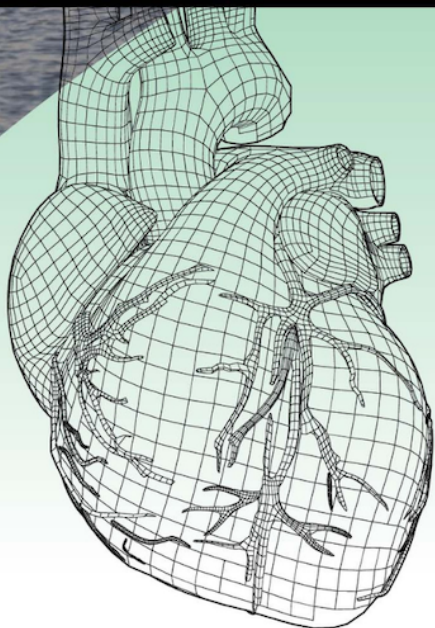
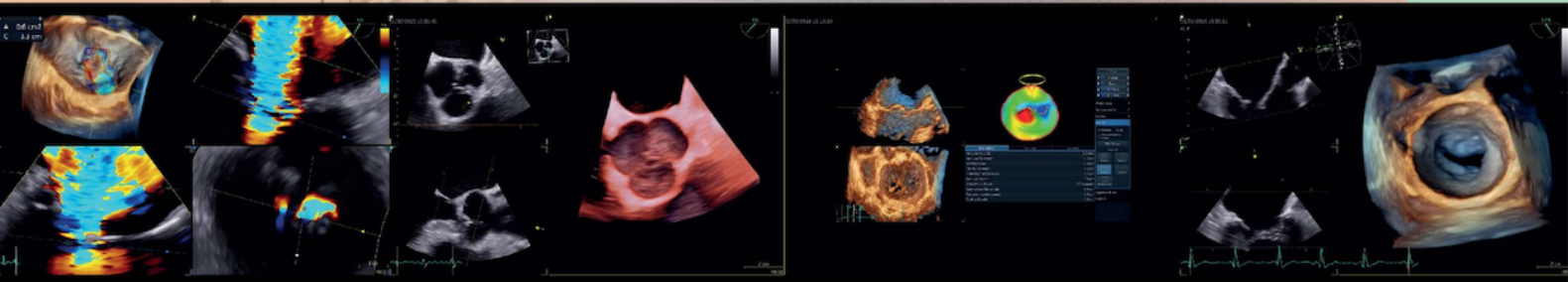


BALKAN VALVES

13th - 14th MARCH 2026

EUROPEAN INTERBALKAN MEDICAL CENTER
THESSALONIKI / GREECE



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BALKAN VALVES

13th - 14th MARCH 2026

EUROPEAN INTERBALKAN MEDICAL CENTER

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BALKAN VALVES 2026

Directors:

Professor Luigi P. Badano, FESC, FACC, Honorary Fellow ASE, BSE, and EACVI

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Dr Stefanos Karagiannis, FESC, FEACVI

Dr Konstantinos Papadopoulos, FESC, FEACVI

Thessaloniki 13th – 14th of March 2026

Congress venue: Interbalkan Medical Center, Thessaloniki

PCO: Inventics

Hybrid form (physical presence and online participation) through online platform and live-streaming

Scientific committee:

1. **BOGDAN POPESCU**
2. **ATTILA KOVACS**
3. **JADRANKA SEPAROVIC**
4. **VLISSIOS NINIOS**
5. **KRASIMIRA HRISTOVA**
6. **IVAN STANKOVIC**
7. **ELIZABETA SRBINOVSKA KOSTOVSKA**
8. **BLAZEJ MICHALSKI**

PROGRAM

Friday 13 March 2026

09:00-10:30

Session 1: Hands-on training workshop I (pg.14)

Live scanning on echo machines and off-line analysis on workstations in 5 parallel rooms

10:30-10:45

Coffee break

10:45-12:45

Session 2: Focus on aortic valve

Chairpersons: V. Kamperidis, A. D. Mavrogianni

Discussants: A. Taleb, A. Roumpelakis, I. Karabinos, A. Tzikas

Case

A patient with a challenging aortic valve disease: case presentation
V. Reskovic Luksic

Theory

Severe asymptomatic aortic stenosis: is watchful waiting still a wise option?
E. Srbinovska Kostovska

Theory

Prognosis and management of moderate aortic stenosis. Is myocardial damage important?
G. Georgiou

Theory

Risk stratification in patients with severe aortic regurgitation
K. Hristova

Theory

Myocardial-hemodynamic coupling in aortic regurgitation grading
J. Separovic Hanzevacki

Theory

TAVR or SAVR in high-risk patients with aortic regurgitation?
E. Agricola

Case

A patient with a challenging aortic valve disease: heart team discussion

PROGRAM

Friday 13 March 2026

12:45-13:15

Opening Ceremony

13:15-14:00

Lunch break

14:00-16:00

Session 4: Focus on tricuspid valve

Chairpersons: **L. Badano, P. Nihoyannopoulos**

Discussants: **M. Tomaselli, K. Katogiannis, N. Kadoglou, S. Mihaila-Baldea**

Case

A patient with a challenging secondary tricuspid regurgitation: case presentation
I.Ninios

Theory

Is it time to revise the guidelines about the echocardiographic assessment of tricuspid regurgitation?

L. Badano

Theory

Phenotyping vs Classification vs scores for tricuspid valve disease

M. Vannan

Theory

How artificial intelligence can help to standardize the assessment of right ventricular dysfunction and tricuspid regurgitation severity

A. Kovacs

Theory

How to assess RV function in patients with tricuspid regurgitation

S. Mihaila- Baldea

Theory

Tricuspid-TEER vs TTVR: 2026 update

E. Donal

Case

A patient with a challenging secondary tricuspid regurgitation: heart team discussion

Discussion

PROGRAM

Friday 13 March 2026

16:00-17:00

Dissecting 2025 ESC Guidelines on Heart Valve Diseases

Panelists: **A. Stefanidis, E. Donal**

2025 ESC / EACTS Recommendations on the Management of Aortic Valve Disease

B. Cosyns

2025 ESC / EACTS Recommendations on the Management of Mitral Valve Disease

A. Papachristidis

2025 ESC / EACTS Recommendations on the Management of Tricuspid Valve Disease

L. Badano

17:00-17:30

Coffee break

17:30-18:00

Satellite Symposium

18:00-19:00

Session 5: Hands-on training workshop II (pg.15)

In 5 parallel rooms

PROGRAM

Saturday 14 March 2026

09:00-10:30 **Session 6: Hands-on training workshop III (pg.16)**

In 5 parallel rooms

10:30-10:45 **Coffee break**

10:45-12:45 **Session 7: Focus on mitral valve**

Chairpersons: K. Papadopoulos, P. Lancellotti

Discussants: O.Ozden Kayhan, K. Kipourou, A. Theodosis – Georgilas, S. Mihaila-Baldea

Case A patient with a challenging mitral regurgitation: case presentation
I. Kotlar

Theory Three-dimensional echocardiography for anatomy and severity assessment of mitral Regurgitation
C. Fiore

Theory Risk stratification in patients with mitral regurgitation
K. Spargias

Theory Selection criteria and echocardiographic guidance of mitral-TEER
K. Papadopoulos

Theory Atrial and ventricular secondary mitral regurgitation treatment: Current evidence.
E. Sade

Theory Mitral-TEER vs TMVR: 2026 update
F. Maisano

Case A patient with a challenging mitral regurgitation: heart team discussion

Discussion

12:45-13:15 **Lunch break**

PROGRAM

Saturday 14 March 2026

13:15-14:15

Session 8: TBA

14:15-16:15

Session 9: Post-procedural assessment of valvular interventions

Chairpersons: S. Karagiannis, V. Ninios

Discussants: D. Ketikoglou, P. Papadimitriou, D. Tsiapras, K. Aggeli

Theory

Complications of endoscopic mitral valve repair

A. Pitsis

Theory

Evaluation and treatment of paravalvular leaks

H. Mahmoud - Elsayed

Theory

TAVI bioprosthesis degeneration. Is TAVI-in-TAVI the next best option?

K. Toutouzas

Theory

Diagnosis and management of prosthetic valve endocarditis

B. Popescu

Theory

Mitral-TEER complications

M. Chrissoheris

Theory

How to manage residual tricuspid and mitral regurgitation after TEER?

P. Lancellotti

Discussion

16:15-16:30

Coffee break

16:30-17:00

Satellite symposium

PROGRAM

Saturday 14 March 2026

17:00-18:00

Session 10: Hands-on training workshop IV (pg.17)
In 5 parallel rooms

18:00-19:00

Echo @ jeopardy

Moderators: S. Karagiannis, K. Papadopoulos, L. Badano, M. Vannan

The "Greek" Team

V. Sachpekidis, T. Zaglavara, A. Stefanidis, C. Papadopoulos

The "European" Team

E. Agricola, P. Lancellotti, K. Kipourou, C. Fiore

The "Balkan" Team

V. Reskovic Luksic, I. Kotlar, S. Mihaila-Baldea, B. Popescu

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T. Zaglavara / MD, PhD, Cardiologist, Advanced Cardiovascular Imaging Department and 1st Cardiothoracic Surgery Department, European Interbalkan Medical Center, Thessaloniki, Greece

WORKSHOPS | Friday 13 March 2026

09:00-10:30

Session 1: Hands-on training workshop I

Room 1: Chambers assessment part I > Advanced Evaluation of Left Ventricle with 4D, strain and Myocardial Work [GE Healthcare workshops]

(K. Papadopoulos/L. Badano/B. Popescu/ A. Badescu)

Room 2: Station #1: TOE scanning with Vivid Pioneer and 6VT-D probe | Station #2: Exercise echocardiography with eBike and Vivid E95 [GE Healthcare workshops]

(S. Karagiannis/ C. Papadopoulos)

Room 3: Scanning and hands-on training on MitraClip simulator for trans-septal puncture, manipulation of the guide-catheter and grasping of mitral valve [Abbott MitraClip workshops]

Moderator: B. Michalski

Room 4: Clinical case corner > Cardiac Amyloidosis

Panelists: K. Hristova, P. Giannakopoulou

Diagnostic algorithm for cardiac amyloidosis assessment (I. Ikonmidis)

Cardiac amyloidosis and valvulopathies (T. Gossios)

Cardiac amyloidosis case #1 (V. Sachpekidis)

Cardiac amyloidosis case #2 (A. Badescu)

Cardiac amyloidosis case #3 (E. Pagourelis)

Room 5: 4D Assessment of Mitral Valve [Philips-TomTec workshops]

Speakers: H. Mahmoud-Elsayed, V. Sachpekidis

WORKSHOPS | Friday 13 March 2026

18:00-19:00

Session 5: Hands-on training workshop II

Room 1: Chambers assessment part II > Advanced Evaluation of Right Ventricle with 4D and strain imaging [**GE Healthcare Workshops**]

(**L. Badano/ M. Tomaselli**)

Room 2: Station #1: TOE scanning with Vivid Pioneer and 6VT-D probe | Station #2: Exercise echocardiography with eBike and Vivid E95 [**GE Healthcare workshops**]

(**K. Papadopoulos/ S. Karagiannis/ A. Badescu**)

Room 3: Scanning and hands-on training on MitraClip simulator for trans-septal puncture, manipulation of the guide-catheter and grasping of mitral valve [**Abbott MitraClip workshops**]

Moderator: **K. Kipourou**

Room 4: Clinical case corner > Mastering TEER procedures

Panelists: **I. Ikonmidis, B. Michalski**

When should I use MitraClip and when PASCAL device? (**K. Spargias**)

TEER in secondary Ventricular MR (**M. Chrissoheris**)

Combined mitral and tricuspid TEER (**I. Ninios**)

TEER in complex degenerative MV disease (**A. Papachristidis**)

CPET echo for decision making for mitral TEER (**L. Herbots**)

Room 5: Chambers assessment part I >Advanced Evaluation of Left Ventricle [**Philips-TomTec workshops**]

Speakers: **H. Mahmoud-Elsayed, V. Sachpekidis**

WORKSHOPS | Saturday 14 March 2026

09:00-10:30

Session 6: Hands-on training workshop III

Room 1: 4D Valves Assessment > MV | TV Assessment [GE Healthcare workshops]
MV Assesment (**K. Papadopoulos/C. Fiore**)
TV Assesment (**L. Badano/ M. Tomaselli**)

Room 2: Station #1: TOE scanning with Vivid Pioneer and 6VT-D probe |
Station #2: Exercise echocardiography with eBike and Vivid E95 [GE Healthcare workshops]
(**C. Papadopoulos/ I. Ikonomidis**)

Room 3: Scanning and hands-on training on MitraClip simulator for trans-septal puncture, manipulation of the guide-catheter and grasping of mitral valve [Abbott MitraClip workshops]
Moderator: M. Chrissoheris

Room 4: Clinical case corner > Mastering Aortic Valve
Panelists: E. Agricola, D. Kaipis, S. Evangelou, J. Separovic Hanzevacki

2D/3D assessment of aortic stenosis (**A. Marvaki**)
When to use Calcium Score and when low dose dobutamine stress echo in aortic stenosis? (**T. Zaglavara**)
How to use CT for TAVI assessment (**K. Mitrousi**)
Cardiac MRI in aortic regurgitation (**S. Loizos**)
A challenging TAVI case #1 (**A. D. Mavrogianni**)
A challenging TAVI case #2 (**A. Siskos**)
A challenging TAVI case #3 (**D.Vasile/S. Mihaila-Baldea**)

Room 5: Chambers assessment part II >Advanced Evaluation of Right Ventricle with 4D and strain imaging [Philips-TomTec workshops]
Speakers: H. Mahmoud-Elsayed, V. Sachpekidis

WORKSHOPS | Saturday 14 March 2026

17:00-18:00

Session 10: Hands-on training workshop IV

Room 1: Stress Echocardiography > In ischemia detection | In Valvulopathies [**GE Healthcare workshops**]

(S. Karagiannis/ C. Papadopoulos)

Room 2: Station #1: TOE scanning with Vivid Pioneer and 6VT-D probe | Station #2: Exercise echocardiography with eBike and Vivid E95 [**GE Healthcare workshops**]

(B. Popescu/ I. Ikonmidis)

Room 3: Scanning and hands-on training on MitraClip simulator for trans-septal puncture, manipulation of the guide-catheter and grasping of mitral valve [**Abbott MitraClip workshops**]

Moderator: I. Ninios

Room 4: Clinical case corner > Clinical examples of how to evaluate and treat HOCM patients

Speakers: K. Papadopoulos, D. Antonakaki

Panelists: P. Giannakopoulou, I. Palios

Room 5: 4D Assessment of Tricuspid and Aortic Valve [**Philips-TomTec workshops**]

Speakers: H. Mahmoud-Elsayed, V. Sachpekidis