



ΚΑΡΔΙΟΛΟΓΙΚΗ ΕΤΑΙΡΕΙΑ
ΒΟΡΕΙΟΥ ΕΛΛΑΔΟΣ

14ο Σεμινάριο Ηχοκαρδιογραφίας

20-21 Ιανουαρίου 2012

Nikorolis Hotel / Θεσσαλονίκη

...καλησπέρα σας



ΚΑΛΗ ΧΡΟΝΙΑ!!!

ΣΠΙΝΘΗΡΟΓΡΑΦΗΜΑ ΚΑΡΔΙΑΣ ΚΑΙ ΕΠΑΝΑΙΜΑΤΩΣΗ ΤΟΥ ΜΥΟΚΑΡΔΙΟΥ

Αργύριος Δούμας

Επίκουρος Καθηγητής Πυρηνικής Ιατρικής Α.Π.Θ.



19:00 – 20:30 ΣΤΡΟΓΓΥΛΟ ΤΡΑΠΕΖΙ

Νεότερες τεχνικές στην απεικόνιση του μυοκαρδίου και στεφανιαίων αγγείων

Πρόεδρος: **Π. Γκελερής**

3-D ηχοκαρδιογραφία: Ο ρόλος της στην επεμβατική καρδιολογία / **Β. Νινιός**

Σπινθηρογράφημα καρδιάς και επαναιμάτωση του μυοκαρδίου / **Α. Δούμας**

Μυοκαρδιακή βιωσιμότητα και μαγνητική τομογραφία / **Γ. Σπανός**

Η αξονική στεφανιογραφία στη χειρουργηθείσα στεφανιαία νόσο /

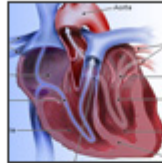
Δ. Χουρμούζη

FDA Safety Changes: Boxed Warning Added to Ultrasound Contrast Agent CME/CE

Clinical Implications

The FDA has changed the safety labeling for perflutren-containing ultrasound contrast agent to indicate that it may uncommonly cause serious cardiopulmonary reactions, anaphylactoid reactions, and even death. Most serious reactions occur within 30 minutes of administration of the agent.

Definity



DEFINITY®
(Perflutren Lipid Microsphere)

WARNING

SERIOUS CARDIOPULMONARY REACTIONS

Serious cardiopulmonary reactions, including fatalities, have occurred uncommonly during or following perflutren-containing microsphere administration [see **WARNINGS AND PRECAUTIONS**]. Most serious reactions occur within 30 minutes of administration.

- Assess all patients for the presence of any condition that precludes DEFINITY® administration [see **CONTRAINDICATIONS**].
- Always have resuscitation equipment and trained personnel readily available.

1. ΟΝΟΜΑΣΙΑ ΤΟΥ ΦΑΡΜΑΚΕΥΤΙΚΟΥ ΠΡΟΪΟΝΤΟΣ

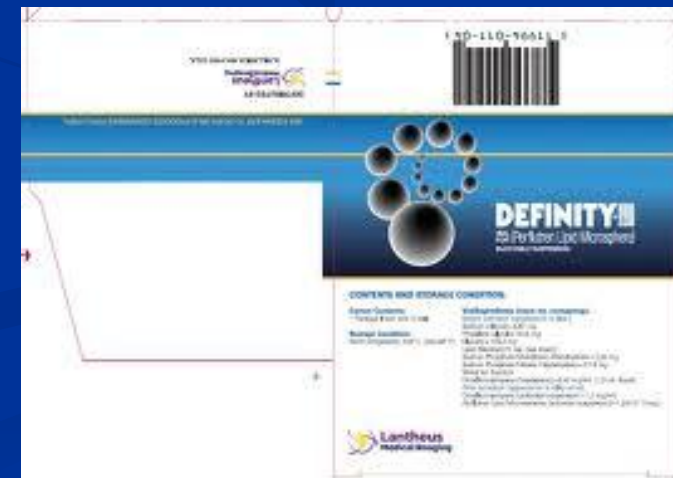
Luminity 150 μικρόλιτρα/ml διάλυμα για διασπορά για ένεση ή έγχυση

2. ΠΟΙΟΤΙΚΗ ΚΑΙ ΠΟΣΟΤΙΚΗ ΣΥΝΘΕΣΗ

Κάθε ml περιέχει μέγιστη ποσότητα $6,4 \times 10^9$ μικροσφαιρίδια λιπιδίων που περιέχουν perflutren, με μέση διάμετρο να κυμαίνεται από 1,1-2,5 μικρόμετρα (μm). Η κατά προσέγγιση ποσότητα αερίου perflutren ανά ml είναι 150 μικρόλιτρα (μl).

Έκδοχο:

Νάτριο 2,679 mg ανά ml



ΑΠΕΙΚΟΝΙΣΗ ΤΗΣ ΣΤΕΦΑΝΙΑΙΑΣ ΝΟΣΟΥ

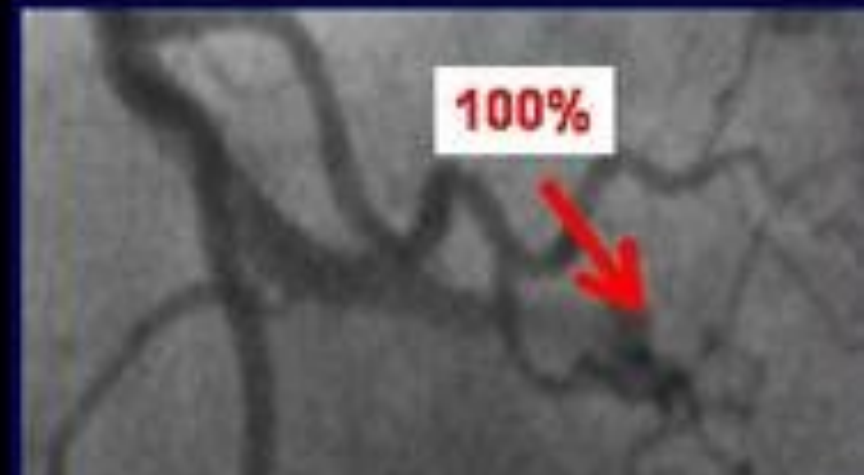
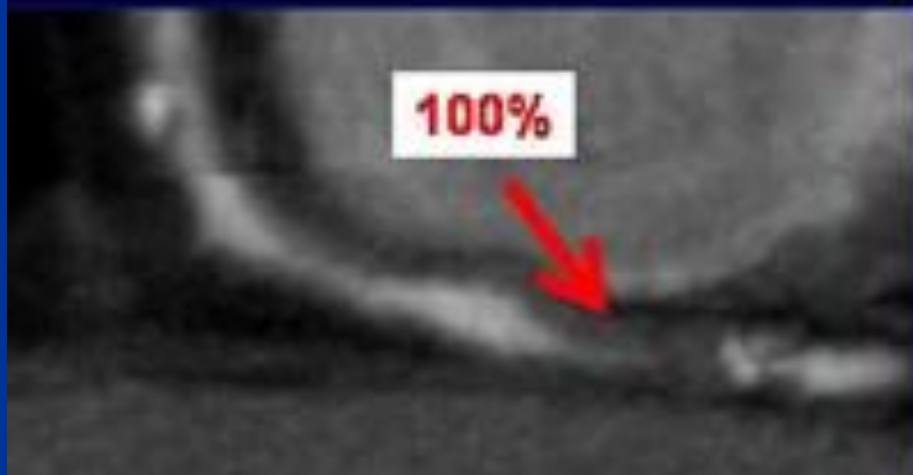
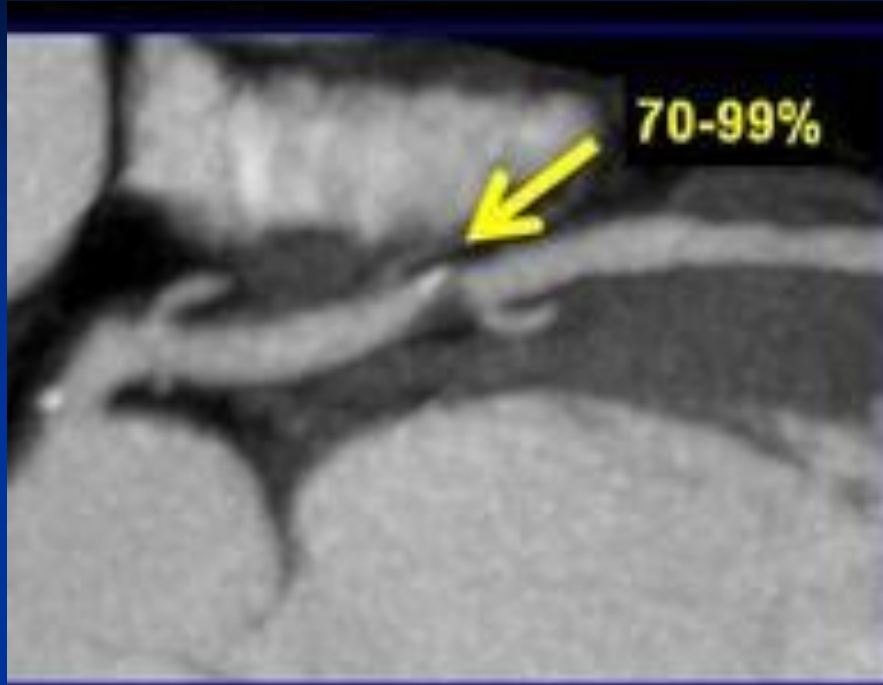
- α. Ανατομική
- β. Λειτουργική

“ΑΥΛΟΛΟΓΙΑ”
(LUMINOLOGY)



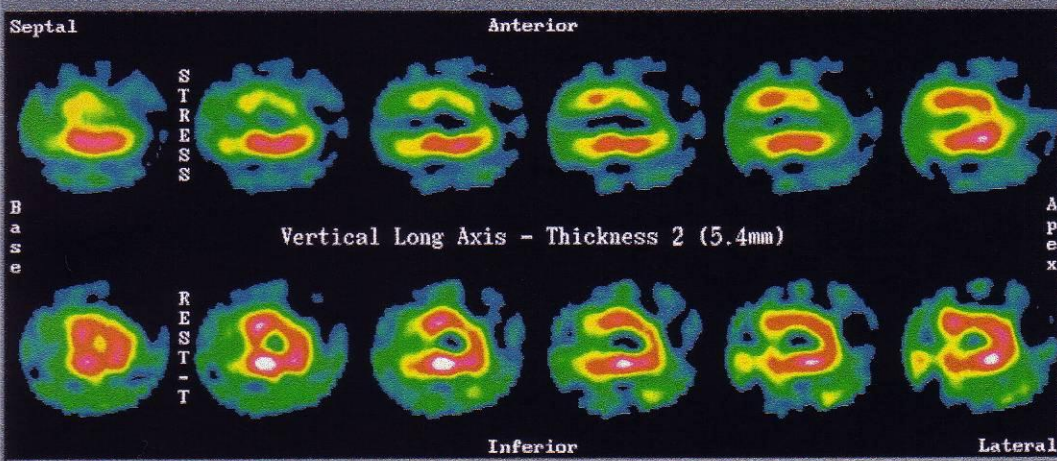
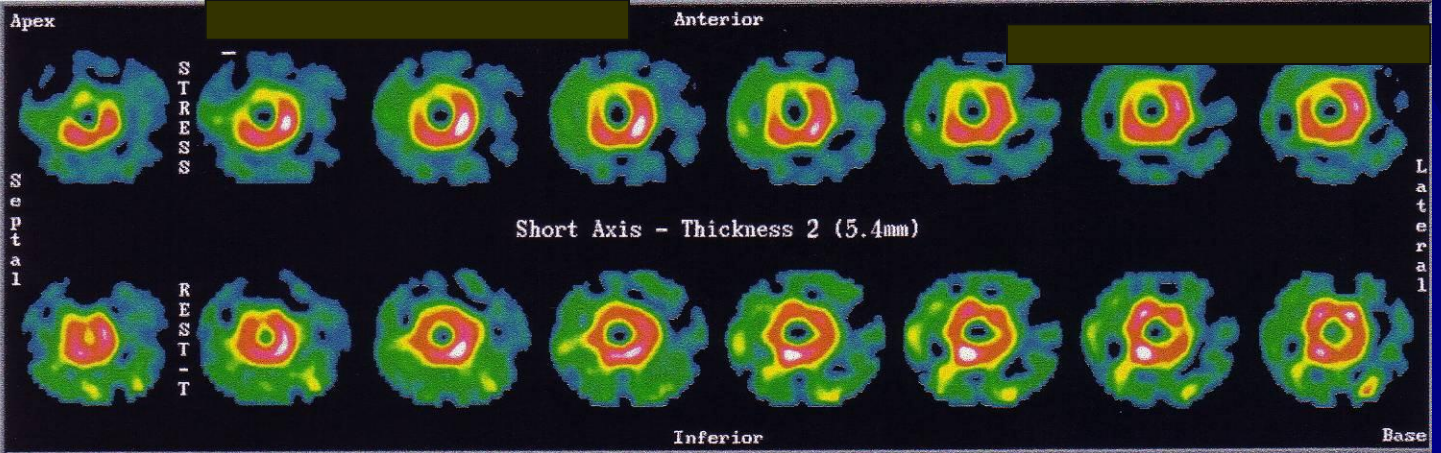
CTA

Στεφανιαία αγγειογραφία



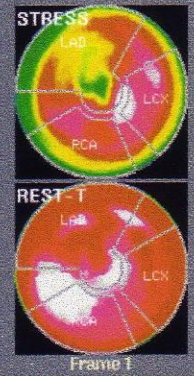
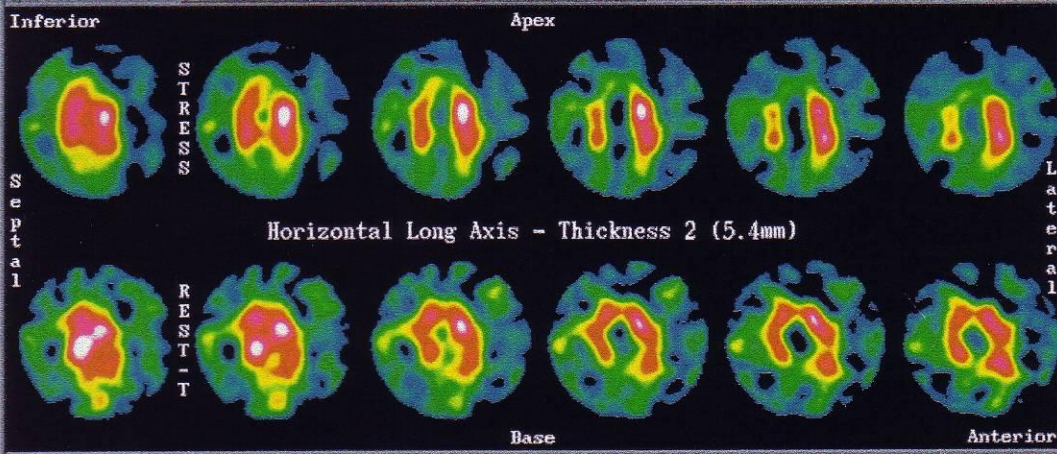
Nuclear Medicine = Functional Art





Depth 0.1 Mag Factor 1.5

Min 50 Max 60 Rate (bpm) 100



Frame 1

ΠΡΙΝ ΚΑΙ ΜΕΤΑ ΤΗΝ ΕΠΑΝΑΙΜΑΤΩΣΗ



"I'll be back!"

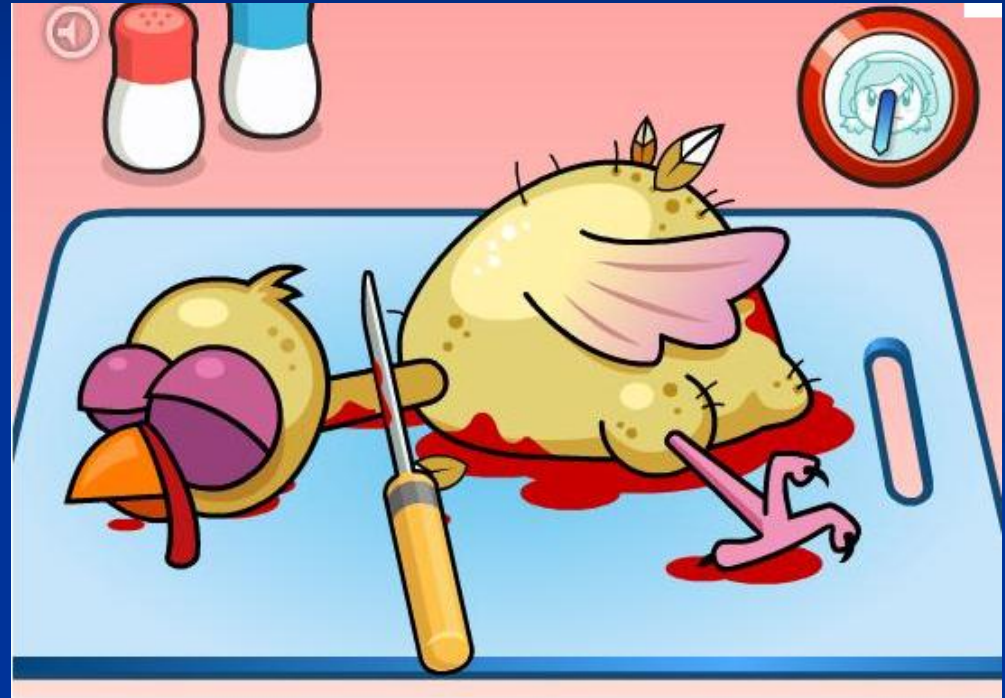


"Oh, my back!"

Σε ποιούς θα πρέπει να γίνει σπινθηρογρά-
φημα μετά την επαναιμάτωση;



PTCA



CABG



ACCF/ASNC appropriateness criteria for single-photon emission computed tomography myocardial perfusion imaging (SPECT MPI): a report of the American College of Cardiology Foundation Quality Strategic Directions Committee Appropriateness Criteria Working Group and the American Society of Nuclear Cardiology endorsed by the American Heart Association.

1594 Brindis et al. ACCF/ASNC Appropriateness Criteria: SPECT MPI JACC Vol. 46, No. 8, 2005 October 18, 2005:1587-605

Table 7. Risk Assessment: Post-Revascularization (PCI or CABG)

Indication	Appropriateness Criteria (Median Score)
Symptomatic	
41. • Evaluation of chest pain syndrome	A (8.0)
Asymptomatic	
42. • Asymptomatic prior to previous revascularization • Less than 5 years after CABG	U (6.0)
43. • Symptomatic prior to previous revascularization • Less than 5 years after CABG	U (4.5)
44. • Asymptomatic prior to previous revascularization • Greater than or equal to 5 years after CABG	A (7.5)
45. • Symptomatic prior to previous revascularization • Greater than or equal to 5 years after CABG	A (7.5)
46. • Asymptomatic prior to previous revascularization • Less than 1 year after PCI	U* (6.5)
47. • Symptomatic prior to previous revascularization • Less than 1 year after PCI	I (3.0)
48. • Asymptomatic prior to previous revascularization • Greater than or equal to 2 years after PCI	U* (6.5)
49. • Symptomatic prior to previous revascularization • Greater than or equal to 2 years after PCI	U (5.5)

*Median scores of 3.5 and 6.5 are rounded to the middle (Uncertain). Note: I (Inappropriate), U (Uncertain), and A (Appropriate).

Table 8. Assessment of Viability/Ischemia

Indication	Appropriateness Criteria (Median Score)
Ischemic Cardiomyopathy Assessment of Viability/Ischemia (Includes SPECT Imaging for Wall Motion and Ventricular Function)	
50. • Known CAD on catheterization • Patient eligible for revascularization	A (8.5)

Note: I (Inappropriate), U (Uncertain), and A (Appropriate).

■ Εκτίμηση στηθαγχικού άλγους ανεξάρτητα χρόνου επέμβασης

■ Πάνω από 5 χρόνια μετά το CABG

- Σε ποιούς θα πρέπει να γίνει έρευνα για βιωσιμότητα;



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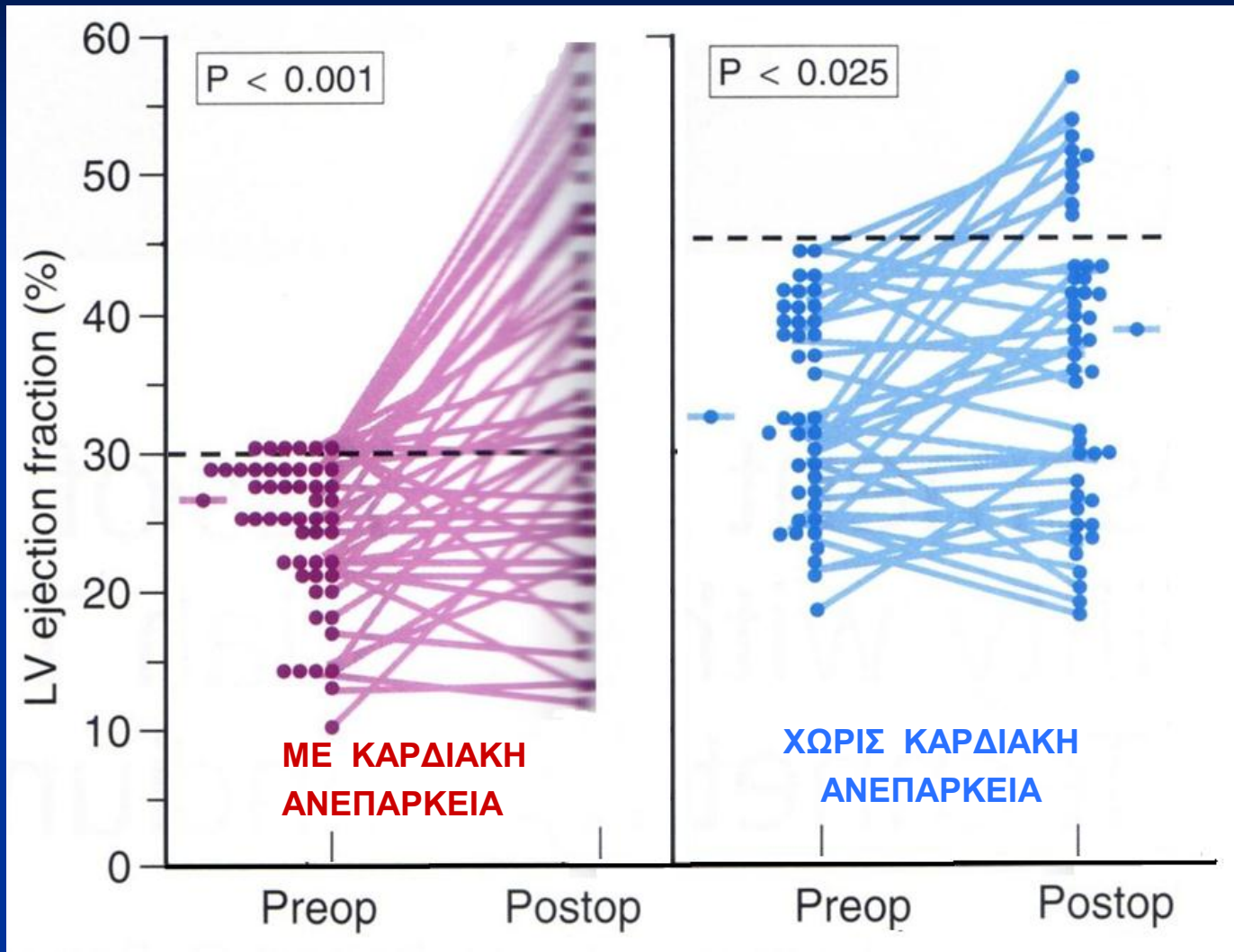
F I N A L P R O G R A M M E

■ ΚΑΡΔΙΑΚΗ ΑΝΕΠΑΡΚΕΙΑ:

Περίπου 5.000.000 ασθενείς στις ΗΠΑ, με 400.000 νέες περιπτώσεις τον χρόνο

- Σε $>70\%$ των ασθενών με καρδιακή ανεπάρκεια υπεύθυνη είναι η στεφανιαία νόσος.
- Μετά από επέμβαση: Το 40% των ασθενών βελτιώνει το LVEF.

ΒΕΛΤΙΩΣΗ ΤΟΥ LVEF ΜΕΤΑ ΤΗΝ ΕΠΑΝΑΙΜΑΤΩΣΗ



ΟΡΙΣΜΟΣ ΒΙΩΣΙΜΟΥ ΜΥΟΚΑΡΔΙΟΥ

- Το ακινητικό μυοκάρδιο που θα αποκτήσει λειτουργικότητα μετά από επαναιμάτωση.
- **Χειμερία νάρκη (Hibernation)**: Παθολογική συσταλτικότητας, λόγω χρονίως μειωμένης παροχής O₂.
- **Αποπληξία (Stunning)**: Παθολογική συσταλτικότητας, λόγω βραχείας διακοπής παροχής O₂. Η αιματική ροή παραμένει φυσιολογική ή ελαφρώς μειωμένη.
- **Repetitive stunning**: Επανειλημμένα επεισόδια αποπληξίας προοιούν τελικά χρόνια καρδιακή υπολειτουργία

CAD progression



Normal

Repetitive stunning

Hibernation

Scar tissue

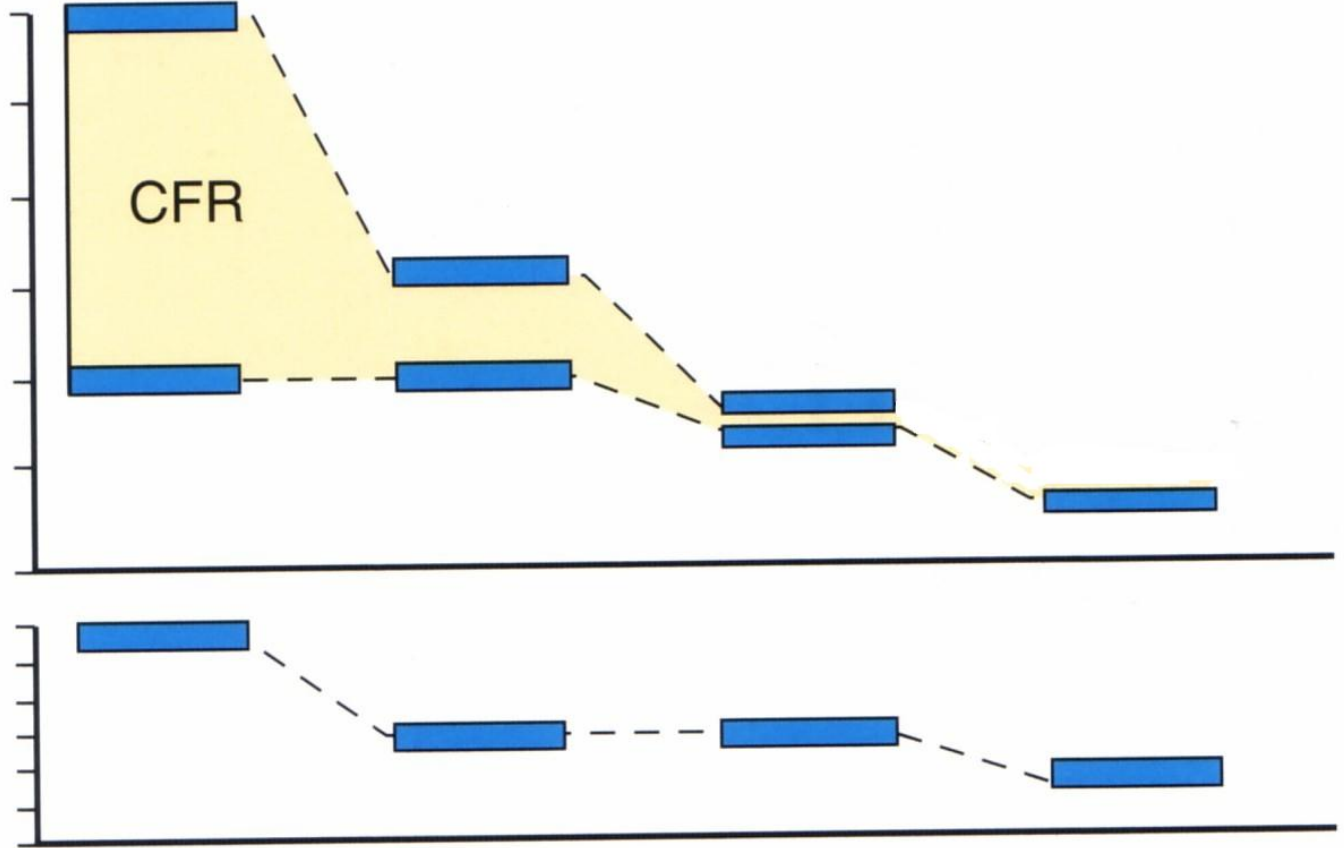
Peak CBF

30-40

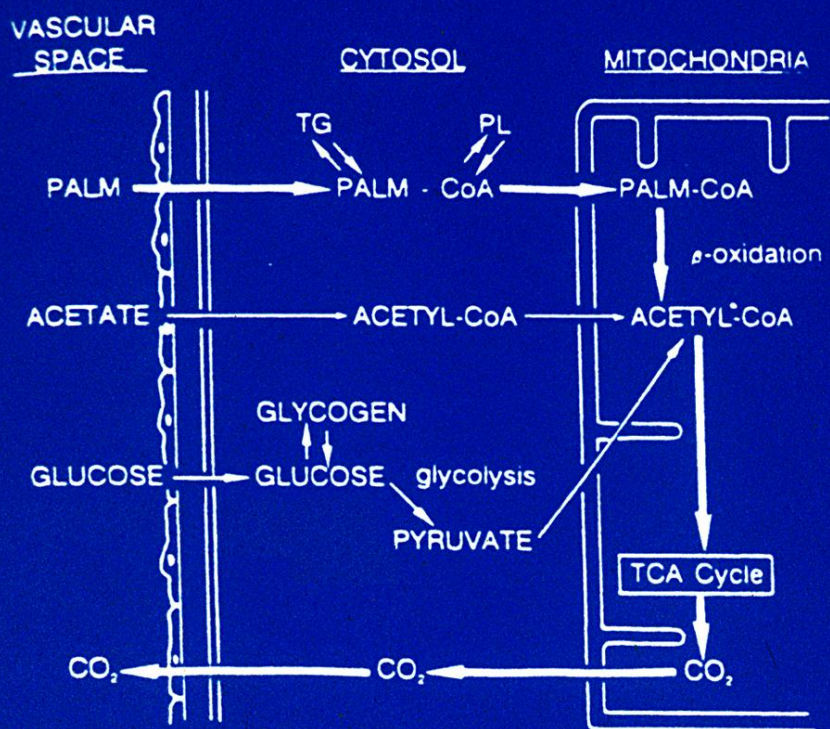
CFR

Rest CBF

Systolic function

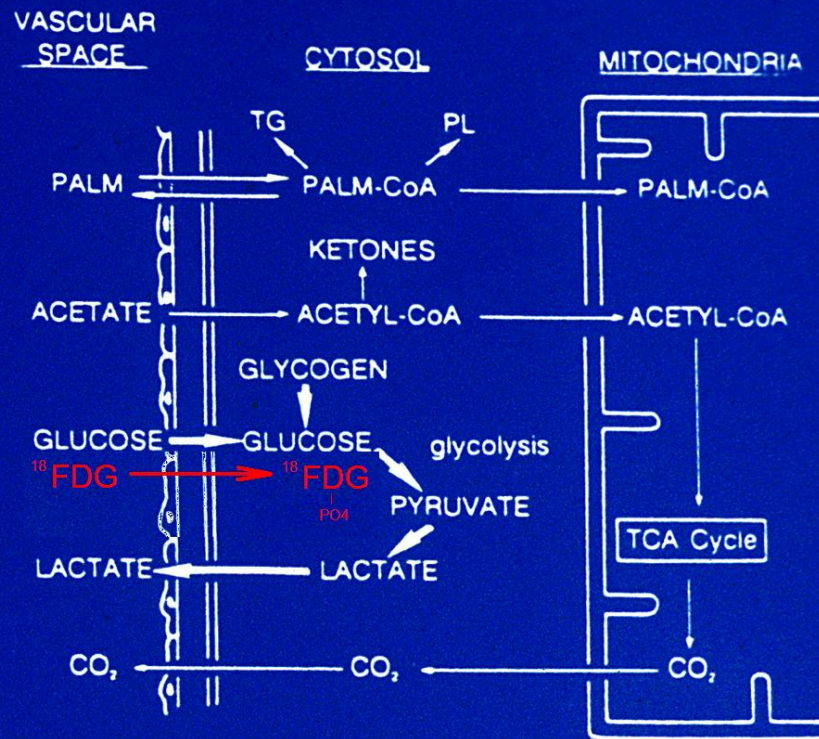


ΠΟΙΟ ΕΙΝΑΙ ΤΟ ΙΔΑΝΙΚΟ ΡΑΔΙΟΦΑΡΜΑΚΟ;;



A

ΦΥΣΙΟΛΟΓΙΚΕΣ ΣΥΝΘΗΚΕΣ



B

ΙΣΧΑΙΜΙΑ

Η ΓΛΥΚΟΖΗ !!!

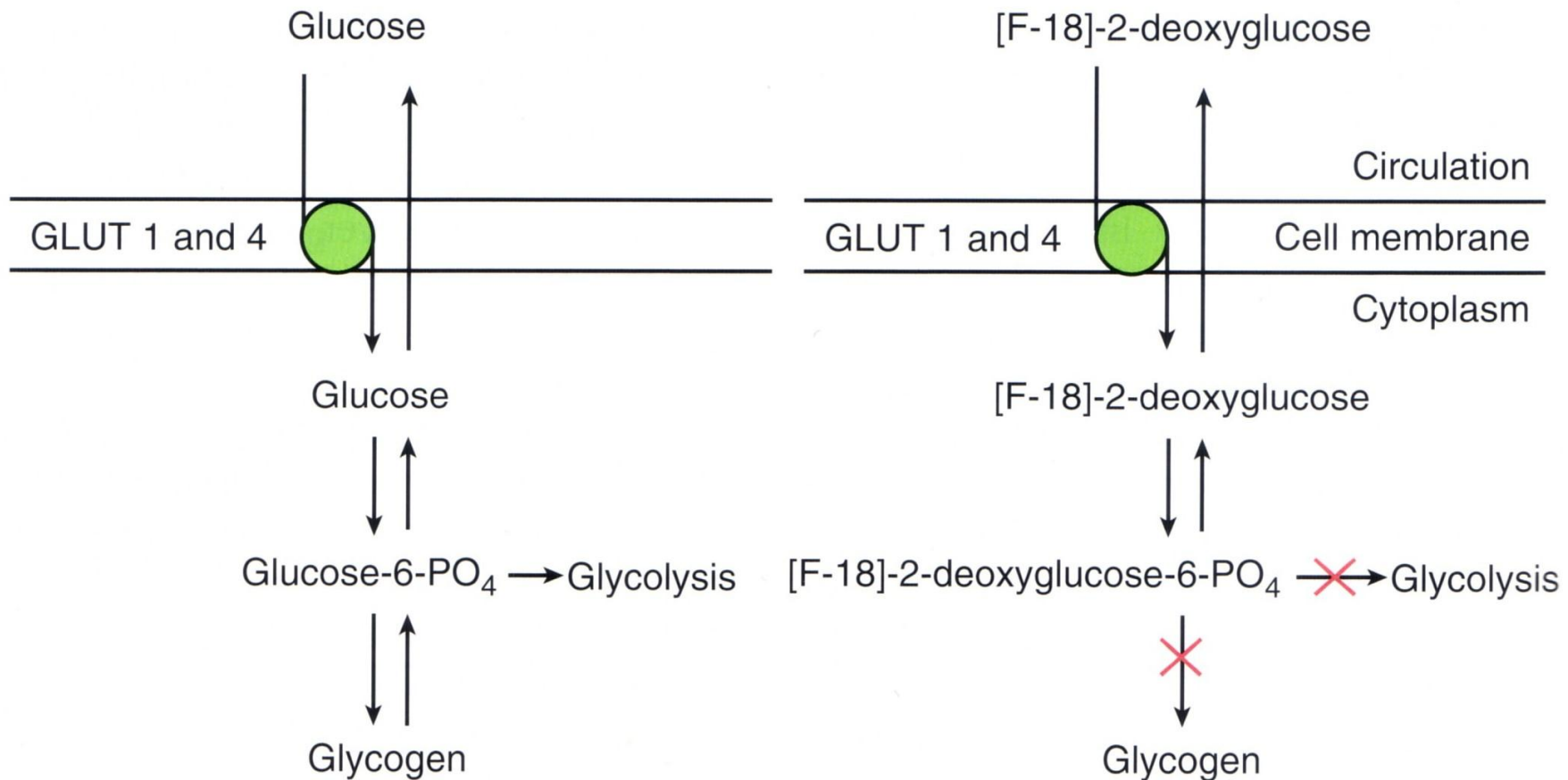


Figure 33.3 Metabolic fate of fluorine-18–deoxyglucose as a marker of exogenous glucose utilization.

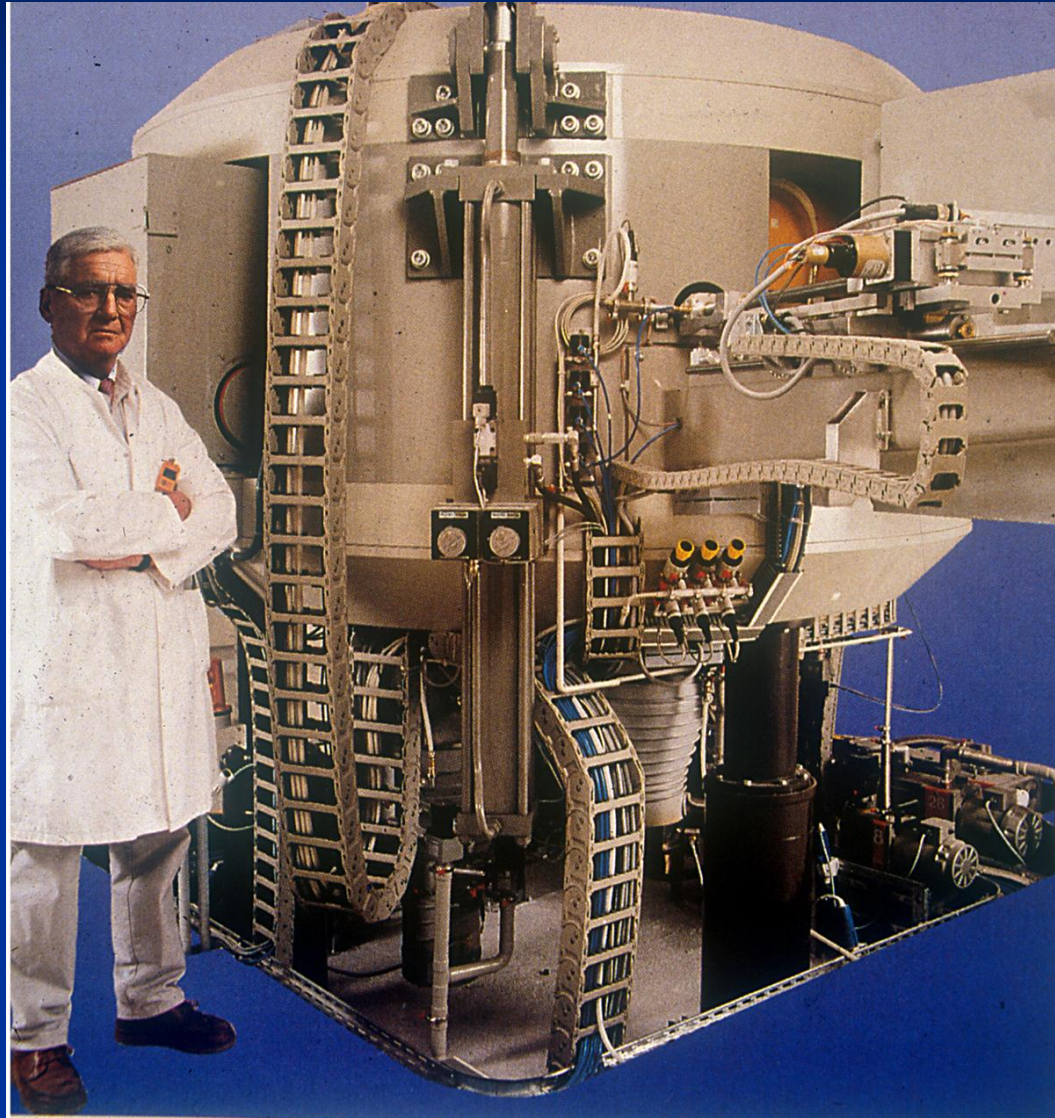
FDG

N-13
Ammonia



FDG

ΚΥΚΛΟΤΡΟΝΙΟ

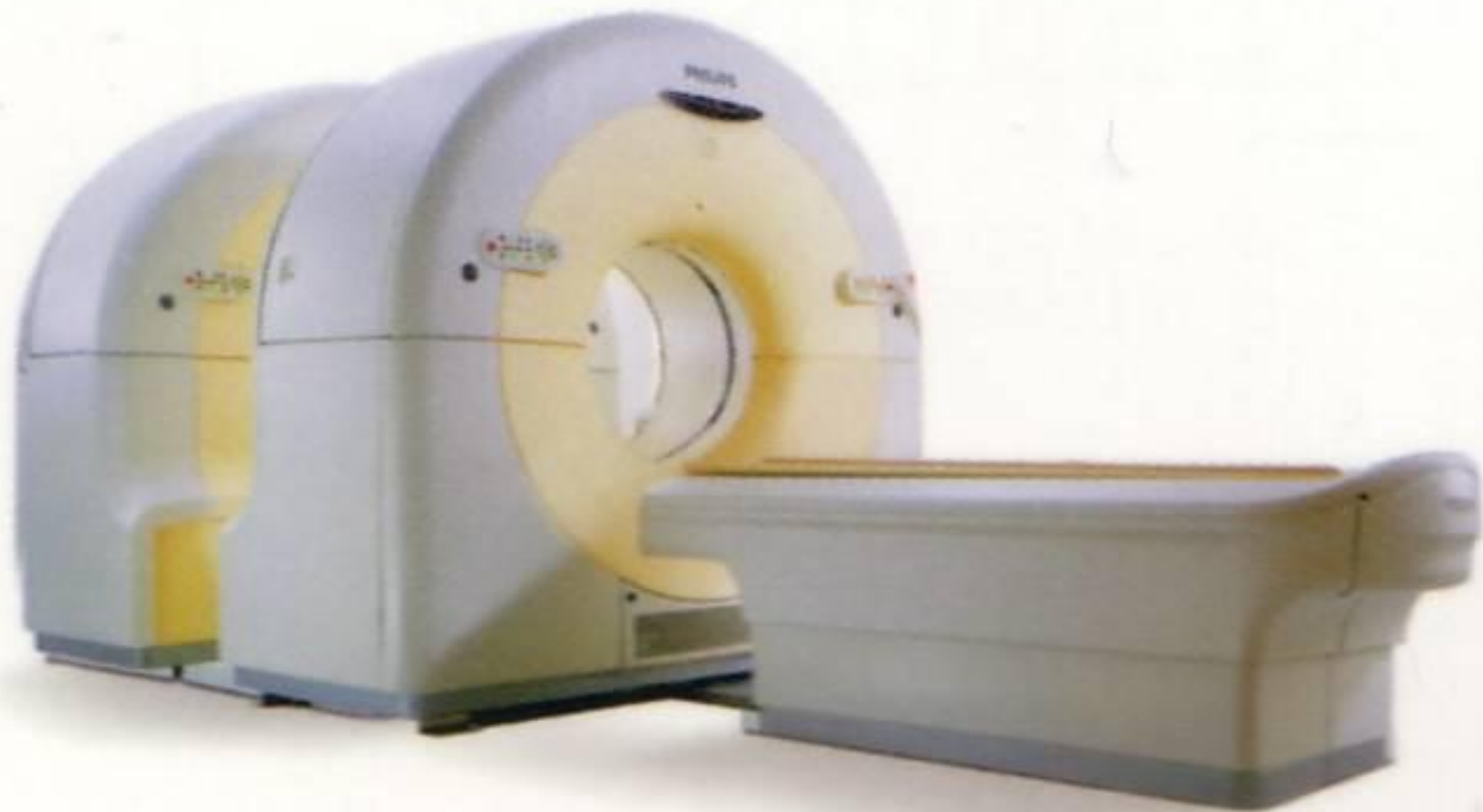


Baby cyclotron

PET Compound Production System



The Easy Supply of all PET Compounds



ΚΟΣΤΟΣ

- Εξέτασης: 1.600 Ευρώ
- Κάμερας : 2.000.000 Ευρώ
- Κυκλοτρονίου : 1.000.000 Ευρώ
- Δόσης FDG : 700 Ευρώ

Myocardial Viability

Siebelink et al (JACC 2001)
demonstrated no difference in cardiac event free survival between PET and sestamibi SPECT determination of patient management in a prospective randomized trial.

J. Am. Coll. Cardiol. 2001;37;81-88



No Difference in Cardiac Event-Free Survival Between Positron Emission Tomography-Guided and Single-Photon Emission Computed Tomography-Guided Patient Management

A Prospective, Randomized Comparison of Patients With Suspicion of Jeopardized Myocardium

Hans-Marc J. Siebelink, MD*, Paul K. Blanksma, MD, PHD,* Harry J. G. M. Crijns, MD, PHD,* Jeroen J. Bax, MD, PHD,† Ad J. van Boven, MD, PHD,* Tsjerk Kingma, MSc,‡ D. Albertus Piers, MD, PHD,§ Jan Pruim, MD, PHD,|| Piet L. Jager, MD, PHD,§ Willem Vaalburg, PHD,|| Ernst E. van der Wall, MD, PHD, FACC†

Groningen and Leiden, The Netherlands

J Am Coll Cardiol. 2001 Jan;37(1):81-8.

CONCLUSIONS : No difference in patient management or cardiac event-free survival was demonstrated between management based on ^{13}N -ammonia/ ^{18}F FDG PET and that based on stress/rest $^{99\text{m}}\text{Tc}$ -sestamibi SPECT imaging. Both techniques may be used for management of patients considered for revascularization with suspicion of jeopardized myocardium.

- THE GOLD STANDARD -

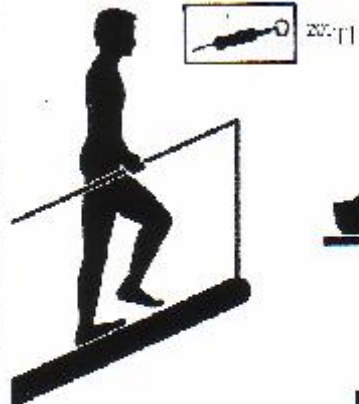


ΠΡΩΤΟΚΟΛΛΑ

(ΒΙΩΣΙΜΟΤΗΤΑ)

(ΙΣΧΑΙΜΙΑ)

REINJECTION

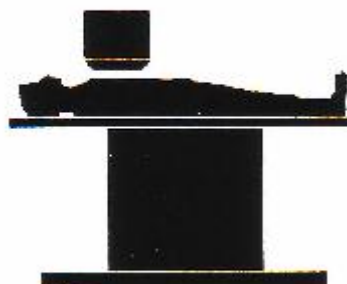


End point



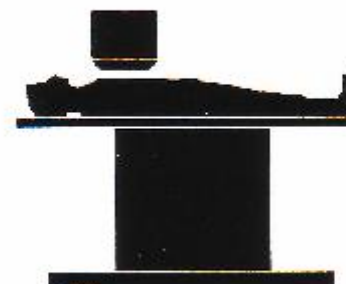
Image

STRESS



4 H Image

REST

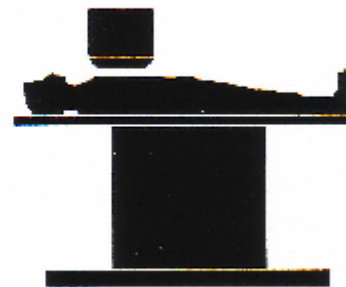


REINJECTION



Image

REST



REDISTRIBUTION

- Γιατί πρέπει να γίνεται ο έλεγχος του βιώσιμου μυοκαρδίου;



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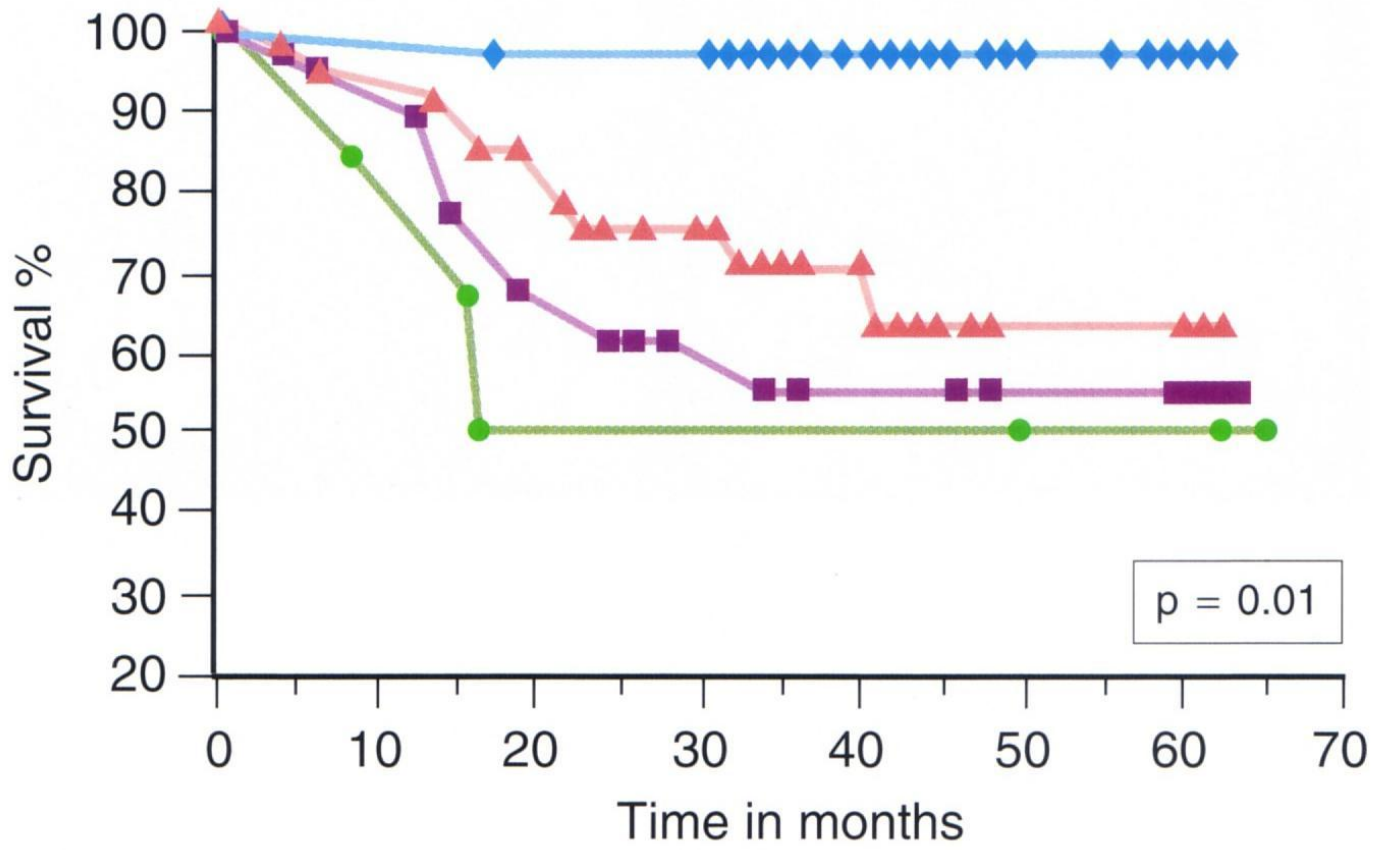


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F I N A L P R O G R A M M E

- ◆ Group 1 (n = 31) Revascularization with myocardial viability
- ▲ Group 2 (n = 32) Medical therapy with myocardial viability
- Group 4 (n = 18) Medical therapy without myocardial viability
- Group 3 (n = 6) Revascularization without myocardial viability



Survival in congestive heart failure with and without revascularization, based on myocardial viability by dobutamine stress echocardiography.

- Πόσο βιώσιμο
μυοκάρδιο πρέπει
να υπάρχει;



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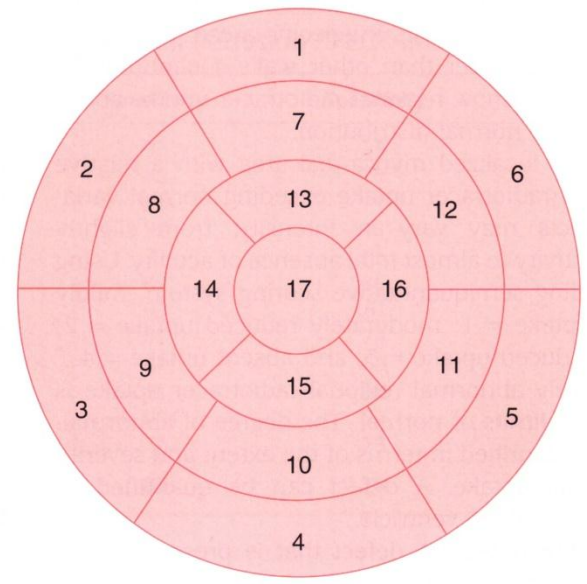
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F I N A L P R O G R A M M E

- >7 τμήματα (40% της μυοκ. μάζας) -> αύξηση του EF
- 3-7 τμήματα (17-40%)-> βελτίωση της επιβίωσης
- <3 τμήματα-> καμία μεταβολή

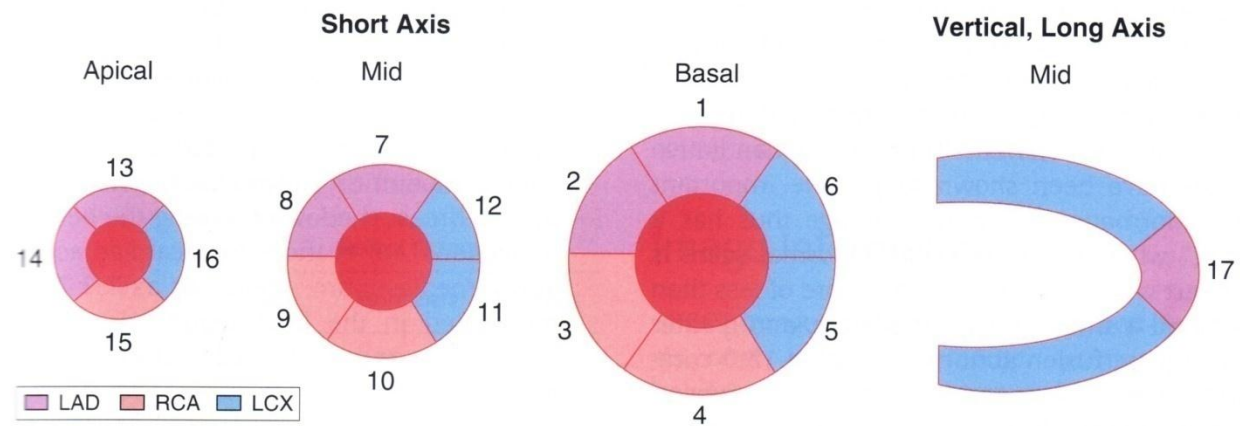
Ragosta M Circulation 2003

Left Ventricular Segmentation



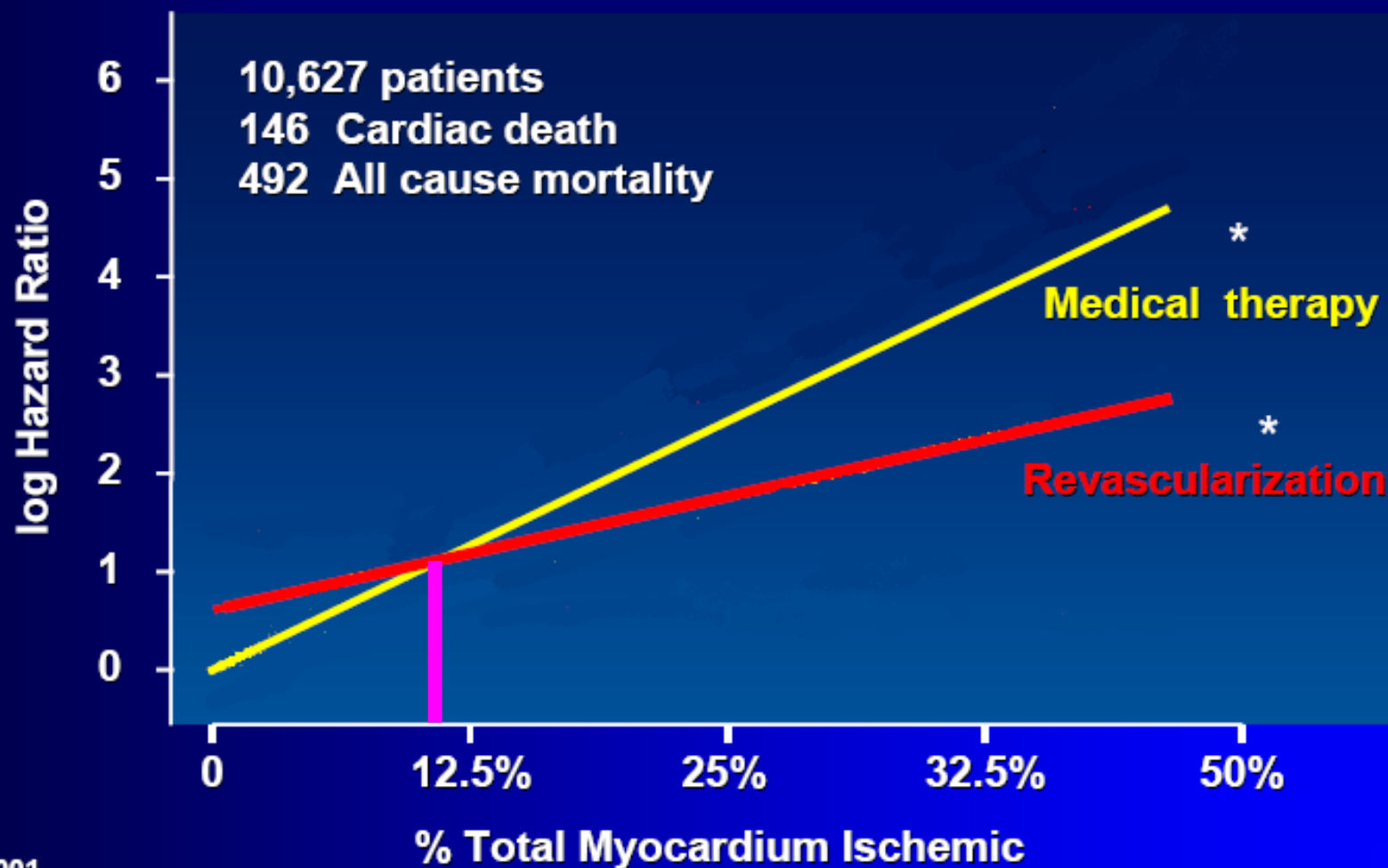
- | | | |
|------------------------|-----------------------|---------------------|
| 1. Basal anterior | 7. Mid anterior | 13. Apical anterior |
| 2. Basal anteroseptal | 8. Mid anteroseptal | 14. Apical septal |
| 3. Basal inferoseptal | 9. Mid inferoseptal | 15. Apical inferior |
| 4. Basal inferior | 10. Mid inferior | 16. Apical lateral |
| 5. Basal inferolateral | 11. Mid inferolateral | 17. Apex |
| 6. Basal anterolateral | 12. Mid anterolateral | |

Coronary Artery Territories



Risk of Cardiac Death and Inducible Ischemia

Role of Post-SPECT Therapy

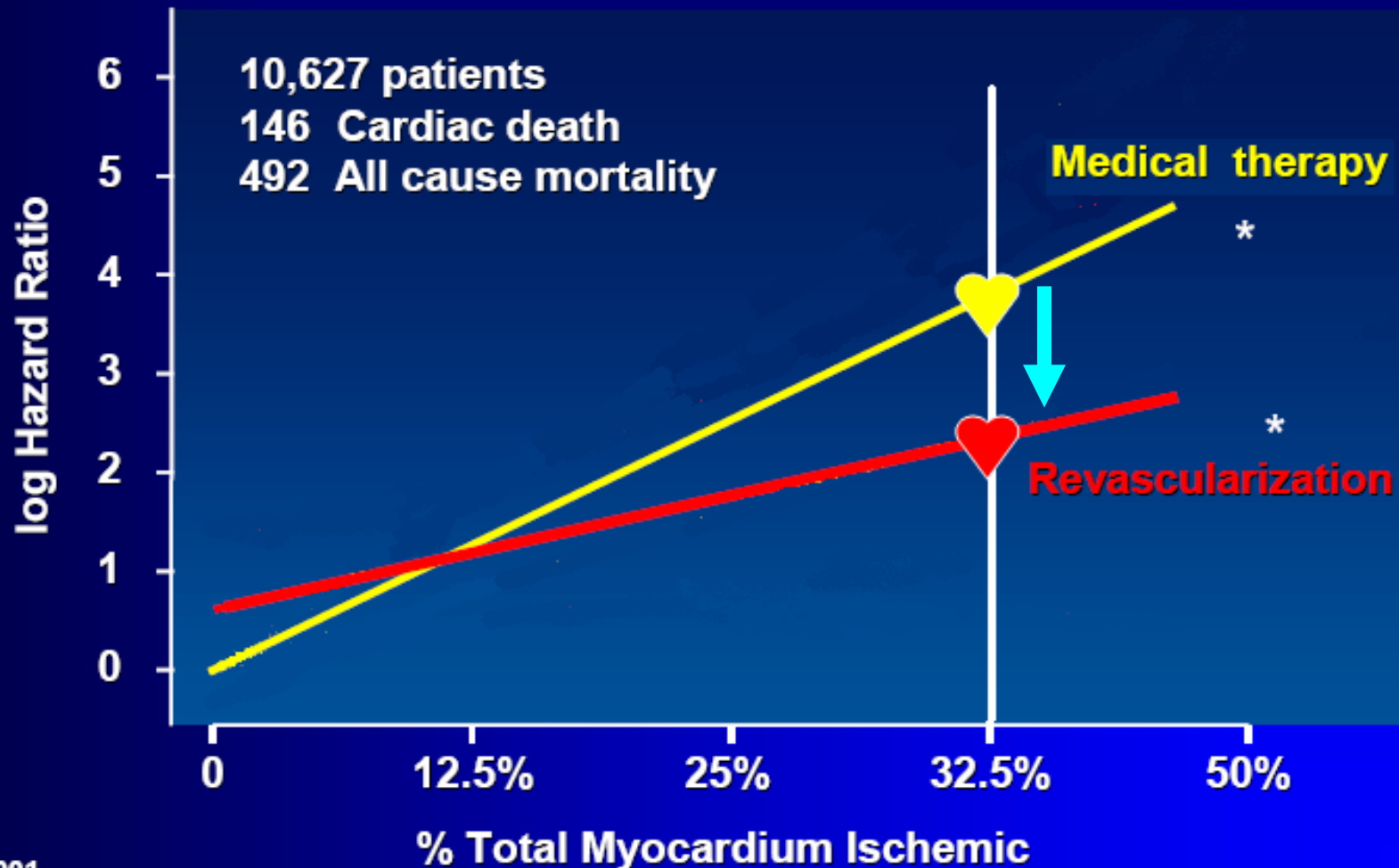


* $P < 0.001$

Hachamovitch R, et al. *Circulation*. 2003;2900-2907.

Risk of Cardiac Death and Inducible Ischemia


Role of Post-SPECT Therapy




* $P < 0.001$

Hachamovitch R, et al. *Circulation*. 2003;2900-2907.

- Γιατί δεν τους χειρουργούμε όλους;




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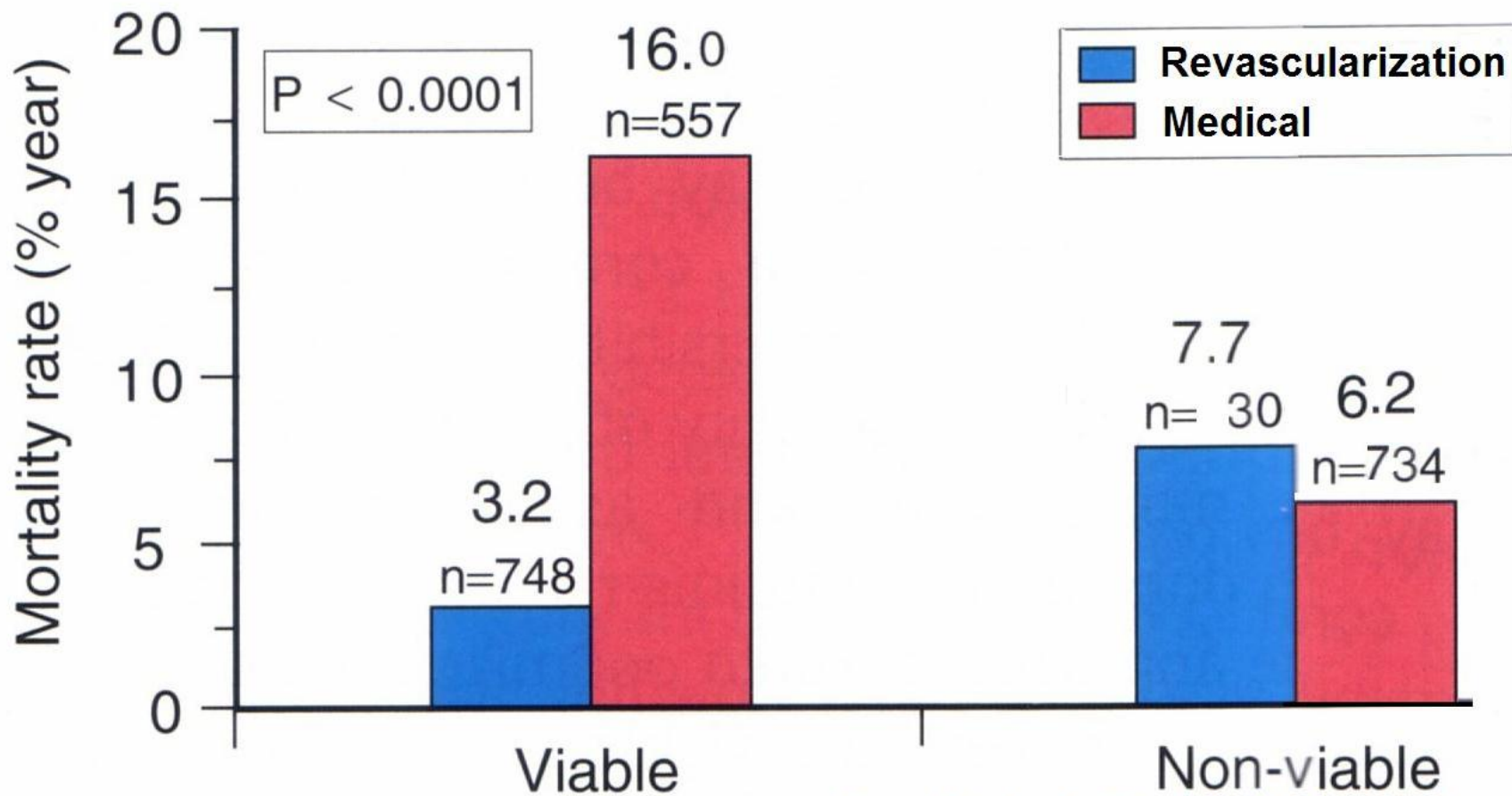
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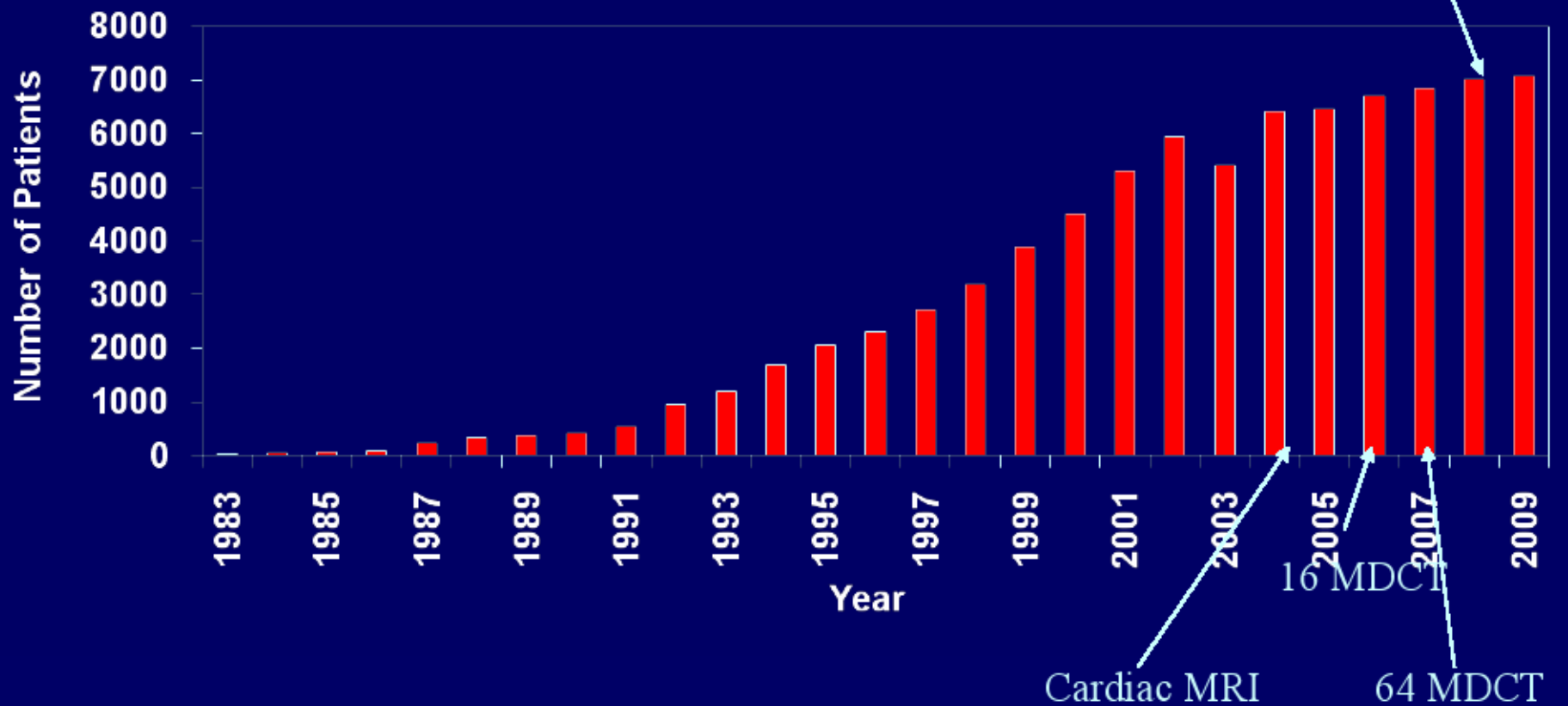
www.icnc7.org

F I N A L P R O G R A M M E



Allman KC J Am Coll Cardiol 2003;239:1151-58

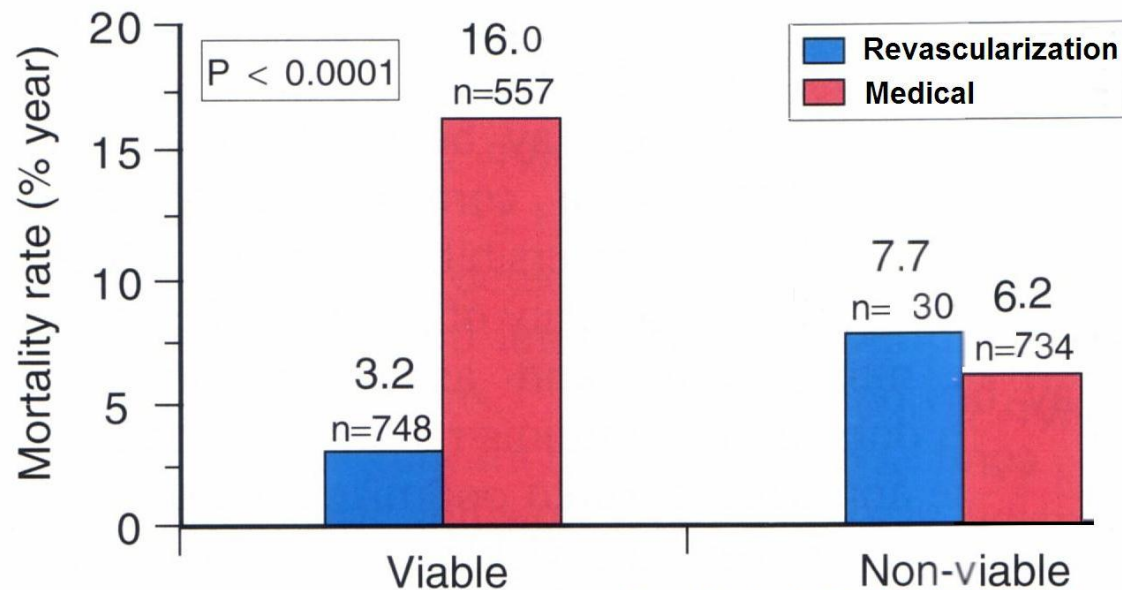
Stress Myocardial Perfusion Imaging (Nuclear SPECT) NHC 1984-2010



Myocardial Viability Testing and Impact of Revascularization on Prognosis in Patients With Coronary Artery Disease and Left Ventricular Dysfunction: A Meta-Analysis

Kevin C. Allman, MB, BS, FRACP, FACC,* Leslee J. Shaw, PhD,† Rory Hachamovitch, MD, FACC,† James E. Udelson, MD, FACC‡

Concord, Australia; Atlanta, Georgia; and Boston, Massachusetts



Allman KC J Am Coll Cardiol 2003;239:1151-58

EDITORIAL COMMENT

Myocardial Viability and Prognosis in Patients With Ischemic Left Ventricular Dysfunction*

Robert O. Bonow, MD, FACC

Chicago, Illinois



Dr Robert O Bonow.

JACC Vol. 39, No. 7, 2002
April 3, 2002:1159-62

Taken together, these results of the Allman et al. meta-analysis (20) represent powerful arguments in favor of noninvasive evaluation of myocardial viability to identify the most appropriate candidates for myocardial revascularization among patients with CAD and LV dysfunction.

Αλλά....

Need for prospective randomized trials. Clearly, a large prospective, randomized, controlled clinical trial is necessary to fully address the role of revascularization in the management of patients with ischemic cardiomyopathy who do not have angina, as well as the role of viability testing in the decision-making process. One such randomized trial, Surgical Treatment for Ischemic Heart Failure (STICH), which is sponsored by the National Heart, Lung and Blood Institute, will begin enrolling patients in 2002. It will be over six years before the results of STICH are available, however, and in the interim physicians caring for patients with CAD and LV dysfunction must continue to base management decisions on the available data. These data, as summarized by Allman et al. (20), strongly suggest that the differentiation of viable from nonviable myocardium is a relevant diagnostic issue in patients being considered for medical therapy versus myocardial revascularization. While

Circulation

Contemporary Reviews in Cardiovascular Medicine

Stunning, Hibernation, and Assessment of Myocardial Viability

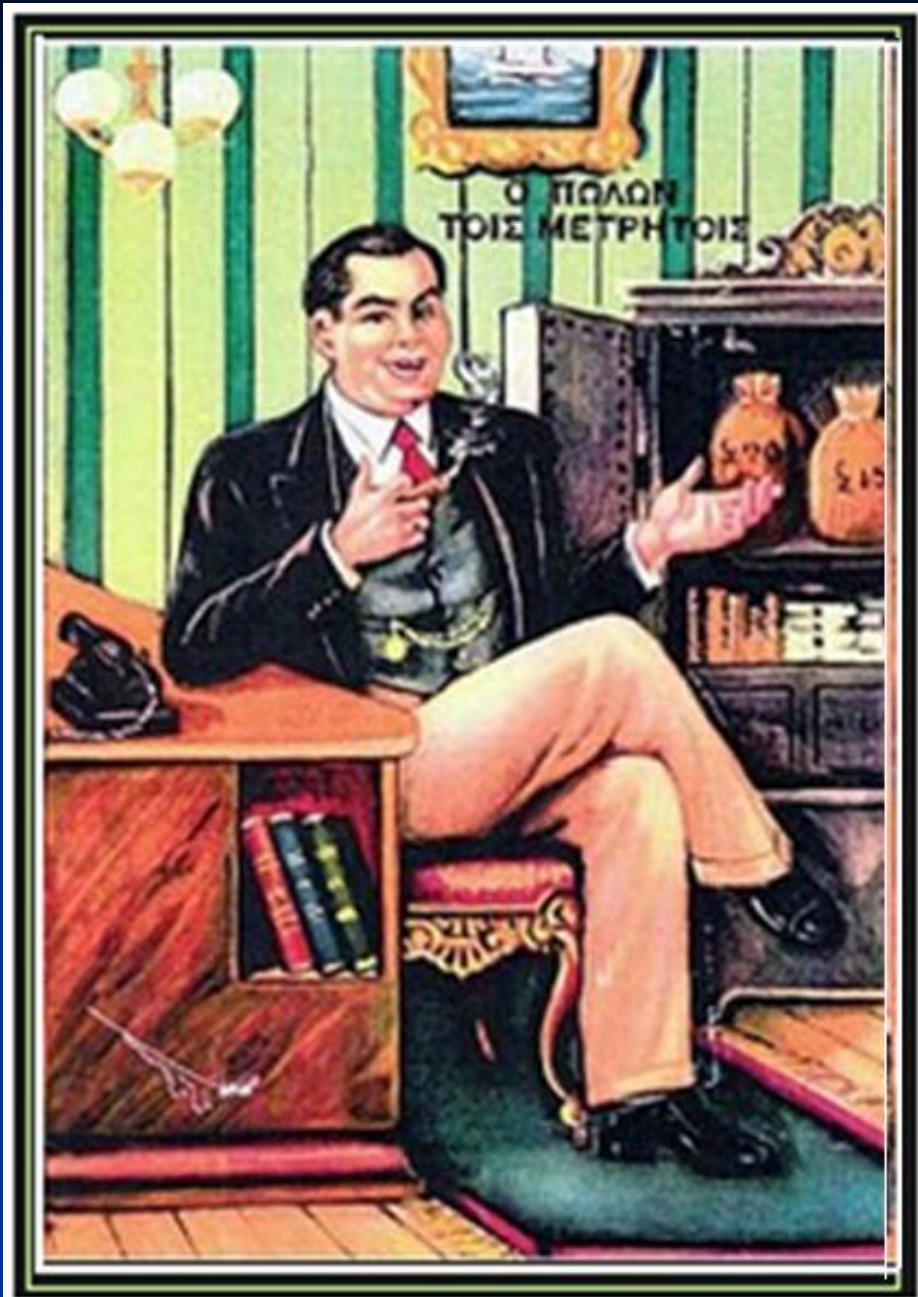
Paolo G. Camici, MD, FESC, FRCP; Sanjay Kumak Prasad, MD, MRCP;
Ornella E. Rimoldi, MD

From the Medical Research Council Clinical Sciences Centre and National Heart and Lung Institute, Imperial College School of Medicine, London, UK (P.G.C., S.K.P., O.E.R.), and Cardiovascular Research Institute, Department of Medicine, New York Medical College, Valhalla (O.E.R.).

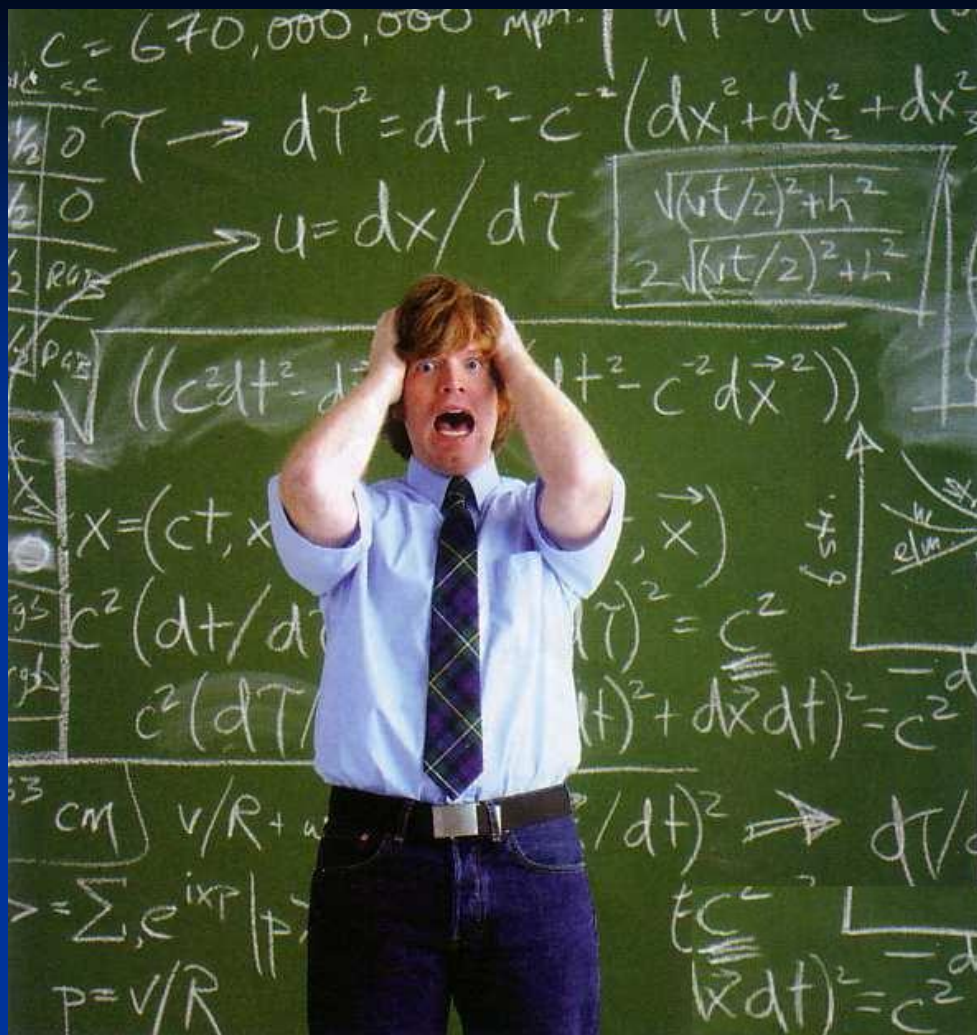
Conclusions

Several powerful imaging techniques can be used clinically to identify viable tissue (and to distinguish it from scar) within dysfunctional LV segments subtended by diseased coronary arteries. This information can be used to stratify patients more effectively and to guide their subsequent treatment. Although we still lack data from ad hoc randomized trials to prove this point unequivocally, a great number of studies in thousands of cases have provided compelling evidence that revascularization of dysfunctional but viable myocardium may lead to reverse LV remodeling and confer prognostic benefits in patients with postischemic heart failure.

Circulation.
2008;117:103-114



**ΜΕΧΡΙ ΤΟ
2010**



-Occluded Artery Study
(OAT)

The Heart Failure
Revascularization Trial
(HEART)

- The Surgical Treatment of
Ischemic Heart Failure
(STICH)

2011

Το έτος των μελετών βιωσιμότητας....

ClinicalTrials.gov

A service of the U.S. National Institutes of Health

Comparison of Surgical and Medical Treatment for Congestive Heart Failure and Coronary Artery Disease (STICH)



Τα
αποτελέσματα
ήταν αντίθετα
από ότι
περιμέναμε!!!

ΒΙΩΣΙΜΟΤΗΤΑ ΚΑΙ ΕΠΑΝΑΙΜΑΤΩΣΗ



OAT (Occluded Artery Trial) Study



Original Articles

Interventional Cardiology

Circulation. 2011;124:2320-2328

Long-Term Effects of Percutaneous Coronary Intervention of the Totally Occluded Infarct-Related Artery in the Subacute Phase After Myocardial Infarction

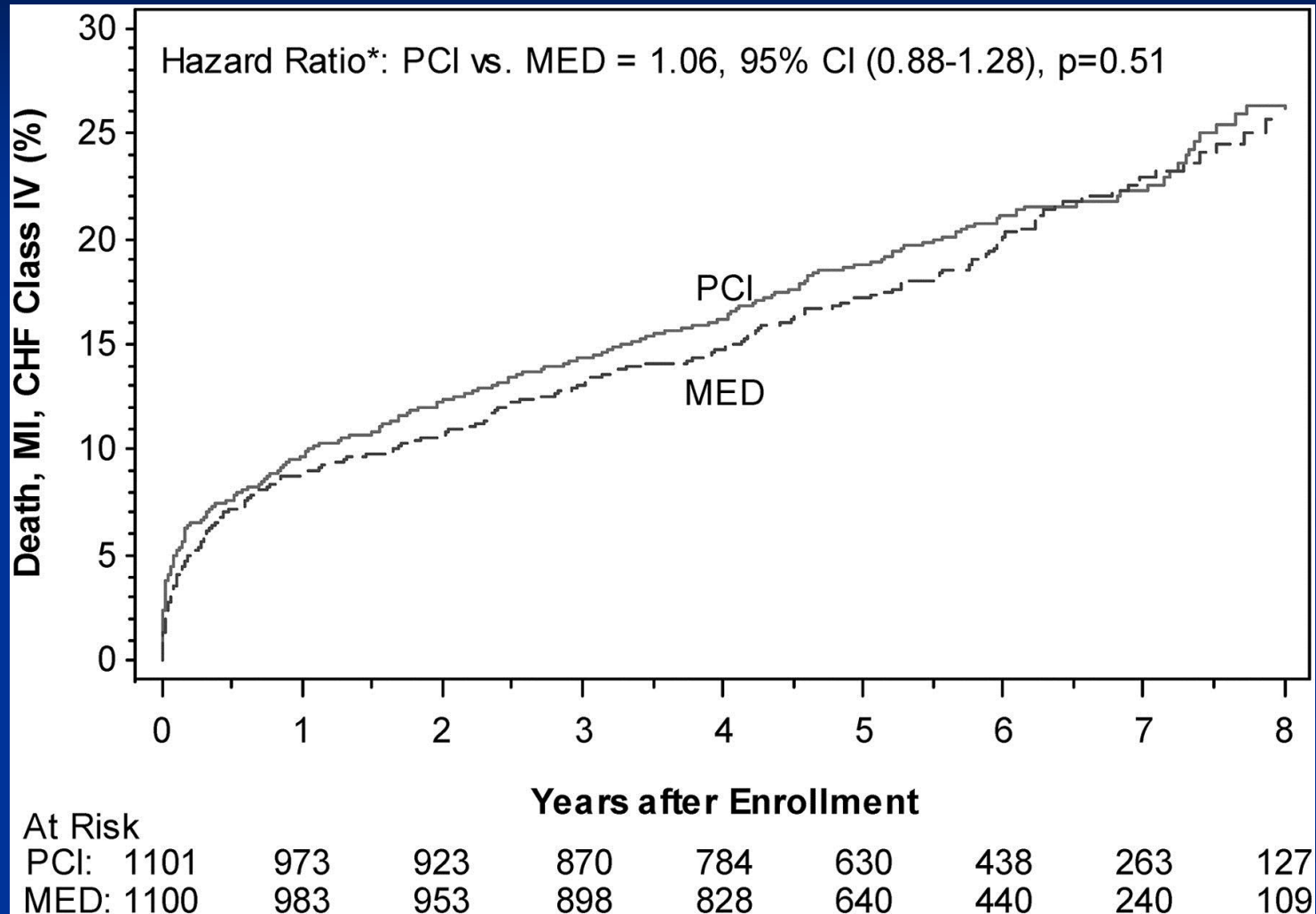
Judith S. Hochman, MD; Harmony R. Reynolds, MD; Vladimír Džavík, MD; MD; Christopher E. Buller, MD; Witold Ruzyllo, MD; Zygmunt P. Sadowski, MD; Aldo P. Maggioni, MD; Antonio C. Carvalho, MD; James M. Rankin, MD; Harvey D. White, MD; Suzanne Goldberg, RN, MSN; Sandra A. Forman, MA; Daniel B. Mark, MD, MPH; Gervasio A. Lamas, MD for the Occluded Artery Trial Investigators

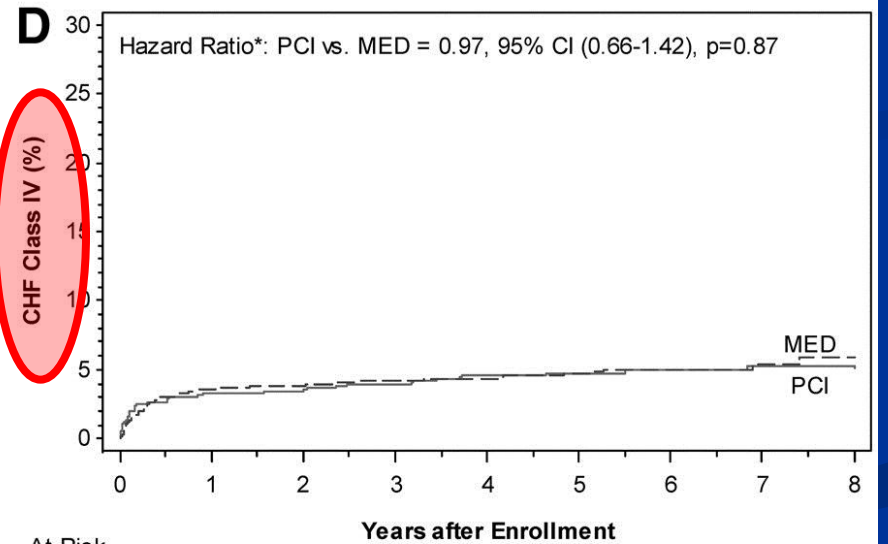
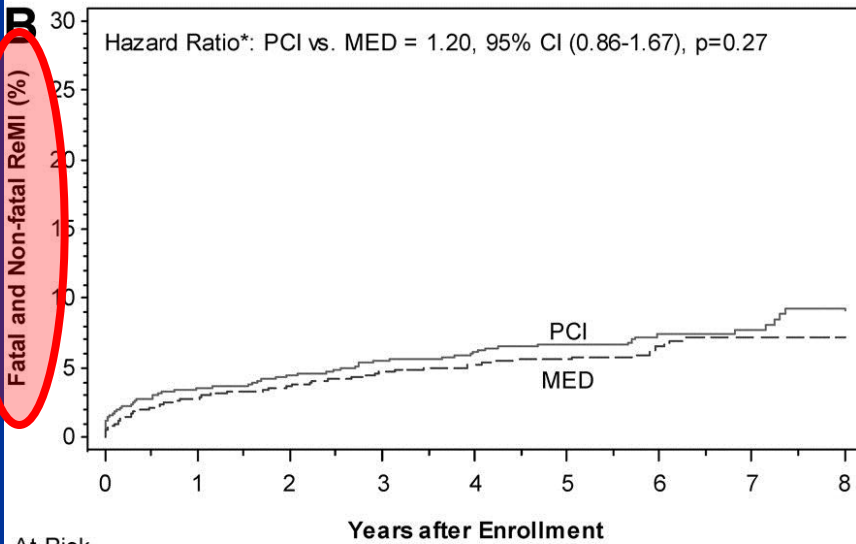
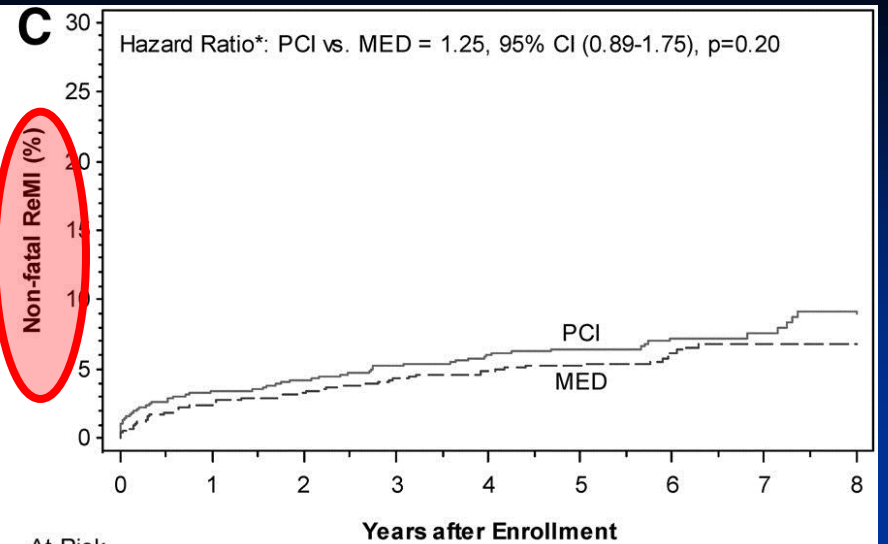
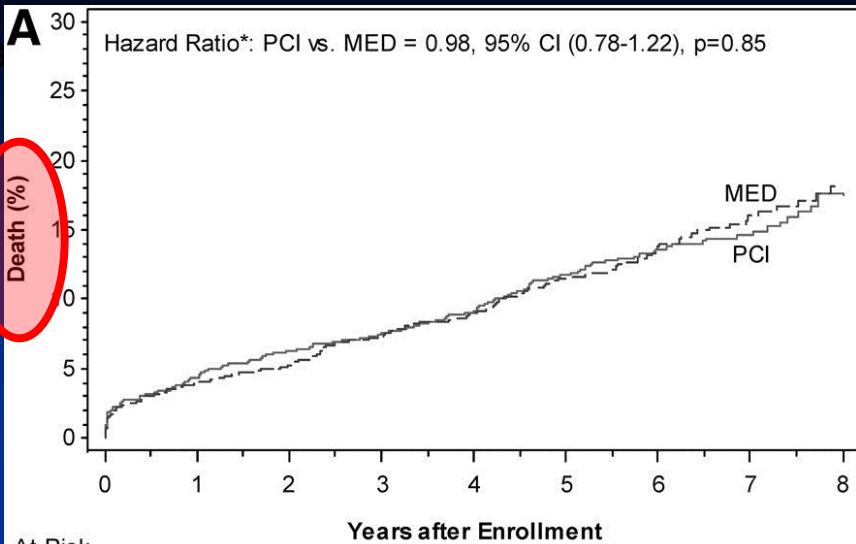
Cardiovascular Clinical Research Center, Leon Charney Division of Cardiology, New York University School of Medicine

Conclusions—Extended follow-up of the OAT cohort provides robust evidence for no reduction of long-term rates of clinical events after routine PCI in stable patients with a totally occluded infarct-related artery and without severe inducible ischemia in the subacute phase after myocardial infarction.

Ασθενείς χωρίς ισχαιμία (κλινικά) μετά από έμφραγμα, έχουν την ίδια επιβίωση, είτε αντιμετωπιστούν συντηρητικά είτε με αγγειοπλαστική.

Kaplan-Meier curves for the primary end point according to intention-to-treat analysis.





Clinical Investigation

The Occluded Artery Trial (OAT) Viability Ancillary Study (OAT-NUC): Influence of infarct zone viability on left ventricular remodeling after percutaneous coronary intervention versus optimal medical therapy alone

James E. Udelson MD^a,  , Camille A. Pearte MD, MPH^b, Carey D. Kimmelstiel MD^a, Mariusz Kruk MD^g, Joseph A. Kufera MA^c, Sandra A. Forman MA^d, Anna Teresinska MD^g, Bartosz Bychowiec MD^f, Jose Antonio Marin-Neto MD^g, Thomas Höchtel MD^h, Eric A. Cohen MDⁱ, Paulo Caramori MD, PhD^j, Benita Busz-Papiez MD^k, Christopher Adlbrecht MD, MBA^l, Zygmunt P. Sadowski MD^g, Witold Ruzyllo MD^g, Debra J. Kinan RT(N)^a, Gervasio A. Lamas MD^m, Judith S. Hochman MD^b

Hence, the data from the OAT-NUC study suggest that in the contemporary era of comprehensive postinfarction medical therapy, IZ viability does not influence LV remodeling nor the remodeling response to PCI, as opposed to medical therapy alone. The data also suggest that residual IZ viability fails to identify a subgroup of clinically stable post-MI patients with total occlusion of the IRA who will accrue a remodeling benefit over a 1-year observation as a consequence of revascularization during the subacute phase of MI.

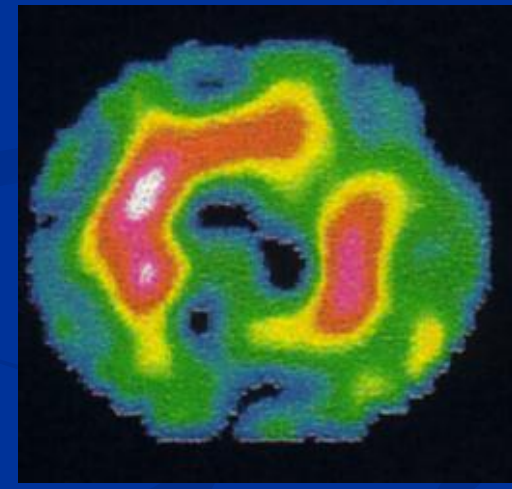
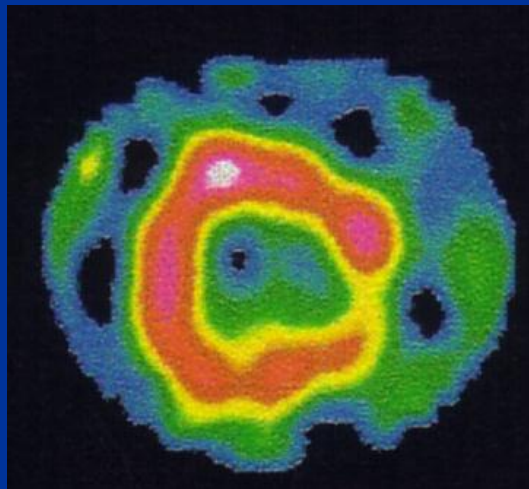
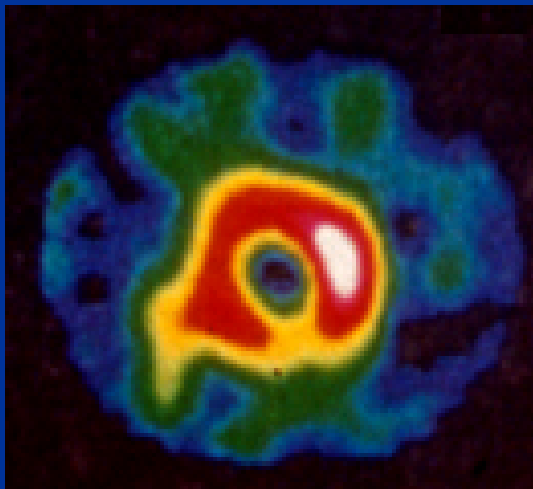
OAT-NUC Study

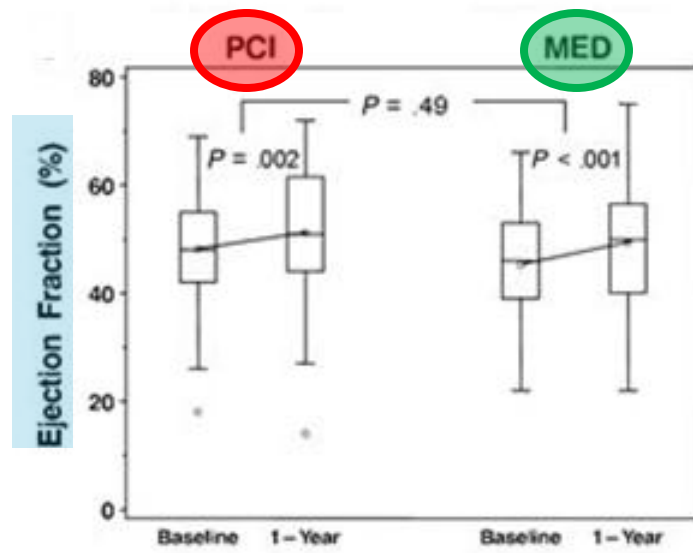
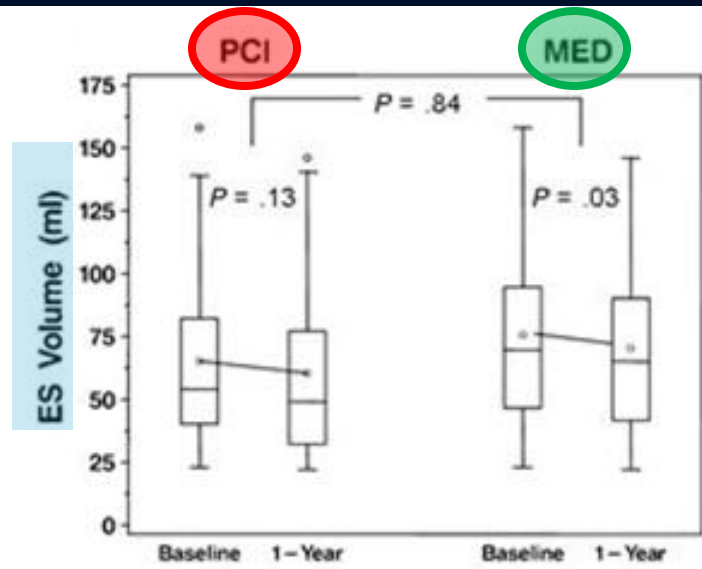
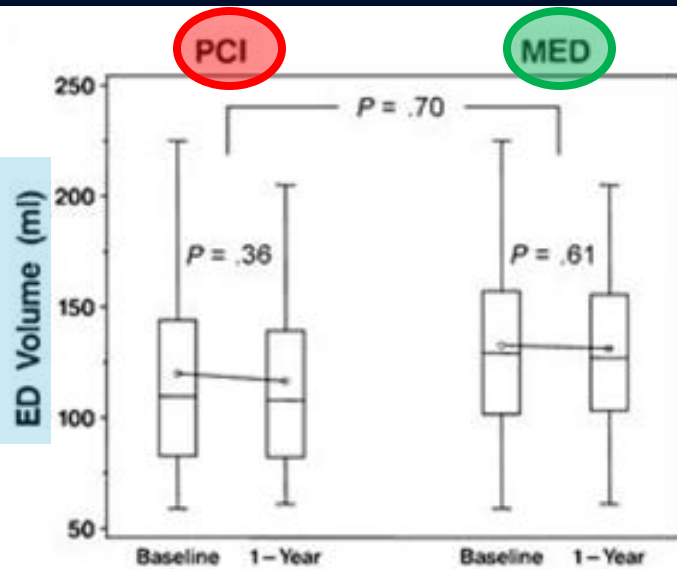
Ασθενείς με βιώσιμο μυοκάρδιο μετά από έμφραγμα, εμφανίζουν σε ένα έτος το ίδιο remodeling της αρ. κοιλίας, είτε αντιμετωπιστούν συντηρητικά είτε με αγγειοπλαστική.

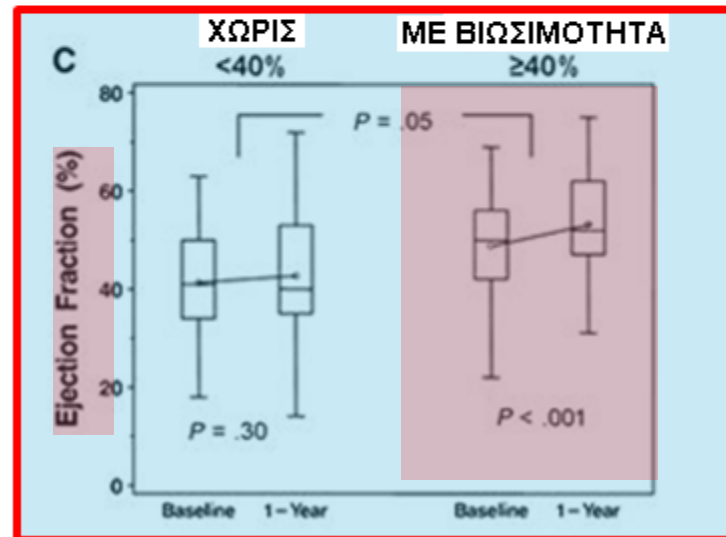
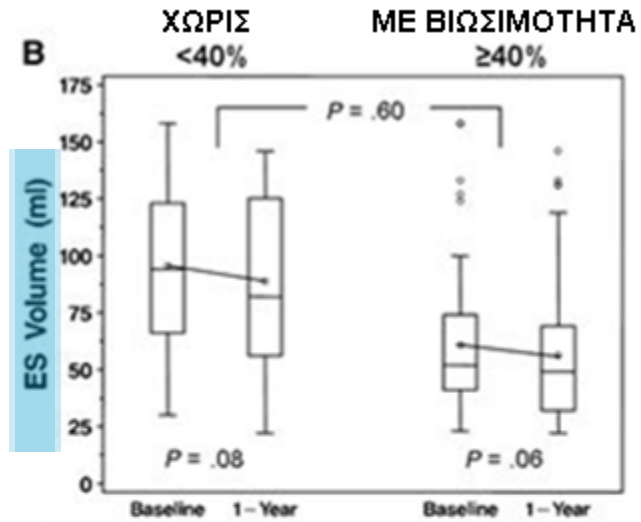
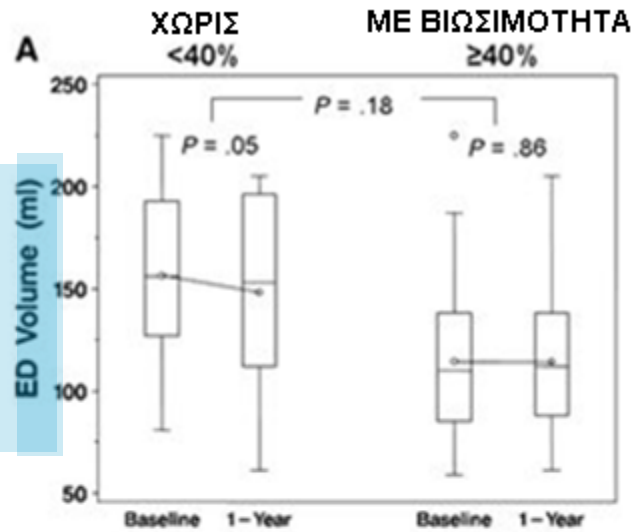
Ασθενείς με βιώσιμο μυοκάρδιο μετά από έμφραγμα, εμφανίζουν σε ένα έτος αύξηση του LVEF, είτε αντιμετωπιστούν συντηρητικά είτε με αγγειοπλαστική.



remodeling...







Enrolled between
May 2004 and June
2006

Enrolled in OAT-NUC
N = 124

20 of 217 OAT sites

Randomized to PCI
N = 61

Randomized to MED
N = 63

Lost to follow-up=2
Died=4
BL or 1-yr data unusable=0

Lost to follow-up=3
Died=3
BL or 1-yr data unusable=1

Paired data for infarct size
& viability (1-year-BL)
N = 55

90%

Paired data for infarct size
& viability (1-year-BL)
N = 56

Paired data for Wall Motion
(1-year-BL)
N = 53

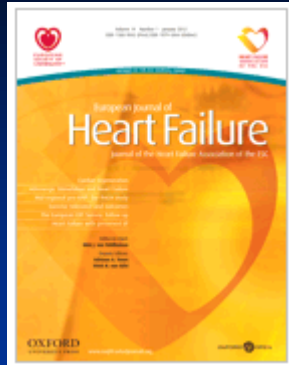
85%

Paired data for Wall Motion
(1-year-BL)
N = 53

Paired data for LVED, LVES, and
Ejection Fraction, (1-year-BL)
N = 53

85%

Paired data for LVED, LVES, and
Ejection Fraction, (1-year-BL)
N = 52



The Heart Failure Revascularisation Trial (HEART)

John G.F. Cleland^{1,*}, Melanie Calvert², Nick Freemantle², Yvonne Arrow¹,
Stephen G. Ball³, Robert S. Bonser⁴, Sudipta Chattopadhyay¹, Michael S. Norell⁵,
Dudley J. Pennell⁶ and Roxy Senior⁷

Conclusion A conservative management strategy may not be inferior to one of coronary arteriography with the intent to revascularize in patients with heart failure, LV systolic dysfunction, and extensive myocardial viability. However, this study was underpowered and, further, larger trials are required to settle this issue.

Σε ασθενείς με καρδιακή ανεπάρκεια και βιώσιμο μυοκάρδιο επιβίωση στα 5,5 χρόνια ήταν η ίδια, είτε αντιμετωπίστηκαν επεμβατικά είτε συντηρητικά.



The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

Myocardial Viability and Survival in Ischemic Left Ventricular Dysfunction

Robert O. Bonow, M.D., Gerald Maurer, M.D., Kerry L. Lee, Ph.D., Thomas A. Holly, M.D., Philip F. Binkley, M.D., Patrice Desvigne-Nickens, M.D., Jaroslaw Drozd, M.D., Ph.D., Pedro S. Farsky, M.D., Arthur M. Feldman, M.D., Torsten Doenst, M.D., Ph.D., Robert E. Michler, M.D., Daniel S. Berman, M.D., Jose C. Nicolau, M.D., Ph.D., Patricia A. Pellikka, M.D., Krzysztof Wrobel, M.D., Nasri Alotti, M.D., Ph.D., Federico M. Asch, M.D., Liliana E. Favaloro, M.D., Lilin She, Ph.D., Eric J. Velazquez, M.D., Robert H. Jones, M.D., and Julio A. Panza, M.D., for the STICH Trial Investigators

N Engl J Med 2011; 364:1617-1625 | April 28, 2011

CONCLUSIONS

The presence of viable myocardium was associated with a greater likelihood of survival in patients with coronary artery disease and left ventricular dysfunction, but this relationship was not significant after adjustment for other baseline variables. The assessment of myocardial viability did not identify patients with a differential survival benefit from CABG, as compared with medical therapy alone (Funded by the National Heart, Lung, and Blood Institute, **STICH** ClinicalTrials.gov number, [NCT00023595](https://clinicaltrials.gov/ct2/show/study/NCT00023595).)

Μελετήθηκαν **1.212** ασθενείς για 5,1 χρόνια



601 υποβλήθηκαν σε έλεγχο βιωσιμότητας με SPECT,
ή Dobutamine Echo



487 (81%) είχαν
βιώσιμο μυοκάρδιο

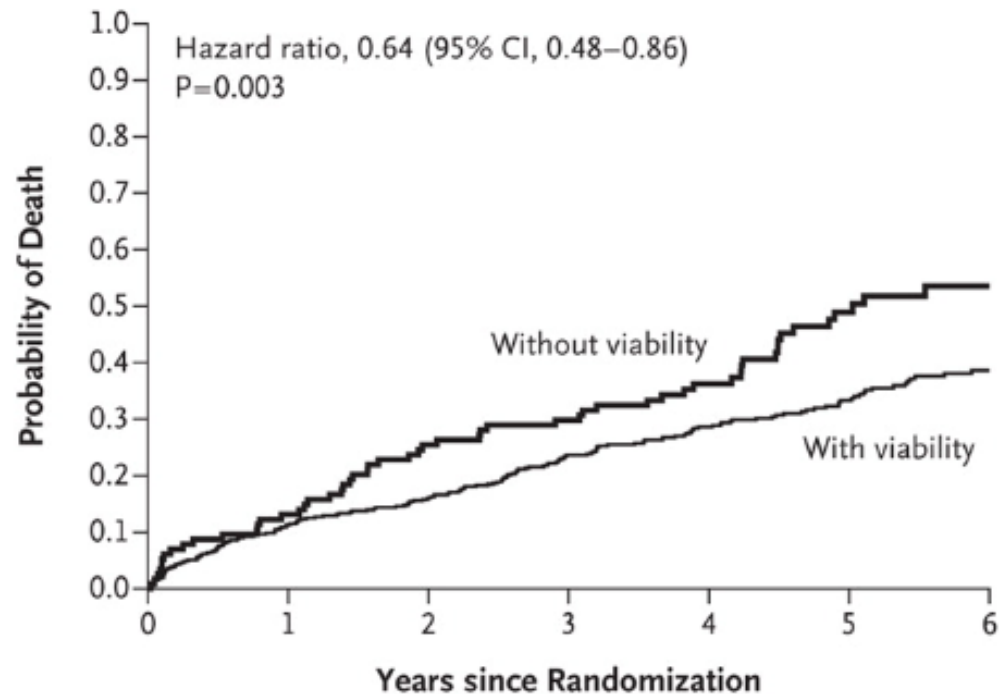
114 (19%) δεν είχαν
βιώσιμο μυοκάρδιο

Η επιβίωση παρέμεινε η ίδια, τόσο στην ομάδα του CABG+Rx όσο και στην ομάδα της συντηρητικής αντιμετώπισης (μόνο Rx), **ασχέτως της ύπαρξης βιώσιμου μυοκαρδίου**

Σε μονοπαραγοντική (Univariate) ανάλυση:
Η ύπαρξη βιώσιμου μυοκαρδίου αποτελεί
τον σημαντικότερο παράγοντα επιβίωσης.

Σε μονοπαραγοντική (Univariate) ανάλυση:
Η ύπαρξη βιώσιμου μυοκαρδίου αποτελεί
τον σημαντικότερο παράγοντα νοσηλείας.

Σε πολυπαραγοντική (multivariate) ανάλυση:
ΚΑΜΙΑ ΔΙΑΦΟΡΑ!!!



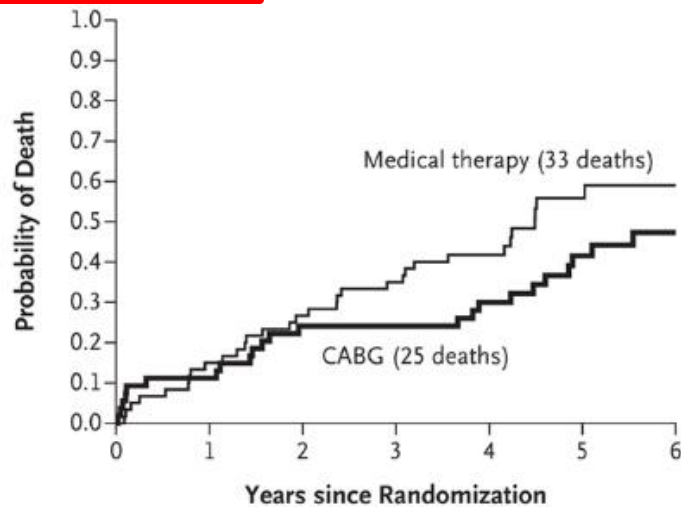
No. at Risk

Without viability	114	99	85	80	63	36	16
With viability	487	432	409	371	294	188	102

Kaplan–Meier Analysis of the Probability of Death, According to Myocardial Viability Status.

The comparison that is shown has not been adjusted for other prognostic baseline variables. After adjustment for such variables on multivariable analysis, the between-group difference was not significant (P=0.21).

A Without Myocardial Viability



No. at Risk

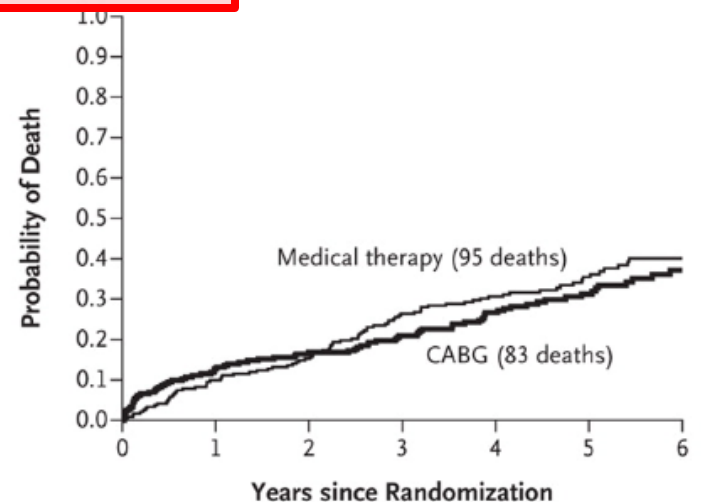
Medical therapy	60	51	44	39	29	14	4
CABG	54	48	41	41	34	22	12

At 5 years in the intention-to-treat analysis, the rates of death for patients without myocardial viability were 41.5% in the group assigned to undergo coronary-artery bypass grafting (CABG) and 55.8% in the group assigned to receive medical therapy (Panel A).

Among patients with myocardial viability, the respective rates were 31.2% and 35.4% (Panel B).

Kaplan-Meier Analysis of the Probability of Death According to Myocardial-Viability Status and Treatment.

B With Myocardial Viability



No. at Risk

Medical therapy	243	219	206	179	146	94	51
CABG	244	213	203	192	148	94	51

ClinicalTrials.gov

A service of the U.S. National Institutes of Health

Comparison of Surgical and Medical Treatment for Congestive Heart Failure and Coronary Artery Disease (STICH)



LIMITATIONS

UNTIL YOU SPREAD YOUR WINGS,
YOU'LL HAVE NO IDEA HOW FAR YOU CAN WALK.

1. Δεν έγινε έλεγχος βιωσιμότητας σε όλους (αυτοί που ελέγχθηκαν ήταν οι πιο επιβαρυσμένοι).
2. Στις προηγούμενες μελέτες το μέσο LVEF ήταν υψηλότερο.
3. Δεν χρησιμοποιήθηκε PET

Οι ασθενείς με βιώσιμο μυοκάρδιο:

α. Ήταν νεώτεροι

β. Είχαν υποστεί λιγότερα εμφράγματα

γ. Είχαν μεγαλύτερο LVEF

**δ. Είχαν μικρότερο τελοδιαστολικό και
τελοσυστολικό δείκτη (EDVI&ESVI)**

ClinicalTrials.gov

A service of the U.S. National Institutes of Health

Comparison of Surgical and Medical Treatment for Congestive Heart Failure and Coronary Artery Disease (STICH)



Συμπερασματικά...

Με βάση τη STICH, σε ασθενείς με καρδιακή ανεπάρκεια, η εκτίμηση της βιωσιμότητας δεν αποτελεί προαπαιτούμενο παράγοντα χειρουργικής αντιμετώπισης, καθόσον δεν διαχωρίζει αυτούς που θα έχουν μεγαλύτερη επιβίωση εάν χειρουργηθούν, ή εάν παραμείνουν υπό φαρμακευτική αγωγή.

Journal of Nuclear Cardiology
November/December 2011



Dr Robert O Bonow

EDITORIAL POINT OF VIEW

Myocardial viability testing: Still viable after stich?

Robert O. Bonow, MD,^a and Thomas A. Holly, MD^b

J Nucl Cardiol 2011;18:991-4.

ClinicalTrials.gov

A service of the U.S. National Institutes of Health

Comparison of Surgical and Medical Treatment for Congestive Heart Failure and Coronary Artery Disease (STICH)

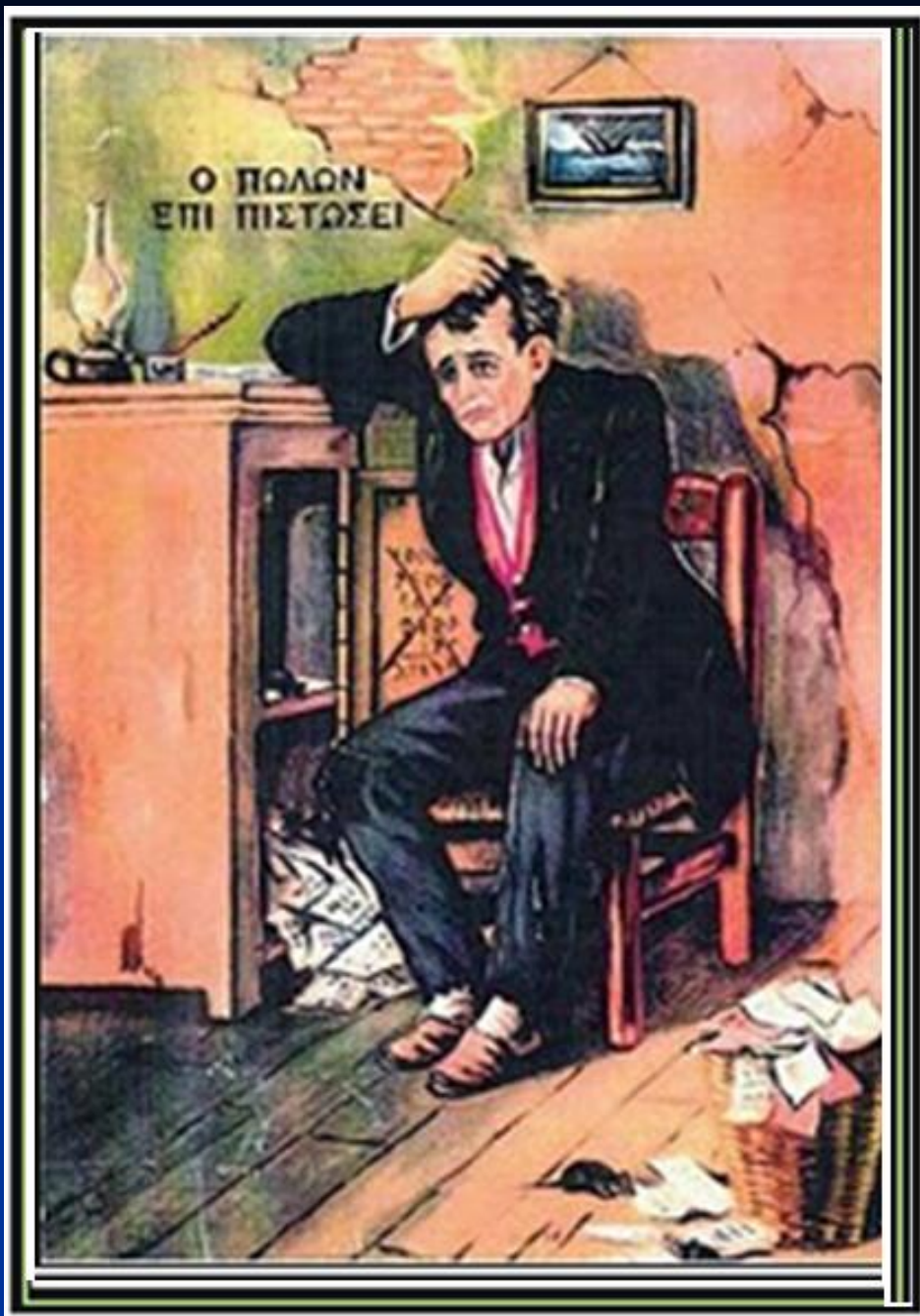
Συμπερασματικά...

Ο έλεγχος της βιωσιμότητας θα πρέπει να περιοριστεί μόνο στους ασθενείς στους οποίους η απόφαση για την αντιμετώπιση απαιτεί και επιπλέον πληροφορίες (μεγάλη ηλικία, άλλες νόσοι, ιδιαιτερότητα στην ανατομία των στεφανιαίων αγγείων κλπ)



ATM MACHINES

So easy, any ~~bitch~~ STICH can use one.



ΜΕΤΑ ΤΟ 2011



Functional Imaging



**Stimulus
(Input)**



**Response
(Output)**





Σας ευχαριστώ πολύ...