



NEURODIAB

36TH ANNUAL MEETING OF THE
DIABETIC NEUROPATHY STUDY GROUP

24-27 SEPTEMBER 2026

ROYAL OLYMPIC HOTEL

ATHENS, GREECE

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36th NEUROdiab Annual Meeting
24 - 27 September 2026
Athens, Greece

Preliminary Program





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SCIENTIFIC PROGRAM DAY 1

Thursday 24 September 2026

Time	Topic	Speakers/Chairs
14:00-14:30 (30')	Introduction	Triantafyllos Didangelos (Thessaloniki, Greece)
	Opening Ceremony	Greetings from Hellenic Universities Authorities and Greek Minister
14:30-16:30 (120')	Oral session 1 Young Investigator Award (OR.O1-OR.O8)	
16:30-16:45 (15')	Coffee break	
16:45-17:45 (60')	Oral session 2 Young Investigator Award (OR.O9-OR.12)	
17:45-18:45 (60')	Symposium 1: Transcriptomics and diabetic neuropathy	Chairs: Mitra Tavakoli (Exeter, UK), Nikolaos Tentolouris (Athens, Greece)
	Diabetic skin omic studies: from diabetic neuropathy to impaired wound healing.	Aristidis Veves (Boston, USA)
	Transcriptomics to unlock mechanisms	Ted Price (Dallas, USA)
18:45-19:05 (20')	Lifetime achievement award ceremony	Chair: Triantafyllos Didangelos (Thessaloniki, Greece)
	Vincenza Spallone (Rome, Italy)	Presented by Solomon Tesfaye (Sheffield, UK)
	Tae Sun Park (Seoul, Korea)	
19:05-19:20 (15')	In memoriam of Professor Norman Cameron	Presented by Solomon Tesfaye (Sheffield, UK), Vincenza Spallone (Rome, Italy)



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SCIENTIFIC PROGRAM DAY 2

Friday 25 September 2026

Time	Topic	Speakers/Chairs
08:00–09:30 (90')	Oral session 3 (OR.13-OR.18)	
09:30-10:00 (30')	The Göran Sundkvist Young Investigators Award for Clinical Science	Triantafyllos Didangelos (Thessaloniki, Greece)
10:00-11:00 (60')	Symposium 2: Epidemiology of diabetic neuropathy in the present era	Chairs: Rodica Pop-Busui (Portland, USA), Tae Sun Park (Seoul, Korea)
	The natural course	Sandra Gylfadottir (Aarhus, Denmark)
	The prevalence and risk factors of diabetic peripheral neuropathy in Greece	Ilias N Migdalis (Athens, Greece)
	Sex as a biomarker or pathogenetic factor?	Gordon Sloan (Sheffield, UK)
11:00-11:20 (20')	Coffee break and Exhibition	
11:20-12:00 (40')	Mini-Symposium 1: New mechanisms in diabetic neuropathy	Chairs: Stephanie Eid (Ann Arbor, USA), Mark Yorek (Iowa City, USA)
	Genetic variants as biomarkers and therapeutic opportunities	Andrea Latini (Rome, Italy)
	Omics as biomarkers for pathogenetic pathways	Christian Hansen (Copenhagen, Denmark)
12:00-13:00 (60')	Sponsored Symposium 1 (Wörwag Pharma)	
13:00-13:45 (45')	Lunch	



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SCIENTIFIC PROGRAM DAY 2

Friday 25 September 2026

Time	Topic	Speakers/Chairs
13:45 - 15:00 (75')	Poster session 1	
	Poster session 2	
	Poster session 3	
15:00 - 16:00 (60')	Sponsored Symposium 2 (Viatris)	
16:00-16:15 (15')	Coffee break and Exhibition	
16:15 - 17:15 (60')	Oral session 4 (OR.19-OR.22)	
17:15 - 18:15 (60')	Youth Committee Symposium: This house believes that diabetic peripheral neuropathy always starts in the small fibres	
	Against	Christina Brock (Aalborg, Denmark)
	In favour	Uazman Alam (Liverpool, UK)
18:15 - 19:15 (60')	General Assembly	



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SCIENTIFIC PROGRAM DAY 3

Saturday 26 September 2026

Time	Topic	Speakers/Chairs
08:00-09:30 (90')	Oral session 5 (OR.23-OR.28)	
09:30-10:00 (30')	Lecture	
10:00-10:30 (30')	The Angelika Bierhaus Young Investigators Award for Preclinical Science	Triantafyllos Didangelos (Thessaloniki, Greece)
10:30-11:00 (30')	Coffee break and Exhibition	
11:00-12:00 (60')	Symposium 3: Recent developments in the management of painful diabetic neuropathy	Chair: Solomon Tesfaye (Sheffield, UK)
	Rethinking painful diabetic neuropathy: from pain phenotypes to precision treatment	Rainer Freynhagen (Munich, Germany)
	Disease modification with capsaicin 8% patch	Praveen Anand (London, UK)
12:00-13:00 (60')	Sponsored Symposium 3 (Procter & Gamble)	
13:00-13:45 (45')	Lunch	



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SCIENTIFIC PROGRAM DAY 3

Saturday 26 September 2026

Time	Topic	Speakers/Chairs
13:45-15:00 (75')	Poster session 4	
	Poster session 5 Poster session 6	
15:00-16:15 (75')	Symposium 4: Clinical trials of disease-modifying agents: from present failure to future perspectives	Chairs: Kara Mizokami-Stout (Ann Arbor, USA), Dinesh Selvarajah (Sheffield, UK)
	Targeting hyperglycemia-driven mechanisms	Gidon Bönhof (Düsseldorf, Germany)
	Targeting dyslipidaemia-driven mechanisms	Mark A Yorek (Iowa, USA)
	New targets: glia and non-neural cells	Stephanie Eid (Ann Arbor, USA)
	New outcomes: skin biopsy, CCM and	Christina Brock (Aalborg, Denmark)
16:15-16:30 (15')	Coffee break and Exhibition	
16:30-17:10 (40')	Mini-symposium 2: Diabetic neuropathy and brain	Chair: Jørgen Rungby (Copenhagen, Denmark)
	Brain and autonomic nervous system: interactions in diabetes	Martin Heni (Ulm, Germany)
	Diabetic neuropathy: impact on brain	Astrid Wiggers (Copenhagen, Denmark)



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SCIENTIFIC PROGRAM DAY 4

Sunday 27 September 2026

Time	Topic	Speakers/Chairs
08:15-09:30 (75')	Oral session 6 (OR. 29-OR.33)	
09:30-11:00 (90')	EFAS NEUROdiab Joint Symposium: The spreading influence of autonomic neuropathy	Chairs: Alessandra Fanciulli (Innsbruck, Austria), Vincenza Spallone (Rome, Italy)
09:30-10:20	What advances and news from NEUROGED guidelines: a diabetic perspective	Mario Habek (Zagreb, Croatia)
	Challenges in treating neurogenic orthostatic hypotension and supine hypertension	Alessandra Fanciulli (Innsbruck, Austria)
10:20-11:00	Pathogenetic treatment: findings with new diabetes drugs	Carla Greco (Modena, Italy)
	Artificial intelligence for risk definition and screening approach to cardiovascular autonomic neuropathy	Uazman Alam (Liverpool, UK)
11:00-11:30 (30')	Coffee break and exhibition	
11:30-12:50 (80')	Symposium 5: New perspectives in neuropathic pain treatment	Chairs: Solomon Tesfaye (Sheffield, UK), Triantafyllos Didangelos (Thessaloniki, Greece)
	Challenges and advancements in pain phenotyping	Andrea Truini (Rome, Italy)
	Mechanism-based approach: ambition or reality?	Rodica Pop-Busui (Portland, USA)
	Neuromodulation-based analgesia for painful DPN	Didier Bouhassira (Boulogne-Billancourt Cedex, France)
12:50-13:50 (60')	Oral session 7 (OR. 34-OR.37)	
13:50-14:00 (10')	Closing remarks	Triantafyllos Didangelos (Thessaloniki, Greece)



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SPONSORED SYMPOSIA

DAY 2 – Friday 25 September 2026

Time	Topic
12:00-13:00 (60')	Sponsored Symposium 1 by Wörwag Pharma

DAY 2 – Friday 25 September 2026

Time	Topic
15:00 - 16:00 (60')	Sponsored Symposium 2 by Viatris

DAY 3 - Saturday 26 September 2026

Time	Topic
12:00-13:00 (60')	Sponsored Symposium 3 by Procter & Gamble

Pre-meeting Viatris Workshop for Young Participants

Wednesday 23 September 2026

Time	Topic
19:00 - 22:00	TBD

Thursday September 2026

Time	Topic
09:00 - 13 : 00	TBD



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DAY1-Thursday 24 September 2026 Pre-Congress Meeting for Greek Attendees

Managing Diabetic Painful Neuropathy – New Evidence

Time	Topic	Speakers/Chair
09:00-09:25 (25')	Lecture 1	Chairs: Magdalini Bristianou (Lamia, Greece)
	New methods and techniques for the diagnosis of Diabetic Peripheral Neuropathy	Zisis Kontoninas (Thessaloniki, Greece)
09:25-9:50 (25')	Lecture2	Chair: Konstantinos Makrilakis (Athens, Greece)
	SGLT2 Inhibitors and Diabetic Neuropathy	Nikolaos Papanas (Alexandroupolis, Greece)
10:50-10:15 (25')	Lecture 3	Chair: Leonidas Lanaras (Lamia, Greece)
	The Therapeutic Potential of Glucagon-Like Peptide-1 Receptor Agonists in Diabetic Peripheral Neuropathy	Eleni Karlafti (Thessaloniki, Greece)
10:15-10:45 (30')	Coffee break and Exhibition	
10:45-11:15 (30')	Lecture 4	Chair: Ilias Mygdalis (Athens, Greece)
	Clinical Syndromes of the Painful Diabetic Neuropathy	Ioannis Stergiou (Thessaloniki, Greece)
11:15-12:00 (45')	Sponsored Lecture by PHARMA - UNIMEDIS	Chair: Konstantinos Kantartzis (Tuebingen, Germany)
	Efficacy and safety of the Palmitoylethanolamide and Vitamin B complexes in managing Painful Diabetic Neuropathy. New evidence	Triantafyllos Didangelos (Thessaloniki, Greece)
12:00-13:00 (60')	Lecture 5	Chair: Triantafyllos Didangelos (Thessaloniki, Greece)
	New Evidence in managing Diabetic Neuropathy	Solomon Tesfaye (Sheffield, UK)