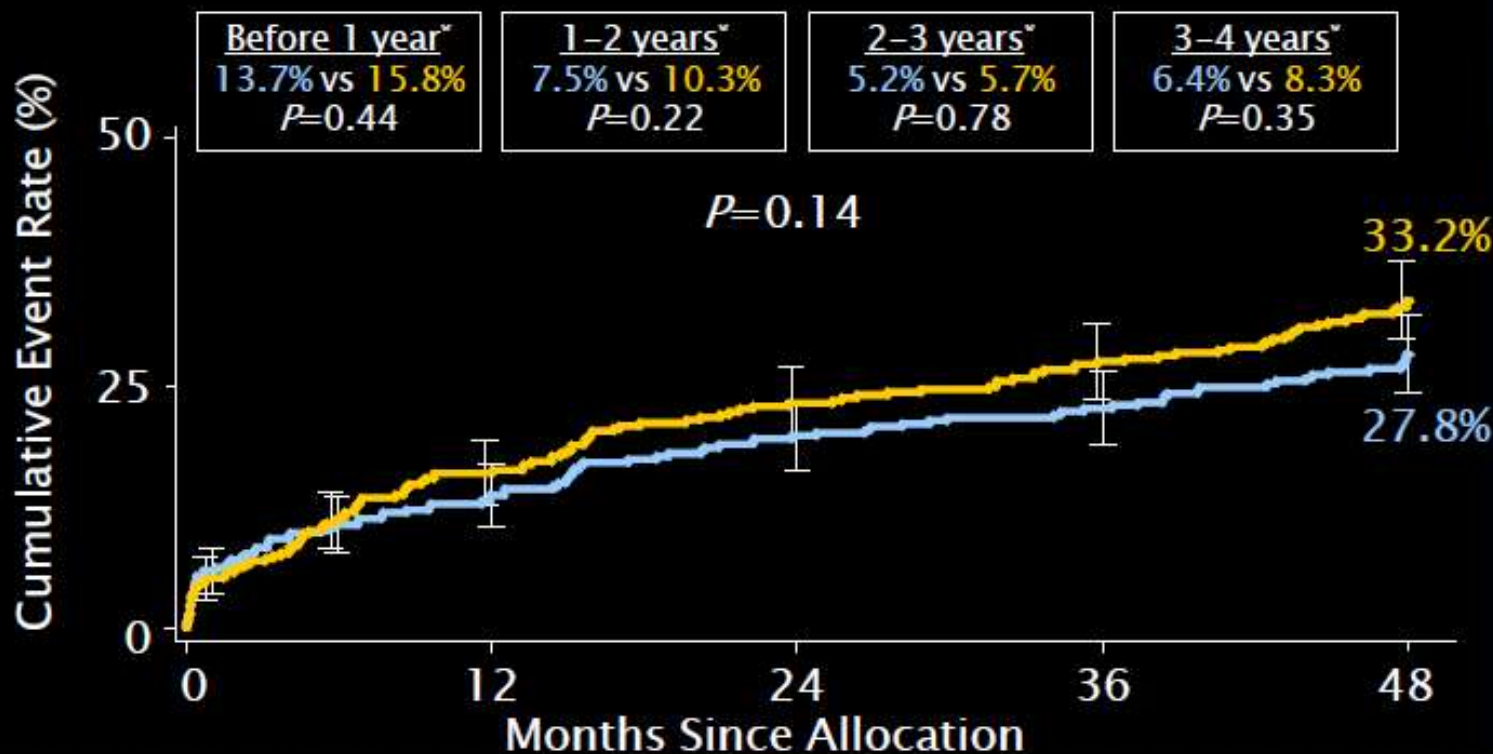
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# MACCE to 4 Years *Left Main Subset*

SYNTAX

■ CABG (N=348)

■ TAXUS (N=357)



Cumulative KM Event Rate  $\pm$  1.5 SE; log-rank Pvalue; \*Binary rates

ITT population

SYNTAX 4-year Outcomes in the LM Subgroup - TCT, 2011 - November 2011 - Ferrero - Slide 11

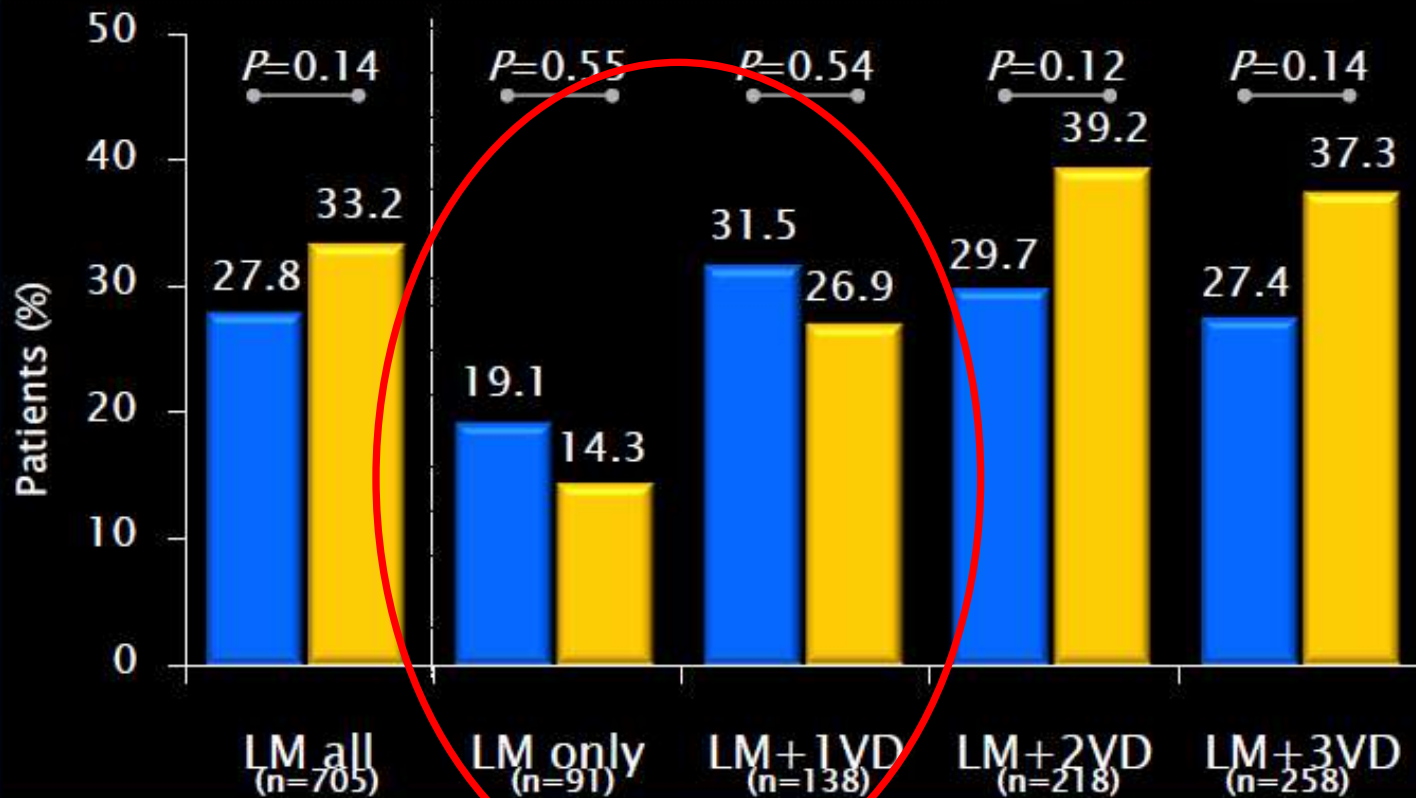


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# MACCE to 4 Years *Left Main Subsets*

SYNTAX

CABG TAXUS



Cumulative KM Event Rate; log-rank P-value

ITT population

SYNTAX 4-year Outcomes in the LM Subgroup - TCT 2011 - November 2011 - Serruys - Slide 19

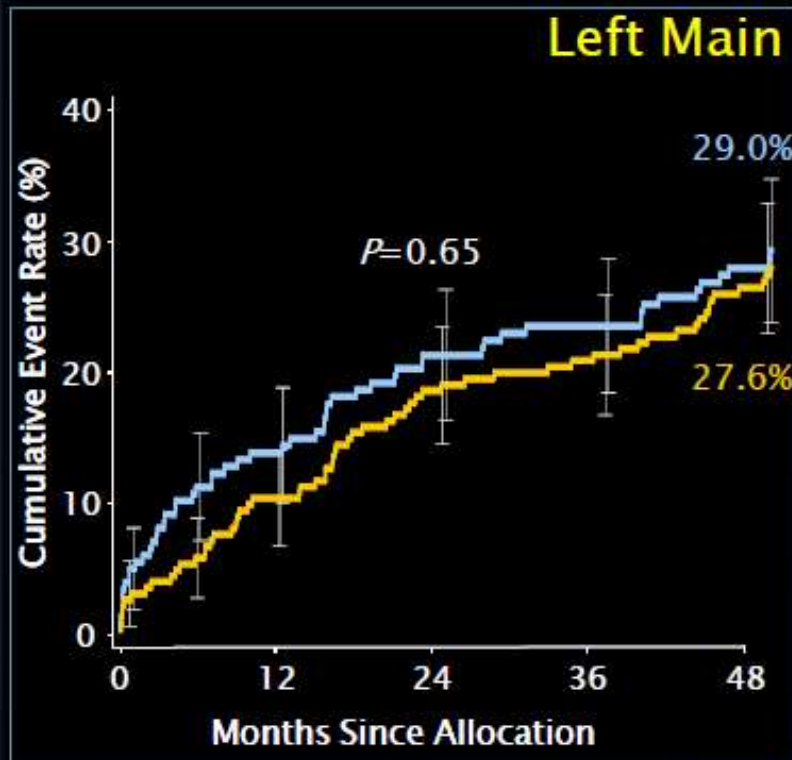


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# MACCE to 4 Years by SYNTAX Score Tercile *Low to Intermediate Scores (0-32)*

SYNTAX

- CABG (N=196)
- TAXUS (N=221)



	CABG	PCI	Pvalue
Death	11.8%	> 7.5%	0.12
CVA	3.9%	> 1.4%	0.11
MI	3.8%	< 5.1%	0.55
Death, CVA or MI	17.1%	> 13.5%	0.25
Revasc.	16.9%	< 19.1%	0.57

Cumulative KM Event Rate  $\pm$  1.5 SE; log-rank Pvalue

Site-reported Data; ITT population

SYNTAX 4-year Outcomes in the LM Subgroup - TCT 2011 - November 2011 - Serruys - Slide 22

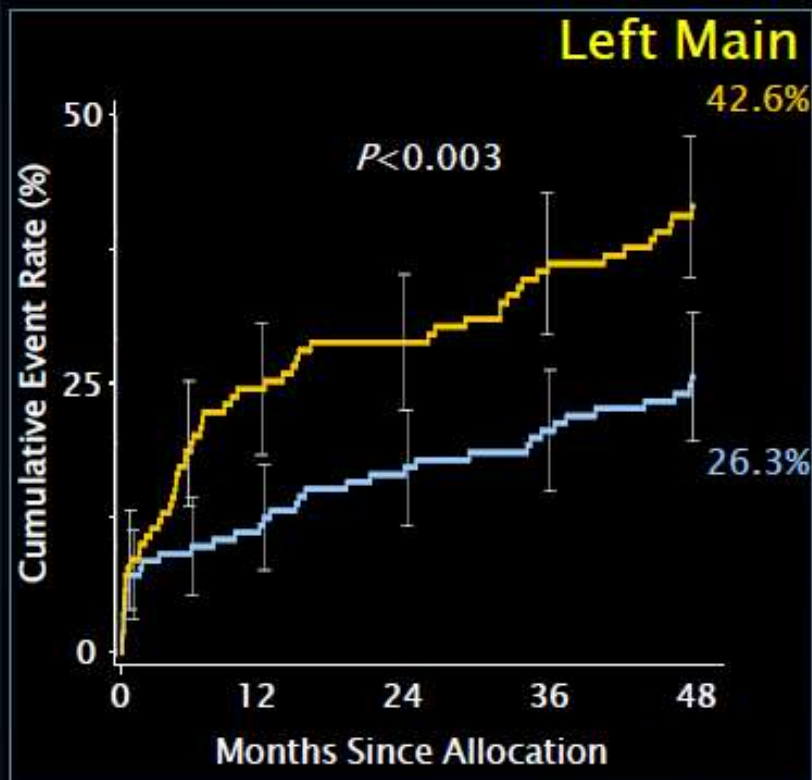


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# MACCE to 4 Years by SYNTAX Score Tercile *High Scores (≥33)*



- CABG (N=149)
- TAXUS (N=135)



	CABG	PCI	P value
Death	10.5%	17.9%	0.06
CVA	4.9%	1.6%	0.14
MI	6.1%	10.9%	0.18
Death, CVA or MI	18.5%	23.1%	0.33
Revasc.	11.8%	31.3%	<0.001

Cumulative KM Event Rate  $\pm$  1.5 SE; log-rank P value

Site-reported Data; ITT population

SYNTAX 4-year Outcomes in the LM Subgroup - TCT 2011 - November 2011 - Serruys - Slide 23

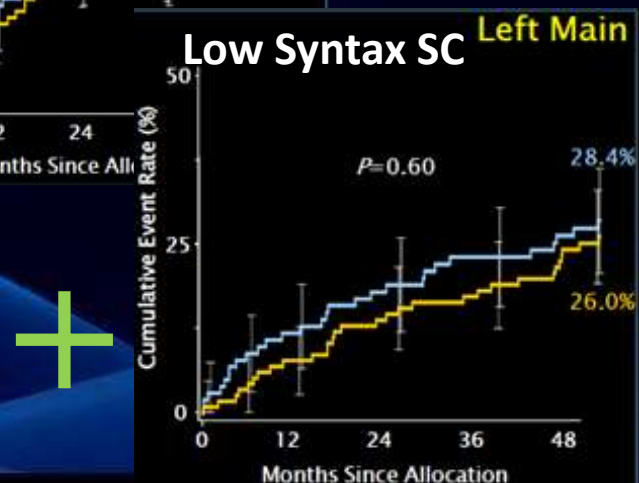
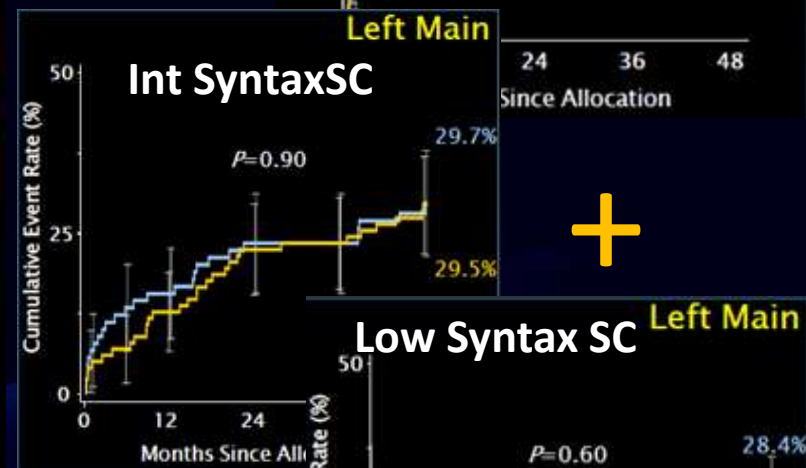
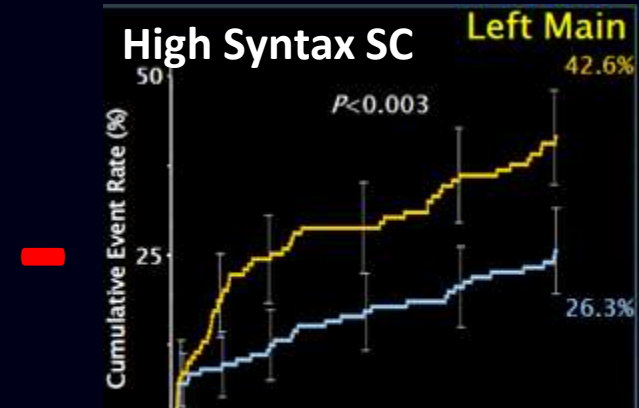
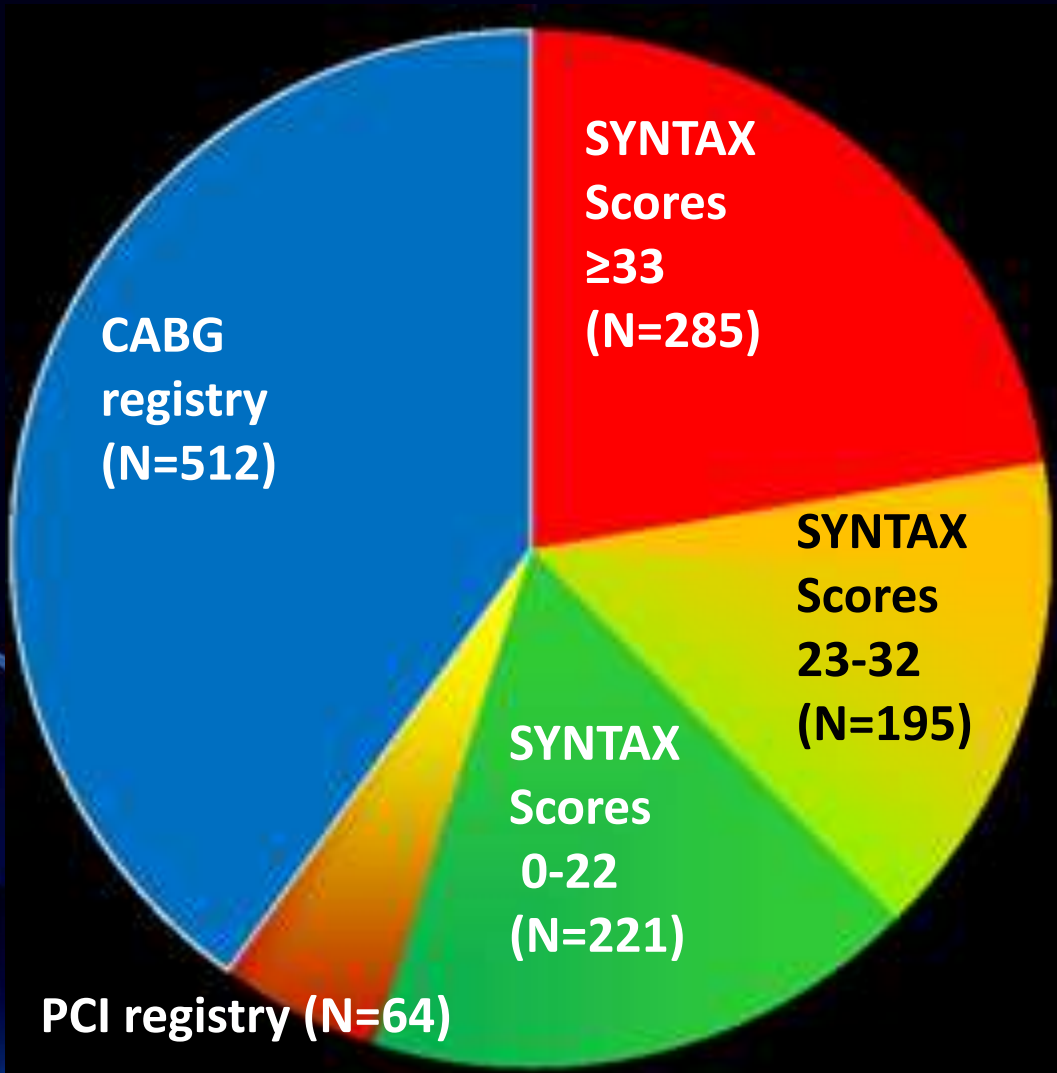


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# Do all patients with Left Main disease need CABG ?



# SYNTAX Trial Patient Distribution



# SYNTAX Trial Patient Distribution



Results of the SYNTAX trial suggest that **34 %** of all patients with Left Main Stem are best treated with PCI , an excellent alternative to surgery... up to four year



# Guidelines on myocardial revascularization

The Task Force on Myocardial Revascularization of the European Society of Cardiology (ESC) and the European Association for Cardio-Thoracic Surgery (EACTS)

2010

Subset of CAD by anatomy	Favours CABG	Favours PCI
Left main (isolated or 1VD, ostium/shaft)	IA	Ila B
Left main (isolated or 1VD, bifurcation)	IA	Ilb B
Left main + 2VD or 3VD, <b>SYNTAX score ≤ 32</b>	IA	Ilb B
Left main + 2VD or 3VD, <b>SYNTAX score ≥ 33</b> <b>66%</b>	IA	III B

Classes of recommendations	Definition	Level of evidence	Data derived from multiple randomized clinical trials or meta-analyses.
Class IIa	Weight of evidence/opinion is in favour of usefulness/efficacy.	Level of evidence A	Data derived from multiple randomized clinical trials or meta-analyses.
Class IIb	Usefulness/efficacy is less well established by evidence/opinion.	Level of evidence B	Data derived from a single randomized clinical trial or large non-randomized studies.
Class III	Evidence or general agreement that the given treatment or procedure is not useful/effective, and in some cases may be harmful.	Level of evidence C	Consensus of opinion of the experts and/or small studies, retrospective studies, registries.



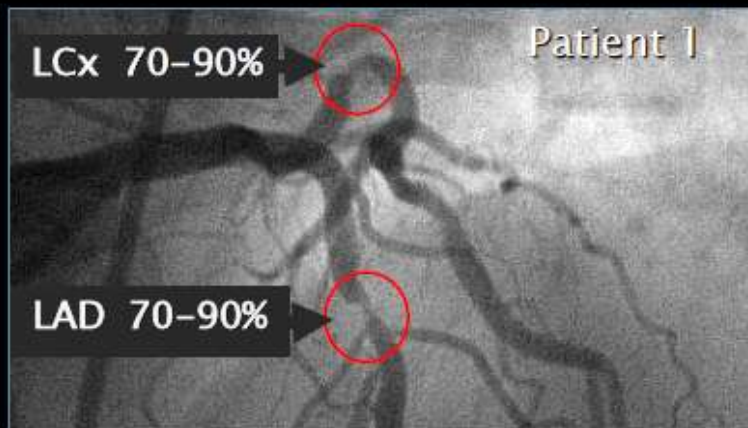
**“Optimal treatment of  
multivessel CAD is still a subject  
of debate.”**



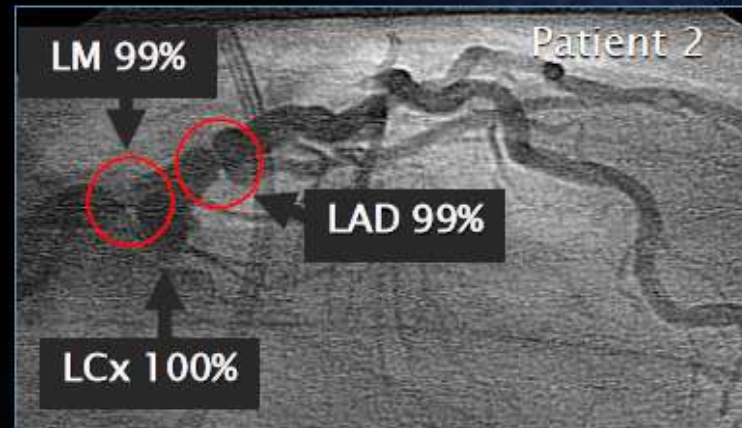
**HELLENIC INSTITUTE OF CARDIOVASCULAR DISEASES**

# There is '3-vessel disease' and '3-vessel disease'

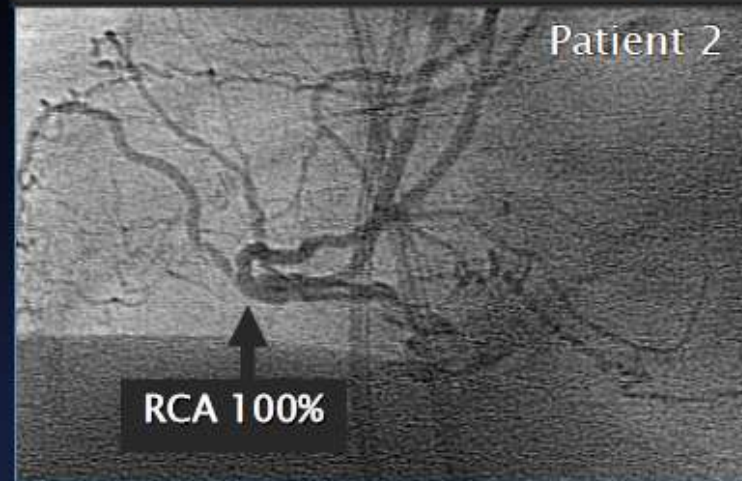
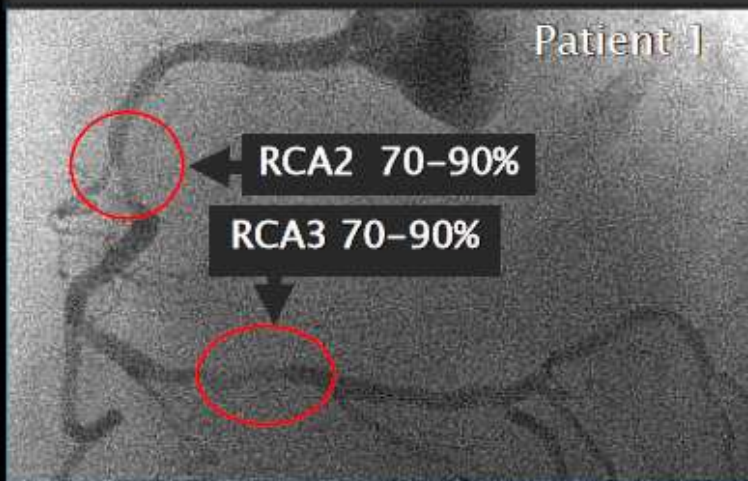
SYNTAX



SYNTAX SCORE 21

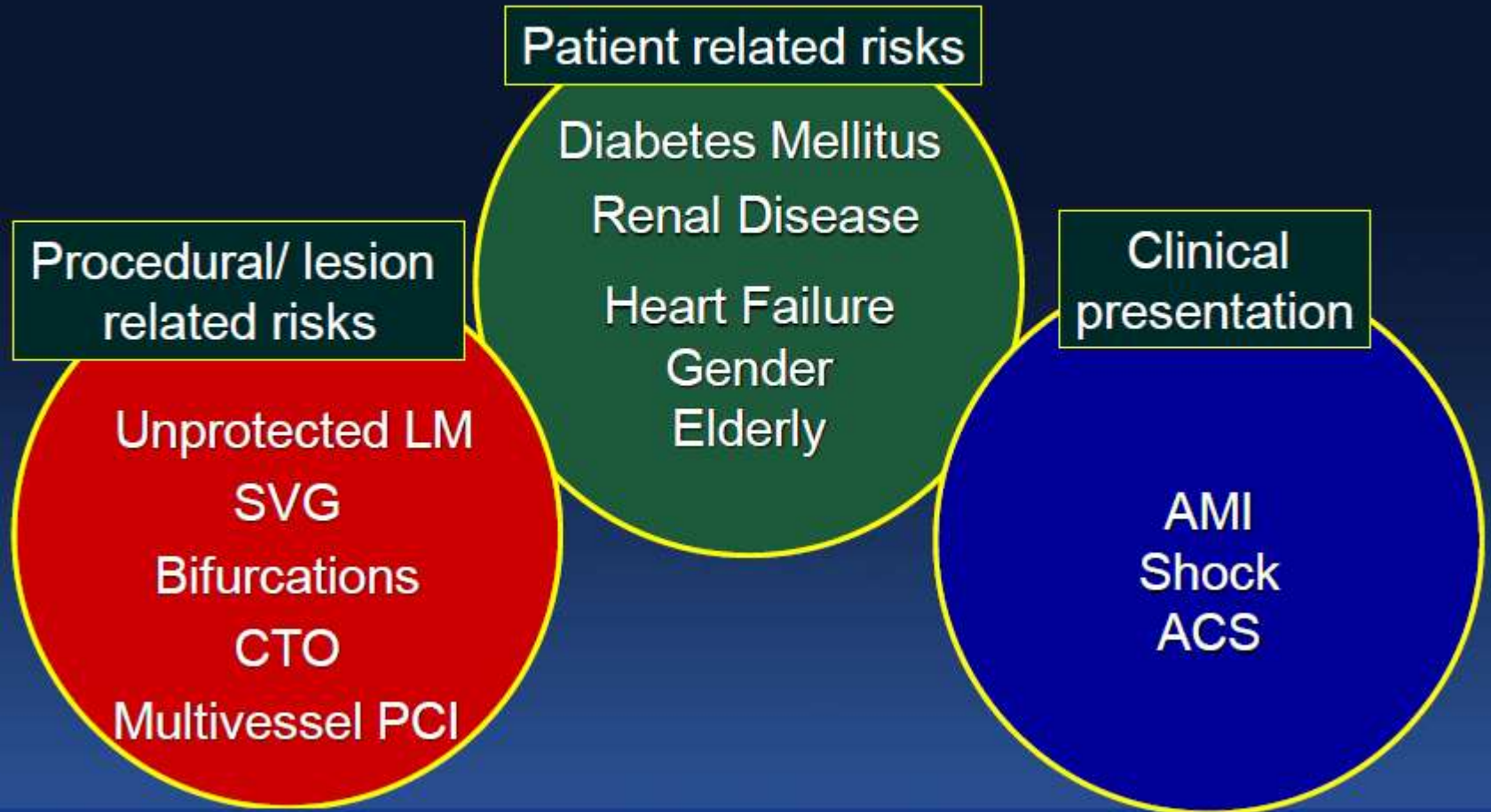


SYNTAX SCORE 52



# Risk Assessment in the Patient with MVD

## Complex Interplay of...



# Do all patients with multivessel disease need CABG ?



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# Multi-vessel Disease PCI

-Where We Are-

## DES *vs.* CABG

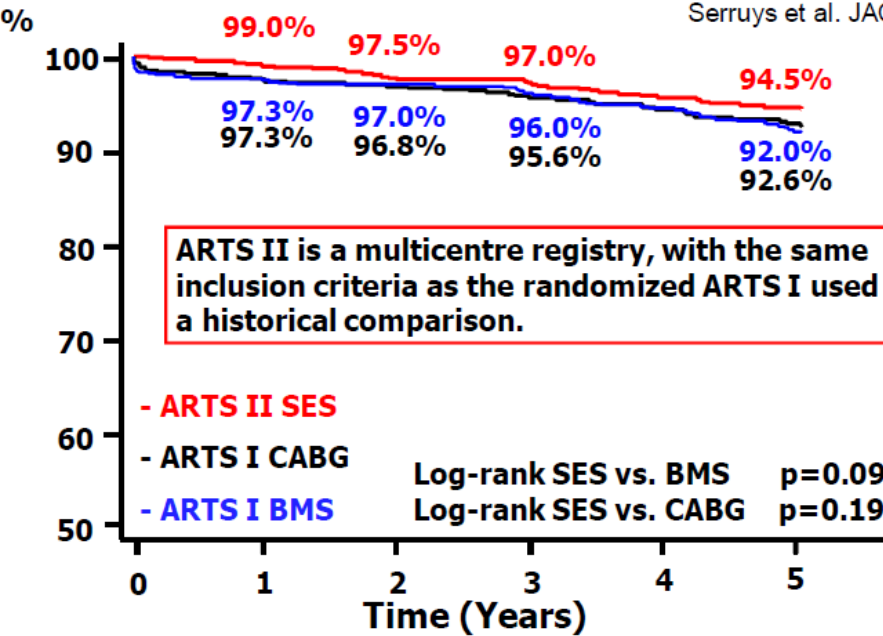
### From RCT to Registry



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## Freedom from Death up to 5 years

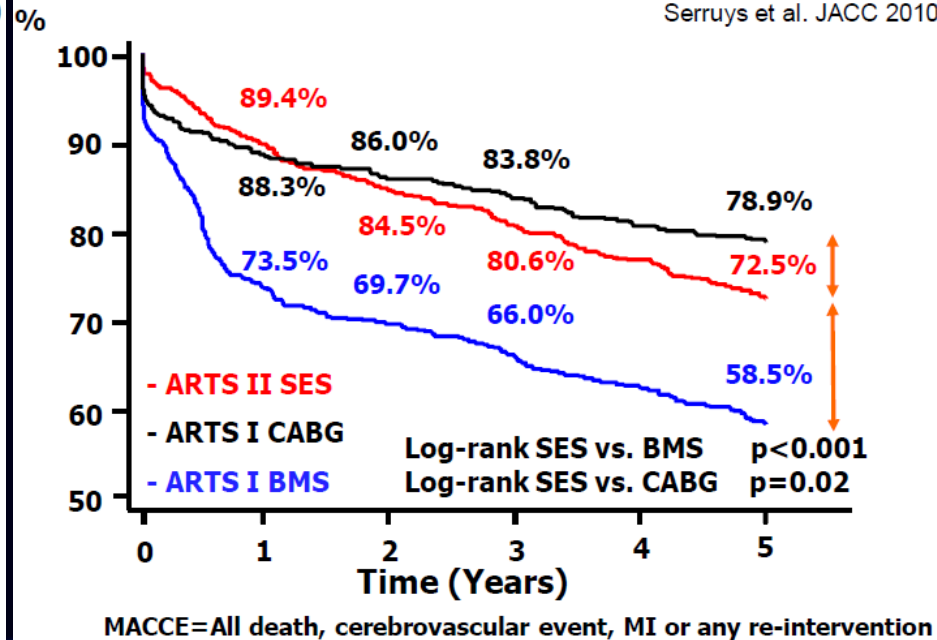
Serruys et al. JACC 2010



ARTS II is a multicentre registry, with the same inclusion criteria as the randomized ARTS I used as a historical comparison.

## Freedom from MACCE up to 5 years

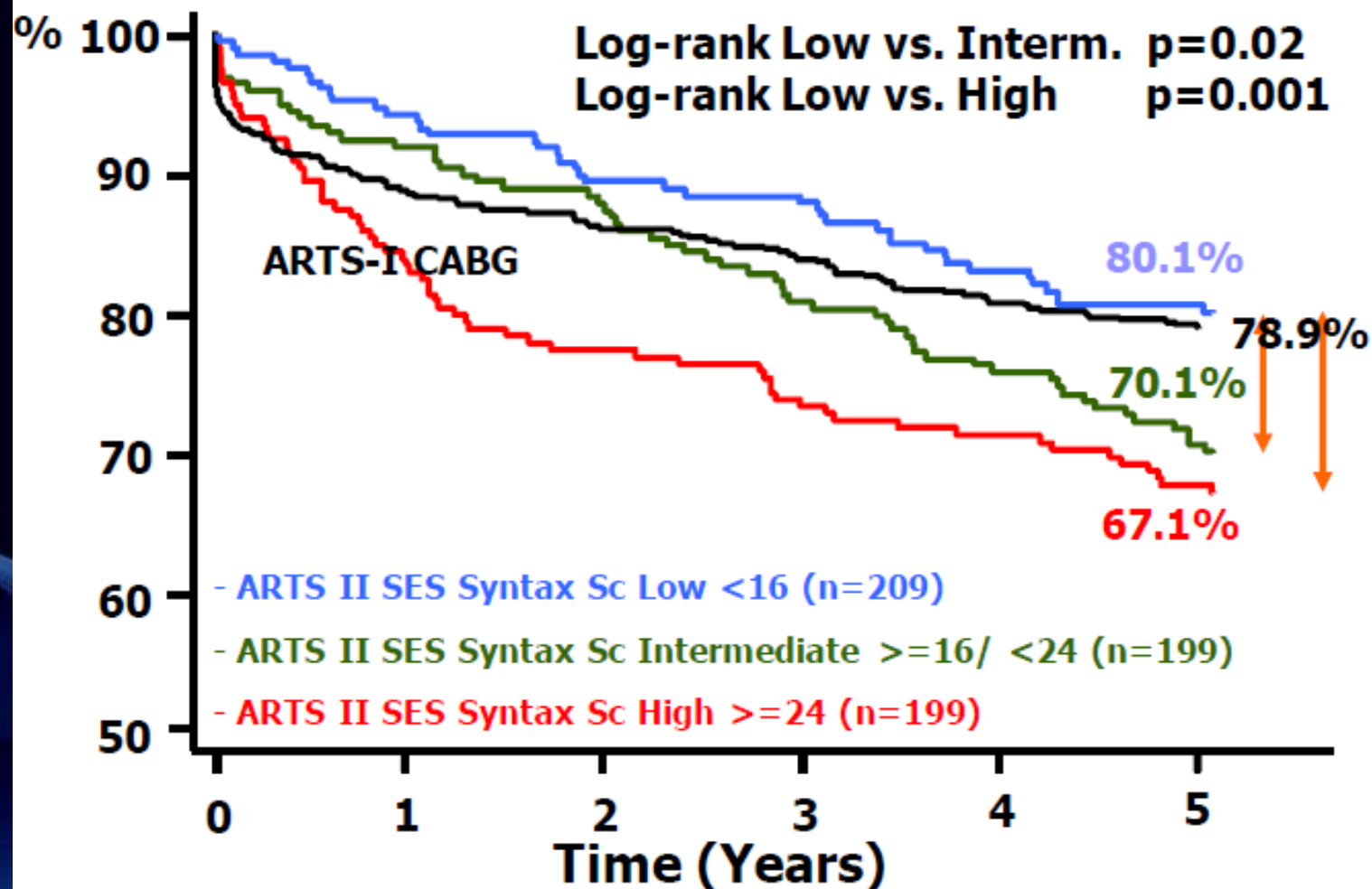
Serruys et al. JACC 2010



## ARTS-II SES

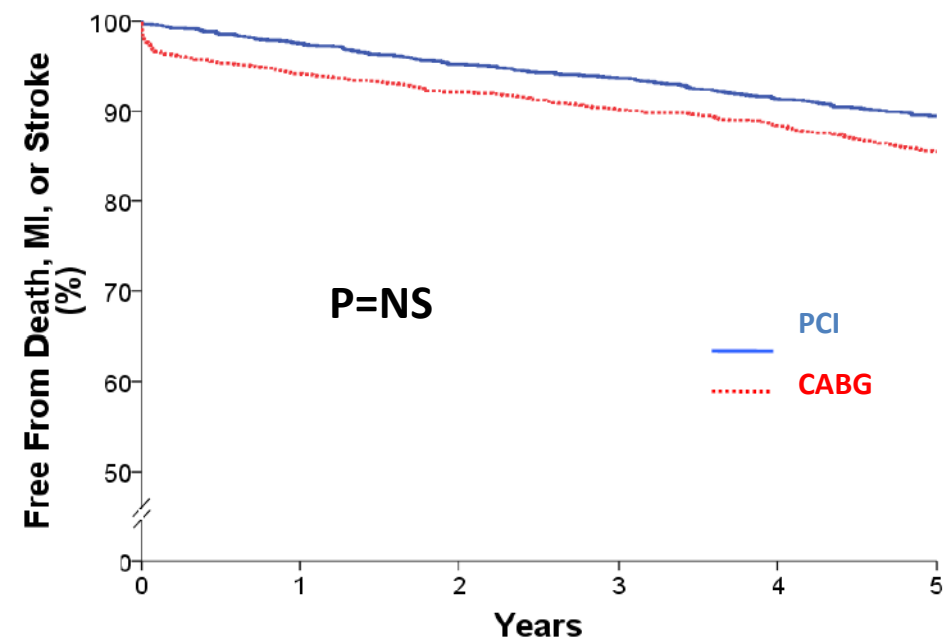
# MACCE rate according to Syntax score tertiles

Serruys et al. JACC 2010

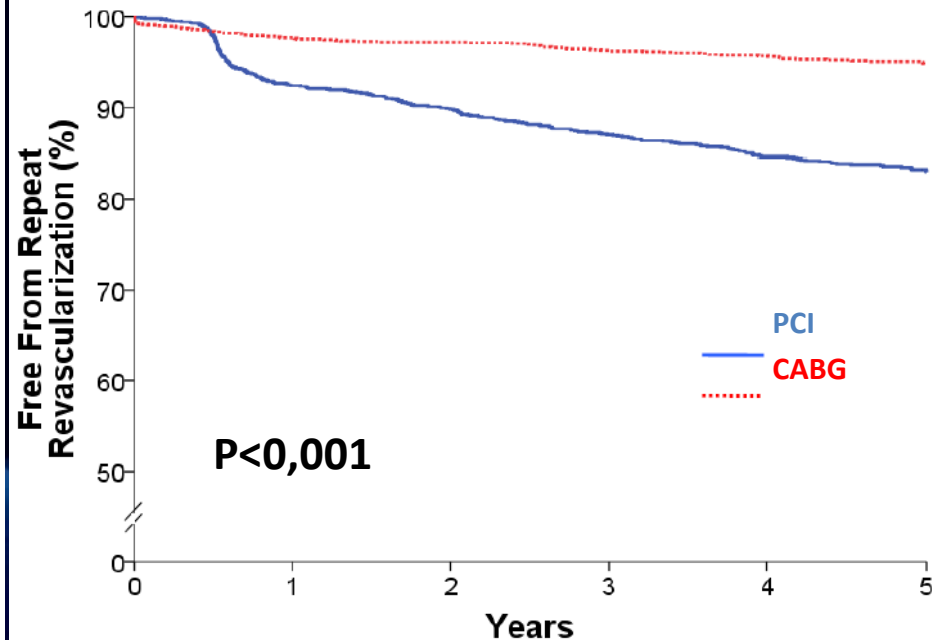


# ASAN-Multivessel registry; Analysis of 3042 “real-world” patients (1495 CABG and 1547 DES) with multivessel CAD.

**Unadjusted K-M Curves: Death, MI, Stroke**



**Unadjusted K-M Curves: Repeat Revas.**



**Percutaneous coronary intervention with drug-eluting stents versus coronary artery bypass surgery for multivessel coronary artery disease: a meta-analysis of data from the ARTS II, CARDia, ERACI III, and SYNTAX studies and systematic review of observational data**

**Summary of Randomized trials/ Registries with historical control**

Study	Year	Total patients	DES patients	CABG patients	Stent type	Drug-eluting stent				Coronary artery bypass graft				Follow-up
						Age	Male	DM	ACS	Age	Male	DM	ACS	
ARTS II	2008*	1212	607	605	sirolimus	63±10	77%	26%	36%	61±9	76%	16%	37%	3 year
SYNTAX	2009	1800	903	897	paclitaxel	65±10	76%	26%	29%	65±10	79%	25%	28%	2 year
CARDia	2008	433	179	254	sirolimus	NA	NA	100%	NA	NA	NA	100%	NA	1 year
ERACI III	2007*	450	225	225	Both	65±11	81%	21%	74%	61±10	81%	17%	91%	3 year

DES: drug-eluting stent; CABG: coronary artery bypass graft; DM: diabetes mellitus; ACS: acute coronary syndrome; NA: not available

\*The year corresponds to the publication date of the drug-eluting stent cohort. The cohort of patients undergoing CABG was originally published in 2001 for both the ARTS II and ERACI III trials.

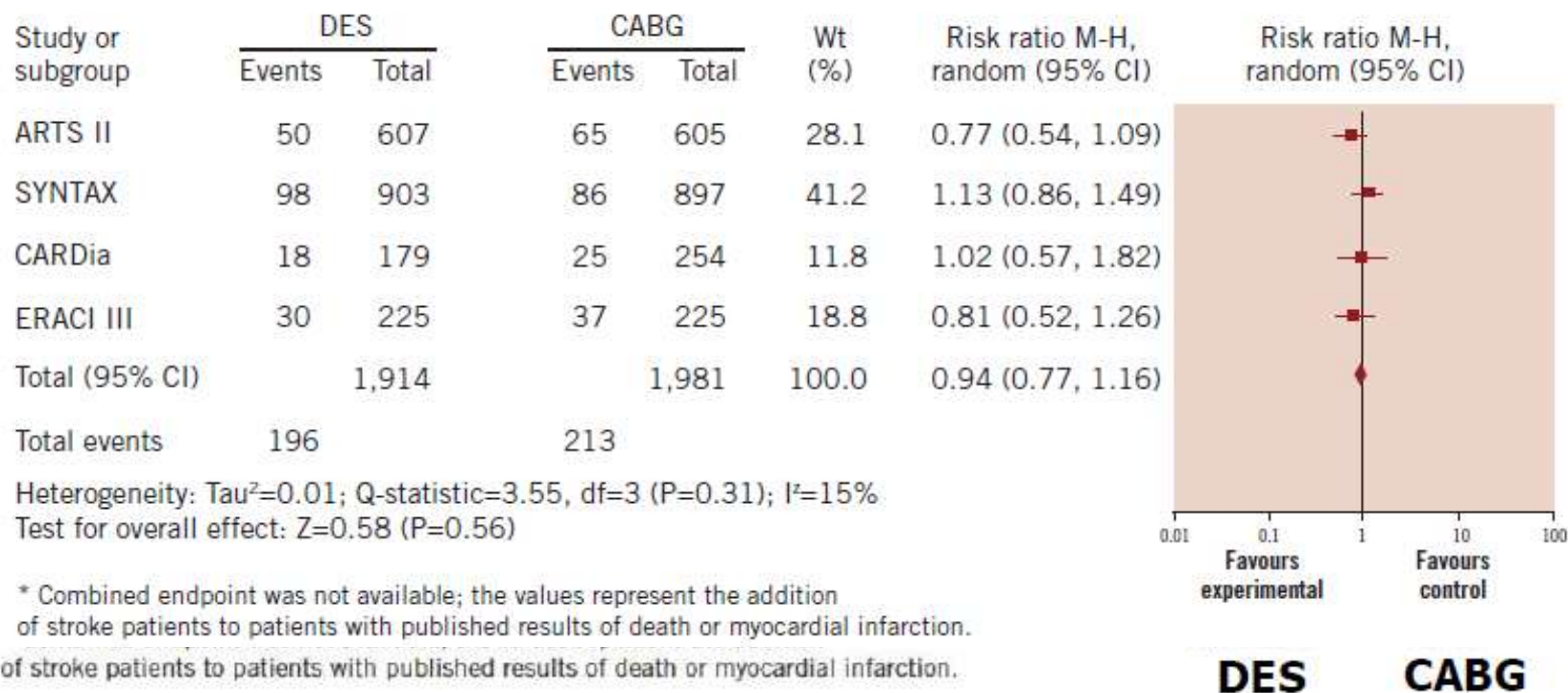
**Total 3895 pts (DES 1914pts , CABG 1981 pts)**

Eurointervention 2010; 6: 269-276



# Percutaneous coronary intervention with drug-eluting stents versus coronary artery bypass surgery for multivessel coronary artery disease: a meta-analysis of data from the ARTS II, CARDia, ERACI III, and SYNTAX studies and systematic review of observational data

## Risk of Death, MI or STROKE



Eurointervention 2010; 6: 269-276



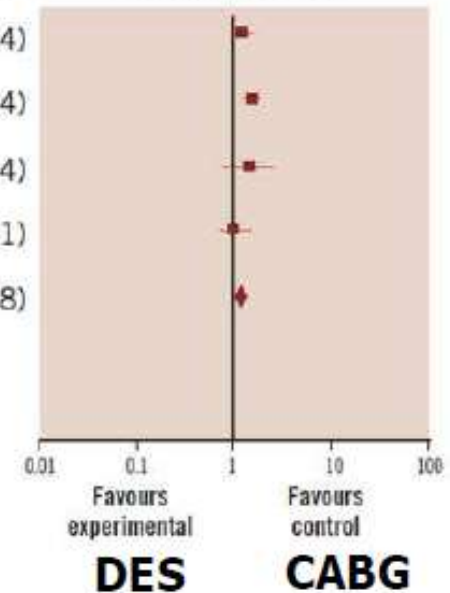
# Percutaneous coronary intervention with drug-eluting stents versus coronary artery bypass surgery for multivessel coronary artery disease: a meta-analysis of data from the ARTS II, CARDia, ERACI III, and SYNTAX studies and systematic review of observational data

## Risk of Major cardiac or cerebral vascular events

### RANDOMIZED TRIALS

Study or subgroup	DES		CABG		Wt (%)	Risk ratio M-H, random (95% CI)
	Events	Total	Events	Total		
ARTS II	117	607	97	605	30.2	1.20 (0.94, 1.54)
SYNTAX	211	903	146	897	43.1	1.44 (1.19, 1.74)
CARDia	27	179	28	254	9.1	1.37 (0.84, 2.24)
ERACI III	51	225	51	225	17.6	1.00 (0.71, 1.41)
Total (95% CI)		1,914		1,981	100.0	1.27 (1.09, 1.48)
Total events	406		322			

Heterogeneity:  $\tau^2=0.01$ ;  $Q$ -statistic=3.73,  $df=3$  ( $P=0.29$ );  $I^2=20\%$   
 Test for overall effect:  $Z=3.04$  ( $P=0.002$ )



Eurointervention 2010; 6: 269-276



**Percutaneous coronary intervention with drug-eluting stents versus coronary artery bypass surgery for multivessel coronary artery disease: a meta-analysis of data from the ARTS II, CARDia, ERACI III, and SYNTAX studies and systematic review of observational data**

**Pooled Analysis of outcomes from observational studies**

**11 OBSERVATIONAL STUDIES**

Outcome	RR (95% CI)	P	DES		CABG		I <sup>2</sup> (%)	
			No.	Total	No.	Total		
Death	1.18 (0.80-1.75)	0.39	297	5,261	595	8,352	68.4	
MI	1.56 (1.22-1.98)	<0.001	126	5,141	147	8,260	0.0	
stroke	0.60 (0.33-1.07)	0.08	17	2,541	38	2,963	0.0	
TVR	6.44 (3.59-10.7)	<0.001	544	4,614	84	5,126	74.2	
MACCE	1.78 (1.24-2.55)	0.002	203	1,233	163	1,655	66.9	

0.01    0.1    0    10    100  
Favours DES    Favours CABG

**17333 pts (7095 DES, 10238 CABG)**

Eurointervention 2010; 6: 269-276



**DES in complex multivessel disease:  
The Syntax Trial at 4 years:  
Overall results and breakdown of the  
3VD cohort**

**Patrick W. Serruys, MD PhD**  
Erasmus Medical Center,  
Rotterdam, The Netherlands  
On behalf of the SYNTAX investigators  
The Moscone Centre 135  
9:58–10:10, 7 Nov, 2011

Conflicts of Interest: None

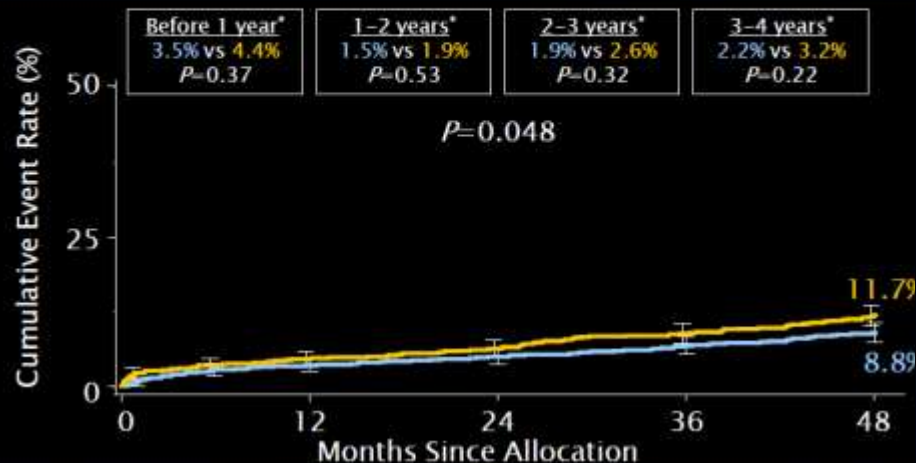
SYNTAX 4-year Outcomes - EACTS 2011 - Serruys - October 2011 - Slide 1



# All-Cause Death to 4 Years

SYNTAX

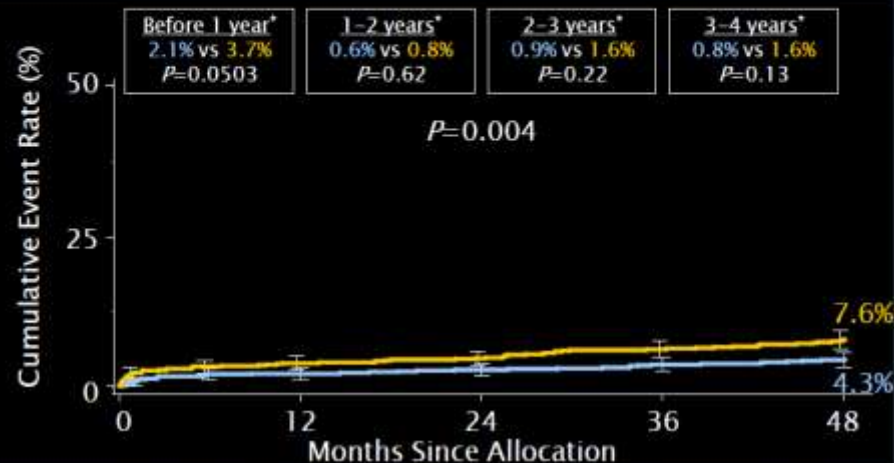
CABG (N=897) TAXUS (N=903)



# Cardiac Death to 4 Years

SYNTAX

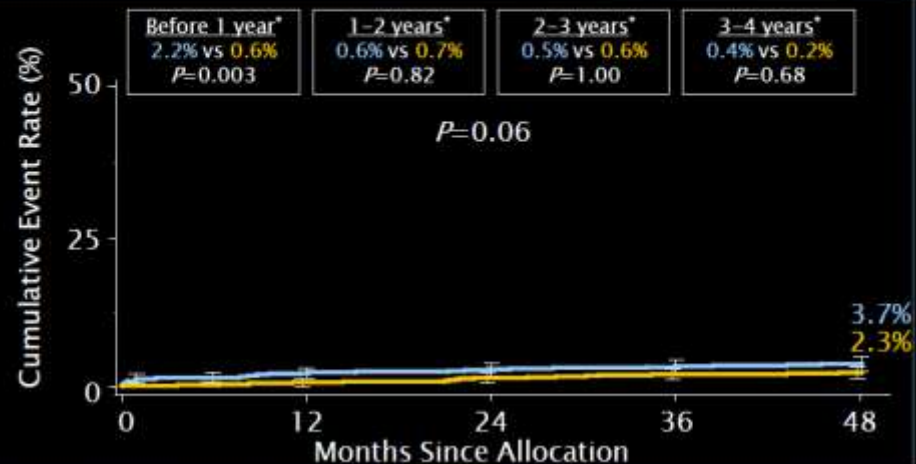
CABG (N=897) TAXUS (N=903)



# CVA to 4 Years

SYNTAX

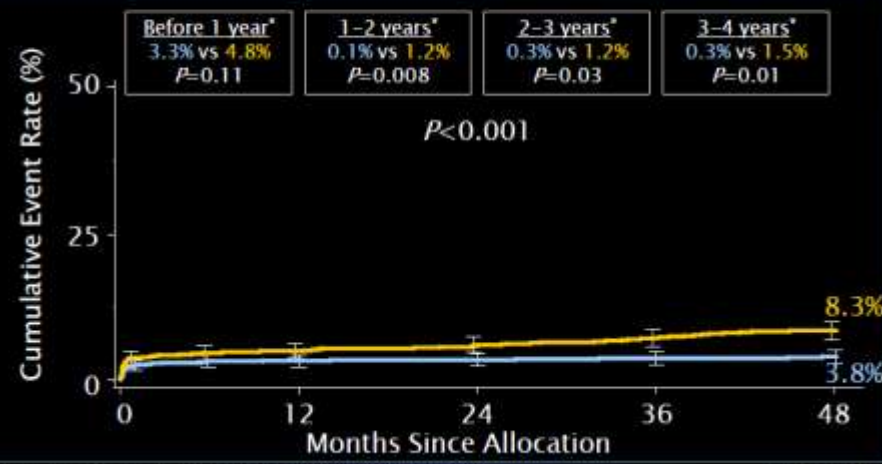
CABG (N=897) TAXUS (N=903)



# Myocardial Infarction to 4 Years

SYNTAX

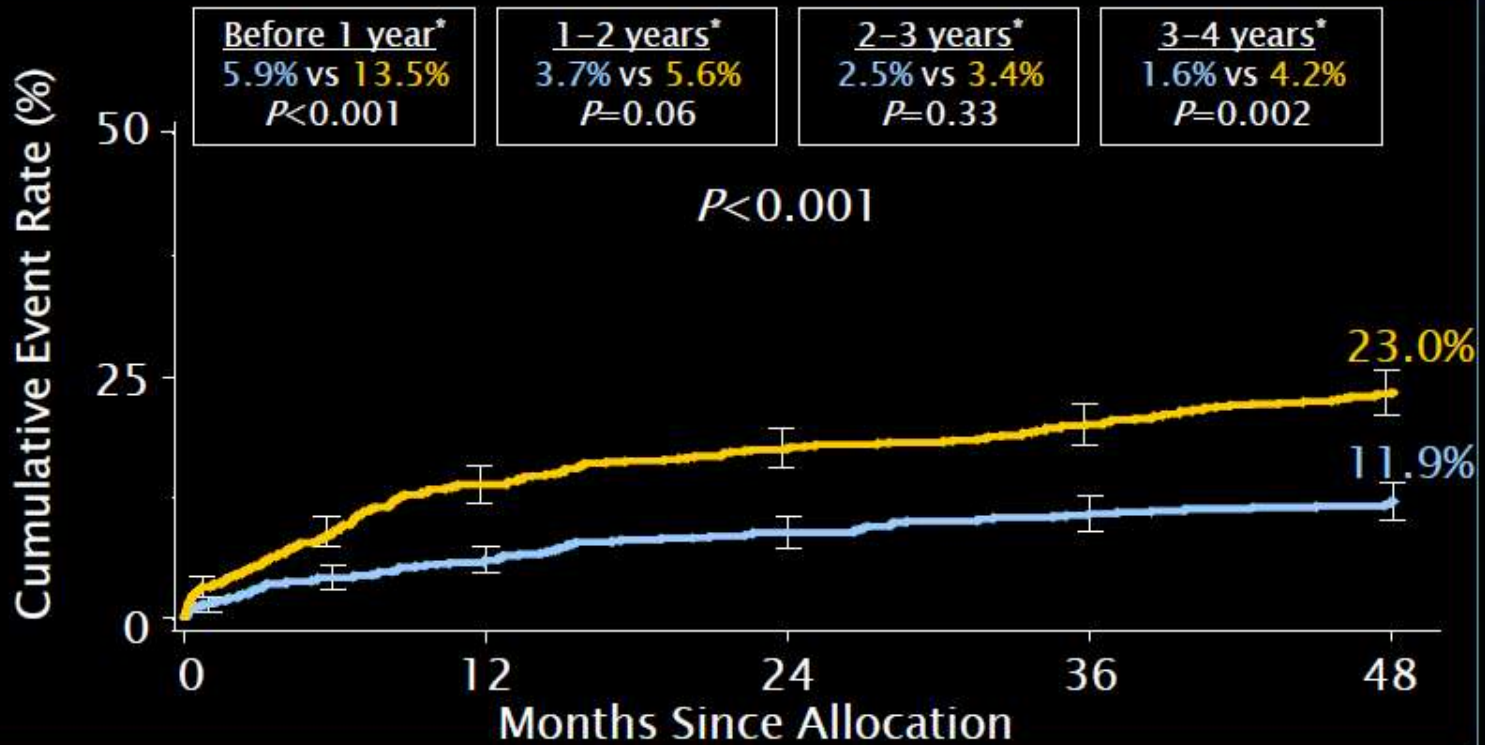
CABG (N=897) TAXUS (N=903)



# Repeat Revascularization to 4 Years SYNTAX

■ CABG (N=897)

■ TAXUS (N=903)



Cumulative KM Event Rate  $\pm$  1.5 SE; log-rank Pvalue; \*Binary rates

ITT population

SYNTAX 4-year Outcomes - FACS 2011 - Serruys - October 2011 - Slide 10



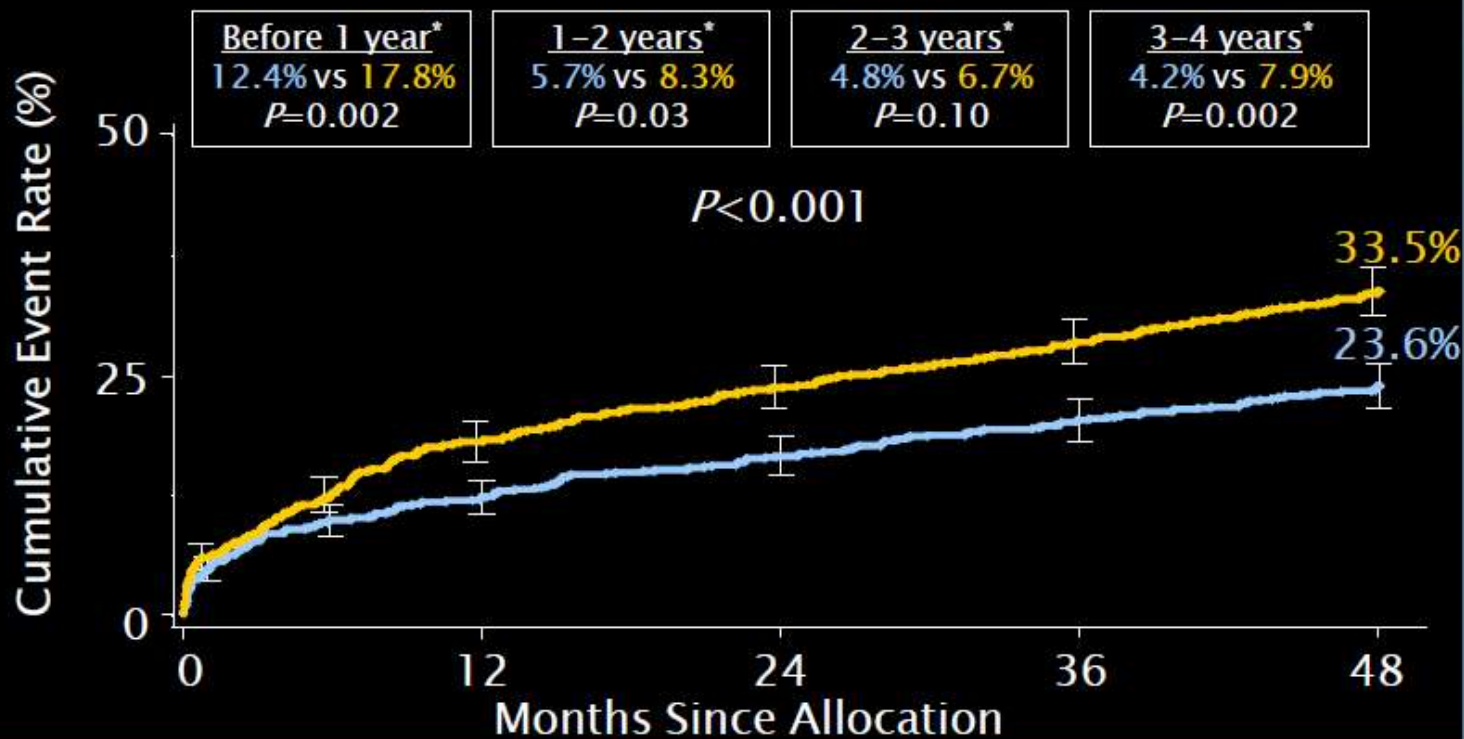
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# MACCE to 4 Years

SYNTAX

■ CABG (N=897)

■ TAXUS (N=903)



Cumulative KM Event Rate  $\pm$  1.5 SE; log-rank Pvalue; \*Binary rates

ITT population

SYNTAX 4-year Outcomes • FACTS 2011 • Serruys • October 2011 • Slide 11

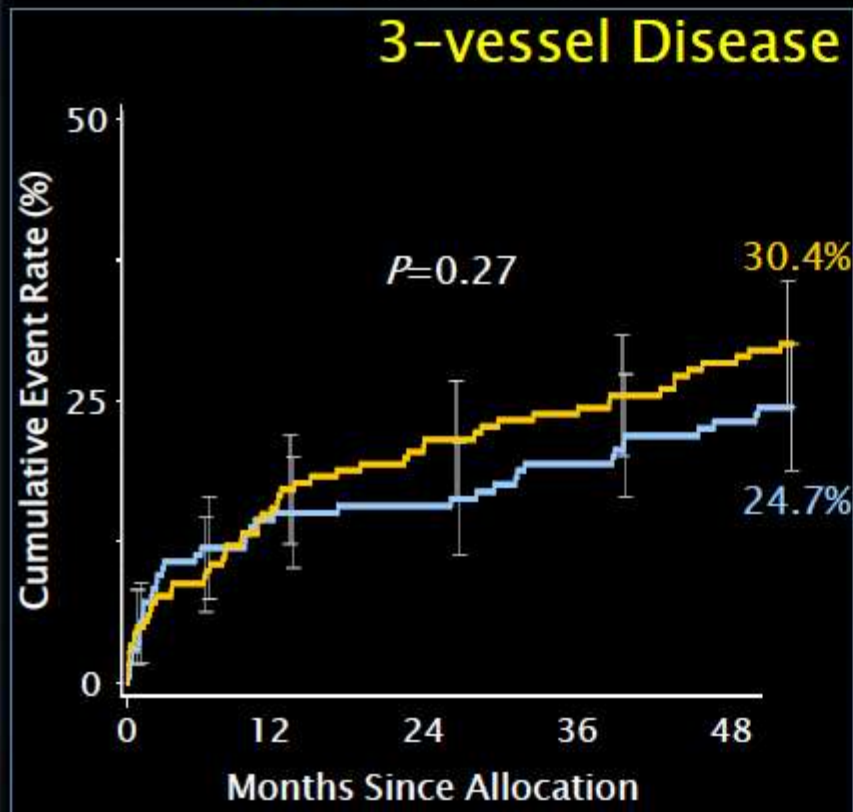


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# MACCE to 4 Years by SYNTAX Score Tercile *Low Scores (0-22)*

SYNTAX

■ CABG (N=171)  
■ TAXUS (N=181)



	CABG	PCI	Pvalue
Death	8.7%	9.0%	0.92
CVA	3.9%	> 1.2%	0.12
MI	4.9%	8.2%	0.27
Death, CVA or MI	14.8%	15.8%	0.84
Revasc.	11.6%	< 21.2%	0.02

Cumulative KM Event Rate  $\pm$  1.5 SE; log-rank Pvalue

Site-reported Data; ITT population

SYNTAX 4-year Outcomes in the 3VD Subgroup - TCT 2011 - November 2011 - Mohr - Slide 15

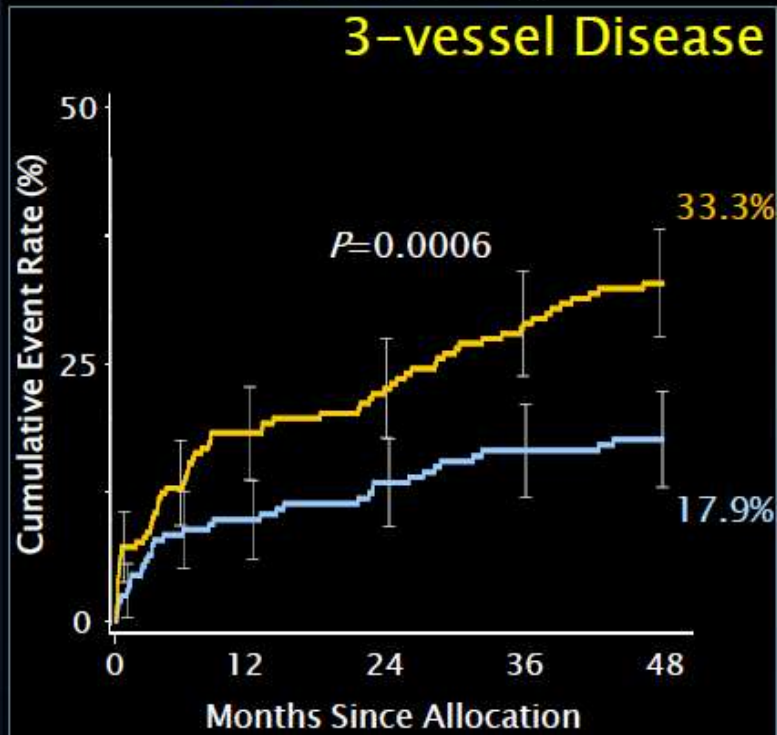


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# MACCE to 4 Years by SYNTAX Score Tercile *Intermediate Scores (23-32)*



■ CABG (N=208)  
■ TAXUS (N=207)



Cumulative KM Event Rate  $\pm$  1.5 SE; log-rank  $P$  value

	CABG	PCI	$P$ value
Death	12.4%	< 18.6%	0.048
CVA	3.6%	> 2.5%	0.53
MI	3.1%	< 10.5%	0.004
Death, CVA or MI	12.4%	< 18.6%	0.09
Revasc.	8.3%	< 21.0%	0.0005

Site-reported Data; ITT population

SYNTAX 4-year Outcomes in the 3VD Subgroup - TCT 2011 - November 2011 - Mohr - Slide 17

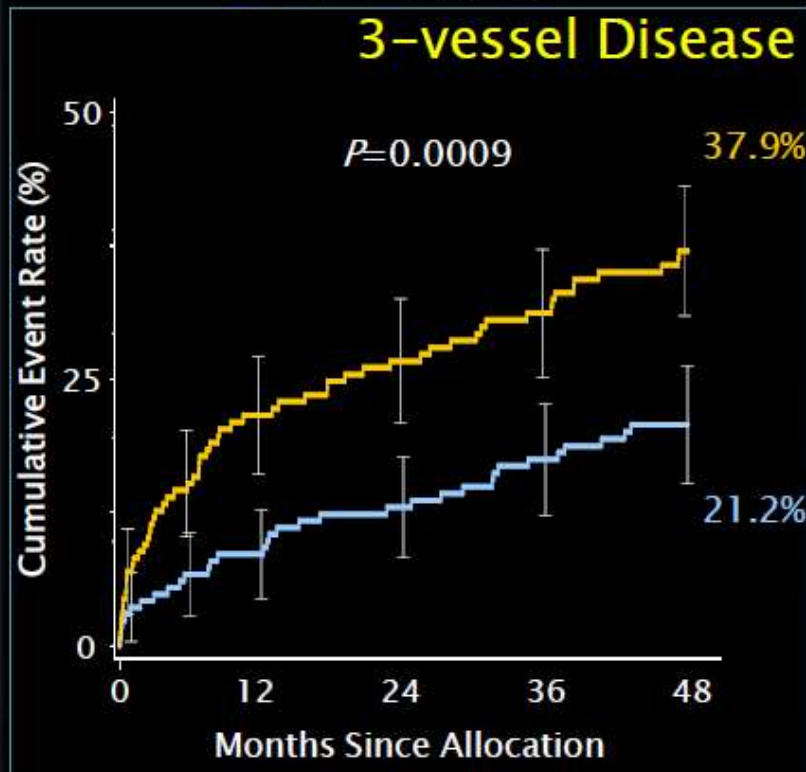


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# MACCE to 4 Years by SYNTAX Score Tercile *High Scores (≥33)*

SYNTAX

■ CABG (N=166)  
■ TAXUS (N=155)



	CABG	PCI	Pvalue
Death	6.5%	< 14.5%	0.02
CVA	2.6%	< 5.1%	0.31
MI	1.9%	< 7.9%	0.01
Death, CVA or MI	11.0%	< 22.3%	0.008
Revasc.	11.2%	< 26.7%	0.0005

Cumulative KM Event Rate  $\pm$  1.5 SE; log-rank Pvalue

Site-reported Data; ITT population

SYNTAX 4-year Outcomes in the 3VD Subgroup - TCT 2011 - November 2011 - Mohr - Slide 19

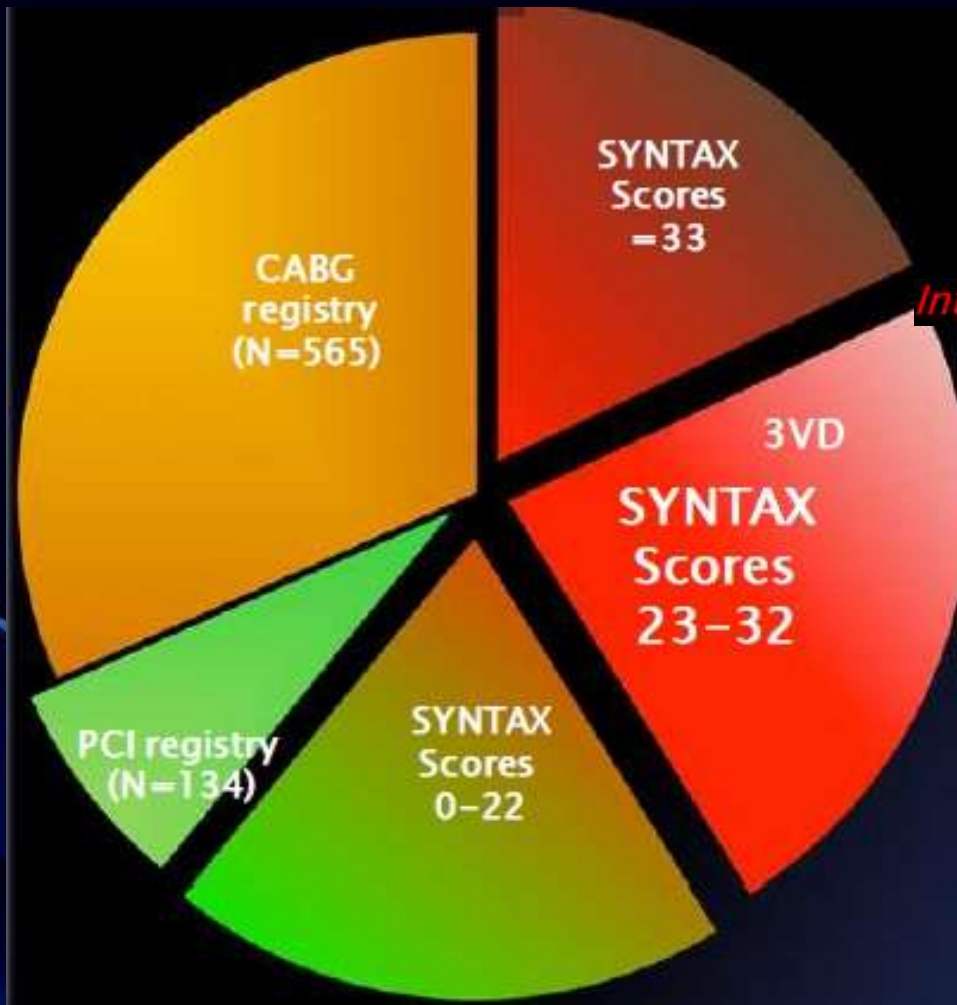


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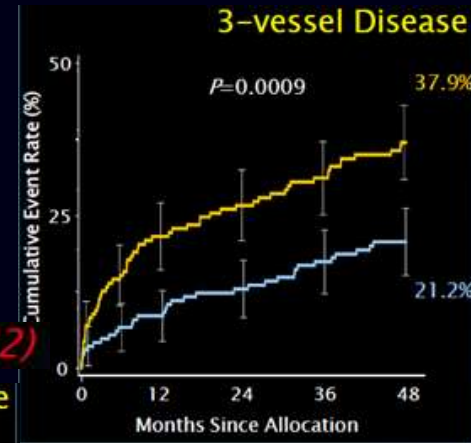
The 4-year SYNTAX results suggest that CABG remains the standard of care for patients with complex disease (intermediate or high SYNTAX Scores); however, **PCI may be an acceptable alternative revascularization method to CABG when treating patients with less complex (lower SYNTAX Score) disease including LM disease**



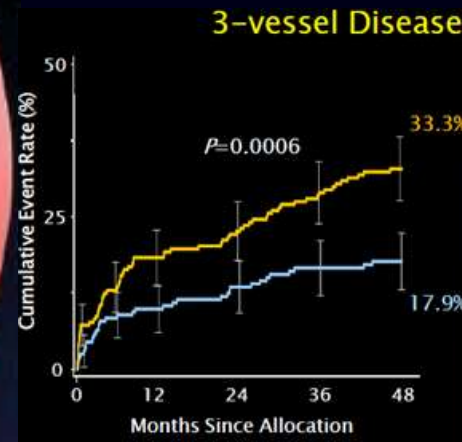
# SYNTAX Trial 3VD Patient Distribution



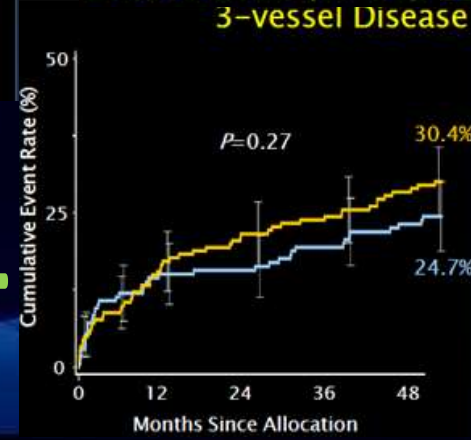
*High Scores ( $\geq 33$ )*



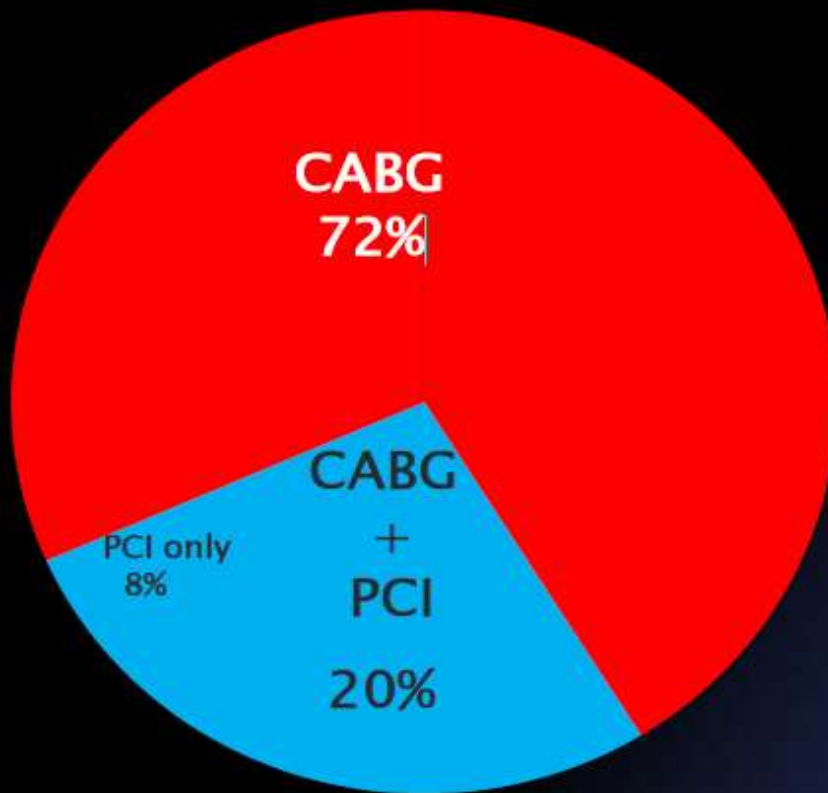
*Intermediate Scores (23-32)*



*Low Scores (0-22)*



# SYNTAX Trial Patient Distribution



Results of the SYNTAX trial suggest that **72%** of 3VD patients are still best treated with **CABG**, however for the remaining patients, PCI is an alternative to surgery at to ..... 4 years



# Guidelines on myocardial revascularization

The Task Force on Myocardial Revascularization of the European Society of Cardiology (ESC) and the European Association for Cardio-Thoracic Surgery (EACTS)

Subset of CAD by anatomy	Favours CABG	Favours PCI
1VD or 2VD - non-proximal LAD	IIb C	I C
1VD or 2VD - proximal LAD	I A	IIa B
3VD simple lesions, full functional revascularisation achievable with PCI, SYNTAX score $\leq 22$	I A	IIa B
3VD complex lesions, incomplete revascularisation achievable with PCI, SYNTAX score $> 22$	I A	III A

Classes of recommendations	Definition	Level of evidence	Data derived from multiple randomized clinical trials or meta-analyses.
<b>Class Ia</b>	<i>Weight of evidence/opinion is in favour of usefulness/efficacy.</i>	<b>Level of evidence A</b>	Data derived from multiple randomized clinical trials or meta-analyses.
<b>Class Ib</b>	<i>Usefulness/efficacy is less well established by evidence/opinion.</i>	<b>Level of evidence B</b>	Data derived from a single randomized clinical trial or large non-randomized studies.
<b>Class III</b>	Evidence or general agreement that the given treatment or procedure is not useful/effective, and in some cases may be harmful.	<b>Level of evidence C</b>	Consensus of opinion of the experts and/or small studies, retrospective studies, registries.



***Based on these data : I can conclude  
at this point my presentation  
No discussion : CABG is preferred in  
patients with intermediate/high  
SYNTAX SCORE***



# The Selection of Patients with Multi-vessel CAD can Improve Outcomes

## Current Guidelines for MVD

Subset of CAD by anatomy	Favours CABG	Favours PCI	Ref.
IVD or 2VD - non-proximal LAD	IIb C	I C	—
IVD or 2VD - proximal LAD	IA	IIa B	30, 31, 50, 51
3VD simple lesions, full functional revascularization achievable with PCI, SYNTAX score $\leq 22$	IA	IIa B	4, 30–37, 53
3VD complex lesions, incomplete revascularization achievable with PCI, SYNTAX score $> 22$	IA	III A	4, 30–37, 53
Left main (isolated or IVD, ostium/shaft)	IA	IIa B	4, 54
Left main (isolated or IVD, distal bifurcation)	IA	IIb B	4, 54
Left main + 2VD or 3VD, SYNTAX score $\leq 32$	IA	IIb B	4, 54
Left main + 2VD or 3VD, SYNTAX score $\geq 33$	IA	III B	4, 54

But, can **YOU** seriously believe **CORONARY ANGIOGRAPHY ?**

Wijns W, *EHJ* 2010;31:2501–2555.



A red boxing glove shown from a side profile, facing left. A red rectangular box is overlaid on the middle of the glove.

**FUNCTIONAL  
REVASCULARIZATION**

**VS**

A red boxing glove shown from a side profile, facing right. A red rectangular box is overlaid on the middle of the glove.

**ANATOMIC  
REVASCULARIZATION**



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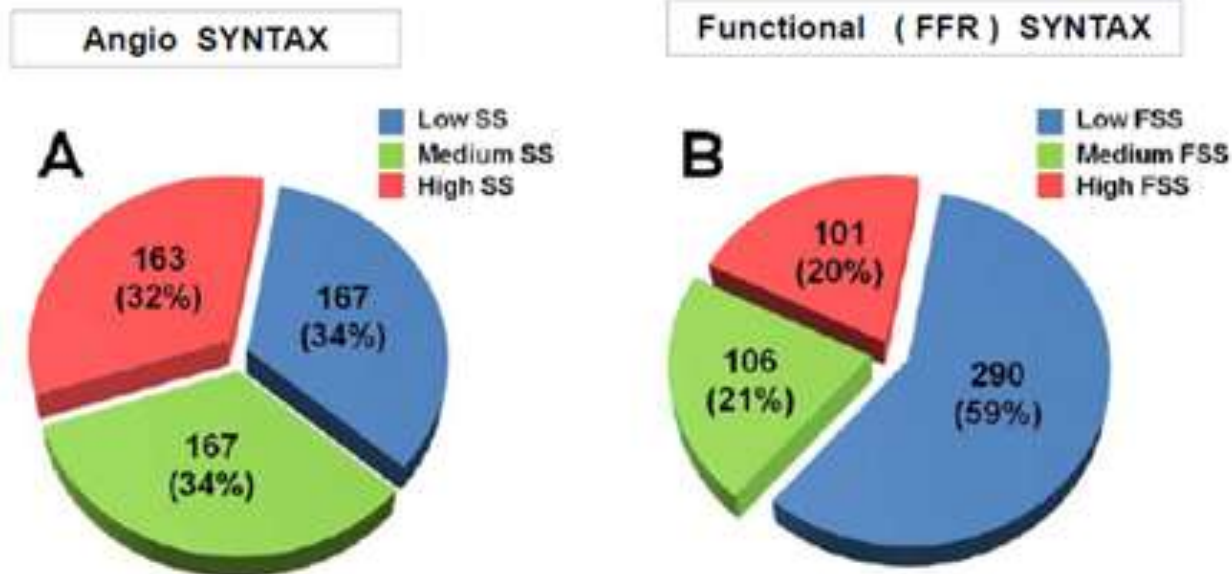
# FUNCTIONAL REVASCULARIZATION

This new approach shed some light on the strategy of PCI treatment in multivessel CAD patients by supporting the evolving paradigm of functionally complete revascularization (ie, **stenting of ischemic lesions and medical treatment of nonischemic lesions**).



# Functional SYNTAX Score

- 497 patients , FFR-guided arm of FAME Study
- 2-3 vessel disease
- Angio Syntax Score : Conventional fashion
- Functional ( FFR) Syntax Score : counting only the lesions with FFR < 0.80



**FFR reclassifies > 30% !**

The mean FSS decreased by ~25% compared to the mean SS

43% of patients with a SS > 22 moved to an FSS < 22

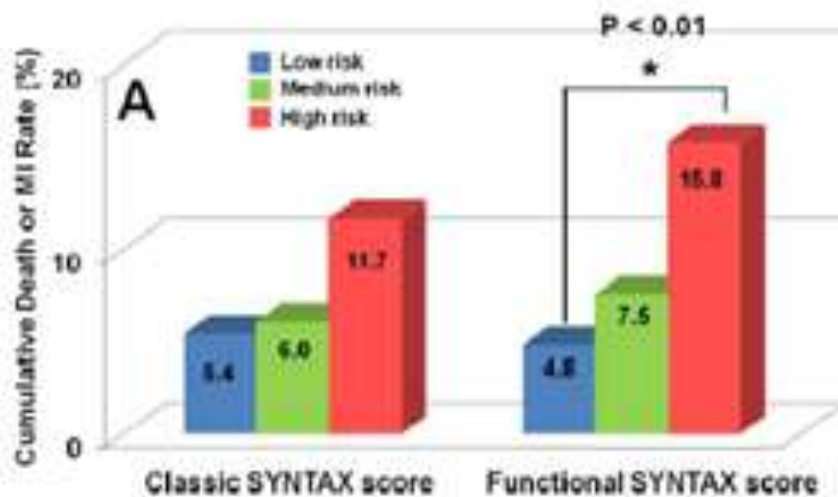
Nam CW, et al. J Am Coll Cardiol 2011;58:1211-8

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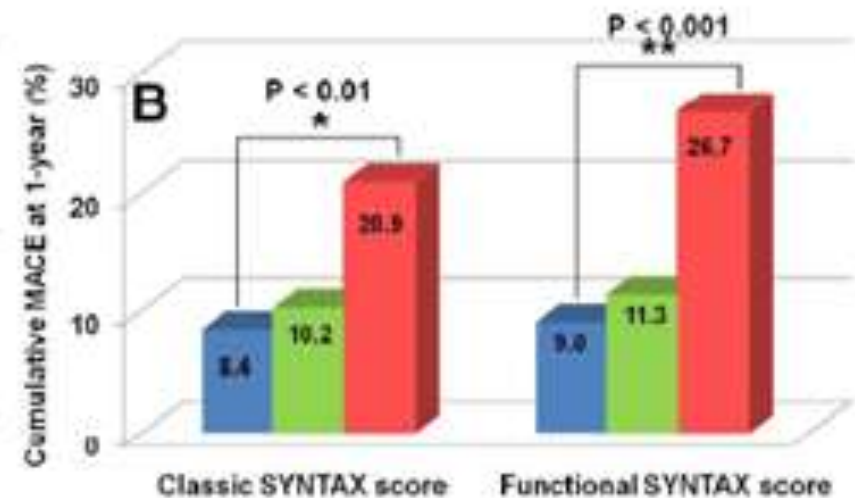


# Functional SYNTAX Score desciminates Risk of Death/MI and Risk of Total MACE

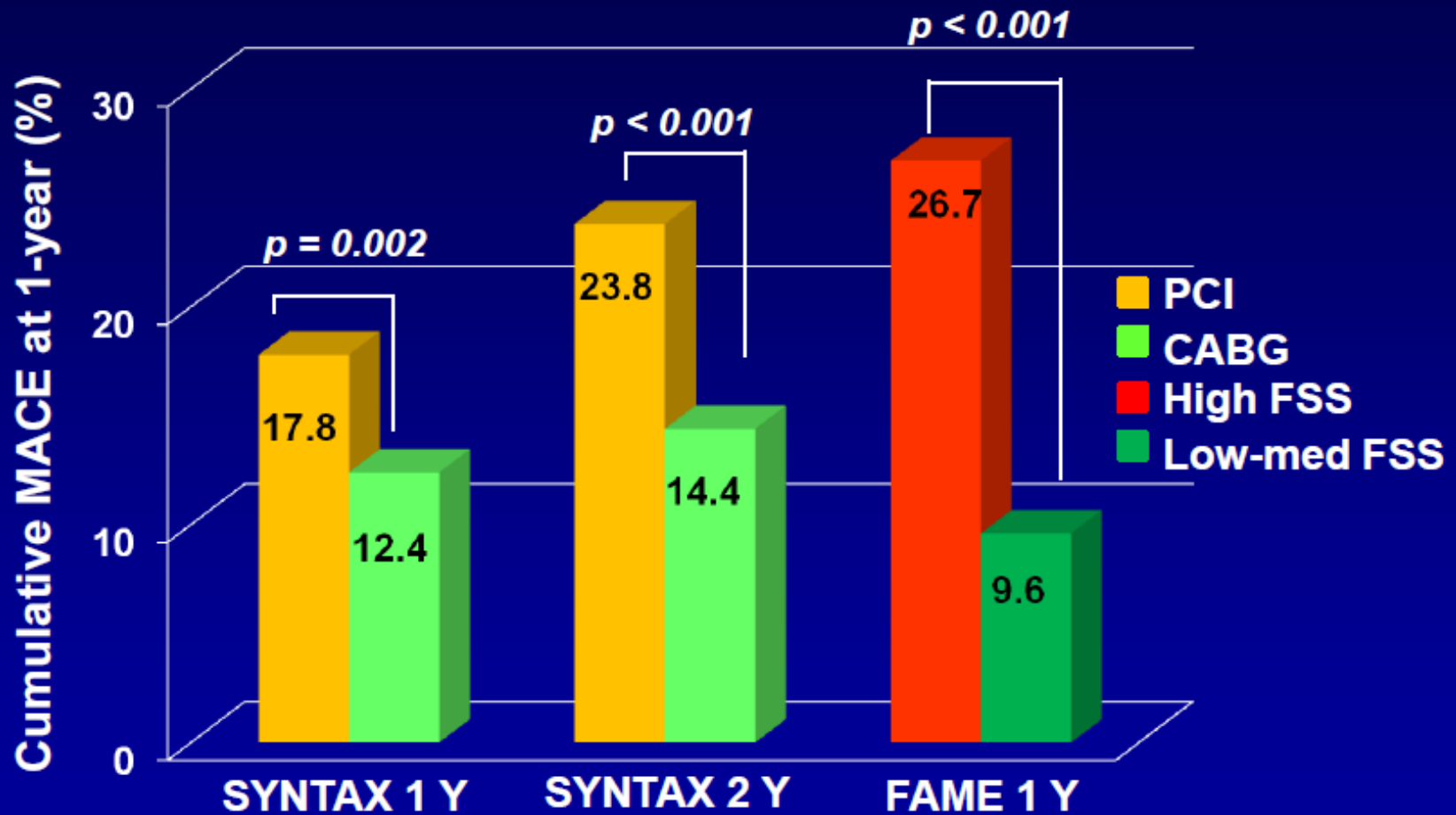
Death / MI



Total MACE



# Outcomes of SYNTAX and FAME



If FFR is applicable in the patients with multi-vessel CAD, **the number of lower-risk patients who usually are recommended PCI can be dramatically increased.**

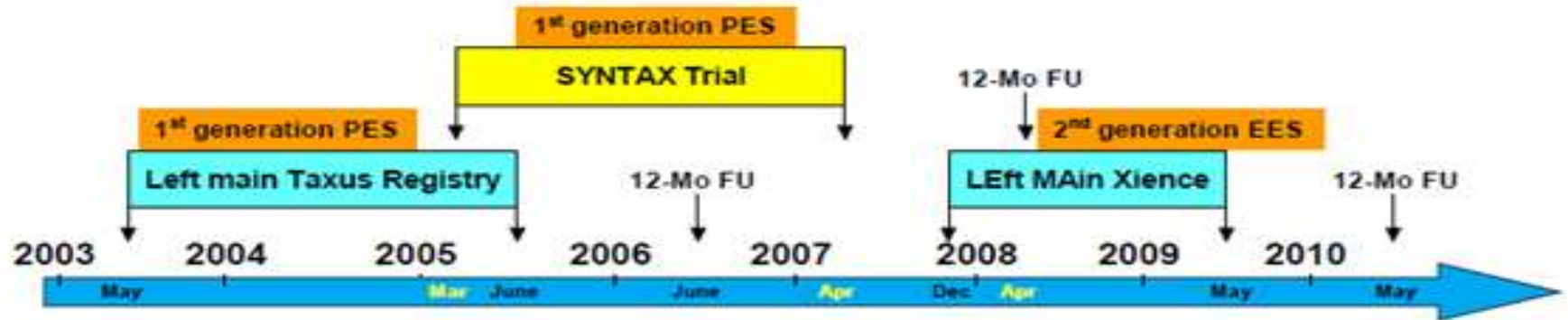
The selection of target vessels, the method for revascularization, and the **determination of prognosis in patients with multi-vessel CAD are improved by FFR-guided risk in daily practice.**



**We may reasonably think that the rate of adverse events might have been in favor of PCI if patients had received newer-generation DES?**



# A Comparison of 12-Months Follow-up After Unprotected Left Main Lesions Stenting Using the Paclitaxel (Taxus) and the Everolimus (Xience)-eluting Stents

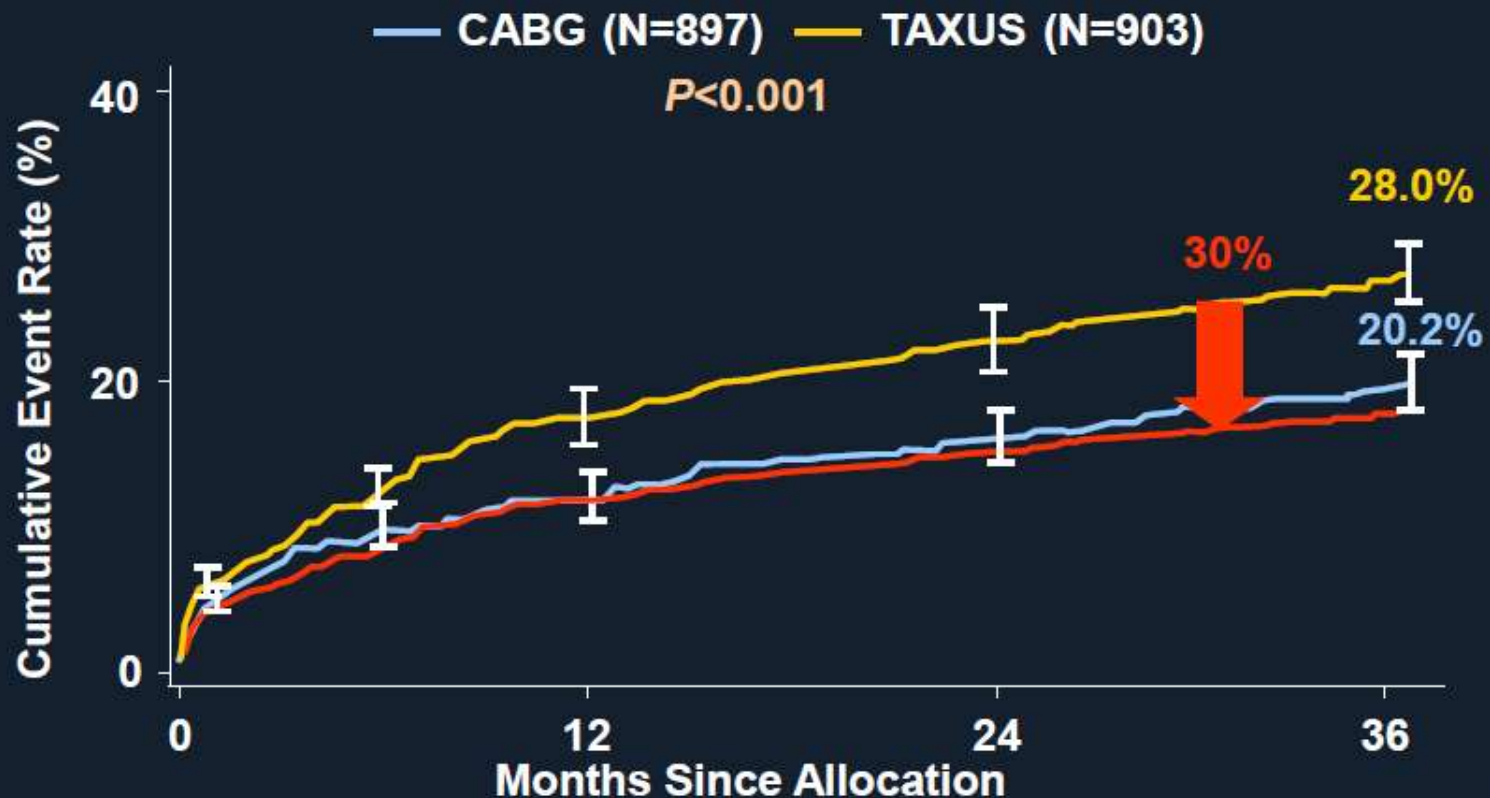


## Composite endpoints

<i>Target Lesion Failure</i>	CD+TVMI+CDTLR	8 (4.6%)	27 (9.3%)	0.033
<b>MACE</b>	All D+ All MI+CDTLR+CABG	12 (6.9%)	36 (12.4%)	0.031



# Potential SYNTAX MACCE with 2<sup>nd</sup> Gen DES



Cumulative KM Event Rate  $\pm$  1.5 SE; log-rank  $P$  value; \* Binary rates  
Event Rate  $\pm$  1.5 SE. \* Fisher's Exact Test

ITT population



# Role of Experience

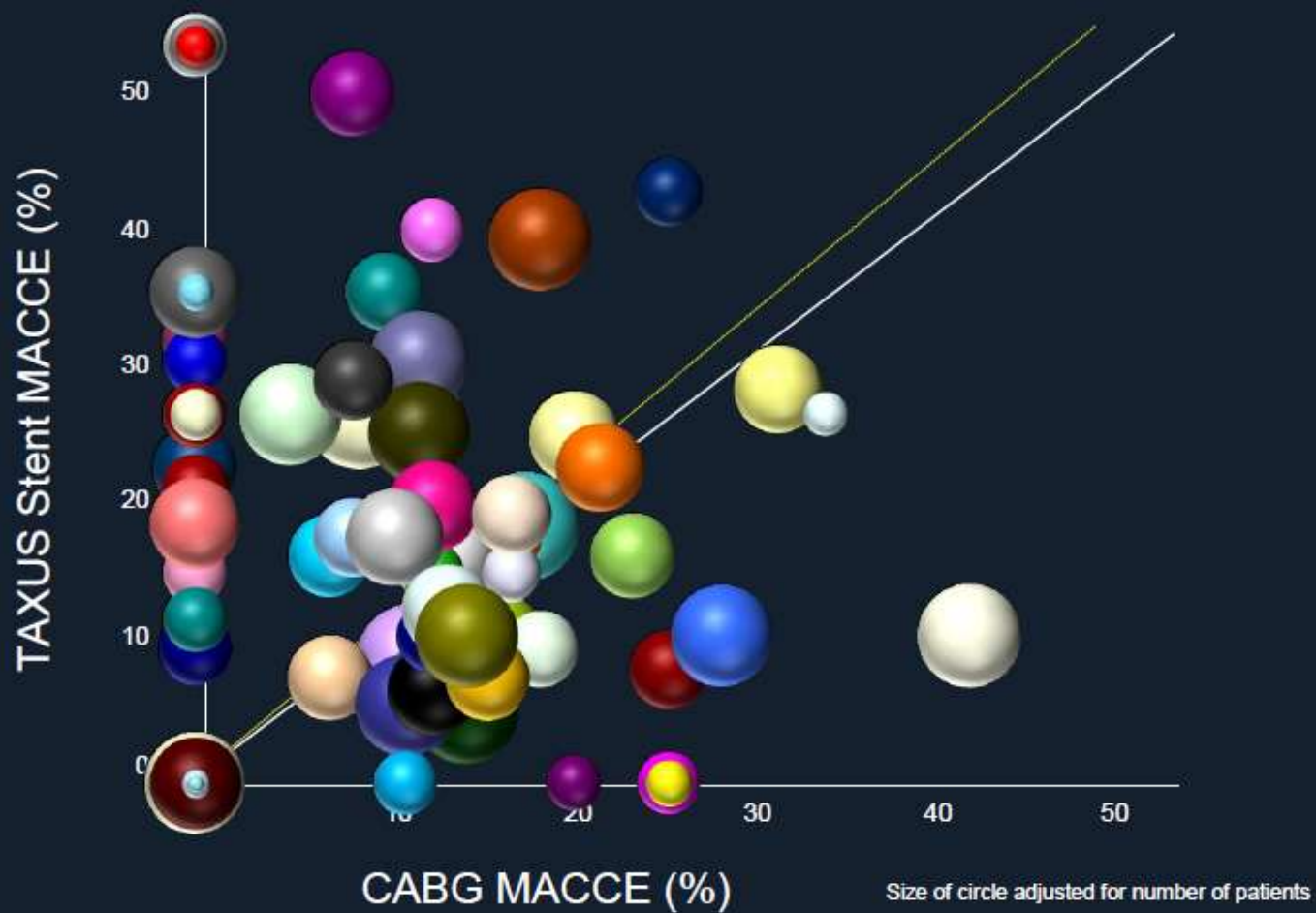


**Operator or device dependent ?**



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# SYNTAX: One-year MACCE Rates by Site



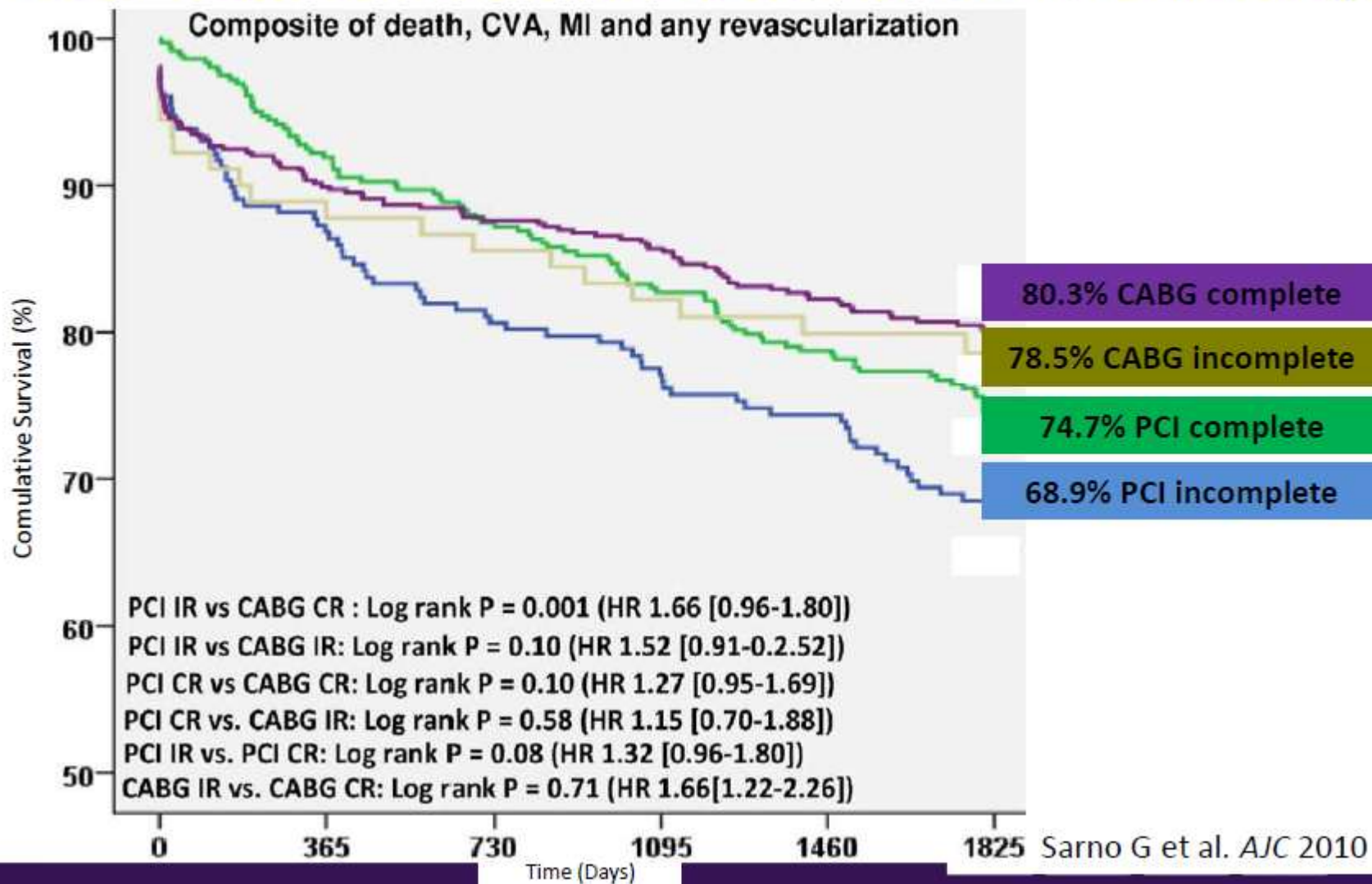
# Definitions of Complete Revascularization

Ong AT, Serruys PW. *Circulation* 2006

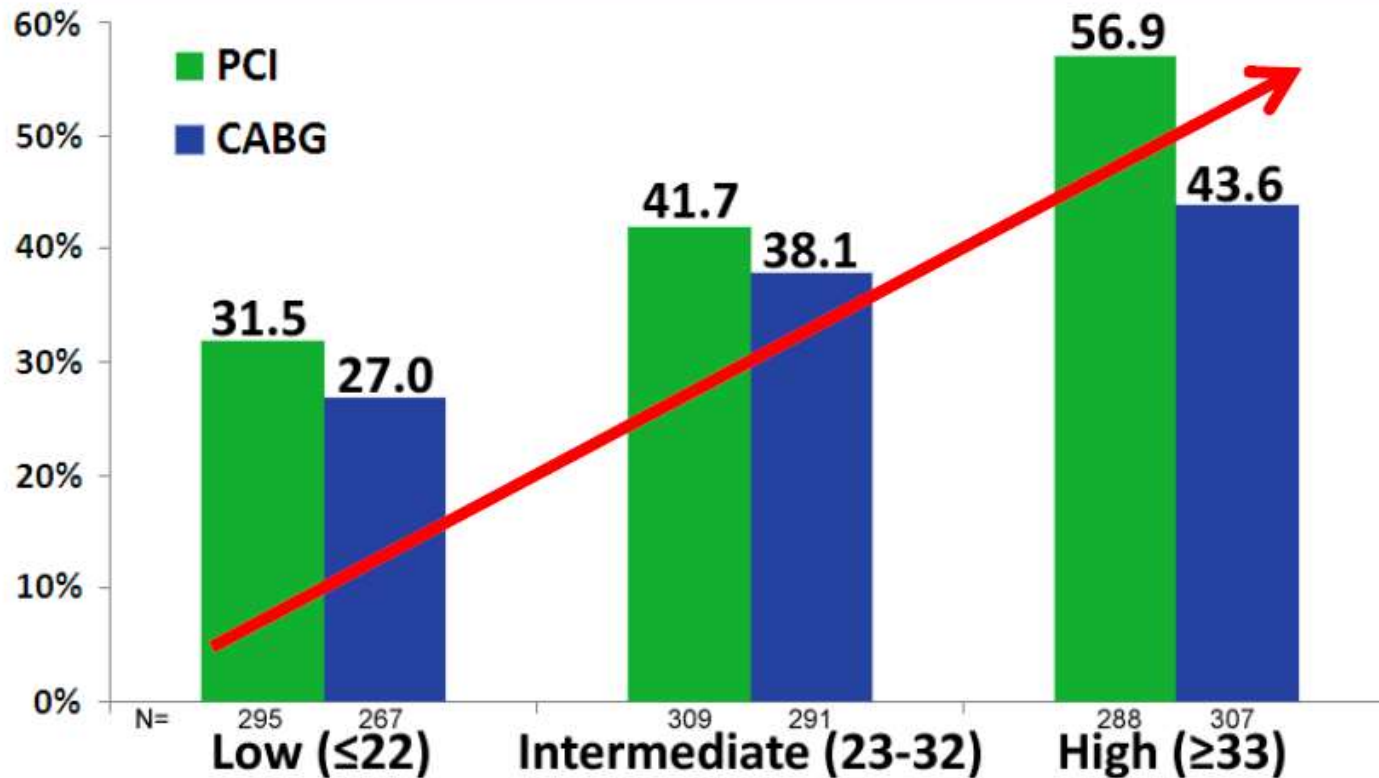
REVASCULARIZATION	DEFINITION
<b><i>Complete anatomic revascularization</i></b>	
Unconditional	All stenotic vessels are revascularized, irrespective of size and territory supplied
Conditional	All stenotic vessels greater than a defined diameter are revascularized OR All stenotic main-branch vessels are revascularized
<b><i>Complete functional revascularization</i></b>	All ischemic myocardial territories are reperfused; areas of old infarction with no viable myocardium are not required to be reperfused
<b><i>Complete numeric revascularization</i></b>	The number of stenotic vessels must equal the number of distal anastomoses
<b><i>Complete revascularization by a predetermined scoring cutoff value</i></b>	Scoring of stenoses in different vessels at different locations. The overall extent of disease is a continuous variable, the treatment is another variable, and the post-treatment score determines completeness of revascularization
Anatomic	Irrespective of viable myocardium
Functional	Jeopardy score: The post-revascularization score is calculated on the basis of the amount of remaining myocardium at risk



# Impact of Completeness of Revascularization on the 5-Year Outcome in PCI and CABG (from the ARTS-II Study)



# Incomplete revascularization according to SYNTAX score



PCI → 43% (388/896)

CABG → 37% (320/870)

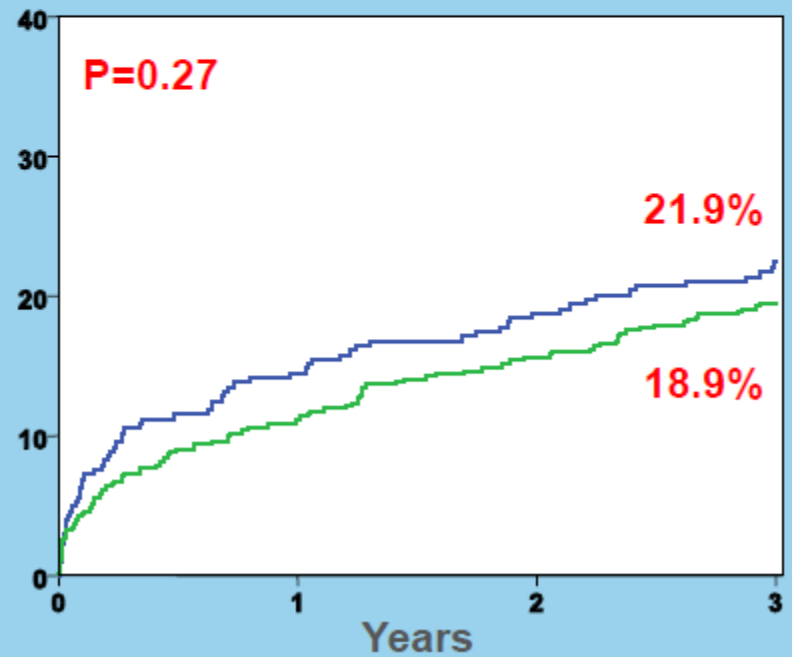
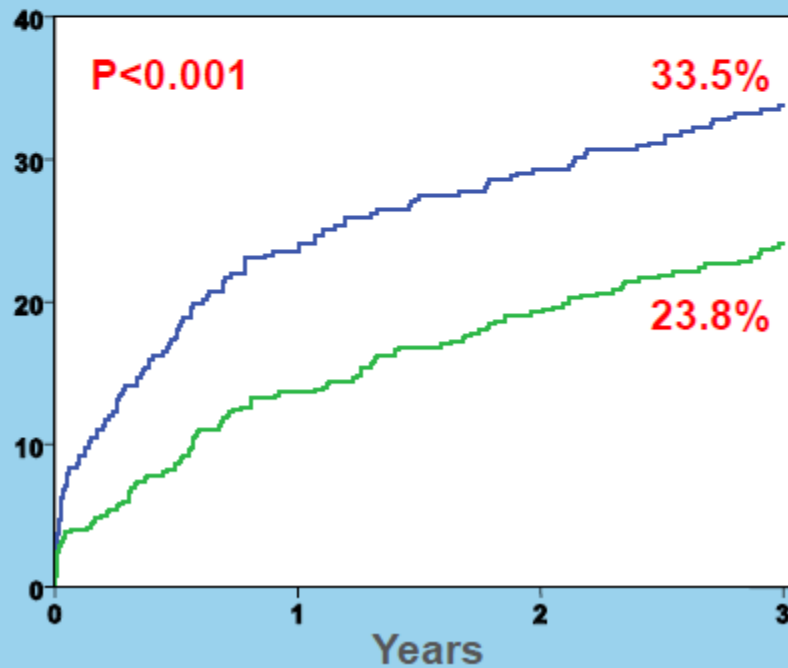


# 3-year MACCE

— Incomplete  
— Complete

## PCI

## CABG



# Unmeasured Confounders

## *Frailty Assessment Not Captured*

Patient A



vs.

Patient B



Same age and predicted risk  
One passes the “eyeball test” – one does not



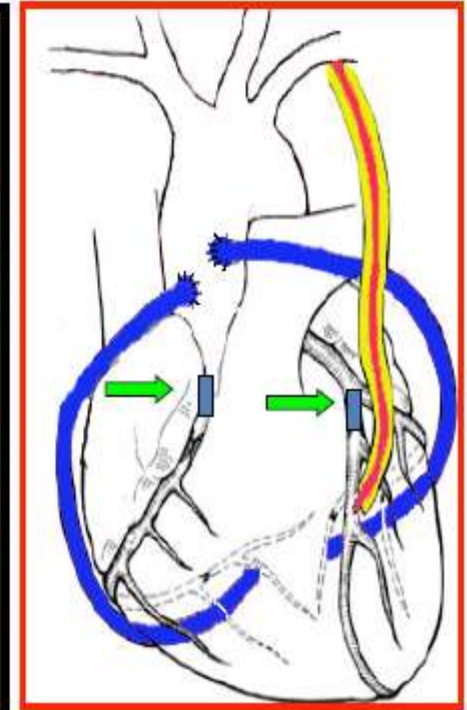
## Fundamental Question

WHY DOES CABG HAVE SUCH A SURVIVAL BENEFIT OVER PCI ?

Anatomically, atheroma is mainly located in the proximal coronary arteries

During CABG placing bypass grafts to the **MID CORONARY VESSEL** has **TWO** effects

- (i) treats the '**CULPRIT**' lesion (of ANY complexity)
- (ii) over the long term, CABG offers prophylaxis against **FUTURE** 'culprit' lesions by protecting whole zones of vulnerable proximal myocardium in diffusely unstable coronary endothelium
- In contrast, PCI with stents (||) only treats '**SUITABLE**' localised proximal 'culprit' lesions but has **NO PROPHYLACTIC BENEFIT** against new disease (proximal to, within or distal to the stent) which nullifies the benefit of the stent



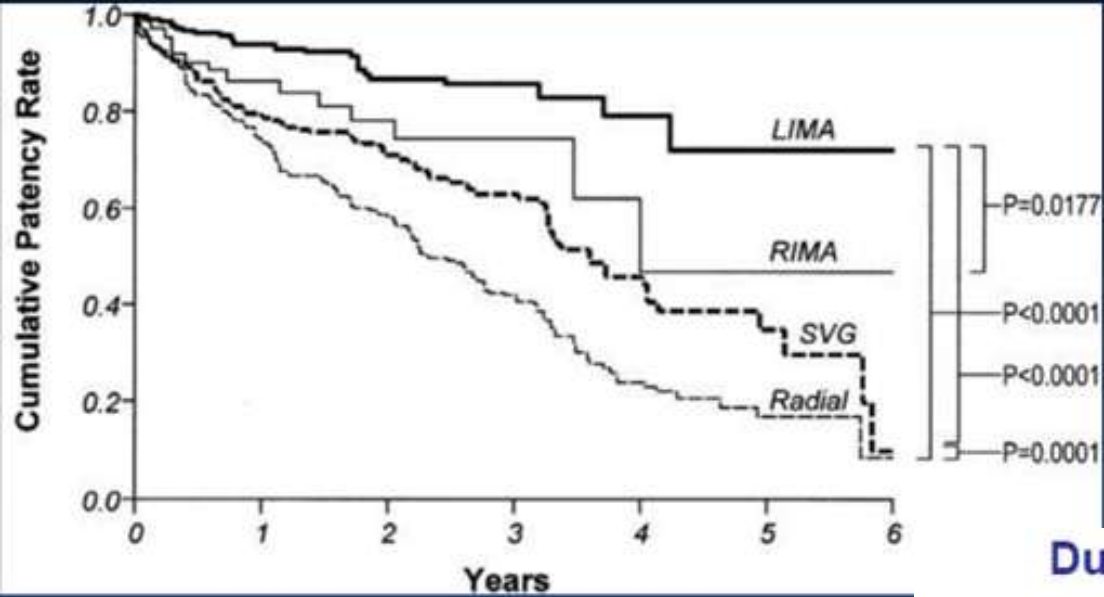
2. PCI means incomplete revascularization (Hannan Circ 2006)

- Of 22,000 PCI 69% had incomplete revascularization
- >2 vessels (+/- CTO) HR for mortality 1.4 (95% CI = 1.1-1.7)

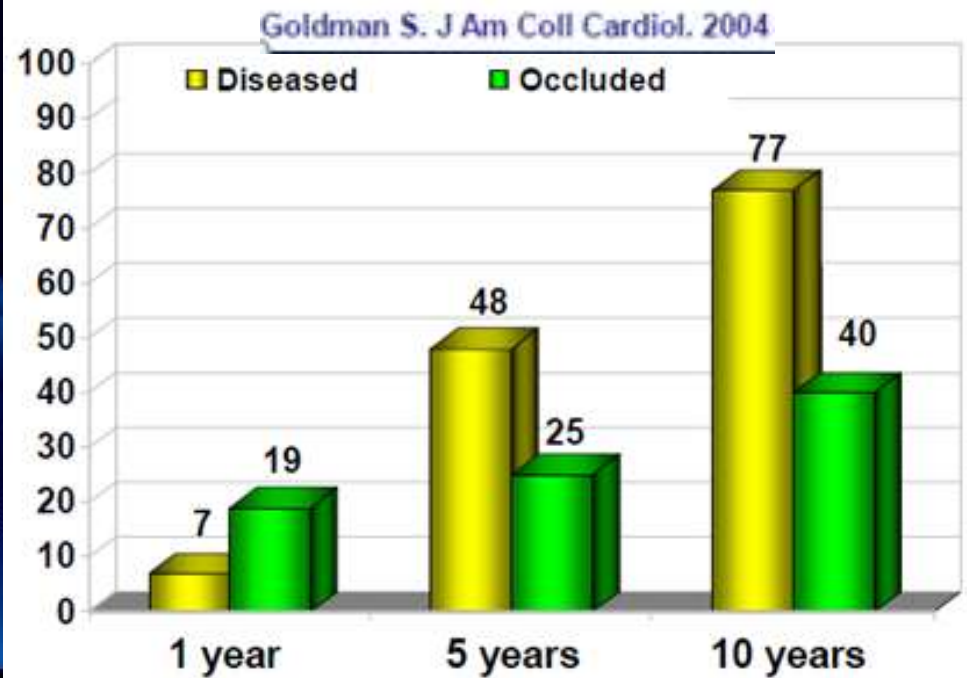
PCI will 'never' match the results of CABG for LM/MVD (POBA;BMS;DES)



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## Durability of Saphenous Vein Grafts



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# PREVENT IV Trial



Event	No./Total (%)		OR (95% CI)	P Value
	Edifoligide	Placebo		
Per patient				
Vein graft failure	436/965 (45.2)	442/955 (46.3)	0.96 (0.80-1.14)	.66
Vein graft occlusion	403/964 (41.8)	397/951 (41.7)	1.00 (0.84-1.20)	.97
Per vein graft				
Vein graft failure	650/2303 (28.5)	671/2254 (29.7)	0.94 (0.80-1.10)	.44
Vein graft occlusion	601/2295 (26.1)	597/2242 (26.5)	0.98 (0.83-1.15)	.83
Internal thoracic artery graft failure	69/809 (8.5)	60/784 (7.6)	1.12 (0.78-1.61)	.53

Abbreviations: CI, confidence interval; OR, odds ratio.

\*Data were available for 1920 of the 2400 angiographic cohort patients. Per vein graft percentages are adjusted for inpatient correlation.

**By 12 months ¼ of SVG's are occluded; 40% of patients had at least one occluded SVG**

TCT2011

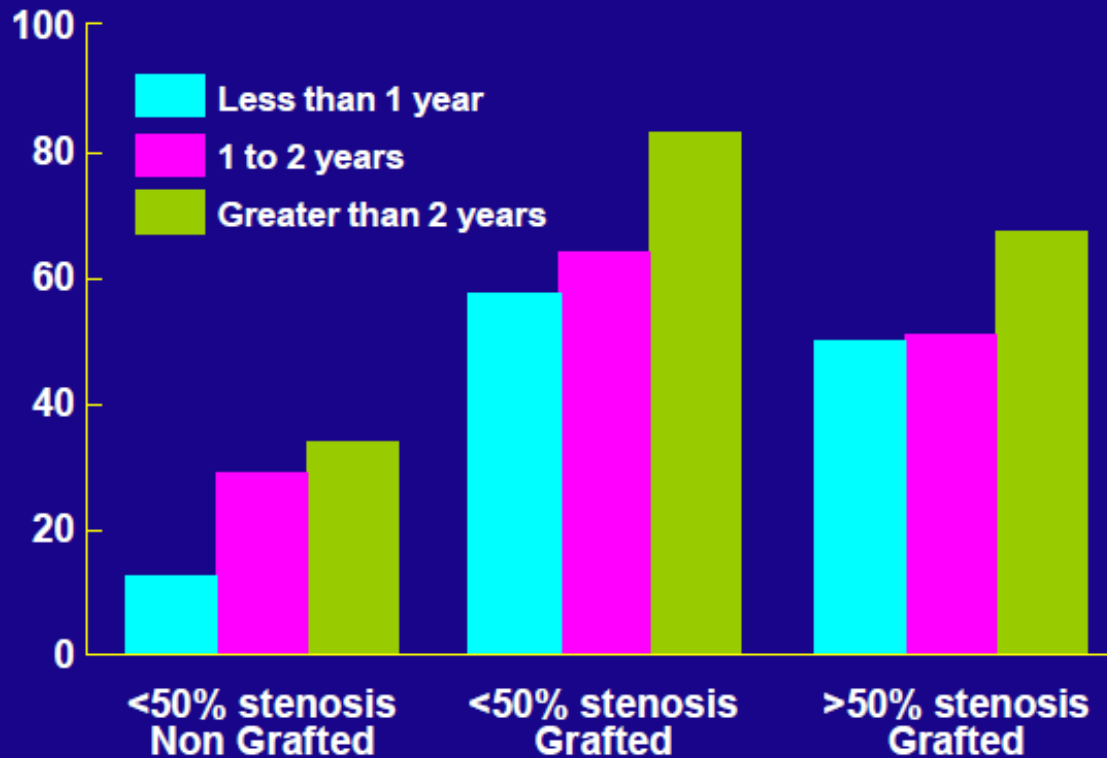
EUROPEAN  
CARDIOVASCULAR  
RESEARCH ASSOCIATION  
#EuropeanResearch



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# Percent of Native Arteries with Progression

----- Cosgrove et al. Cleveland Clinic; J Thorac and Cardiovasc Surg 82:520-530, 1981



Progression (> 20% decrease in MLD) of atherosclerosis in native vessels was accelerated by vein grafts and occurred in over 50% of native vessels within 2 years of surgery



**You Can Call Me Now...**

**...Or You Can Call Me Later**

## Vein graft failure profoundly increased death, MI and revascularization

**Table 5.** Clinical Event in Patients by Vein Graft Failure Status

Type of Event	No./Total (%) of Patients	
	Vein Graft Failure (n = 878)	No Vein Graft Failure (n = 1042)
Perioperative MI in CABG surgery	118 (13.4)	71 (6.8)
Death or MI*	122 (13.9)	9 (0.9)
Death, MI,* or revascularization	228 (26.0)	19 (1.8)

Abbreviations: CABG, coronary artery bypass graft; MI, myocardial infarction.

\*Not including perioperative MI in CABG surgery.

**Saphenous vein graft failure**  
**+ Native disease acceleration**  
**= A very difficult day for the**  
**Interventional cardiologist!**



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# Joint ESC/EACTS Guidelines for Myocardial Revascularization 2010

## 4.1 Patient Information

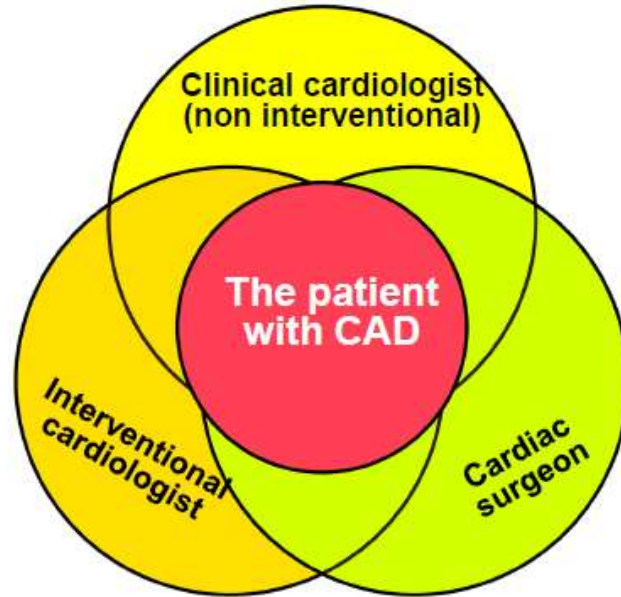
Patient information needs to be objective and unbiased, patient orientated, evidence based, up-to-date, reliable, understandable, accessible, relevant and consistent with legal requirements. **Informed consent requires transparency, especially if there is controversy about the indication for a particular intervention. Specialty bias and self referral should not interfere with the process.**

## 4.2 Multidisciplinary decision making (Heart Team)

The creation of a Heart Team serves the purpose of a balanced multidisciplinary decision process. **Standard protocols compatible with the current Guidelines may be used to avoid the systematic need for case-by-case review of all diagnostic angiograms.**

	Class	Level
It is recommended that patients be adequately informed about the potential benefits and short- and long-term risks of a revascularisation procedure. Enough time should be spared for informed decision making.	I	C
The appropriate revascularisation strategy in patients with MVD should be discussed by the Heart Team.	I	C

# The Heart Team



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## Patient information and consent



**When asked, most patients will prefer the less invasive PCI over surgery**



# Risk/benefit tradeoff

Quantification of a level of risk that a patient would be willing to accept to maintain his present functional state.



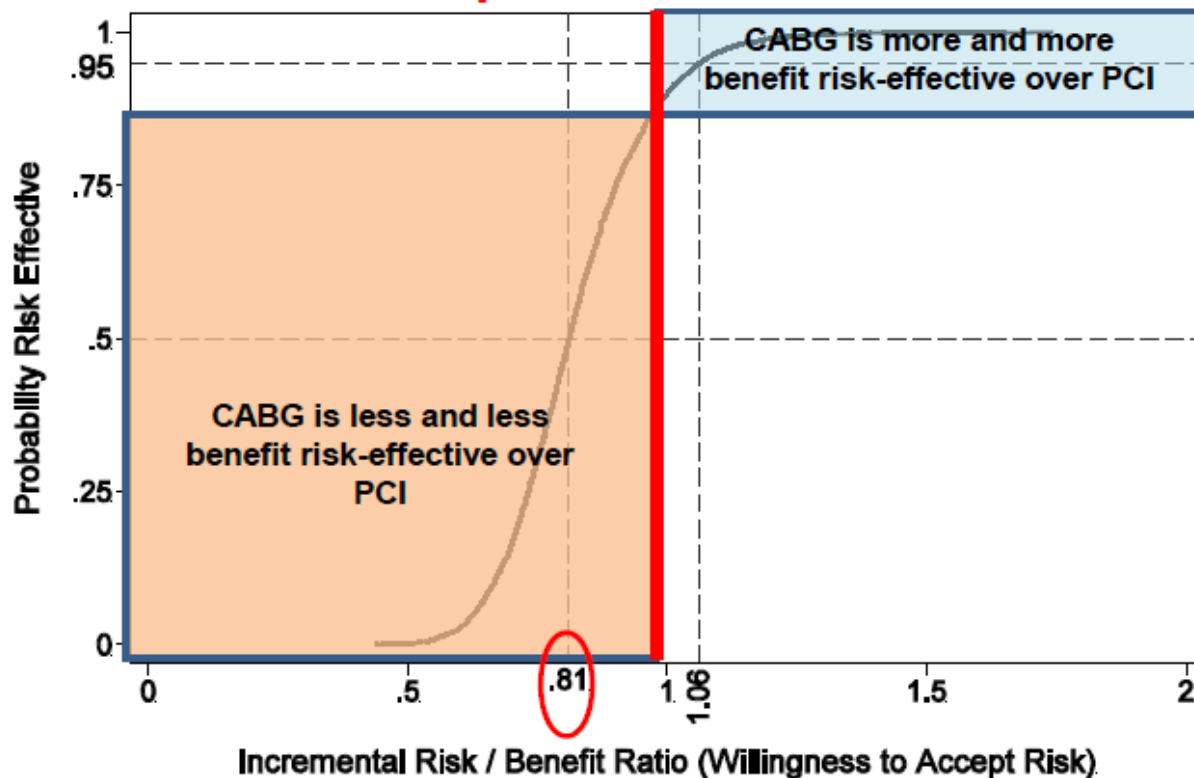
# Risk/benefit tradeoff

For some, exchanging the increased risk of repeat PCI or CABG to obtain short-term pain relief and a rapid return to full mobility will be acceptable, whereas others may prefer to endure short-term pain to obtain a higher probability of avoiding a subsequent revascularization.

Consequently, from the patient's perspective, **the balance between these conflicting considerations appears to play a crucial role in the identification of the preferred revascularization strategy.**



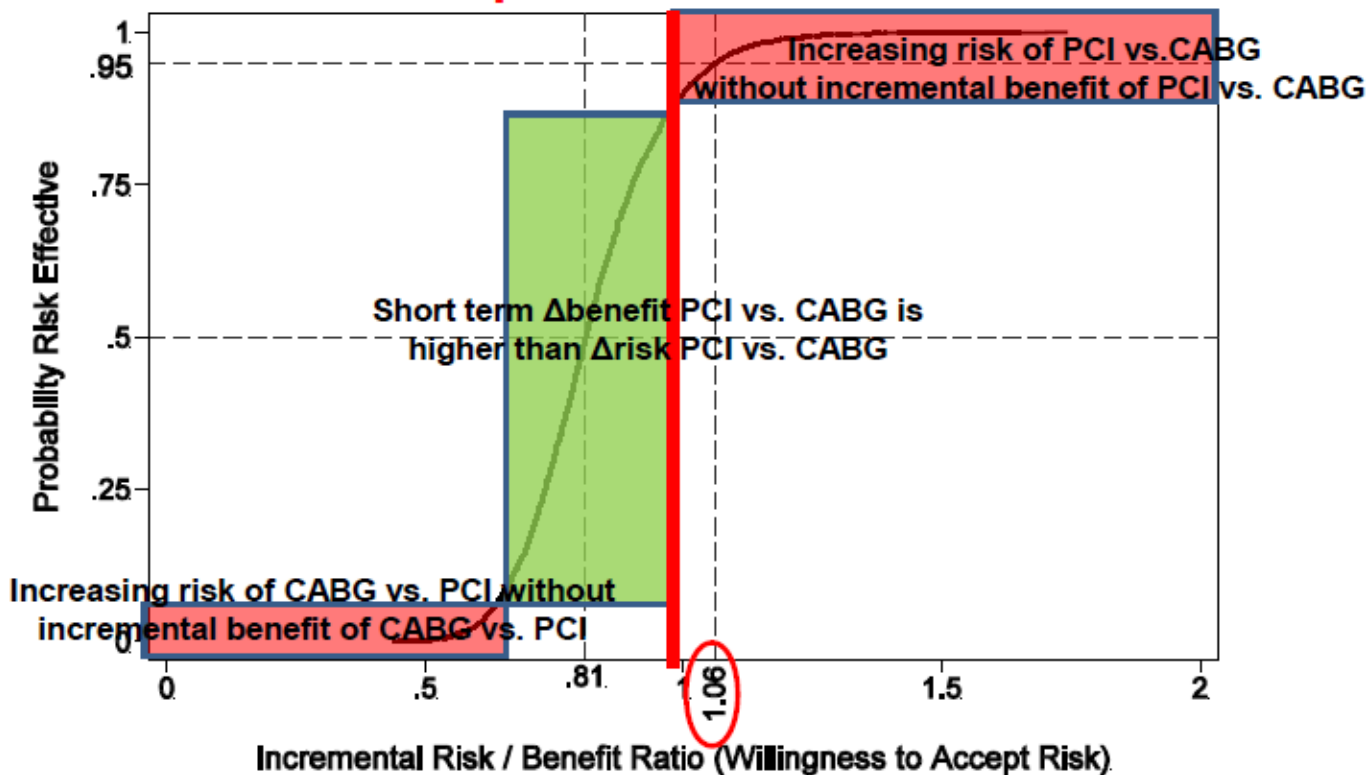
## Risk benefit acceptability curve for incremental risk of additional revascularization within 3 years vs. freedom from pain at 1 month



In ARTS I, PCI patient or his/her physician faced a risk of 0.81 additional revascularization events over 3 years in exchange for being pain-free at one month



## Risk benefit acceptability curve for incremental risk of additional revascularization within 3 years vs. freedom from pain at 1 month



A patient or his/her physician would need to be willing to tolerate a risk of 1.06 additional revascularization at 3 ys PCI over CABG in order to be 95% confident that choosing PCI over CABG is risk-effective





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# EXCEL: Study Design

Draft design

**4000 pts with left main disease**

SYNTAX score  $\leq 32$   
Consensus agreement by heart team

**Yes**  
(N=2500)

No  
(N=1500)

PCI and CABG registries  
(limited in-hosp data)

**PCI (Xience Prime)**  
(N=1250)

**CABG**  
(N=1250)

Clinical follow-up: 30 days, 6 months, yearly through 5 years

This trial design has not yet been reviewed by the FDA and is subject to change.

## ASCERT Study

ACCf-STs Collaboration on the Comparative Effectiveness of Revascularization Strategies

NHLBI, NIH funded STS Database & NCDR linkage [15M pts]; CMS 100% denominator file data

■ 3-5 yr results of PCI, CABG

- Death rates
- Repeat revascularization
- Rehospitalizations
- Presentation of new cardiac disease conditions
- Medication requirements at various time points

PI's: William Weintraub (NCDR), Fred H. Edwards (STS Database)

Stable patients scheduled for one-, two- or three vessel DES stenting

FFR in all indicated stenoses

There is at least one Stenosis With FFR  $\leq 0.80$

There is no Stenosis with an FFR  $\leq 0.80$

1:1 Randomization

PCI+OMT

OMT

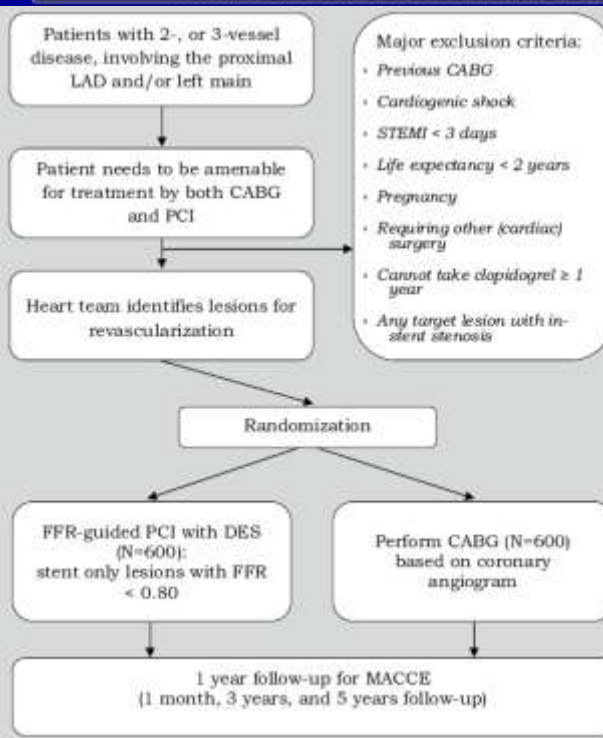
OMT

**Cohort A**

**Cohort B**

**FAME II**

Follow-up after 1, 6 months, 1, 2, 3, 4, and 5 years



**FAME III**

**CABG**

**VS**

**FFR-guided PCI**

# Guidelines on myocardial revascularization

ACC/SCA/STS/AATS/AHA/ASNC



## The Future...?



Subset of CAD by anatomy

Favours CABG

Favours PCI

**LOW GLOBAL RISK**

EuroSCORE	Global Risk		
	SYNTAX Score		
	<23	23-32	>33
0-2	LOW	LOW	INT
3-5	LOW	INT	INT
6-8	INT	INT	HIGH

LOW: SYNTAX Score < 23 & EuroSCORE < 3  
 INT: SYNTAX Score 23-32 & EuroSCORE 3-8  
 HIGH: SYNTAX Score > 33 & EuroSCORE > 8

I A

**I B**

**INTERMEDIATE GLOBAL RISK**

I A

III B

**HIGH GLOBAL RISK**

I A

III B

Classes of recommendations	Definition	Level of evidence	Data derived from multiple randomized clinical trials or meta-analyses.
<b>Class I</b>	Evidence and/or general agreement that a given treatment or procedure is beneficial, useful, effective.	<b>Level of evidence A</b>	Data derived from multiple randomized clinical trials or meta-analyses.
<b>Class II</b>	Conflicting evidence and/or a divergence of opinion about the usefulness/efficacy of the given treatment or procedure.	<b>Level of evidence B</b>	Data derived from a single randomized clinical trial or large non-randomized studies.
<i>Class IIa</i>	<i>Weight of evidence/opinion is in favour of usefulness/efficacy.</i>	<b>Level of evidence C</b>	Consensus of opinion of the experts and/or small studies, retrospective studies, registries.
<i>Class IIb</i>	<i>Usefulness/efficacy is less well established by evidence/opinion.</i>		
<b>Class III</b>	Evidence or general agreement that the given treatment or procedure is not useful/effective, and in some cases may be harmful.		



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## In Making the decision, consider

- What is the Syntax score?
- Can we achieve complete revascularization?  
Is revascularization of an occluded RCA important?
- Are the vessels heavily calcified?
- Is the patient a diabetic?
- Do co-morbid considerations make the patient a poor candidate for CABG?
- Will/can patient take antiplatelet therapy?
- Patient's willingness



# Our experience in patients with 3-vessel disease

## 114 consecutive patients

Mean age 63 years (range: 37 to 83 years).

Average stented length per patient was  $86.6 \pm 28.9$ mm

Clinical follow-up was available from 109 patients and during a period of  $31.3 \pm 19.3$  months (range: 4 to 68 months) there were:

- ❖ 3 (2.6%) non-cardiac deaths
- ❖ 1 (0.9%) patient died ten days after the index PCI, due to probable stent thrombosis
- ❖ 4 (3.5%) patients underwent repeat percutaneous revascularisation
- ❖ 1 (0.9%) patient underwent CABG

**TOTAL MACCE: 8,25%**

Presented at ICE 2010

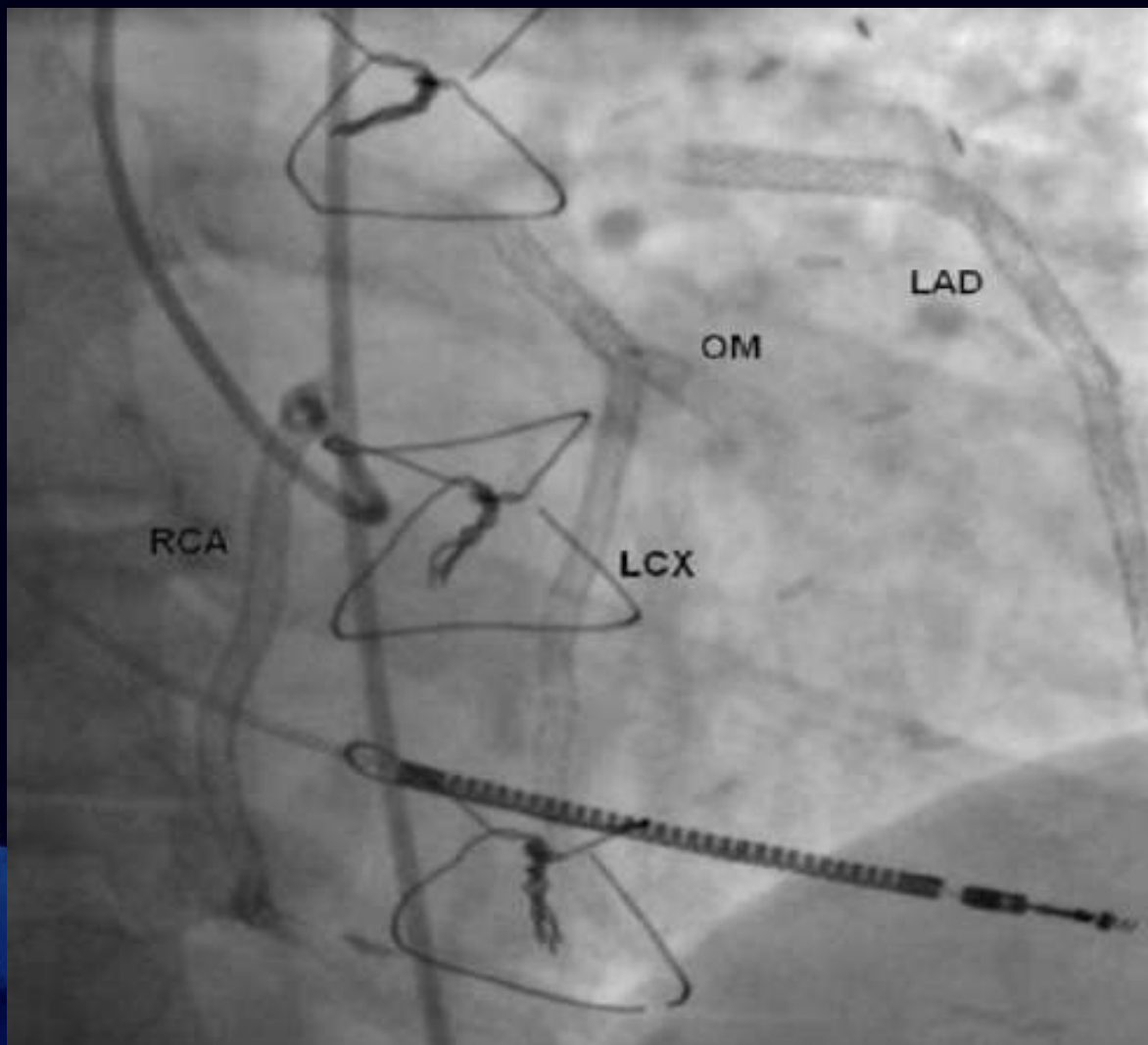
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# Stent vs CABG

No one claim that PCI can replace CABG in all patients with LM/multi-vessel disease. I believe that we will find a selected group of patients who will do absolutely fine or even better with PCI and a subset of patients who will do better with bypass surgery.





**Thank you for your attention**



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