



LEIDEN UNIVERSITY MEDICAL CENTER

Στένωση Αορτής: Νεότερα στη Διάγνωση

Βασίλειος Καμπερίδης

Clinical research fellow in Cardiology



HEART LUNG
CENTER LEIDEN



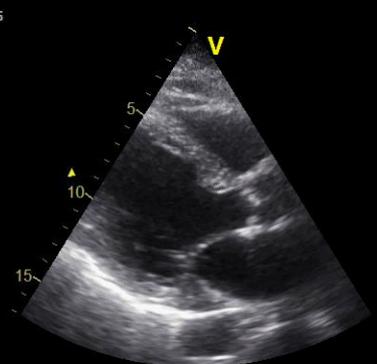
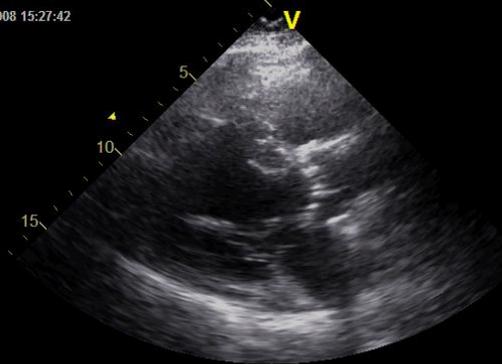
Disclosures

- ESC training grant
- EACVI research grant
- HCS training grant
- ELIKAR research grant

LF LG SAS

LVOT Diam 1.9 cm

LVOT Diam 1.9 cm



SVi= 33.9 ml/m²

SVi= 27.4 ml/m²



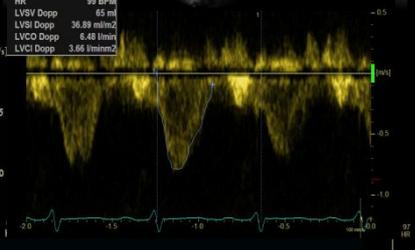
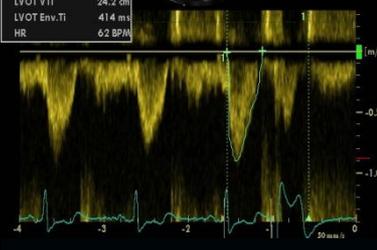
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108

LVOT Vmax	0.89 m/s
LVOT Vmean	0.58 m/s
LVOT maxPG	3.20 mmHg
LVOT meanPG	1.63 mmHg
LVOT VTI	24.2 cm
LVOT Env.TI	414 ms
HR	62 BPM

LVOT Vmax	0.79 m/s
LVOT Vmean	0.53 m/s
LVOT maxPG	2.49 mmHg
LVOT meanPG	1.30 mmHg
LVOT VTI	17.2 cm
LVOT Env.TI	333 ms
HR	98 BPM
LVSJ Dopp	65 ml
LWSC Dopp	36.89 ml/m ²
LVCJ Dopp	6.48 l/min
LVCJ Dopp	3.66 l/min/m ²



AVAi= 0.36 cm²/m²

AVAi= 0.35 cm²/m²



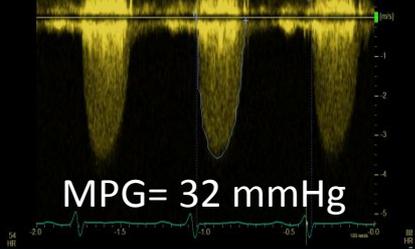
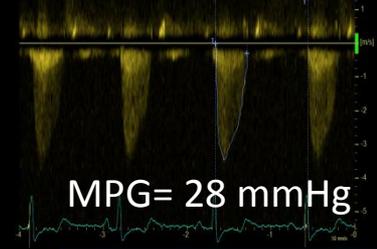
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101
3:45 HR

AV Vmax	3.47 m/s
AV Vmean	2.48 m/s
AV maxPG	48.07 mmHg
AV meanPG	27.39 mmHg
AV VTI	92.8 cm
AV Env.TI	374 ms
HR	55 BPM

AV Vmax	3.59 m/s
AV Vmean	2.70 m/s
AV maxPG	51.49 mmHg
AV meanPG	32.74 mmHg
AV VTI	78.6 cm
AV Env.TI	291 ms
HR	88 BPM



MPG= 28 mmHg

MPG= 32 mmHg



56
2:29 HR

LVEF ≥50%

LVEF <50%

98
3:51 HR

Stage	Definition	Valve Anatomy	Valve Hemodynamics	Hemodynamic Consequences	Symptoms
A	At risk of AS	<ul style="list-style-type: none"> Bicuspid aortic valve (or other congenital valve anomaly) Aortic valve sclerosis 	<ul style="list-style-type: none"> Aortic $V_{max} < 2$ m/s 	<ul style="list-style-type: none"> None 	<ul style="list-style-type: none"> None
B	Progressive AS	<ul style="list-style-type: none"> Mild-to-moderate leaflet calcification of a bicuspid or trileaflet valve with some reduction in systolic motion or Rheumatic valve changes with commissural fusion 	<ul style="list-style-type: none"> Mild AS: Aortic V_{max} 2.0–2.9 m/s or mean $\Delta P < 20$ mm Hg Moderate AS: Aortic V_{max} 3.0–3.9 m/s or mean ΔP 20–39 mm Hg 	<ul style="list-style-type: none"> Early LV diastolic dysfunction may be present Normal LVEF 	<ul style="list-style-type: none"> None
C: Asymptomatic severe AS					
C1	Asymptomatic severe AS	<ul style="list-style-type: none"> Severe leaflet calcification or congenital stenosis with severely reduced leaflet opening 	<ul style="list-style-type: none"> Aortic $V_{max} \geq 4$ m/s or mean $\Delta P \geq 40$ mm Hg AVA typically is ≤ 1.0 cm² (or AVAi ≤ 0.6 cm²/m²) Very severe AS is an aortic $V_{max} \geq 5$ m/s or mean $\Delta P \geq 60$ mm Hg 	<ul style="list-style-type: none"> LV diastolic dysfunction Mild LV hypertrophy Normal LVEF 	<ul style="list-style-type: none"> None: Exercise testing is reasonable to confirm symptom status
C2	Asymptomatic severe AS with LV dysfunction	<ul style="list-style-type: none"> Severe leaflet calcification or congenital stenosis with severely reduced leaflet opening 	<ul style="list-style-type: none"> Aortic $V_{max} \geq 4$ m/s or mean $\Delta P \geq 40$ mm Hg AVA typically ≤ 1.0 cm² (or AVAi ≤ 0.6 cm²/m²) 	<ul style="list-style-type: none"> LVEF $< 50\%$ 	<ul style="list-style-type: none"> None
D: Symptomatic severe AS					
D1	Symptomatic severe high-gradient AS	<ul style="list-style-type: none"> Severe leaflet calcification or congenital stenosis with severely reduced leaflet opening 	<ul style="list-style-type: none"> Aortic $V_{max} \geq 4$ m/s or mean $\Delta P \geq 40$ mm Hg AVA typically ≤ 1.0 cm² (or AVAi ≤ 0.6 cm²/m²) but may be larger with mixed AS/AR 	<ul style="list-style-type: none"> LV diastolic dysfunction LV hypertrophy Pulmonary hypertension may be present 	<ul style="list-style-type: none"> Exertional dyspnea or decreased exercise tolerance Exertional angina Exertional syncope or presyncope
D2	Symptomatic severe low-flow/low-gradient AS with reduced LVEF	<ul style="list-style-type: none"> Severe leaflet calcification with severely reduced leaflet motion 	<ul style="list-style-type: none"> AVA ≤ 1.0 cm² with resting aortic $V_{max} < 4$ m/s or mean $\Delta P < 40$ mm Hg Dobutamine stress echocardiography shows AVA ≤ 1.0 cm² with $V_{max} \geq 4$ m/s at any flow rate 	<ul style="list-style-type: none"> LV diastolic dysfunction LV hypertrophy LVEF $< 50\%$ 	<ul style="list-style-type: none"> HF Angina Syncope or presyncope
D3	Symptomatic severe low-gradient AS with normal LVEF or paradoxical low-flow severe AS	<ul style="list-style-type: none"> Severe leaflet calcification with severely reduced leaflet motion 	<ul style="list-style-type: none"> AVA ≤ 1.0 cm² with aortic $V_{max} < 4$ m/s or mean $\Delta P < 40$ mm Hg Indexed AVA ≤ 0.6 cm²/m² and Stroke volume index < 35 mL/m² Measured when patient is normotensive (systolic BP < 140 mm Hg) 	<ul style="list-style-type: none"> Increased LV relative wall thickness Small LV chamber with low stroke volume Restrictive diastolic filling LVEF $\geq 50\%$ 	<ul style="list-style-type: none"> HF Angina Syncope or presyncope

Low-Gradient AS: survival analysis

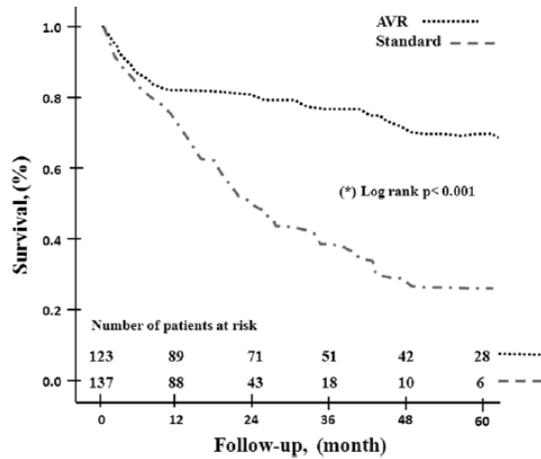


Figure 2. Unadjusted analysis of survival of patients who underwent aortic valve replacement (AVR) and those who received standard medical therapy.

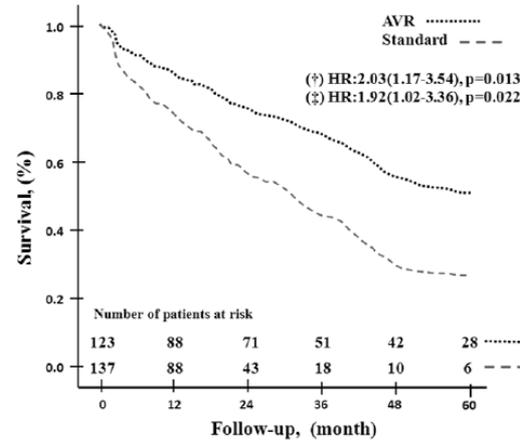


Figure 3. After adjustment for demographic variables (†) and a Society of Thoracic Surgeons score-based model (‡), aortic valve replacement (AVR) was found to be independently associated with better outcome (please see the text and Table 3 for models). HR indicates hazard ratio.

Low-Gradient

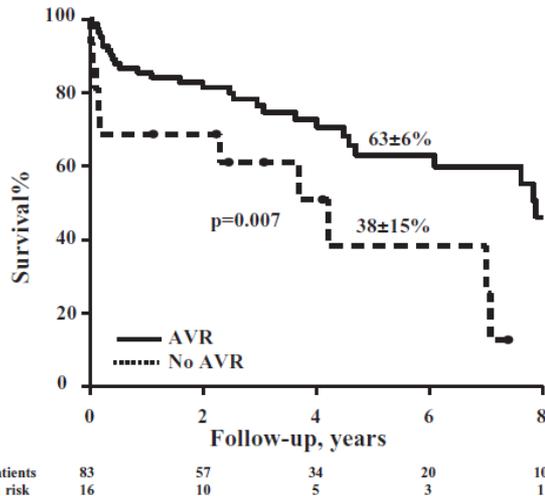
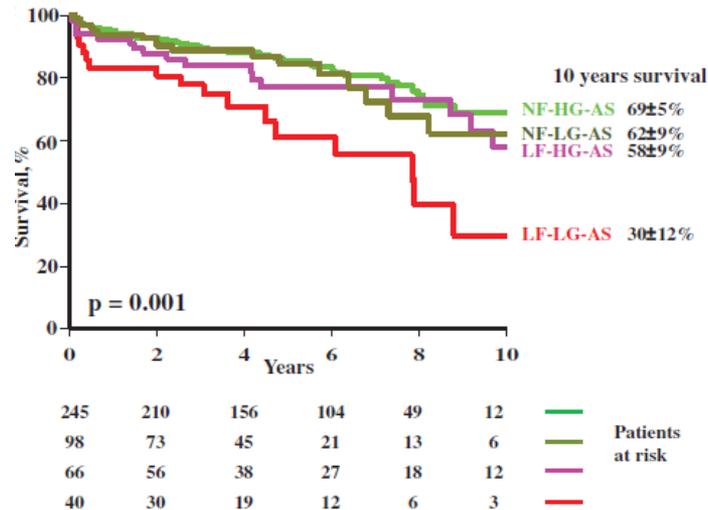


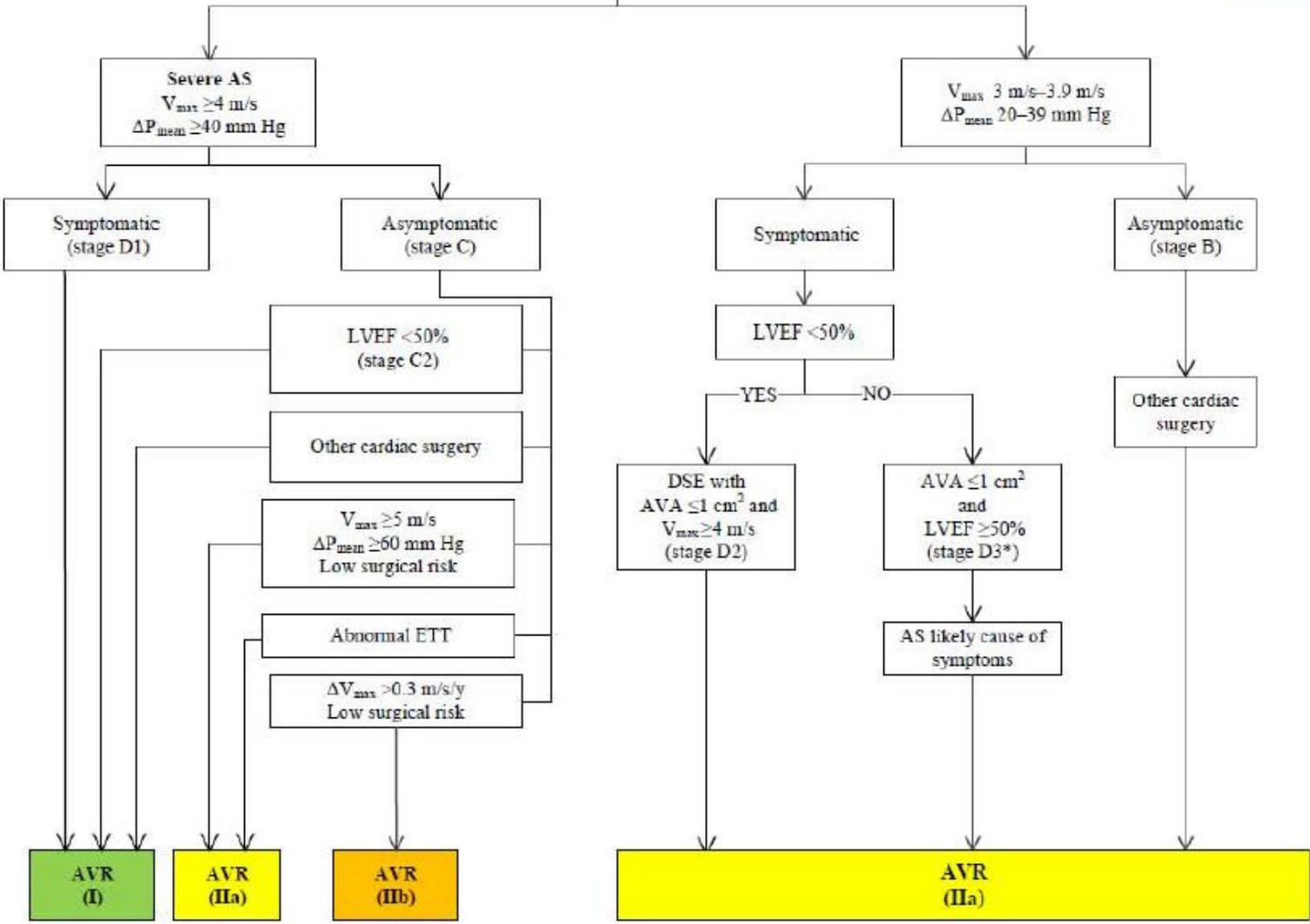
Figure 2. Overall survival in patients with low-flow, low-gradient aortic stenosis group according to the management: aortic valve replacement (AVR) vs conservative.



Paradoxical
Low-flow
Low-Gradient

- Class I
- Class IIa
- Class IIb

**Abnormal Aortic Valve With
Reduced Systolic Opening**



Pathophysiology of adverse outcomes in AS

Imbalance between

❑ LV hemodynamic load

- Aortic valve obstruction

- Elevated arterial pressure

❑ LV capacity to overcome the increased load

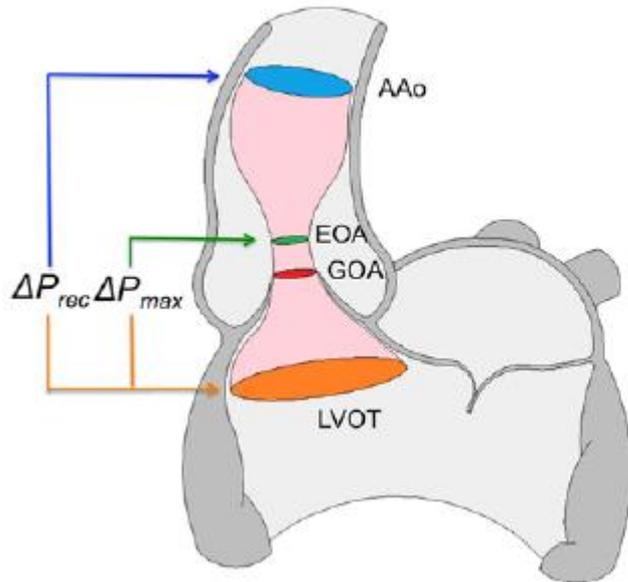
Multimodality Imaging for AS diagnosis

Modalities Used for Diagnosis of AS

Diagnostic Modality	Advantages	Disadvantages
Doppler echocardiography	<ul style="list-style-type: none"> • Non/ minimally invasive • Moderate spatial resolution • Provides both flow and anatomy 	<ul style="list-style-type: none"> • Does not provide pressure directly • Need LVOT measurements • Need good imaging windows for accurate measurements
Cardiac catheterization	<ul style="list-style-type: none"> • Direct pressure measurement • Can resolve inconsistencies in echo diagnosis 	<ul style="list-style-type: none"> • Invasive • Time-averaged CO measure • Cannot provide valve anatomy
CT	<ul style="list-style-type: none"> • Highest spatial resolution • Can provide 3D anatomy 	<ul style="list-style-type: none"> • No hemodynamic data • Radiation exposure
MRI	<ul style="list-style-type: none"> • Provides 3D anatomy and flow • No radiation risks 	<ul style="list-style-type: none"> • Low spatial and temporal resolution • Aliasing in severe AS • Expensive

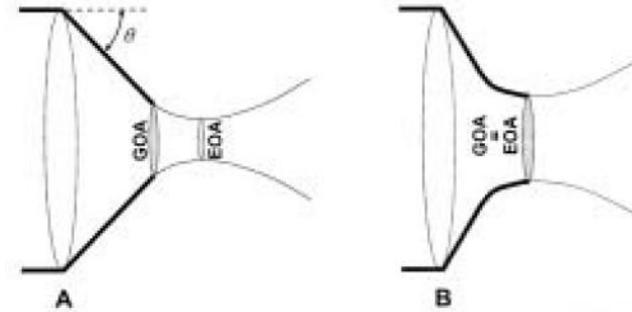
Metric	Units	Method	Severe AS Cutoff
AS jet velocity*	m/s	Direct measure	> 4.0
Mean pressure gradient*	mm Hg	Direct measure (Cath) Bernoulli equation (Echo)	> 40
EOA*	cm ²	Gorlin equation (Cath) Continuity equation (Echo)	< 1.0
Indexed EOA*	cm ² /m ²	EOA normalized by BSA	< 0.6
Dimensionless index (DI)*	None	Ratio of LVOT velocity and VC velocity	< 0.25
<u>Energy loss index</u>	cm ² /m ²	Indexed EOA accounting for ascending aorta size	< 0.5–0.6
<u>Valvuloarterial impedance</u>	mm Hg·mL ⁻¹ ·m ⁻²	Global systolic LV load, including arterial pressure	4.5–5
AV resistance	dynes·s ⁻¹ ·cm ⁻⁵	Resistance of AV to flow	> 280
<u>Projected valve area at normal flow</u>	cm ²	Estimated EOA at normal flow	< 1.0
<u>Calcium score</u>	AU	Measured from CT data	> 1651

AS: which aortic valve area



$$C_c = \frac{EOA}{GOA}$$

$$EOA = \frac{A_{LVOT} VTI_{LVOT}}{VTI_{VC}}$$



Diagnostic method

AVA

Definition

Echocardiographic or CMR planimetry

GOA

Anatomic area of the valve aperture

Doppler echocardiography

EOA

Cross-sectional area of the vena contracta

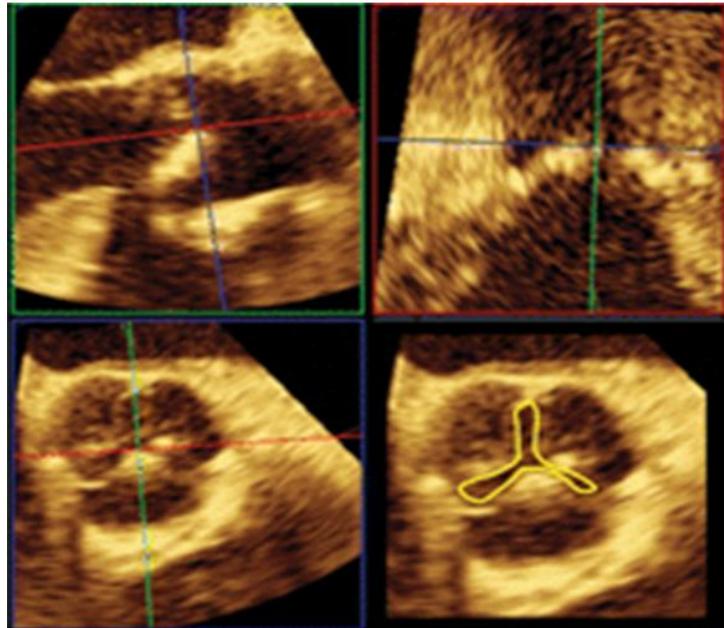
Cardiac catheterization

$EOA A_A / (A_A - EOA)$

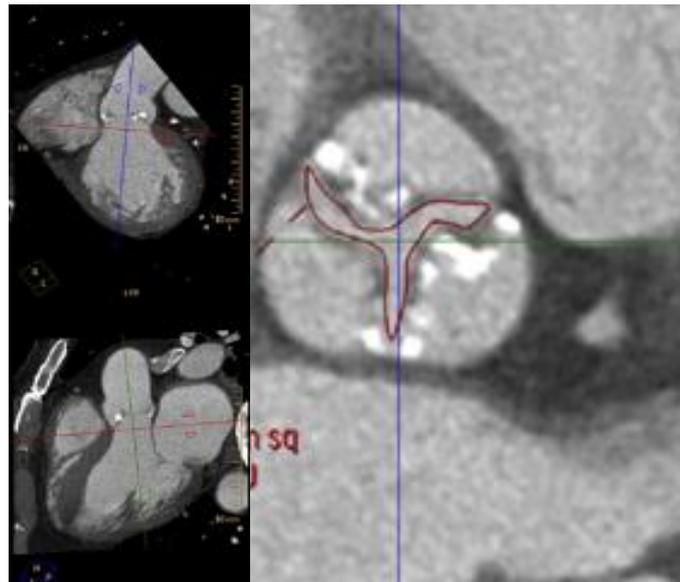
Area characterizing the flow energy loss

Anatomic aortic valve area

3D Echo



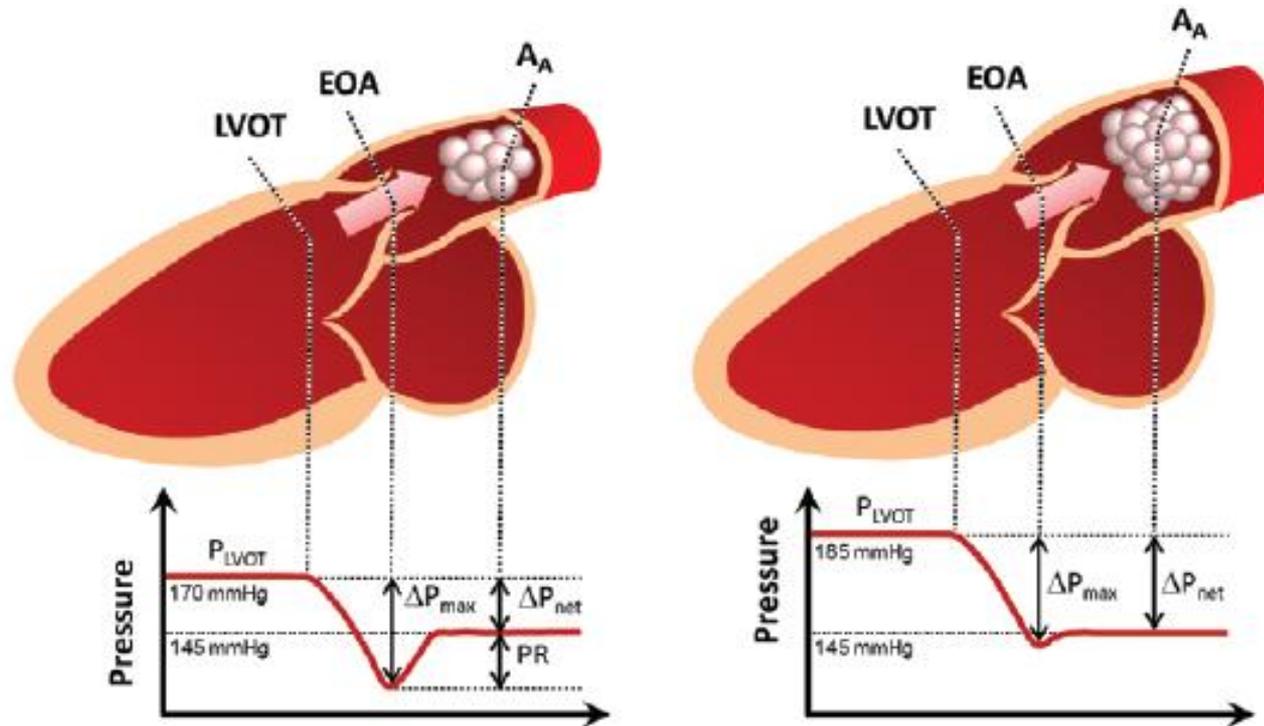
MDCT



MRI



Pressure Recovery - Energy loss index



$$ELI = [(AVA \times AA) / (AA - AVA)] / BSA$$

Becomes particularly relevant in patients with moderate to severe AS and small aortas, in whom measurement of AVA by Doppler echocardiography may lead to overestimation of severity

Energy loss index

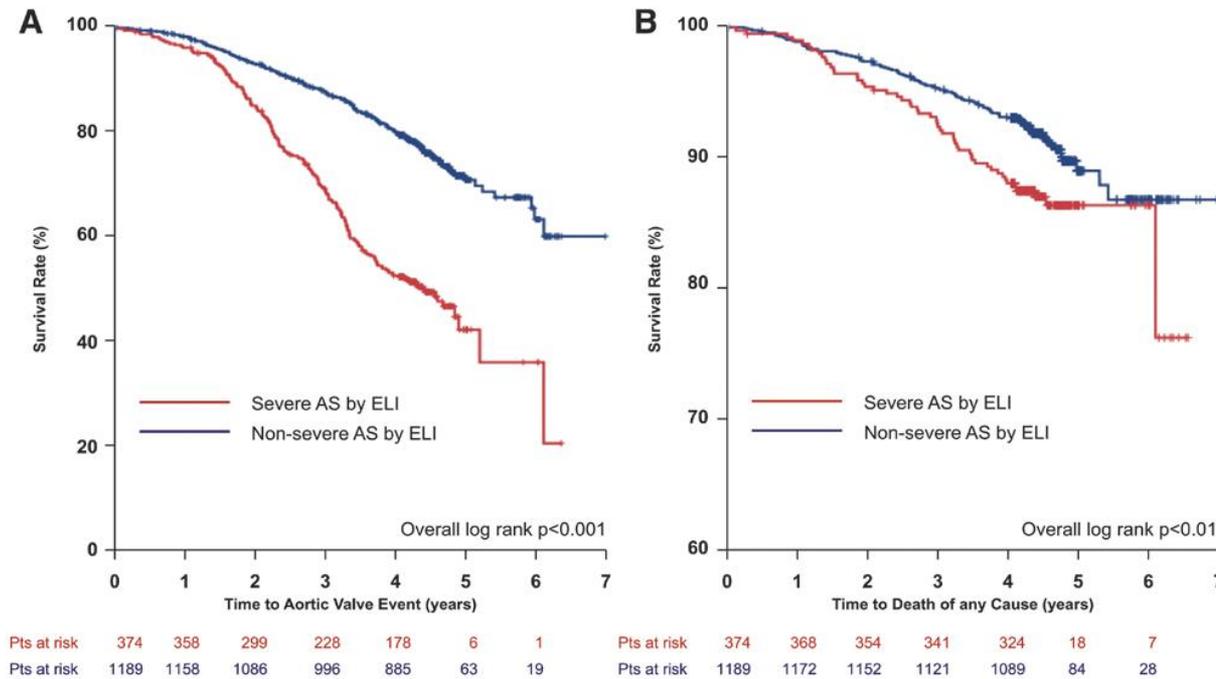


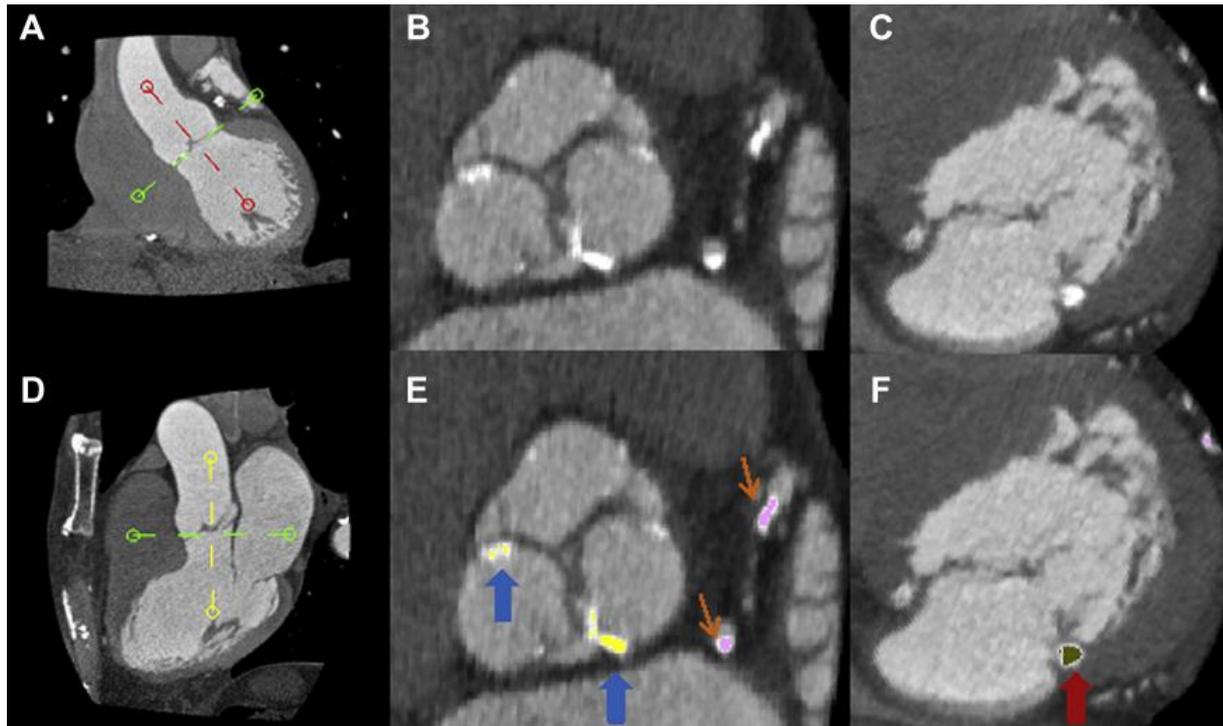
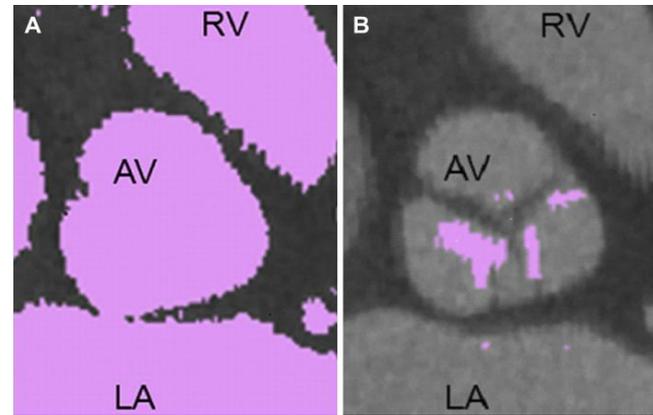
Figure 1. Kaplan-Meier plot of event-free survival (A) and overall survival (B) in groups of aortic stenosis (AS) patients (Pts) with or without severe AS by energy loss index (ELI) at baseline.

value $< 0.6 \text{ cm}^2/\text{m}^2$ was used as the cutoff for diagnosing severe AS by ELI

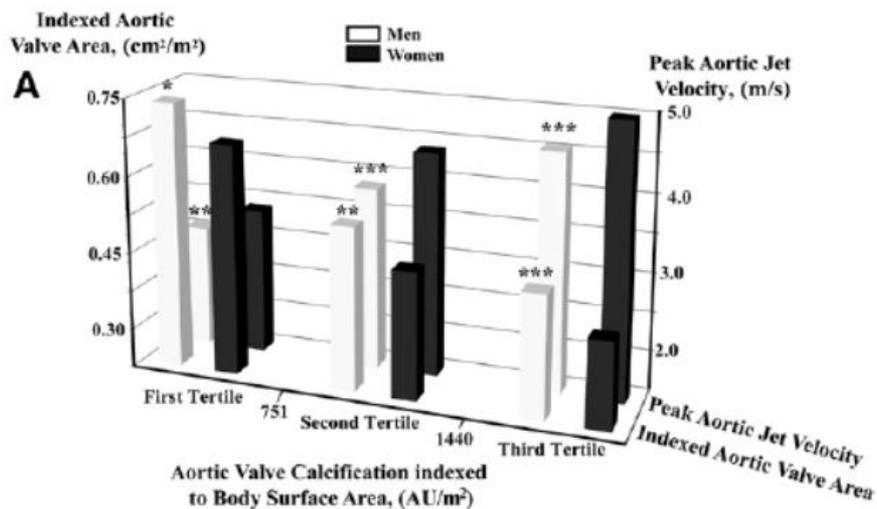
ELI improved the prediction of aortic valve events by 13% (95% confidence interval 5–19)

MDCT

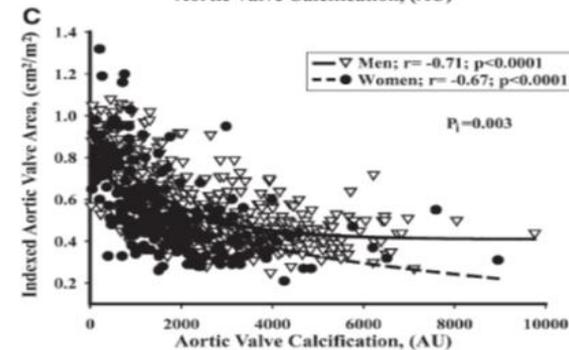
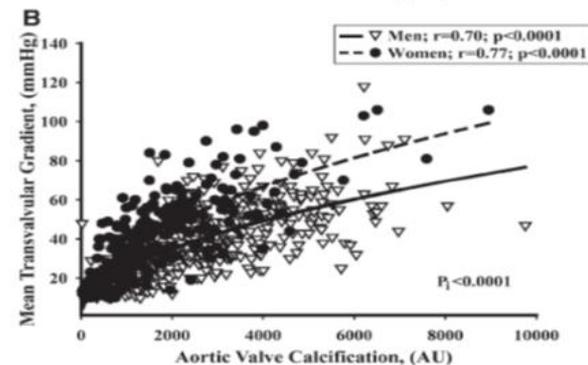
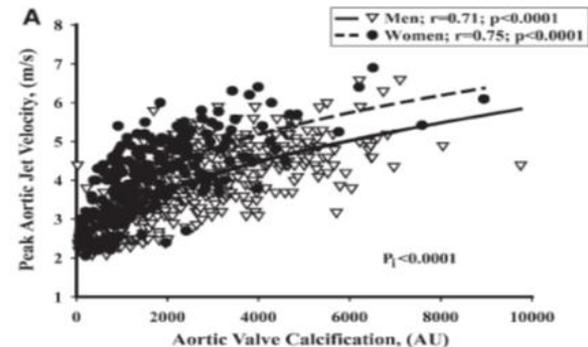
valve calcification



Aortic valve calcification in AS



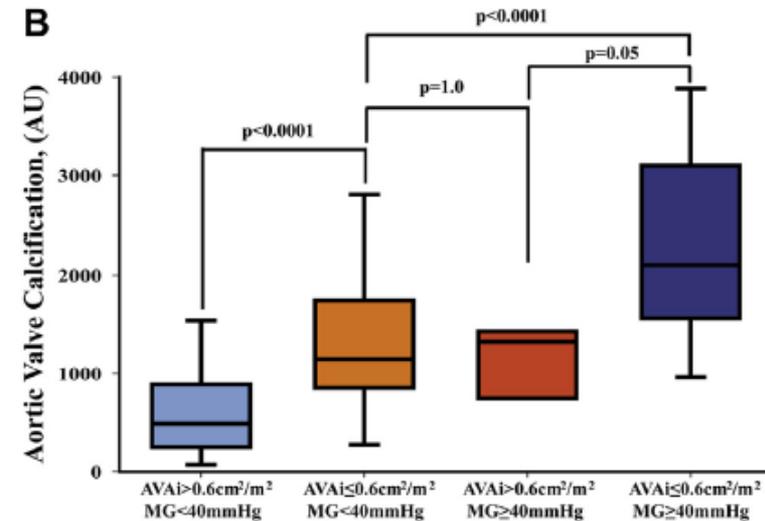
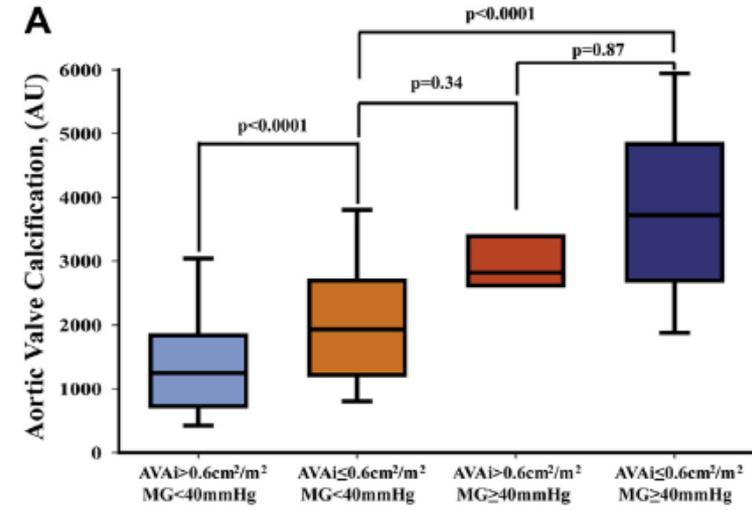
Aortic Valve Calcification >1650 AU



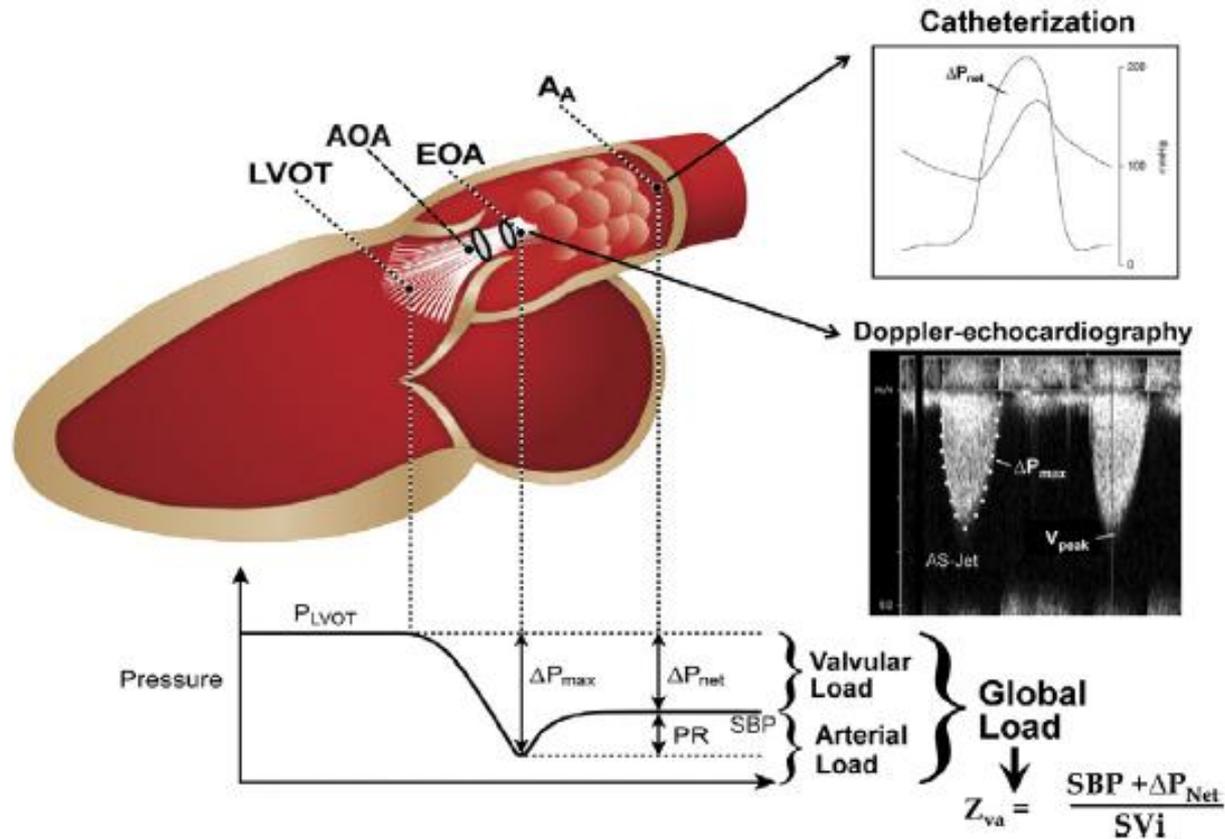
Aortic valve calcification in AS

Table 4 Accuracy of AVC, AVCi, and AVCd to Identify Severe AS

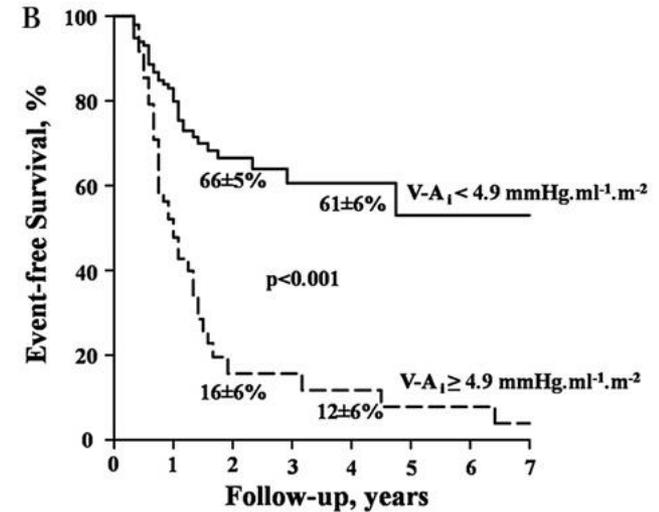
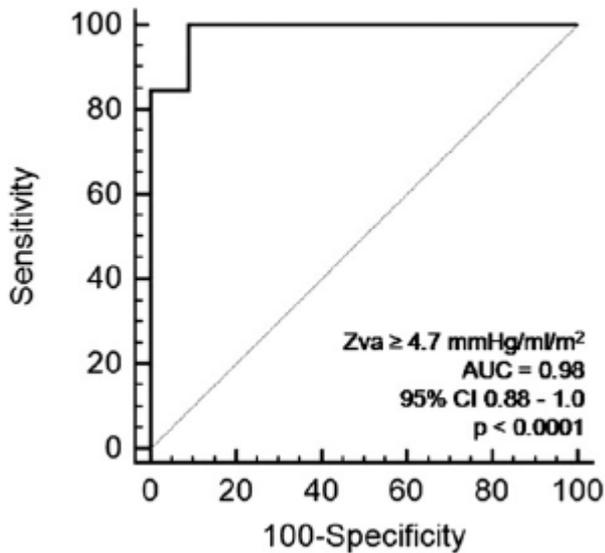
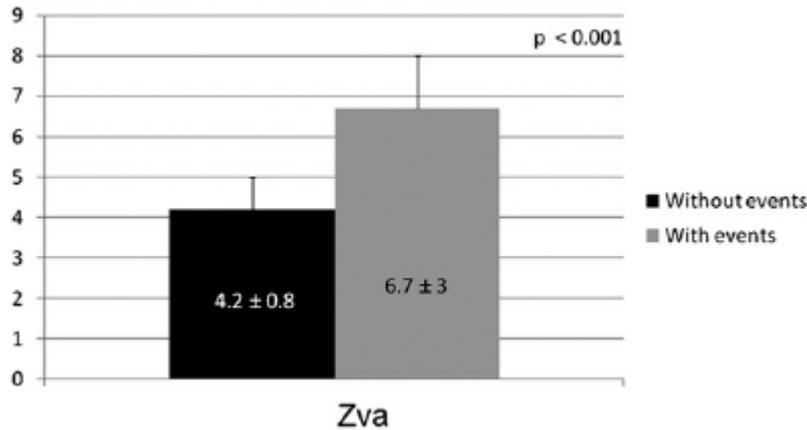
Sex	AUC	Threshold	Sensitivity (%)	Specificity (%)	PPV (%)	NPV (%)
AVC						
Women	0.91					
	Specific threshold	1,681*	69	95	95	65
	Best threshold	<u>1,274*</u>	86	89	93	79
	Sensitive threshold	791*	95	63	81	88
Men	0.90					
	Specific threshold	3,381*	59	95	95	59
	Best threshold	<u>2,065*</u>	89	80	88	82
	Sensitive threshold	1,661*	95	70	84	90
AVCi						
Women	0.91					
	Specific threshold	1,071†	59	95	96	59
	Best threshold	637†	91	85	91	85
	Sensitive threshold	476†	95	69	84	89
Men	0.89					
	Specific threshold	1,733†	55	95	95	57
	Best threshold	1,067†	86	79	87	77
	Sensitive threshold	776†	95	61	80	88
AVCd						
Women	0.93					
	Specific threshold	580†	73	95	96	68
	Best threshold	292†	92	81	87	86
	Sensitive threshold	228†	95	68	83	89
Men	0.92					
	Specific threshold	727†	65	95	95	63
	Best threshold	476†	90	80	88	82
	Sensitive threshold	402†	95	70	84	90



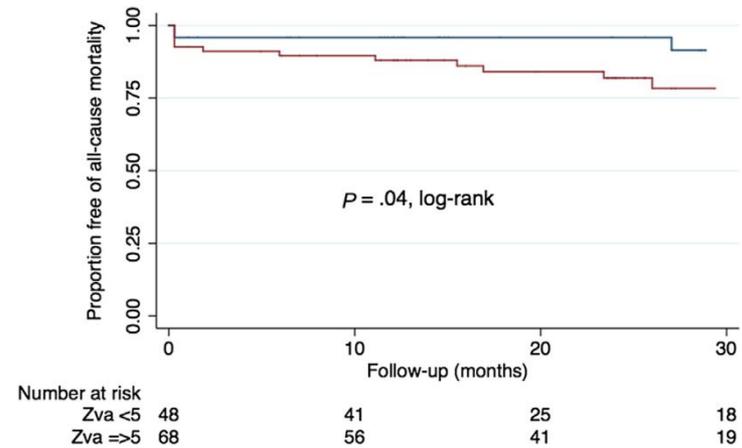
Afterload in AS



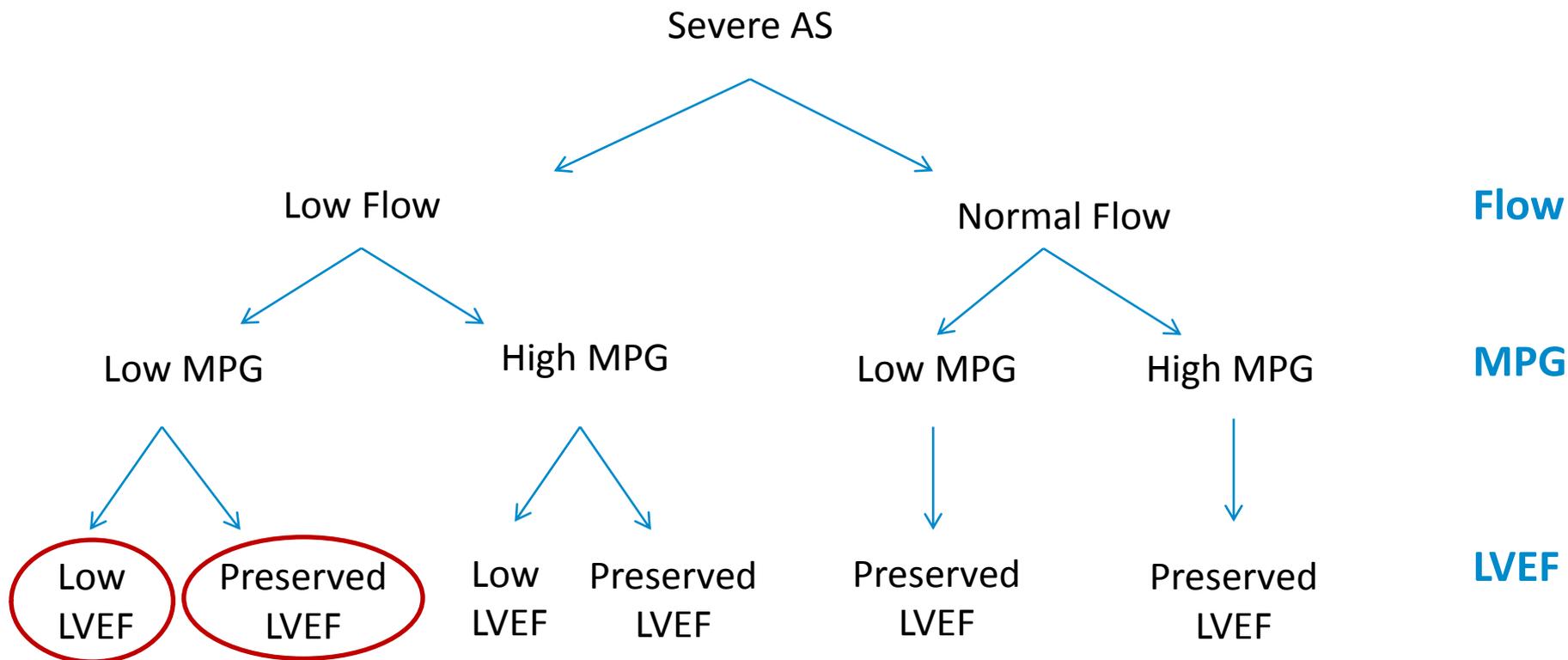
Valvulo-arterial impedance



Patients	115	81	39	19	19	8	8	8
at risk	48	24	5	5	4	3	3	2



TYPES OF SEVERE AORTIC STENOSIS



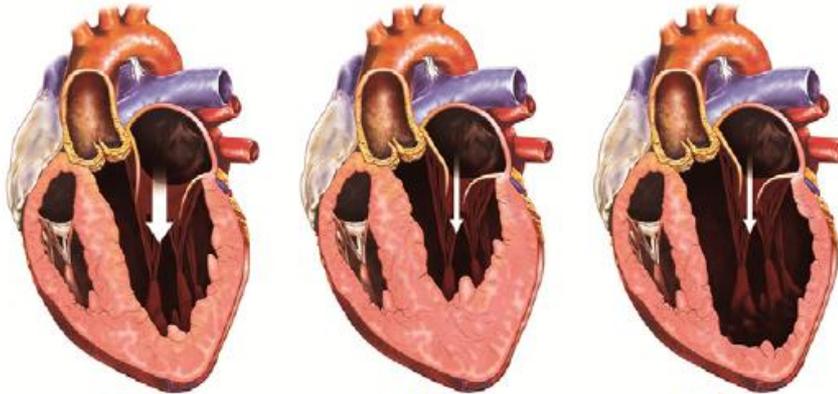
LV remodeling

**NORMAL-LVEF
NORMAL-FLOW,
HIGH-GRADIENT**

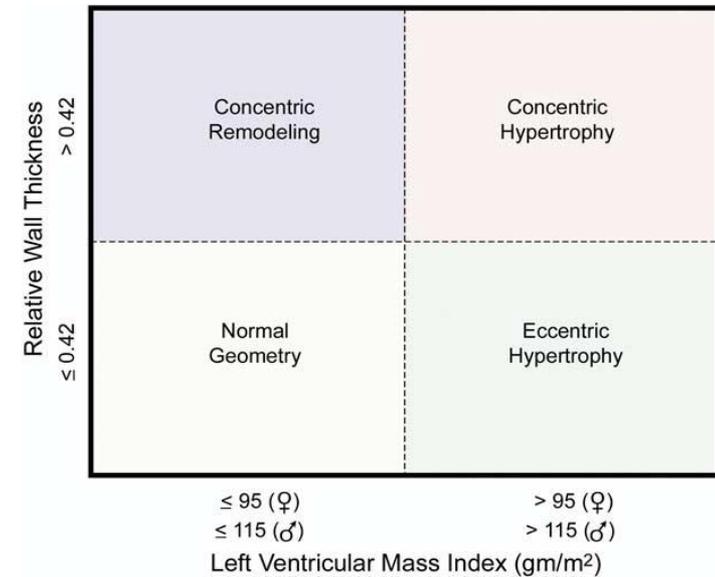
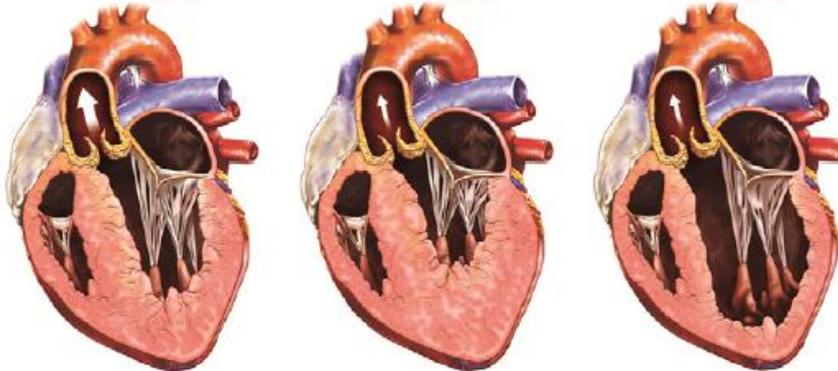
**NORMAL-LVEF
"PARADOXICAL"
LOW-FLOW,
LOW-GRADIENT**

**LOW-LVEF
"CLASSICAL"
LOW-FLOW,
LOW-GRADIENT AS**

DIASTOLE

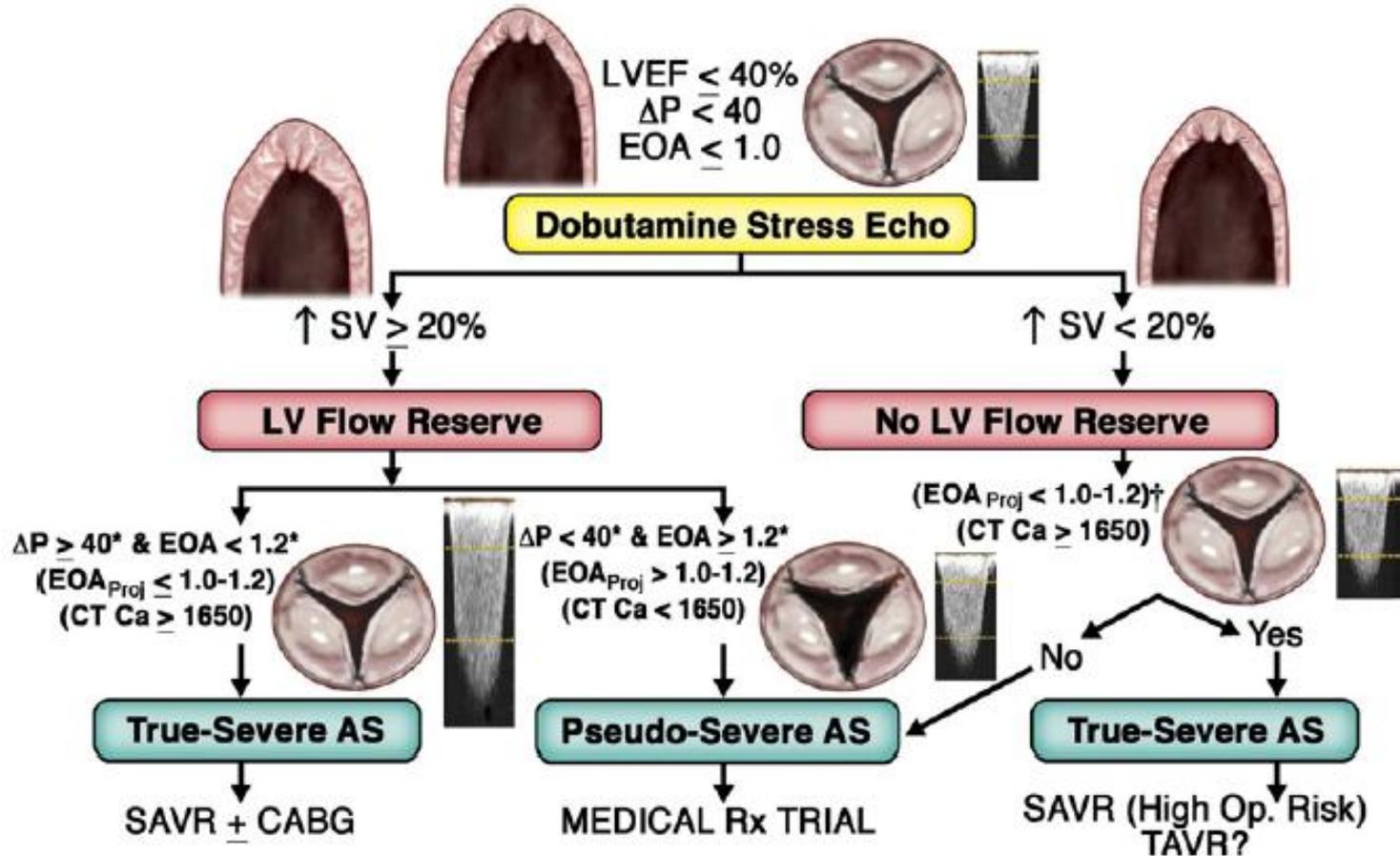


SYSTOLE

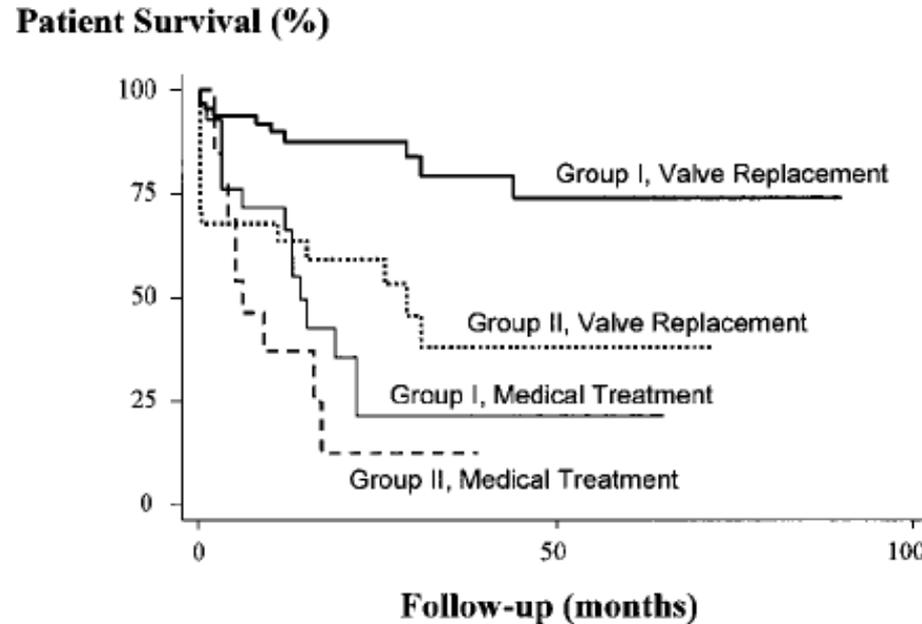


Stress Echo

Classical low-flow low-gradient AS



Flow reserve: impact on decision making



Kaplan-Meier survival estimates by group and treatment.

Group I : Contractile reserve on DSE
Group II: No contractile reserve on DSE

Stress Echo

Paradoxical low-flow low-gradient AS

Low dose dobutamine stress Echocardiography

$$AVA_{proj} = \frac{AVA_{peak} - AVA_{rest}}{Q_{peak} - Q_{rest}} \times (250 - Q_{rest}) + AVA_{rest}$$

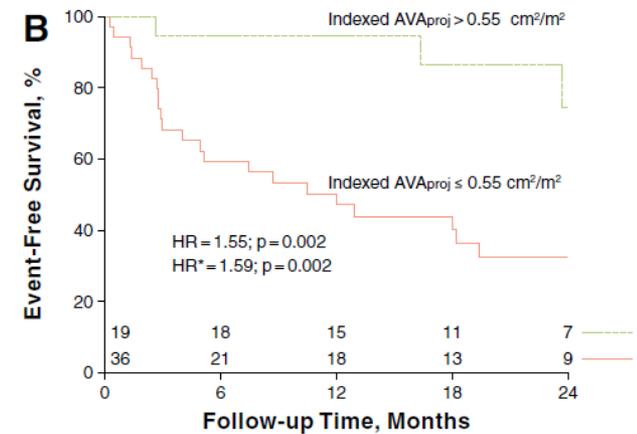
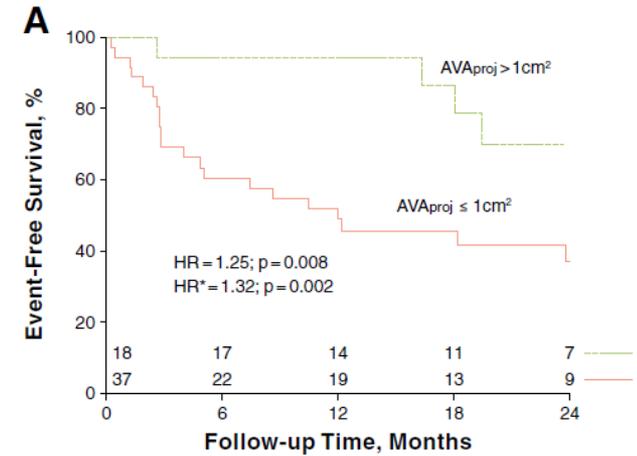
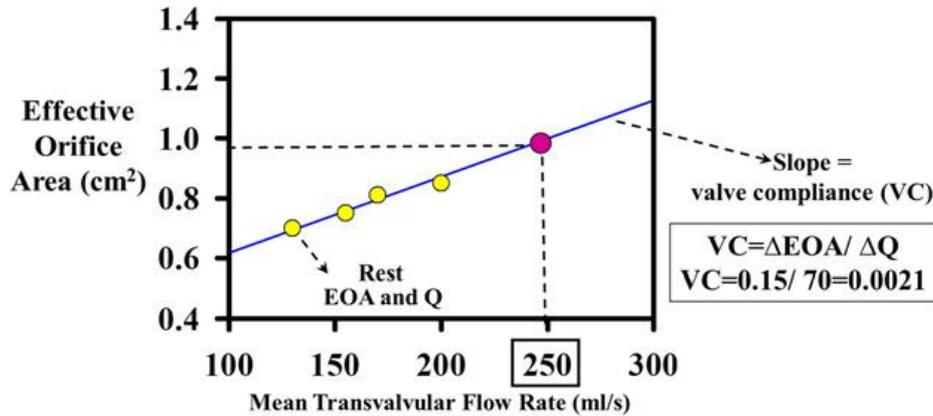
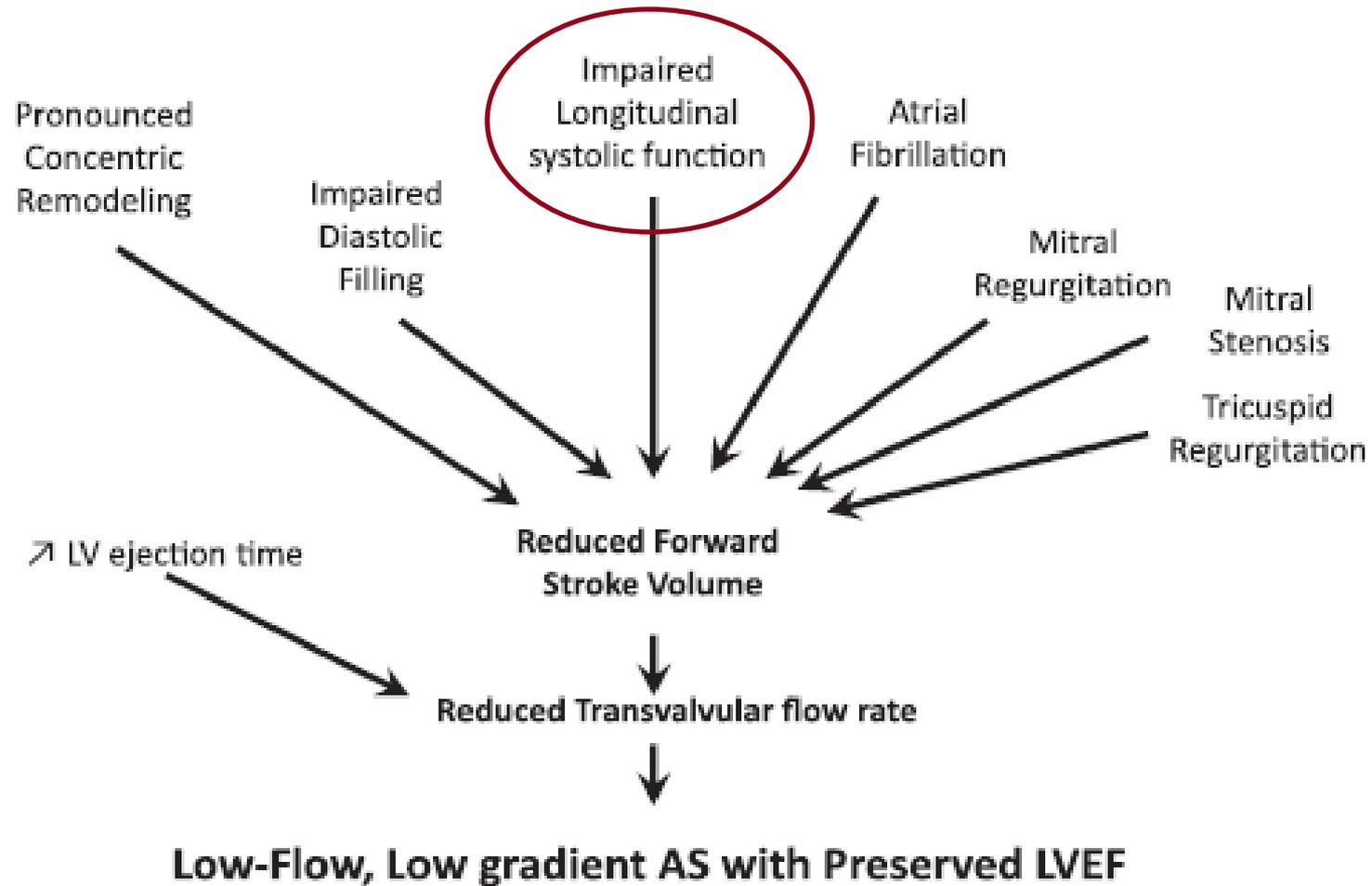


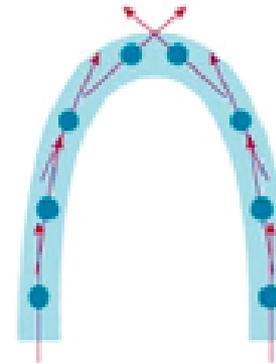
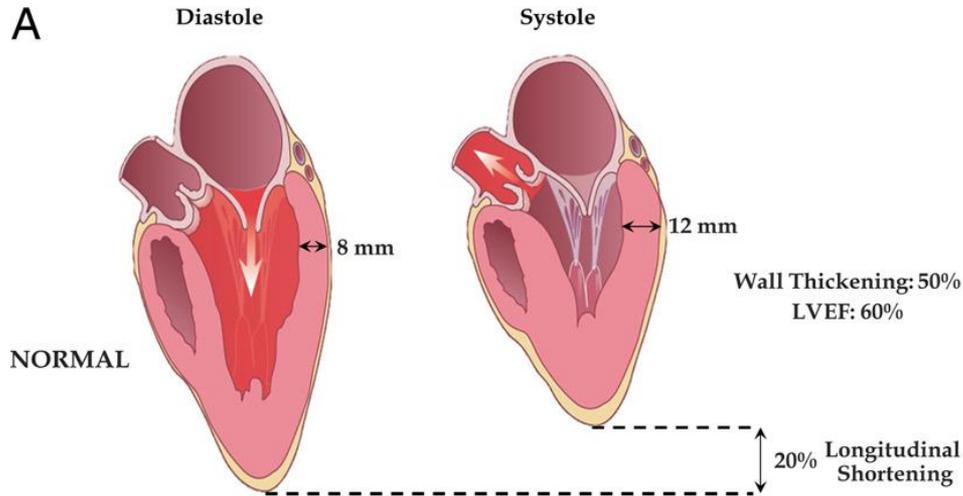
Figure 3. Event-Free Survival According to AVA_{proj}

Event-free survival according to (A) projected aortic valve area (AVA_{proj}) at normal flow rate and (B) indexed AVA_{proj} during stress echocardiography. *Hazard ratio (HR) adjusted for age and sex.

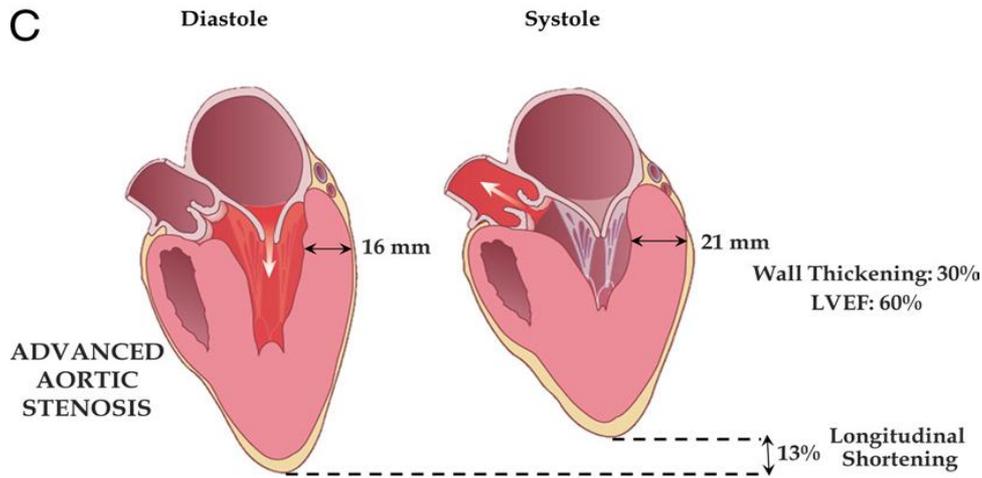
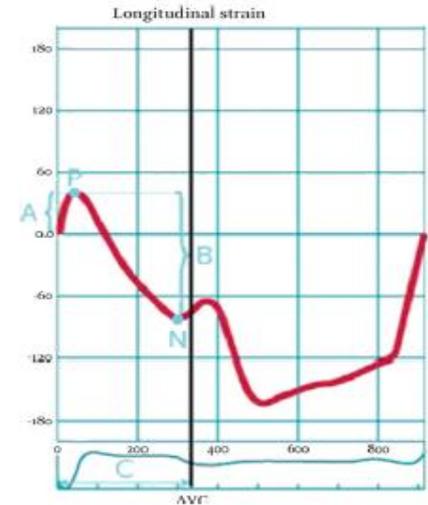
Paradoxical low-flow low-gradient AS



Systolic function in AS



longitudinal



Global longitudinal Strain & Strain rate in AS

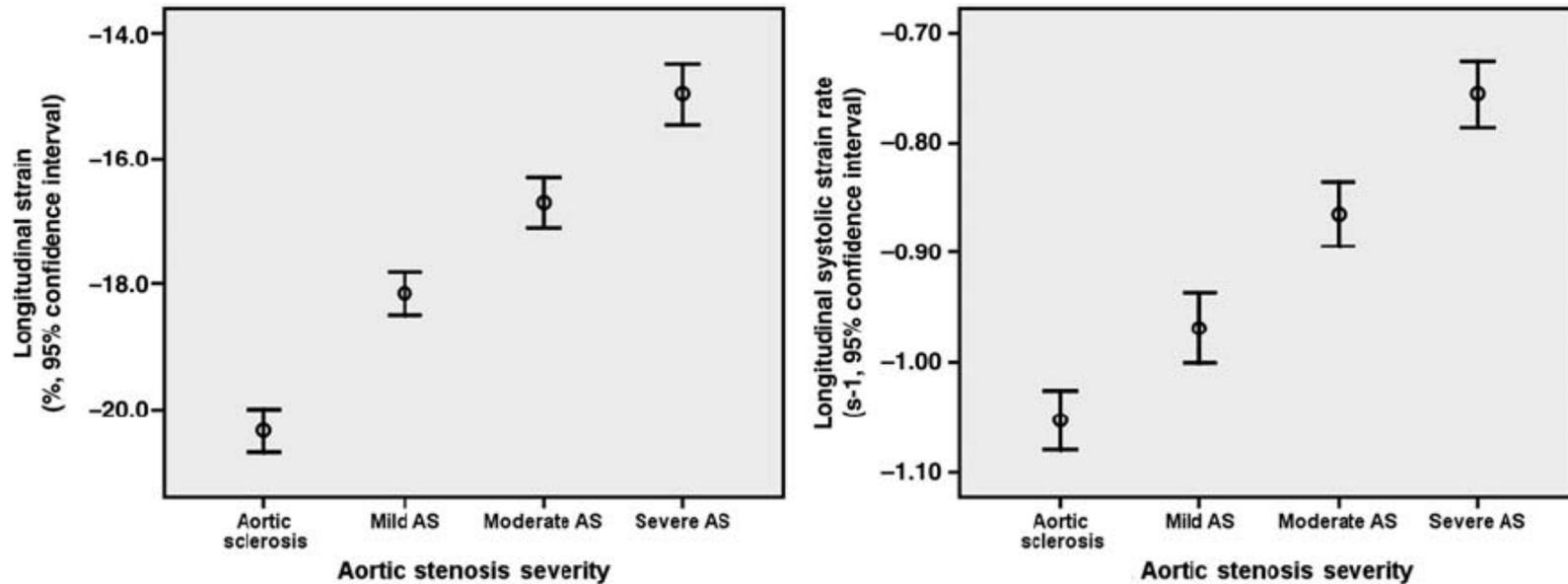


Figure 1 Impairment of left ventricular longitudinal strain and systolic strain rate with increasing aortic stenosis severity ($P < 0.001$ by ANOVA). Left ventricular longitudinal function progressively decline from mild to severe aortic stenosis. Post hoc analysis with Bonferroni correction showed that with each categorical increase in aortic stenosis severity grade from sclerosis to severe stenosis, there was an associated progressive impairment of longitudinal strain and strain rate (all $P < 0.05$).

Table 1. Characterization of 340 Patients Based on Flow (\leq or >35 mL/m²) and Gradient (\leq or >40 mm Hg)

AVA \leq 0.6 cm ² /m ²	Normal Flow SVI >35 mL/m ²	Low Flow SVI \leq 35 mL/m ²		
High gradient MG >40 mm Hg	Group 1	Group 2		
	Normal flow, high gradient	Low flow, high gradient		
	n=213 (62.7%)	n=45 (13.2%)		
	LVEF: 66.8 \pm 8 %	LVEF: 63.7 \pm 8.2 %		
	MG: 57 \pm 13.5 mm Hg	MG: 64.4 \pm 16.3 mm Hg	n=258	
	AVA: 0.79 \pm 0.17 cm ²	AVA: 0.46 \pm 0.11 cm ²	(75.9%)	
	AVAi: 0.44 \pm 0.08 cm ² /m ²	AVAi: 0.26 \pm 0.05 cm ² /m ²		
	Z _{va} : 4.1 \pm 0.8 mm Hg/ml/m ²	Z _{va} : 6.7 \pm 1.3 mm Hg/ml/m ²		
	GLS: -16.5 \pm 3.4 %	GLS: -14.1 \pm 3.5 %		
	Low gradient MG \leq 40 mm Hg	Group 3	Group 4	
Normal flow, low gradient		Low flow, low gradient		
n=52 (15.3%)		n=30 (8.8%)		
LVEF: 64.6 \pm 7.3 %		LVEF: 63 \pm 9.3 %		
MG: 34.4 \pm 4.6 mm Hg		MG: 32.7 \pm 5.7 mm Hg	n=82	
AVA: 0.86 \pm 0.14 cm ²		AVA: 0.7 \pm 0.12 cm ²	(24.1%)	
AVAi: 0.49 \pm 0.07 cm ² /m ²		AVAi: 0.38 \pm 0.08 cm ² /m ²		
Z _{va} : 4 \pm 0.8 mm Hg/ml/m ²		Z _{va} : 5.5 \pm 1.1 mm Hg/ml/m ²		
GLS: -16.5 \pm 3.5 %		GLS: -15.5 \pm 4.1 %		
n=265 (78%)		n=75 (22%)	n=340 (100%)	
Group 1 SVI >35 MG >40 n=213	Group 2 SVI \leq 35 MG >40 n=45	Group 3 SVI >35 MG \leq 40 n=52	Group 4 SVI \leq 35 MG \leq 40 n=30	
GLS (%)	-16.5 \pm 3.4†††	-14.1 \pm 3.5***,††	-16.5 \pm 3.5††	-15.5 \pm 4.1
LS base (%)	-13.6 \pm 3.2†††,§	-10.9 \pm 2.8***,†††	-14.8 \pm 3†††,§§§	-11.6 \pm 3.4*,†††
LS mid-LV (%)	-15.8 \pm 3.1†††	-13.7 \pm 3***,†††	-16.8 \pm 3.2†††,§	-14.4 \pm 3.3†
LS apex (%)	-22 \pm 5.5†	-19.5 \pm 4.9*	-21.2 \pm 6.1	-20.1 \pm 6.5
RS (%)	35.9 \pm 16.8	33 \pm 21	36.7 \pm 14.5§	27.9 \pm 10.5†
CS (%)	-19.6 \pm 6 ns	-17.7 \pm 6.1	-18.3 \pm 5.6	-16.1 \pm 4.7

GLS in AS

preserved LVEF

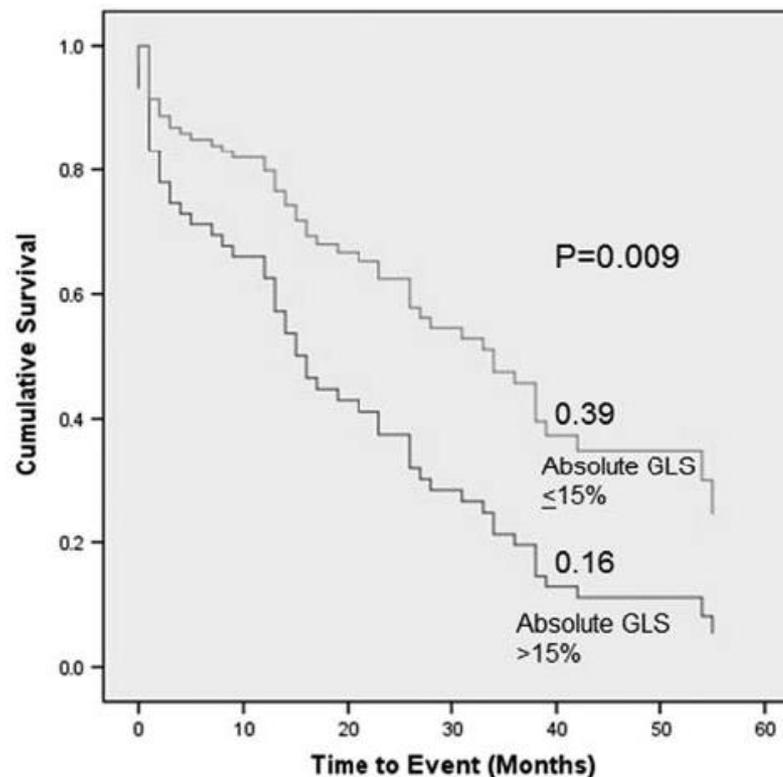
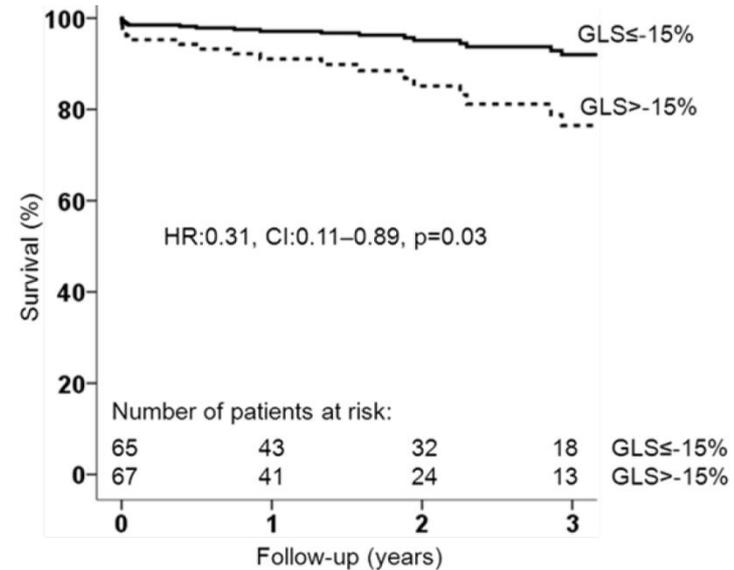
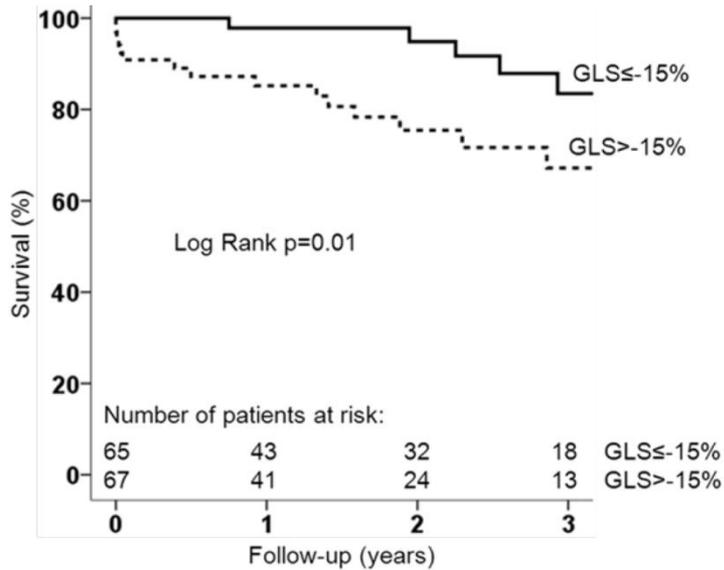


Table 3. Multivariate Analysis of Event-Free Survival. GLS Remains Associated With Survival After Correcting for Clinical Risk, Peak Gradient, Calcification, and Impedance

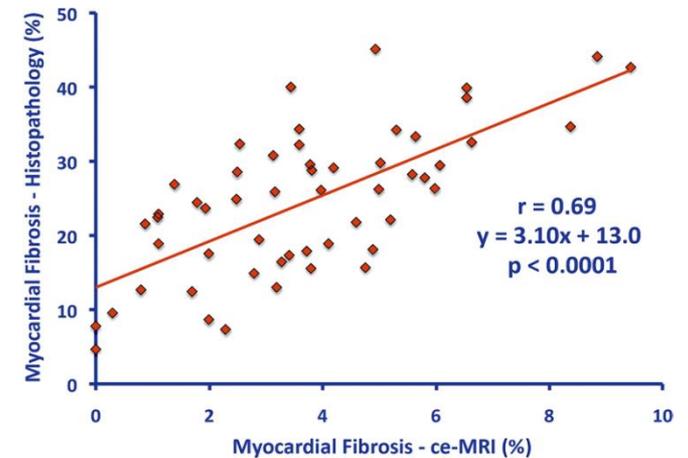
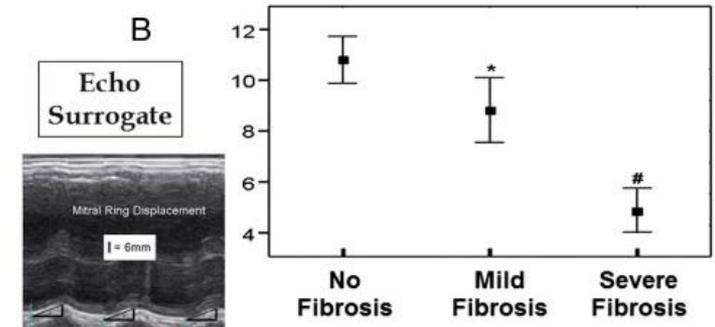
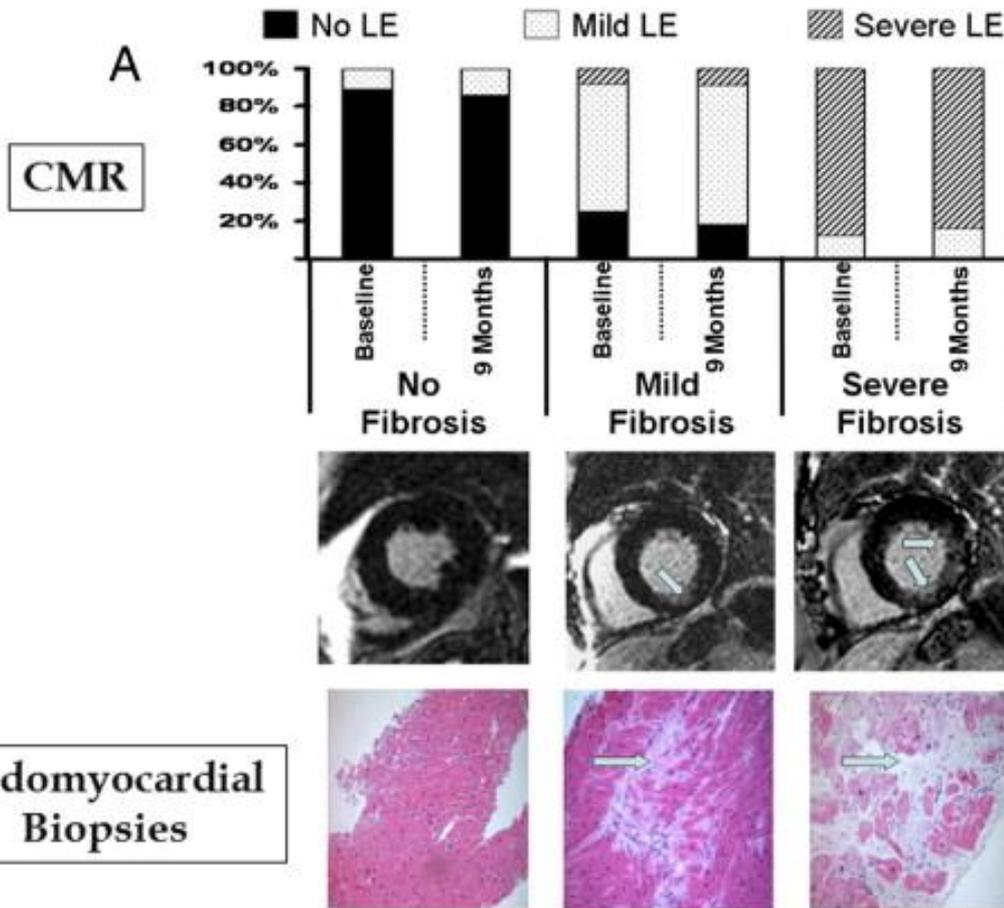
Variable	Gradient Model (R ² =0.47)		AV Calcification Model (R ² =0.26)		Impedance Model (R ² =0.28)	
	HR (95% CI)	P	HR (95% CI)	P	HR (95% CI)	P
STS-PRMM	0.95 (0.90–1.00)	0.06	0.95 (0.90–1.00)	0.07	0.95 (0.90–0.997)	0.04
Global longitudinal strain	1.13 (1.03–1.25)	0.01	1.13 (1.02–1.25)	0.02	1.15 (1.04–1.27)	0.01
Transaortic peak pressure gradient	1.02(1.01–1.04)	0.005
AV calcification score 3 or 4	2.63 (1.27–5.44)	0.009
Valvulo-arterial impedance	1.35 (1.08–1.67)	0.01

GLS in AS

Low-Gradient & preserved LVEF



Myocardial fibrosis in AS



MRI for fibrosis

	Severe AS, High Gradient (n = 49)	Severe AS, Low Gradient, EF ≥50% (n = 11)	Severe AS, Low Gradient, EF <50% (n = 9)
Left heart catheterization			
Aortic valve area, cm ²	0.7 ± 0.1	0.7 ± 0.2	0.8 ± 0.1
Indexed aortic valve area, cm ² ·m ⁻²	0.39 ± 0.12	0.41 ± 0.14	0.46 ± 0.11
Pulmonary capillary wedge pressure, mm Hg	14 ± 7	15 ± 7	18 ± 7
Stroke volume, ml	72 ± 12	56 ± 13	63 ± 13
Stroke volume index, ml·m ⁻²	40 ± 5	31 ± 4	34 ± 3
Mean aortic pressure gradient, mm Hg	53 ± 8	37 ± 8*	27 ± 8*†
Transvalvular flow rate, ml/s	241 ± 40	179 ± 30*	184 ± 20*
Central venous oxygen saturation, %	69 ± 4	63 ± 4*	59 ± 4*†
cMRI			
Ejection fraction, %	55 ± 13	56 ± 12	38 ± 17*†
Late enhancement-positive segments: 0/1/>1, %	47/19/34	0/20/80	0/23/77
Myocardial histology			
Interstitial fibrosis, %	1.8 ± 0.8	3.9 ± 0.6*	4.8 ± 0.6*
Myocyte diameter, μm	12.2 ± 1.3	13.1 ± 1.5	13.7 ± 1.3*
Cardiac biomarkers			
NT-proBNP, pg/ml	1,418 (377-1,505)	3,730 (1,858-5,671)*	5,016 (4,182-5,704)*

Myocardial fibrosis in AS

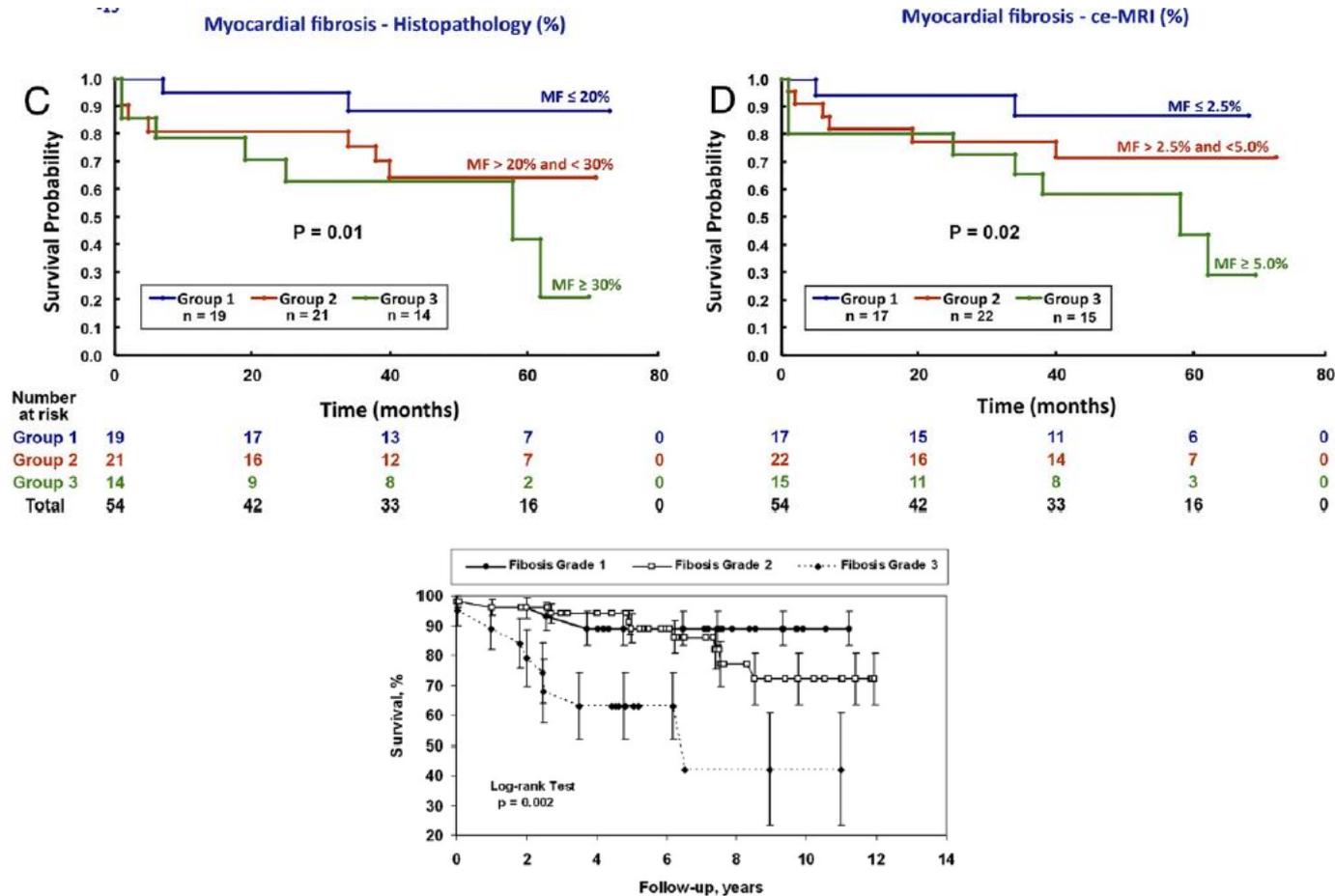
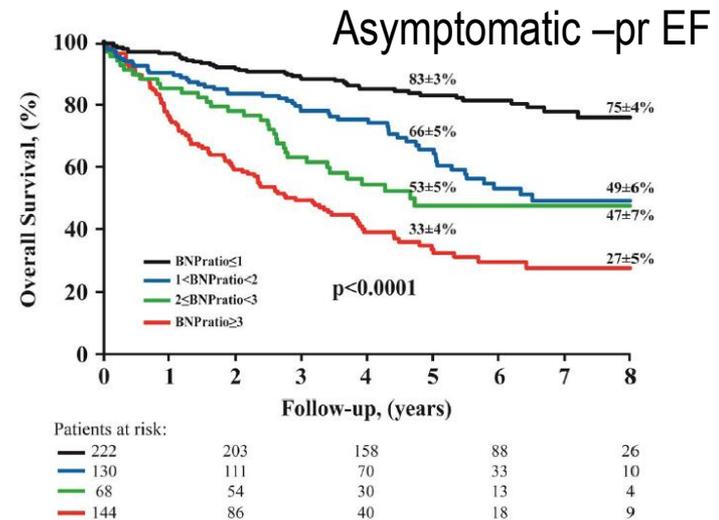
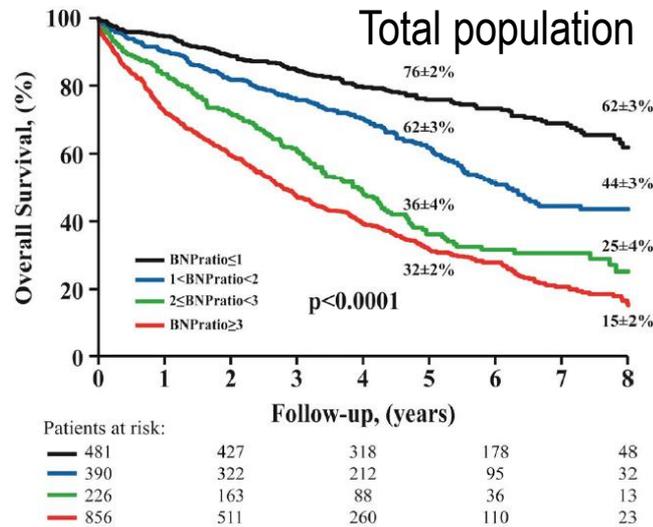
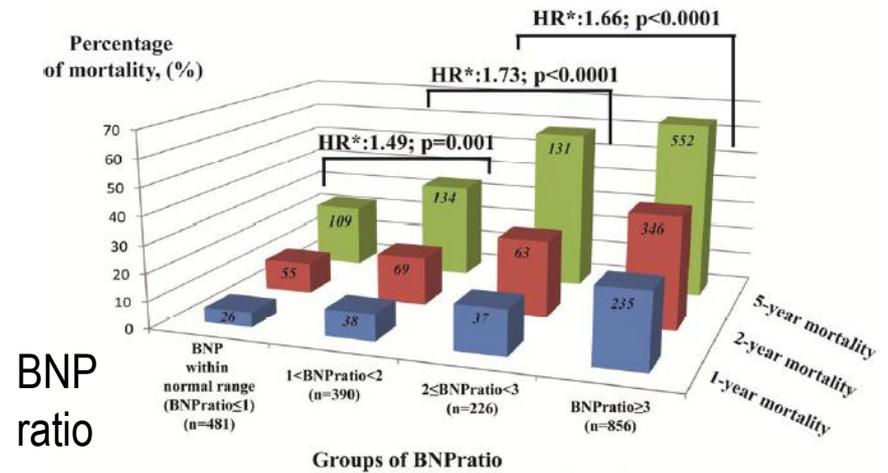
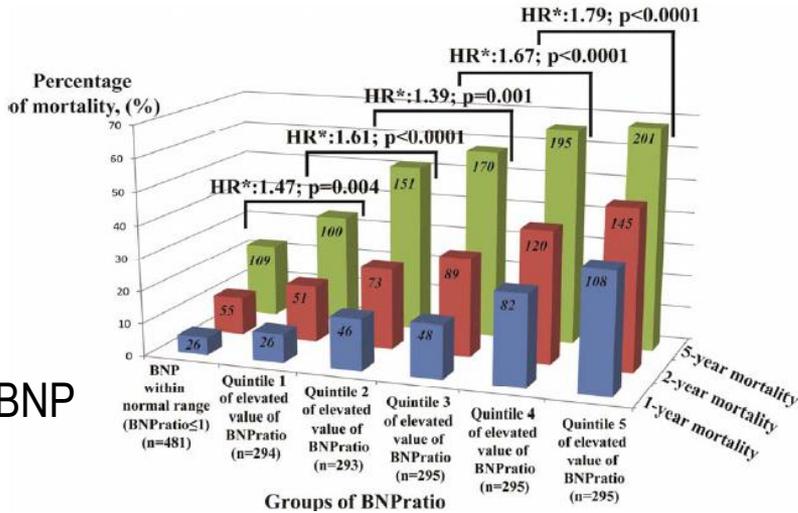


FIGURE 4. Actuarial freedom from cardiac death at 10 years according to myocardial fibrosis grade.

Higher fibrosis → worse survival after AVR

BNP in AS



Quantification of valvular obstruction

Mean gradient*†

>40 mm Hg

Same as peak aortic jet velocity

Same as peak aortic jet velocity

Valve effective orifice area*†

≤1.0 cm²

Less flow dependent than gradient or

Susceptible to measurements errors

$$EOA = SV_{LVOT}/VTI_{Ao}$$

≤0.6 cm²/m²

peak velocity

Over-estimates LV energy loss in patients with small aortas

Indexed EOA*

Reflects intrinsic severity of valvular obstruction

May under- or over-estimate stenosis severity in presence of hypertension

$$EOAI = EOA/BSA$$

May over-estimate stenosis severity in low flow states

EOA may over-estimate severity in patients with small body size.

Indexed EOA may over-estimate severity in obese patients

Energy loss index

≤0.5–0.6 cm²/m²

Less flow dependent than gradient or peak velocity

Susceptible to measurements errors

$$ELI = [EOA \times A_A/A_A - EOA]/BSA$$

Takes into account pressure recovery and is ± equivalent to EOA measured by catheter

May under- or over-estimate stenosis severity in presence of hypertension

May over-estimate stenosis severity in low flow states

Reflects true LV energy loss caused by stenosis

Should be measured in patients with small aortas

Aortic valve calcification score†

Echo 4/4†

Can be estimated by echo and quantitatively measured by multislice CT

Echo, semiquantitative assessment
CT, exposure to radiation

CT >1,650 AU

Correlates well with stenosis severity and predicts rapid stenosis progression

Independent of hemodynamic conditions

Useful in low flow states when echo assessment of stenosis hemodynamic severity is inconclusive

Quantification of global LV hemodynamic load

Valvuloarterial impedance (Z_{va})*

>4.5 mm Hg·ml⁻¹·m²

Can be measured by Doppler echocardiography

Susceptible to measurements errors

$$Z_{va} = SBP + \Delta P_{Mean}/SVI$$

Reflects global (valvular+arterial) load imposed on LV

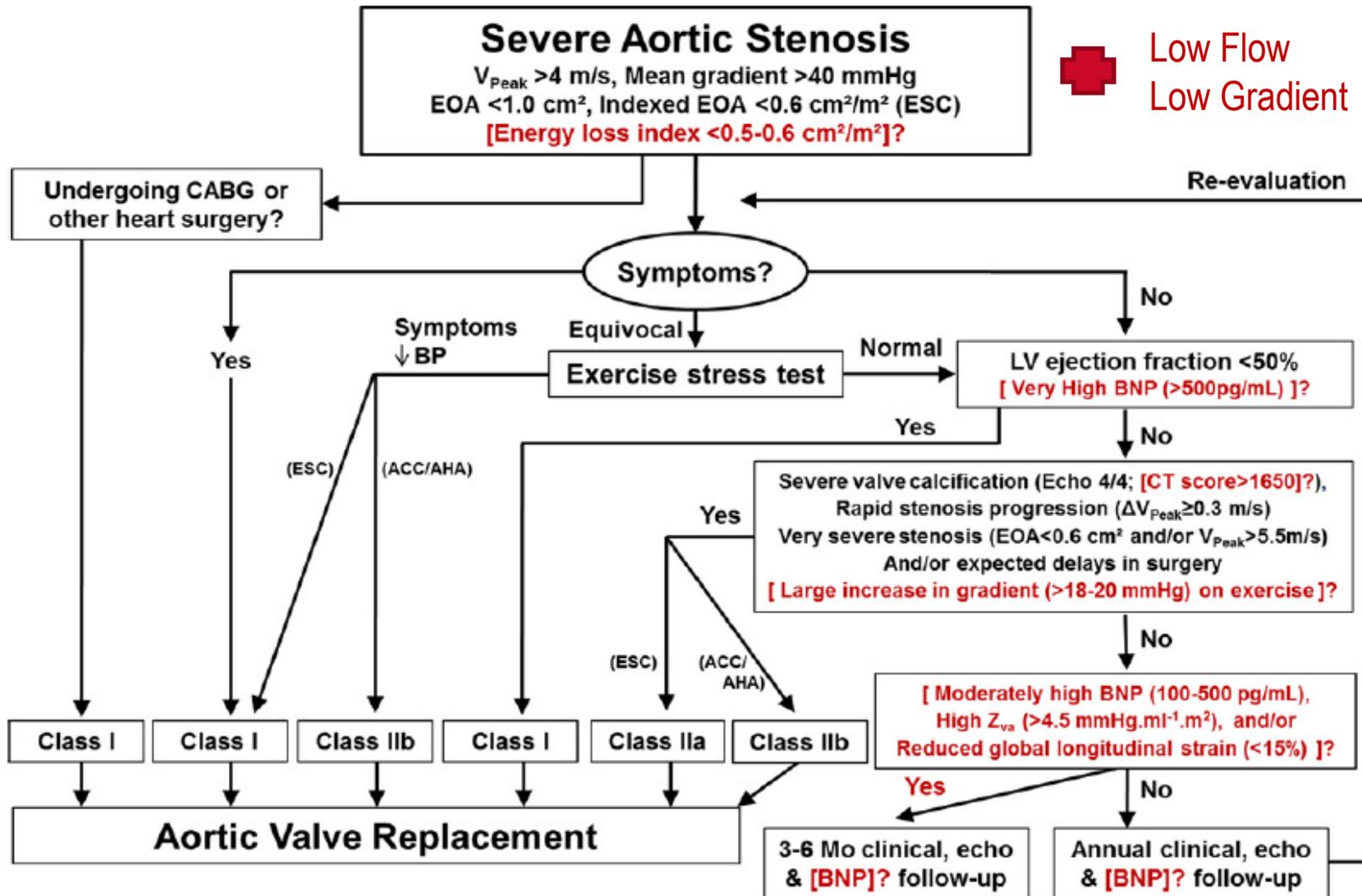
Does not permit to discriminate the valvular versus the arterial contribution to the global LV load

Potentially superior to predict occurrence of symptoms and events

Quantification of LV systolic dysfunction

LVEF*†	<50%	Widely used and validated with regard to outcome data	Susceptible to measurements errors Also influenced by LV geometry Under-estimates the degree of myocardial systolic dysfunction in presence of LV concentric remodeling
Global longitudinal strain*	<15%	Less influenced by LV geometry Superior to LVEF to assess intrinsic myocardial function	Cutoff values need to be further validated
Myocardial fibrosis		Can be measured by CMR Predicts poor outcomes after AVR	High cost and low availability of CMR
Plasma natriuretic peptides* BNP or NT-ProBNP		Easy and inexpensive to measure Reflects total burden of disease on myocardium Correlates well with myocardial systolic dysfunction and symptoms Predicts poor outcomes before and after AVR	High variability in the threshold values reported in the literature to predict poor outcomes Increase in BNP during serial follow-up may be superior to isolated measure Does not permit discriminating impact of valvular stenosis versus hypertension versus other cardiovascular disease NT-ProBNP may be more sensitive to detect early LV systolic dysfunction but more age dependent
Forward Flow	- SVi <35ml/m ²		
Stress echocardiography	- Projected AVA <1cm ²		
LV remodeling	- Concentric remodeling or hypertrophy		

AS: New in diagnosis



Ευχαριστώ

Table 2: Hazard ratio, 95% confidence interval and p-value for different variables and threshold of BNP

		Overall	Multivariate Analysis [§]		
			Overall mortality [†] - Whole cohort	Mortality Under medical treatment – Whole cohort	Overall mortality [†] - Asymptomatic isolated AS*
Ln BNP	HR (95%CI)	1.68 (1.60-1.77)	1.40 (1.31-1.50)	1.41 (1.30-1.54)	1.61 (1.36-1.91)
	p	<0.0001	<0.0001	<0.0001	<0.0001
LnBNPratio	HR (95%CI)	1.54 (1.47-1.62)	1.40 (1.31-1.50)	1.41 (1.30-1.54)	1.61 (1.37-1.91)
	p	<0.0001	<0.0001	<0.0001	<0.0001
Activated BNP	HR (95%CI)	3.08 (2.59-3.69)	1.91 (1.55-2.35)	1.84 (1.44-2.35)	2.35 (1.57-3.56)
	p	<0.0001	<0.0001	<0.0001	<0.0001
Activated BNP less than twice normal [‡]	HR (95%CI)	1.80 (1.44-2.25)	1.49 (1.17-1.90)	1.43 (1.08-1.90)	2.10 (1.32-3.36)
	p	<0.0001	0.001	0.008	0.002
Activated BNP 2 to 3 time normal [‡]	HR (95%CI)	3.13 (2.48-3.96)	2.12 (1.63-2.75)	2.10 (1.55-2.86)	2.25 (1.31-3.87)
	p	<0.0001	<0.0001	<0.0001	0.003
Activated BNP more than 3 times normal [‡]	HR (95%CI)	4.06 (3.38-4.91)	2.43 (1.94-3.05)	2.21 (1.69-2.88)	3.93 (2.40-6.43)
	p	<0.0001	<0.0001	<0.0001	<0.0001

*Asymptomatic isolated AS group was defined as asymptomatic AS with normal Ejection Fraction and no previous myocardial infarction; [‡]compared to normal BNP; [§]Adjusted for Age, Gender, Body Surface Area, Atrial Fibrillation, Charlson Score Index, Symptoms, Creatinine, Hemoglobin, Systolic Blood Pressure, Indexed Aortic Valve Area, indexed stroke volume and LV Ejection Fraction. [†]Further adjustment for Aortic Valve Replacement as a time dependent variable